Katy
Mental Health Resource Book
2019

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New Dimensions
Day Treatment Centers
help when you need it most

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
New Dimensions Day Treatment Centers

proudly sponsors the

**Katy 2019 Mental Health Resource Book**

New Dimensions Provides Partial Day and Intensive Outpatient Treatment for Adolescents and Adults.
If you are struggling with emotional, behavioral or substance abuse issues, we can help!
*In-network for most health plans and accepts self-pay.*

www.nddtreatment.com

**The Woodlands Location**
25511 Budde Road, Suite 2401
The Woodlands, TX 77380

**The Katy Location**
607 Park Grove Drive, Suite A
Katy, TX 77450

**The Clear Lake Location**
1345 Space Park Drive, Suite C
Houston, TX 77058

**800-685-9796**

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NEW DIMENSIONS DAY TREATMENT CENTERS

New Dimensions Day Treatment Centers provides psychiatric and substance abuse treatment to both adolescents and adults. New Dimensions has locations in The Woodlands, Katy and the Clear Lake areas of Houston, Texas. New Dimensions is licensed by the Texas Department of State Health Services and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

Services
New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Depression
- Trauma
- PTSD
- Anxiety
- Addictions
- Alcoholism
- Drug Abuse
- Obsessive Compulsive Disorders
- Bipolar Disorders
- Thoughts of Suicide
- Behavior Problems
- Anger Issues
- Low Self-Esteem

If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 800-685-9796.
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Visit [www.TherapistNearMe.com](http://www.TherapistNearMe.com) for an online database of therapists and psychiatrists in your area.
HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas. This resource guide lists some of these specialties but is not intended to be a definitive list of specialties and areas of expertise. The resource guide is also not an endorsement of any provider, treatment program, or mental health resource, but instead is intended to provide a broad listing of mental health services in the area. The resource guide is designed to be a starting point in finding a provider of mental health resources. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. The list below provides the most common types of mental health credentials.

**Licensed Chemical Dependency Counselor (LCDC)** is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

**Licensed Clinical Social Worker (LCSW)** is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a Master’s Degree in Social Work. These therapists work with a variety of problems, including mental health, substance abuse, couples, and family problems.
Licensed Marriage and Family Therapists (LMFT) is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a Master’s Degree and receive specialized training in working with couples, families and systems. These therapists work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples and family problems.

Licensed Professional Counselor (LPC) is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a Master’s Degree and receive a variety of training in the treatment of mental health issues. They work with a variety of problems including mental health, substance abuse, couples and family problems.

Psychologist (PhD) is licensed by the State of Texas to provide therapy services to individuals, couples and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

Psychiatrists (MD) is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.
ADVOCACY AND REFERRALS

211 .................................................................................................................................211
www.211.org
Types of Services: Nationwide referral hotline sponsored by United Way to connect persons in need with local resources.

Aid to Victims of Domestic Abuse...............................................................713-224-9911
1001 Texas, Suite 600
Houston, TX 77002
www.avda-tx.org
Types of Services: Provides advocacy, legal representation, battering intervention, community education and outreach. Also provides group counseling for men who are abusive. This program is called Battering Intervention Services (BIPP).

Alzheimer’s Association Houston and Southeast Chapter..............800-272-3900
6055 S. Loop East at Long Drive
Houston, TX 77087
www.alztex.org
Types of Services: Nonprofit provides health care, support, and research to eliminate Alzheimer’s disease through the advancement of research to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

American Cancer Society.................................................................800-227-2345
2500 Fondren Road, Ste. 100
Houston, TX 77063
www.cancer.org
Types of Services: Provides research, advocacy, education, and service for cancer patients and their families.

American Heart Association.................................................................832-918-4030
10060 Buffalo Speedway
Houston, TX 77054
www.heart.org
Types of Services: Nonprofit organization offers programs to reduce disability and death from cardiovascular diseases and stroke.

American Lung Association of Texas Houston & S.E. Region.......................800-586-4872 - Lung Help Line (Toll Free); 713-629-5864 - Service/Intake
2030 N. Loop West, Suite 250
Houston, TX 77018
www.lung.org
Types of Services: Fights lung disease and promotes lung health through tobacco and asthma education programs.
American Red Cross - Greater Houston Chapter.........................................................
866-526-8300 - Toll Free - 24 Hours a Day/7 Days a Week; 713-526-8300 Main
2700 Southwest Freeway
Houston, TX 77098
www.redcross.org/local/texas/gulf-coast
Types of Services: Provides emergency aid (food, clothing and temporary shelter) to victims of fires, floods and other disasters. Provides services to military families and veterans. Delivers health education classes, CPR and First Aid training.

Baker Ripley Neighborhood Center.................................................................713-273-3701
6500 Rookin Street
Houston, TX 77074
www.bakerripley.org/locations/baker-ripley-neighborhood-center
Types of Services: Supports residents in Southwest Houston neighborhoods of Gulfton and Sharpstown. Provides families with children with aftercare programs for ages 3-18.

BBBS Lone Star - Fort Bend Office..............888-887-2447 or Local:713.271.5683
12300 Parc Crest Drive
Stafford, TX 77477
www.bbbstx.org
Types of Services: Provides dependable adult friendship and guidance to youth.

Boys and Girls Club of Greater Houston.....................................................713-690-3946
8575 Pitner Road
Houston, TX 77080
www.bgcgh.org
Types of Services: Trained professional staff provides positive adult mentors and role models. Nationally recognized programs help young people succeed in school, stay healthy, learn important life skills, pursue interests in the arts and sports, and explore vocational choices.

Can Care of Houston, Inc...............................................................888-461-0028 or 713-461-0028
9575 Katy Freeway, Ste. 428
Houston, TX 77024
www.cancare.org
Types of Services: Provides support for cancer survivors and their families.

Cancer Hope Network.................................................................800-552-4366 or 877-467-3638
2 North Road - Suite A
Chester, NJ 7930
www.cancerhopenetwork.org
Types of Services: Non-profit that provides free one-on one emotional support to adult cancer patients and their families.
Career & Recovery Resources

2525 San Jacinto Street
Houston, TX 77002
www.careerandrecovery.org

Types of Services: Provides career and employment services to disadvantaged and to substance abusers.

C.A.S.A. Child Advocates of Fort Bend

5403 Avenue N
Rosenberg, TX 77471
www.cafb.org

Types of Services: Provides advocacy for abused and neglected children.

Child Advocates Inc.

3701 Kirby Drive, Suite 400
Houston, TX 77098
www.childadvocates.org

Types of Services: Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for the children.

Children's Protective Services

9111 Eastex Fwy., Ste. 302
Houston, TX 77093
www.dfps.state.tx.us

Types of Services: Agency mandated to investigate and provide services for children who are physically or sexually abused.

Crisis Intervention Hotline

832-416-1177; Spanish Speaking: 713-472-9832; Teen Talk: 832-416-1199;
Teen Text: 281-201-4430
Facebook page: Crisis Intervention

Types of Services: 24 hour crisis hotline for adults and teens.

Department Of Assistive & Rehabilitative Services

4800 N. Lamar
Austin, TX 78756
www.dars.state.tx.us

Types of Services: State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Administration.
Department Of Assistive & Rehabilitative Services............................713-349-1360
2636 South Loop West
Houston, TX 77054
www.dars.state.tx.us
Types of Services: State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Administration.

Department of Family and Protective Services..........................................................713-293-1800
Abuse Hotline: 800-252-5400 or 713-293-1800
1919 W. North Loop
Houston, TX 77008
www.DFPS.State.Tx.Us
Types of Services: Provides services to abused or neglected children and adults.

Disability Rights Texas.................................................................713-974-7691
1500 McGowen, Ste. 100
Houston, TX 77004
www.disabilityrightstx.org
Types of Services: Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.

Harris Center for Mental Health and IDD.................................713-970-7000
9401 Southwest Freeway
Houston, TX 77074
www.mhmraharris.org
Types of Services: Provides services to meet the individual needs of children and adolescents up to age 18 and adults with severe emotional, behavioral or mental disorders.

Harris County District Attorney's Office, Family Criminal Law Division..............713-755-5888; 24 hour hotline: 713-528-2121
1201 Franklin Street, Ste. 600
Houston, TX 77002
http://app.dao.hctx.net/node/127
Types of Services: Family Criminal Law Division of Harris County.

Harris County Sheriff's Office Domestic Violence Unit........713-274-9369 ext. 1
1200 Baker Street
Houston, TX 77002
www.harriscountyso.org/ReportCrime/HCSO_VictimsAssistanceUnit.aspx
Types of Services: Provides assistance in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and a list of shelters for those affected by domestic violence.
Houston Autism Disability Network..............................................832-341-3394
P.O. Box 2796
Cypress, TX 77410
Types of Services: Website communication tool that connects autism and disability parents, professionals, services, organizations and agencies.

Houston Center for Independent Living - Coalition for Barrier Free Living........
........................................................................................................713-974-4621
6201 Bonhomme Road, Suite 150 South
Houston, TX 77036
www.hcil.cc
Types of Services: Provides information and referral, peer support, advocacy, training, and coordination of services for individuals with disabilities.

Houston Police Department Domestic Violence Unit..................832-394-5611
3203 South Dairy Ashford Rd.
Houston, TX 77082
www.houstontx.gov/police/fvu/
Types of Services: Provides support and counseling to victims of domestic abuse.

Katy Christian Ministries.................................................................281-391-5261
5504 1st Street
Katy, TX 77493
www.ktcm.org
Types of Services: Offers limited financial assistance for rent, utilities, medical and gas. Provides a food pantry, counseling services, medical equipent loan service, back-to-school and holiday assistance for families with children.

Mental Health America of Fort Bend County..............................281-207-2480
10435 Greenbough Drive, Ste. 250
Stafford, TX 77477
www.mhafbc.org
Types of Services: Provides services to mentally ill through education and advocacy. Publishes a Behavioral Resource Guide for Fort Bend County.

Mental Health America of Greater Houston.............................713-523-8963
2211 Norfolk, Suite 810
Houston, TX 77098
www.mhahouston.org
Types of Services: Provides services to mentally ill through education and advocacy and provides pro bono counseling services.
Mental Health and Mental Retardation of Harris County ..........713-970-7000
9401 Southwest Freeway
Houston, TX 77074
www.mhmraharris.org
Types of Services: Provides services to meet the individual needs of children and adolescents up to age 18 and adults with severe emotional, behavioral or mental disorders.

Michael E. DeBakey VA Medical Center .................................................800-553-2278
2002 Holcombe Blvd.
Houston, TX 77030
www.houston.va.gov/
Types of Services: Provides a full service hospital for veterans.

Money Management International ......................................................866-889-9347
14141 Southwest Freeway, Suite 1000
Sugar Land, TX 77478
www.moneymanagement.org
Types of Services: Debt counseling

National Alliance on Mental Illness .....................................................713-970-4419
3630 West Dallas, Suite 140
Houston, TX 77019
www.namigreaterhouston.org
Types of Services: Provides advocacy and resources for individuals affected by mental illness and their families.

National Domestic Violence Hotline ...............................................800-799-7233
www.thehotline.org
Types of Services: Domestic Violence Resources links individuals to domestic violence shelters and other needed services in the area.

National Sexual Assault Telephone Hotline ..................................800-656-4673
www.rainn.org
Types of Services: Provides confidential support to victims from a trained staff member. Assists in finding a local health facility that is trained to care for survivors of sexual assault and offers local resources for healing and recovery.

National Suicide Prevention Lifeline .................................................800-273-8255
www.suicidepreventionlifeline.org
Types of Services: Provides a 24/7 hotline for free and confidential support for people in distress, prevention and crisis resources, and best practices for professionals.
National Teen Dating Abuse Helpline...........................................866-331-9474
www.loveisrespect.org
Types of Services: Provides a 24/7 hotline for teens to answer questions about dating in general or a specific relationship, or if a teen is in an unhealthy or abusive relationship. Provides support and resources to help the situation.

Northwest Assistance Ministries................................................281-885-4555
15555 Kuykendahl Road
Houston, TX 77090
www.namonline.org
Types of Services: Provides assistance in areas such as food, shelter, children’s health, adult education, senior services, domestic violence and more.

Partnership for Prescription Assistance......................................888-477-2669
www.pparx.org
Types of Services: Brings together America’s pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that’s right for them.

Runaway Hotline - Texas Youth Hotline......................................800-989-6884
www.dfps.state.tx.us/Youth_Hotline/
Types of Services: Crisis Hotline for runaway teens.

Senior Guidance Directory - United Way Care for Elders..............713-685-2437
50 Waugh Drive
Houston, TX 77007
www.srguidance.org
Types of Services: The Senior Guidance Directory is a comprehensive listing of resources and services for senior adults and their caregivers in the Houston metropolitan area.

Suicide Prevention Hotline.......................................................800-273-8255
www.suicidepreventionlifeline.org
Types of Services: Provides crisis intervention for suicide prevention.

Teen Suicide Hotline...............................................................1-866-628-7494
National Suicide Prevention Lifeline/Crisis Call Center..............1-800-273-8255
Types of Services: Provides crisis intervention and suicide prevention. Also assists teens with eating disorders, bullying and sexual assault.

Texas Abuse and Neglect Hotline...............................................800-252-5400-24 hrs.
Austin, TX
www.txabusehotline.org
Types of Services: Provides a secure website for reporting suspicions of abuse, neglect and exploitation of children, adults with disabilities, or people 65 years or older.
**Texas Autism Advocacy**
Austin, TX
www.autismspeaks.org
*Types of Services:* Information and Resources on Autism.

**Texas Council on Family Violence**
912 S. Capital of Texas Hwy., Ste. 340
Austin, TX 78746
www.tcfv.org
*Types of Services:* Information and resources on the prevention of family violence.

**Texas Crime Victims Compensation Benefits - Office of the Attorney General**
300 W. 15th Street
Austin, TX 78701
www.texasattorneygeneral.gov/cvs/crime-victims-compensation
*Types of Services:* Provides financial assistance to victims of violent crime for related expenses that cannot be reimbursed by insurance or other sources.

**Texas Department of Family and Protective Services**
9702 Bissonnet Street
Houston, TX 77036
www.txabusehotline.org
*Types of Services:* Investigates reports of abuse, neglect and/or exploitation of aged (65+) and disabled (18-64), in addition to the abuse and neglect of children.

**Texas Department of State Health Services**
5425 Polk Ave., Suite J
Houston, TX 77023
www.dshs.texas.gov/region6-5/default.shtm
*Types of Services:* Provides free medical and dental checkups for people under age 21 who have Medicaid. Eye exams, glasses, hearing tests, shots, case management and health advice are also available.

**Texas Health and Human Services Commission**
220 Meadowfern
Houston, TX 77067
www.hhs.texas.gov
*Types of Services:* Provides income and medical assistance, and social services to people meeting federal and state eligibility guidelines. Temporary assistance for needy families (TANF). Food stamp certification and medical assistance (Medicaid) services.
Texas Youth Hotline.................................................................800-989-6884
www.dfps.state.tx.us/Youth_Hotline/
Types of Services: Crisis Hotline for teens who have run away, want to run away, need another place to stay or need help with other types of problems.

United Way of Greater Houston...........................................713-685-2300
50 Waugh Drive
Houston, TX 77007
www.unitedwayhouston.org
Types of Services: Information and referral to connect people in need of help to local resources.

Worksource Solutions - Cypress Station........................................281-644-1030
5000 Katy Mills Circle #659
Katy, TX 77494
www.wrksolutions.com
Types of Services: Helps individuals find jobs.

Worksource Solutions.............................................................281-564-2660
12710 Bissonnet Street
Houston, TX 77099
www.wrksolutions.com
Types of Services: Helps individuals find jobs.

Worksource Solutions.............................................................979-627-0241
3701 Outlet Center Drive, #140
Sealy, TX 77474
www.wrksolutions.com
Types of Services: Helps individuals find jobs.

YMCA at Katy Main Street.........................................................281-665-1213
1350 Main Street
Katy, TX 77494
www.ymcahouston.org/locations/mark-a-chapman-ymca-katy-main-street
Types of Services: Provides activities for adolescents and adults.

Monty Ballard YMCA at Cinco Ranch........................................281-392-5055
22807 Westheimer Pkwy.
Katy, TX 77494
www.ymcahouston.org/locations/monty-ballard-ymca-cinco-ranch
Types of Services: Recreational, physical and social development for youth and adults.
HIV/AIDS RESOURCES

AIDS Foundation Houston, Inc.................................................................713-623-6796
6260 Westpark Dr., Suite 100
Houston, TX 77057
www.aidshelp.org
Types of Services: Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.

Avenue 360 Health and Wellness.......................................................713-341-3750
1429 Hawthorne Street
Houston, TX 77006
www.avenue360.org
Types of Services: Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

Brentwood Community Foundation.............................................713-852-1452
13033 Landmark Street
Houston, TX 77045
www.brentwoodfoundation.org
Types of Services: Provides services for people living with HIV/AIDS.

St. Hope Foundation.............................................................................281-277-8571
13020 Dairy Ashford, Ste. 100
Sugar Land, TX 77478
www.offeringhope.org
Types of Services: Services include food pantry, medical clinic, case management, free HIV and syphilis testing, free medical care for HIV+ clients and transportation. Counseling, case management and primary medical care provided for HIV and AIDS patients.

The Montrose Center...........................................................................713-529-0037
401 Branard, 2nd Floor
Houston, TX 77006
www.montrosecenter.org
Types of Services: The Montrose Center is a nonprofit agency with programs primarily for gay, lesbian, bisexual, transgender, and HIV infected and their significant others.
RESIDENTIAL TREATMENT AND HOSPITALS

Aspen Education Group ............................................................................................................ 888-972-7736
www.aspeneducation.crchealth.com
Types of Services: Services range from short-term intervention programs to residential treatment, and include a variety of therapeutic interventions including: boarding schools, wilderness therapy, and residential treatment. Programs serve teenagers and young adults.

Aspire Behavioral Health Hospital ......................................................................................... 936-647-3500
2006 South Loop 336 West, Ste. 500
Conroe, TX 77304
www.aspirehealthcorp.com
Types of Services: Short-term, acute care, adult geriatric, psychiatric hospital.

Austin Recovery .................................................................................................................. 512-697-8500
4201 South Congress Ave., Ste. 202
Austin, TX 78745
www.austinrecovery.org
Types of Services: Residential and outpatient chemical dependency treatment for adults. Provides 90 day residential program for women and children.

Bayes Achievement Center, Inc. ....................................................................................... 936-291-3391 - Intake
7517 South Highway 75
Huntsville, TX 77340
www.bayescenter.com
Types of Services: Licensed residential treatment center and day school program which serves emotionally disturbed and autistic children and adolescents, ages 6-22, with severe behavior problems.

Behavioral Hospital of Bellaire ..................................................................................... 713-600-9500 or 800-423-0017
5314 Dashwood Drive, Suite 300
Houston, TX 77081
www.bhbhospital.com
Types of Services: Provides inpatient mental health and chemical dependency services to adolescents and adults in a psychiatric hospital setting. Provides intensive outpatient services to adults in a partial day hospital.

Ben Taub Hospital ............................................................................................................. 713-873-2000
1504 Taub Loop
Houston, TX 77030
Types of Services: Provides psychiatric crisis services.
Bonita House of Hope/Santa Maria Bonita House..........................713-691-0900
2605 Parker Rd.
Houston, TX 77093
www.bonitahope.org
Types of Services: Provides intensive residential treatment, supportive independent living programs, housing and supportive employment and clinic services. Sliding scale fee.

Brazoria County Youth Homes, Inc. (The Children’s Center Inc.)
........................................HOT LINE FOR HELP 1-844-763-8861; Office: 409-765-5212
P.O. Box 2600
Galveston, TX 77553
www.thechildrenscenterinc.org
Types of Services: Provides residential care for children ages 7-18 who have runaway, been abandoned or neglected. Program serves 13 counties.

BRC Recovery.................................................................866-905-4550
11503 Parsons Road
Manor, TX 78653
www.brcrecovery.com
Types of Services: Adult residential drug and alcohol recovery. Accepts most major insurance carriers and private pay.

BrookHaven Retreat..........................................................877-817-3422
748 County Rd. 3909
Hawkins, TX 75765
www.brookhavenretreat.com
Types of Services: Residential treatment facility specially designed to help women overcome emotional or addiction challenges. Private pay, no insurance.

Brookside Farm...............................................................512-710-3764 or 512-430-4211
P.O. Box 82214
Austin, TX 78708
www.brookside-farm.org
Types of Services: Residential treatment facility providing long term care for adults with psychiatric disabilities.

Burke Center........................................................................
Crisis Line: 1-800-392-8343 or Mental Health Services: 936-639-2384
1522 West Frank Street
Lufkin, TX 75904
www.myburke.org
Types of Services: Provides mental health and substance abuse services to adolescents and adults. Services include sub-acute detox (adults only), residential and outpatient treatment and family services.
Burning Tree Recovery Ranch
2837 County Rd. 101
Kaufman, TX 75142
www.BurningTreeRanch.com
Types of Services: Provides long term residential treatment for adults with alcohol and drug abuse issues and co-occurring disorders.

Cenikor Foundation
5629 Grapevine
Houston, TX 77085
www.cenikor.org
Types of Services: Provides substance abuse treatment for adolescents & adults. Also provides detox services.

Center for Change
1790 North State Street
Orem, UT 84057
www.centerforchange.com
Types of Services: Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.

Center for Discovery-Residential
17515 Swansbury Drive
Cypress, TX 77429
www.centerfordiscovery.com
Types of Services: Provides residential treatment for adolescents with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).

Children’s Safe Harbor
1519 Odd Fellow Street
Conroe, TX 77301
www.childrenssafeharbor.org
Types of Services: Provides assistance and treatment to child abuse victims and their non-offending family members.

Christus St. Joseph’s Hospital
1401 St. Joseph Parkway
Houston, TX 77002
www.sjmctx.org
Types of Services: Provides in-patient psychiatric services for adults.
Clear Springs Ranch
3662 Patton Lake Road
Aquilla, TX 76622
www.clearspringsranch.com
**Types of Services:** Provides adult (men and women) residential treatment for chemical dependency and co-occurring disorders.

Covenant House
1111 Lovett Blvd.
Houston, TX 77006
www.covenanthousetx.org/
**Types of Services:** Helps youth (ages 18-24) in crisis through residential resources, outreach, and community services designed to keep kids off the streets.

Cypress Creek Hospital
17750 Cali Drive
Houston, TX 77090
www.cypresscreekhospital.com
**Types of Services:** Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.

Cypress Lakes Lodge
1129 Highway 287 North
Woodville, TX 75979
www.cypresslakeslodge.com
**Types of Services:** Residential treatment facility for adults suffering from addiction. Offers intervention services, residential inpatient treatment, outpatient treatment, and aftercare services. Accepts insurance and self-pay.

DePelchin Children's Center
4950 Memorial Dr.
Houston, TX 77007
www.depelchin.org
**Types of Services:** Provides mental health needs for children through its foster care and adoption homes.

Devereux Advanced Behavioral Health
1150 Devereux Dr.
League City, TX 77573
www.devereuxtx.org
**Types of Services:** Non-profit that provides counseling and residential services to adolescents and young adults, ages 13-22, with emotional, behavioral, psychiatric and addiction problems.
Fulshear Ranch: Treatment to Transition...............................888-317-9229
10514 Oberrender Rd.
Needville, TX 77461
www.fulshearthransition.com

Types of Services: Provides residential treatment for young women ages 18 - 24 with moderate to severe emotional, social, and/or behavioral issues including dual diagnosis, personality disorders, bipolar, post-traumatic stress, addiction, severe depression and anxiety, and poor body image.

Great Oaks Recovery Center........................................877-278-7086
11210 FM 102
Egypt, TX 77436
www.greatoaksrecovery.com

Types of Services: Provides detox and residential adult substance abuse. Treats co-occurring disorders if substance abuse is primary. Accepts insurance. Partners with aftercare programs.

Harris County Psychiatric Center......................................713-741-5000
2800 South MacGregor Way
Houston, TX 77021
www.hcpc.uth.edu/

Types of Services: Provides psychiatric inpatient and outpatient treatment for children, adolescents and adults.

Hazelden Betty Ford Foundation......................................866-295-6694
15251 Pleasant Valley Road
Center City, MN 55012
www.hazelden.org

Types of Services: Provides addiction treatment programs including Campus Based Sober Living, inpatient and outpatient treatment and family programs for adults age 18+.

House of Extra Measures - Men......................................832-439-8171
240 West 23rd Street
Houston, TX 77008
www.thehouseofextrameasures.com

Types of Services: Provides supportive programming and structured communal living for men ages 18 - 30 who are newly recovering from addiction.

House of Extra Measures - Women..................................832-656-7296
10603 Clear Cove Lane
Houston, TX 77041
www.thehouseofextrameasures.com

Types of Services: Provides structured communal living for women aged 19 and older who are newly recovering from addiction.
Houston Behavioral Health Hospital.............................................877-489-4707
2801 N. Gessner Road
Houston, TX 77080
www.houstonbehavioralhealth.com
Types of Services: Provides acute inpatient, partial day hospital and intensive outpatient services for adults and adolescents with emotional, behavioral and chemical dependency problems. Accepts major insurance plans and Medicaid.

IntraCare Hospital - North............................................................281-893-7200
1120 Cypress Station Dr.
Houston, TX 77090
www.intracarehospital.com
Types of Services: Provides short term hospitalization for adolescents and children with mental health needs. Provides short term, day treatment and intensive outpatient treatment for adults with substance abuse issues and mental health needs.

Kingwood Pines Hospital.............................................................281-404-1001
2001 Ladbrook Drive
Kingwood, TX 77339
www.kingwoodpines.com
Types of Services: Provides inpatient psychiatric treatment for children (ages 5-12), adolescents and adults. Provides detox, inpatient, and intensive outpatient chemical dependency programs for adults.

La Hacienda Treatment Center..................................................800-749-6160
145 La Hacienda Way SW
Hunt, TX 78024
www.lahacienda.com
Types of Services: Provides residential substance abuse services for young adults (ages 18-24), recovering professionals, and adults. Accepts most major insurance.

Lakeview Health........................................................................866-265-2778
2610 Technology Forest Blvd.
The Woodlands, TX 77381
www.lakeviewhealth.com
Types of Services: Provides partial day hospital and intensive outpatient chemical dependency treatment for adults (age 18+).

Laurel Ridge Treatment Center..............................................800-624-7975 or 210-491-9400
17720 Corporate Woods Dr.
San Antonio, TX 78259
www.laurelridgetc.com
Types of Services: Provides residential programs for children (ages 4-12) who have emotional and behavioral problems requiring a safe environment. Provides residential treatment for adolescents (ages 13-17) who have psychiatric disorders, emotional difficulties, substance abuse problems, eating disorders, history of sexual and/or physical abuse, and behavioral disorders. Adult chemical dependency. Medicaid, Medicare, TriCare and most major insurance plans accepted.

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Lifeskills South Florida........................................844-749-1560 or 754-212-8189
1431 SW 9th Ave.
Deerfield Beach, FL 33441
www.lifeskillsouthflorida.com
Types of Services: Provides comprehensive extended care residential treatment for dually
diagnosed adult patients. Accepts major insurance plans and self-pay.

Magnificat Houses, Inc...............713-520-0461 (Information for all programs)
3300 Caroline St.
Houston, TX 77004
www.magnificathousesinc.org
Types of Services: Provides community residences for mentally ill, adults with HIV, homeless adults
and children, addicts, and abused women.

Memorial Hermann Prevention and Recovery Center...............................713-939-7272 (or) 877-464-7272
3043 N. Gessner Road
Houston, TX 77080
www.parc.memorialhermann.org
Types of Services: Provides adult, young adult and adolescent chemical dependency treatment and
detox, residential, partial day hospital, intensive outpatient and 12 Step programs.

Menninger Clinic...........................................800-351-9058 or 713-275-5000
12301 Main Street
Houston, TX 77035
www.MenningerClinic.com
Types of Services: Provides inpatient psychiatric treatment for adolescents (ages 12-17), and
adults to address anxiety, mood, obsessive-compulsive, eating disorders, and personality disorders.
Provides adolescent and adult chemical dependency and process addictions programs.

Meridell Achievement Center...........................................800-366-8656
12550 W. Highway 29
Liberty Hill, TX 78642
www.meridell.com
Types of Services: Residential treatment center specializing in psychiatry and neuropsychiatry for
children and adolescents (ages 11-17). Accepts most major insurance plans and Tricare.

Methodist Hospital...........................................713-441-1076
6565 Fannin
Houston, TX 77030
www.houstonmethodist.org/psychiatry
Types of Services: Inpatient and partial day psychiatric services for adults.
Neuro Psych Center ................................................................. 713-970-7000
1502 Taub Loop
Houston, TX 77030
www.mhmrharris.org/Comprehensive-Psychiatric-Emergency-Program.asp
Types of Services: Provides psychiatric crisis services.

New Dimensions Day Treatment Centers ...................................... 800-685-9796
607 Park Grove Drive, Ste. A
Katy, TX 77450
www.nddtreatment.com
Types of Services: Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day and intensive outpatient treatment. Accepts most major insurance plans.

New Life Women’s Center at Creative Outreach Ministries.............. 936-449-4357
14699 Steede Road
Montgomery, TX 77356
www.creativeoutreach.com/new-life/
Types of Services: Residential services for women aged 18+. Offers lifeskills training, computer and job training, financial management along with emotional and spiritual support. Programs are based on Biblical principles.

Origins Recovery Centers .......................................................... 844-212-0131
4405 South Padre Blvd.
South Padre Island, TX 78597
www.originsrecovery.com
Types of Services: Provides residential inpatient treatment for adults with the co-occurring disorders of mental illness and chemical dependency.

Pasadena Villas ................................................................. 877-845-5235 or 407-378-3495
216 Pasadena Place
Orlando, FL 32803
www.pasadenavilla.com
Types of Services: Provides residential inpatient treatment for adults with complex psychiatric disorders.

Passages for Women ..................................................................... 713-957-4910
7722 Westview Drive
Houston, TX 77055
www.passagesforwomen.com
Types of Services: Provides residential treatment services for women with substance abuse.
Pavillon International........................................................................................................800-392-4808
241 Pavillon Place
Mill Spring, NC  28756
www.pavillon.org
Types of Services: Residential treatment center for chemical dependency and co-occurring
disorders for adults. Accepts major insurance plans.

Peachford Hospital........................................................................................................770-454-2302
2151 Peachford Road
Atlanta, GA  30338
www.peachford.com
Types of Services: Inpatient psychiatric care for children (ages 4-12), adolescents (11-18) and
adults. Residential substance abuse recovery services for adolescents, adults and seniors. Accepts
major insurance plans, Medicare and TriCare.

Power House Recovery.................................................................................................281-442-1919
1713 Runyan Street
Houston, TX  77039
www.powerhouserecovery.org
Types of Services: Not for profit organization that provides a supportive sober living environment
for men pursuing a spiritually based 12 step program of recovery from alcoholism or substance
abuse.

Pride Institute................................................................................................................800-547-7433
14400 Martin Drive
Eden Prairie, MN  55344
www.pride-institute.com
Types of Services: Provides residential substance abuse and psychiatric treatment for gay, lesbian,
bisexual and transgender patients.

Resolution Ranch........................................................................................................254-718-3364
2274 County Road 203 Loop
Cameron, TX  76520
www.resolutionranch.com
Types of Services: Therapeutic residential boarding school providing treatment for
mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.

Rosewood Ranch Eating Disorder Treatment Center.................................844-920-9401
2716 Ocean Park Blvd., Suite 3020
Santa Monica, CA  90405
www.rosewoodranch.com
Types of Services: Provides residential treatment for youth (ages 12+) and adults suffering from
anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.
Rosewood Ranch Eating Disorder Treatment Center ..............................800-845-2211
36075 South Rincon Road
Wickenburg, AZ 85390
www.rosewoodranch.com
Types of Services: Provides residential treatment for youth (ages 12+) and adults suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.

Rusk State Hospital ........................................................................................................................................903-683-3421
805 North Dickinson Drive
Rusk, TX 75785
www.dshs.texas.gov/mhhospitals/RuskSH/RSH_Admissions.shtm
Types of Services: Complete psychiatric evaluation, psychiatric rehabilitation and treatment for multiple disabilities. Must have a mental illness whose active symptomatology poses a danger to self or others.

Sacred Oak Medical Center .................................................................281-241-6460
11500 Space Center Blvd.
Houston, TX 77059
www.sacredoakmedical.com
Types of Services: Psychiatric hospital providing adult inpatient mental health, adult medical detox and substance abuse rehabilitation, partial hospitalization and intensive outpatient treatment.

San Marcos Treatment Center .................................................................800-251-0059
120 Bert Brown Road
San Marcos, TX 78666
www.sanmarcostc.com
Types of Services: Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric or psychiatric problems or sexual behavior problems.

Santa Maria Hostel, Inc. ........................................................................713-691-0900
2605 Parker Road
Houston, TX 77093
www.santamariahostel.org
Types of Services: Provides residential and outpatient treatment services for substance abuse treatment. Serves pregnant and parenting women and their children.

Sante Center for Healing ......................................................................800-258-4250
914 Country Club Road
Argyle, TX 76226
www.santecenter.com
Types of Services: Provides dual diagnosis treatment specializing in addiction treatment of substance use disorders, process / behavioral addictions, compulsive behaviors, trauma related issues, co-occurring psychiatric disorders, professional and safety sensitive issues, and eating disorders. Accepts most major insurance.
Serenity House Detox Houston
9714 South Gessner Road
Houston, TX  77071
www.serenityhousedetoxhouston.com
Types of Services: Residential detox center for chemical dependency for men and women.

Shades of Hope
402-A Mulberry Street
Buffalo Gap, TX  79508
www.shadesofhope.com
Types of Services: Residential and outpatient treatment for eating disorders and addictions for adult men and women.

Shiloh Treatment Center
3926 Bahler Ave.
Manvel, TX  77578
www.shilohtreatmentcenter.com
Types of Services: Provides residential and day treatment services to children and youth up to age 18 with behavioral and emotional problems.

Sierra Tucson
39580 South Lago del Oro Pkwy.
Tucson, AZ  85739
www.sierratucson.com
Types of Services: Residential treatment for adult addictions, eating disorders, dual diagnosis and mood disorders.

Star of Hope Mission
4848 Loop Central Drive, Ste. 500
Houston, TX  77081
www.sohmission.org
Types of Services: Provides meals, shelter, clothing and referrals to the homeless through a men's shelter and development center, a women's and family emergency shelter and a transitional living center for women and families.

Starlite Recovery Center
230 Mesa Verde Drive East
Center Point, TX  78010
www.starliterecovery.com
Types of Services: Provides residential chemical dependency treatment for adults and adolescents. Accepts most major insurance plans and TRICARE.
Summer Sky Inc. Chemical Dependency Treatment Center ...........888-857-8857
1100 N. McCart St.
Stephenville, TX 76401
www.summersky.us
Types of Services: Provides medical detox, inpatient and residential treatment, partial hospitalization drug rehab, and intensive outpatient substance abuse services.

Sun Behavioral Health .................................................................713-796-2273
7601 Fannin
Houston, TX 77054
www.sunhouston.com
Types of Services: Provides short term hospitalization for children with psychiatric issues. Provides short term hospitalization and intensive outpatient treatment for adolescents and adults with psychiatric and substance abuse issues.

Sunspire Health Texas .................................................................214-556-0907
3800 County Road 444
Princeton, TX 75407
www.sunspirehealth.com/locations/texas/welcome?TXBRand
Types of Services: Residential facility that provides primary addiction treatment to adults with co-occurring disorders.

Texas ChalleNGe Academy .........................................................877-822-0050
Camp Mabry, Bldg. 41, 2200 W. 35th Street
Austin, TX 78703
www.texaschallengeacademy.com
Types of Services: Texas Challenge Academy is a 5 1/2 month residential military academy sponsored by the Texas National Guard. Tuition free education program for youth ages 16-18 who are disengaged from school. Offers academic instruction, structure and discipline to help students develop personal accountability and become successful adults.

Texas Children’s Hospital - West ..................................................832-822-2778
18200 Katy Freeway
Houston, TX 77094
www.texaschildrens.org/departments/adolescent-medicine
Types of Services: Provides specialty consultation and management of care for patients 10 to 24 years of age who struggle with some form of eating disorder.

Texas NeuroRehab Center .......................................................800-252-5151
1106 W. Dittmar Rd.
Austin, TX 78745
www.texasneurorehab.com
Types of Services: Hospital providing inpatient and outpatient services for adolescents and adults suffering from brain injuries and complex medical challenges. Neurobehavioral residential treatment for children with complex medical, behavioral, social and learning difficulties.
Texas Star Recovery
1106 W. Dittmar Rd.
Austin, TX  78745
www.texasstarrecovery.com
Types of Services: Provides detox, inpatient hospitalization and residential treatment for adults with substance abuse and co-occurring disorders.

The Arbor
1443 County Road 103
Georgetown, TX  78626
www.thearbor.com
Types of Services: 12-step based alcohol and substance use disorder program for adults designed as a 15-month program of support and comprised of two core phases: a 90-day residential treatment program followed up with a 12-month aftercare support program.

The Betty Ford Center
39000 Bob Hope Dr.
Rancho Mirage, CA  92270
www.bettyfordcenter.org
Types of Services: Provides residential treatment for adults with substance abuse issues.

The Children’s Center Inc.
HELP HOTLINE: 1-844-763-8861
P.O. Box 2600
Galveston, TX  77553
www.thechildrenscenterinc.org
Types of Services: Provides residential care for children ages 7-18 who have runaway, been abandoned or neglected. Program serves 13 counties. Transitional living center for young men ages 18-21.

The Meadows
1655 North Tegner St.
Wickenburg, AZ  85390
www.themeadows.com
Types of Services: Provides treatment for psychological issues, trauma, and substance abuse issues in a residential setting.

The Meadows Ranch
3400 N. Sabine Brown Road
Wickenburg, AZ  85390
www.meadowsranch.com
Types of Services: Residential hospital program for adolescents (ages 8-17) and adults (ages 18+) suffering from eating disorders including anorexia, bulimia and binge eating. Accepts major insurance plans and TRICARE.
The Ranch at Dove Tree........................................800-218-6727 or 888-980-6584
1406 County Road 5800
Lubbock, TX 79403
www.ranchatdovetree.com
Types of Services: Provides residential recovery program from alcohol and drug abuse for college age and older adults. Accepts major insurance plans.

The Right Step................................................................................844-768-0086
902 W. Alabama Street
Houston, TX 77006
www.rightstep.com
Types of Services: Provides detox, residential services, transitional living, and intensive outpatient treatment for adults with substance abuse issues. Accepts most major insurance plans.

The Salvation Army - Harbor Light Center & Red Shield Lodge......713-224-2875
2407 North Main
Houston, TX 77009
www.salvationarmyhouston.org/recovery/
Types of Services: Providing transitional housing and faith based recovery services for homeless men suffering from drug and alcohol addictions.

The Salvation Army - Sally's House...............................................713-223-8889
1717 Congress
Houston, TX 77002
www.salvationarmyhouston.org/recovery/
Types of Services: Providing transitional housing and faith based recovery services for homeless women suffering from drug and alcohol addictions.

The Wheelhouse..............................................................................281-478-4488
206 West Helgra St.
Deer Park, TX 77536
www.thewheelhouseinc.com
Types of Services: Provides residential treatment and drug rehabilitation for men only.

The Women's Home...........................................................................713-521-3150
607 Westheimer
Houston, TX 77006
www.thewomenshome.org
Types of Services: Provides a 57-bed transitional living facility for women. Home does not have accommodations for children. This is a long-term shelter. Residents can stay for 6-18 months. Residents must be between 22 and 55 years old and have 90 days sobriety before admission.
The Women's Home - Jane Cizik Garden Place........................................713-328-1976
1839 Jacqulyn Road
Houston, TX 77055
www.thewomenshome.org
Types of Services: Provides 87 units of supportive housing apts. specializing in women-centered services and substance abuse treatment. Apts. do not have accommodations for children. Residents (age 18+) must be working and pay rent. No drinking or smoking on property.

Touchstone - Neurorecovery Center.................................................936-788-7770
9297 Wahrenberger
Conroe, TX 77304
www.touchstoneneuro.com
Types of Services: The program is a C.A.R.F. certified, medically based, residential post-acute brain injury rehabilitation program that serves individuals from ages 14-100+ with known or suspected neurological impairments. Both impatient and outpatient services are available.

Transitional Living Communities...................................................866-646-2138
32 South MacDonald Street
Mesa, AZ 85210
www.transitionalliving.org
Types of Services: Provides long-term residential treatment of mental health and substance abuse services to adults. Accepts insurance, EAP, self-financing and payment plans.

VA Medical Center.................................................................713-791-1414 or 800-553-2278
2002 Holcomb Blvd.
Houston, TX 77030
www.houston.va.gov
Types of Services: Mental health services for veterans.

Volunteers of America Texas...................................................713-460-0781
4808 Yale Street
Houston, TX 77018
www.voatx.org
Types of Services: Outpatient and residential treatment for chemically dependent, medically indigent men and women in the Greater Houston area.

West Oaks Hospital...............................................................713-995-0909
6500 Hornwood
Houston, TX 77074
www.westoakshospital.com
Types of Services: Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.
Westpark Springs

6902 S. Peek Road
Richmond, TX  77407
www.westparksprings.com

Types of Services: Provides short term hospitalization for adolescents and adults with psychiatric and substance abuse issues.

A Way Out for Women's Center

3217 Iola Street
Houston, TX  77017
www.wayoutcenter.com

Types of Services: Provides a 10 day alcohol detox rehabilitation for women. Provides 12 Step meetings.

SUPPORT GROUPS

Al-Anon

9800 Northwest Freeway, Ste. 201
Houston, TX  77092
www.houstonalanon.org

Types of Services: Provides support for relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.

Alcoholics Anonymous Intergroup Association, Inc

4140 Directors Row, Ste. D
Houston, TX  77092
www.aahouston.org

Types of Services: Support Groups for recovery from alcoholism.

Attention Deficit Disorders Association-Southern Region

12345 Jones Rd., Suite 287-7
Houston, TX  77070
www.adda-sr.org

Types of Services: Provides monthly meetings and educational programs for families and parents. Provides adult support services and advocacy for those with attention deficit disorders.

Bo's Place

10050 Buffalo Speedway
Houston, TX  77054
www.bosplace.org

Types of Services: Provides grief support groups for children, adolescents and families. Also information and referral.
Center for Discovery
8588 Katy Freeway, #440
Houston, TX  77024
www.centerfordiscoveryhouston.com
**Types of Services:** Support groups for individuals and their family members in need of eating disorder support.

Cocaine Anonymous
P.O. Box 300154
Houston, TX  77230
www.ca.org and Houston local:  www.ca-texas.org
**Types of Services:** Support groups for cocaine addiction.

Depression and Bipolar Support Alliance
55 E. Jackson Blvd., Ste. 490
Chicago, IL  60604
www.dbsalliance.org
**Types of Services:** Support groups for people suffering from depression and bipolar disorders.

Emotions Anonymous
P.O. Box 4245
St. Paul, MN  55104-0245
www.emotionsanonymous.org
**Types of Services:** Support group that helps others work toward resolution of emotional difficulties. Also provides chat and skype session meetings.

Gambler's Anonymous
P.O. Box 17173
Los Angeles, CA  90017
www.gamblersanonymous.org
**Types of Services:** Provides 12-step support groups for those struggling with gambling addiction.

Narcotics Anonymous
P.O. Box 3561
Houston, TX  77253
www.na.org or www.hascona.com
**Types of Services:** 12 step support meetings for those struggling with addictions to drugs.

Nicotine Anonymous
6333 E. Mockingbird Lane, Ste. .147-817
Dallas, Texas  75214
www.nicotineanonymous.org
**Types of Services:** 12 step support groups for those struggling with addiction to tobacco.
Overeaters Anonymous
5645 Hillcroft Street
Houston, TX  77036
www.oahouston.org
Types of Services:  12 step support groups for overeaters.

Palmer Drug Abuse Program
Three Memorial City Plaza, 840 Gessner, Ste. 1300
Houston, TX  77024
www.pdaphouston.org
Types of Services:  Cost-free support groups for adolescents and their families. The program treats adolescents with chemical dependency problems.

Recovery International
1415 W. 22nd Street, Tower Floor
Oak Brook, IL  60523
www.recoveryinternational.org
Types of Services:  Provides self-help support groups for those struggling with mental illness such as depression, bipolar, and anxiety disorders.

reMind
P.O. Box 27607
Houston, TX  77227
www.dbsahouston.org
Types of Services:  Support groups in the Houston area for people suffering from depression and bipolar disorders.

Sex Addicts Anonymous
P.O. Box 70949
Houston, TX  77270
www.saa-recovery.org
Types of Services:  12-step support groups for sexual addiction.

Survivors of Incest Anonymous
3945 Forbes Ave. #448
Pittsburgh, PA  15213
www.siawso.org
Types of Services:  Support groups for incest survivors.
TREATMENT RESOURCES

Avondale House
3737 O'Meara Drive
Houston, TX 77025
Types of Services: Provides educational, residential and day habilitation services to children and young adults (ages 3-21) with autism. Respite and residential services are provided for ages 21 and older.

Baker Ripley Neighborhood Center
6500 Rookin
Houston, TX 77074
www.bakerripley.org
Types of Services: Provides after school programs, leadership development and summer camps for low income students and their families.

Blue Bird Circle Clinic
615 W. Alabama Street
Houston, TX 77006
www.bluebirdcircle.com
Types of Services: Provides diagnosis, treatment and follow up care for neurological disorders in children.

Boys and Girls Clubs of Greater Houston
2500 Durkin Road
Pattison, TX 77423
www.bgclubs-houston.org
Types of Services: Programs for disadvantaged young people ages 6-17 to enhance and improve the quality of their life.

Briarwood Detox Center
1019 Ashland Street
Houston, TX 77008
www.briarwooddetox.com/houston
Types of Services: Provides medically assisted detox and stabilization.

Cancer Counseling, Inc.
4101 Greenbriar, Suite 317
Houston, TX 77098
www.cancercounseling.info
Types of Services: Provides free, professional, emotional, outpatient counseling to cancer patients, their families, and friends.
Carruth Center

11001 Hammerly Blvd.
Houston, TX 77043
www.carruthcenter.org

Types of Services: Provides developmental assessment, individual and group psychotherapy for children. Also provides child-parent relationship therapy.

Casa de Esperanza de Los Ninos

2911 Corder Street, Building A
Houston, TX 77054
www.casahope.org

Types of Services: Provides psychological, medical and residential care for children in crisis due to neglect, abuse, or HIV. Services provided for children up to 6 years old in foster care.

Catholic Charities of the Archdiocese of Galveston-Houston

2900 Louisiana
Houston, TX 77006
www.catholiccharities.org

Types of Services: Provides community outreach, school counseling, family counseling, adoption and pregnancy counseling. Also provides a Victim's Assistance Program.

Center for Discovery-Houston

8588 Katy Fwy., Ste. 440
Houston, TX 77024
www.centerfordiscovery.com

Types of Services: Provides intensive outpatient treatment for adolescents and adult men and women with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).

Center for Stress Management

1850 Ave. D
Katy, TX 77493
www.cfsmkaty.com

Types of Services: Provides psychosocial and spiritual care to patients and caregivers experiencing the stress of living with cancer or a chronic health condition. Provides counseling, chaplaincy services and stress management.

Christ Clinic

25722 Kingsland Blvd., Ste. 111
Katy, TX 77494

Types of Services: Provides primary healthcare to adults age 18+ who do not have a primary doctor, or private insurance, Medicare, or Veteran's medical benefits.

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Community Family Center .......................................................................................... 713-923-2316
7524 Avenue E
Houston, TX 77012
www.communityfamilycenters.org
**Types of Services:** Provides early childhood education, family support services, adolescent prevention and intervention services for substance abuse, and counseling to low income Hispanics.

Covenant House Texas ........................................................................................... 713-523-2231
1111 Lovett Blvd.
Houston, TX 77006
www.covenanthousetx.org
**Types of Services:** Provides transitional and permanent housing, mental health and substance abuse services for homeless and runaway youth ages 18-24.

DAPA Family Recovery Center ............................................................................... 713-783-8889
5500 Guhn Rd., Ste. 100
Houston, TX 77040
www.dualdiagnosistreatmentdapa.com
**Types of Services:** Provides chemical dependency and psychiatric treatment through partial day and intensive outpatient treatment, and acute inpatient hospitalization for adults (18+) and seniors. Accepts Medicare A and B.

DebLin Health Concepts ....................................................................................... 713-686-9194
6110 Pinemont Drive, Ste. 106
Houston, TX 77092
www.deblinhealthconcepts.com
**Types of Services:** Provides outpatient mental health counseling to children, adolescents and adults.

DePelchin Children's Center ................................................................................. 281-207-2361
12300 Parc Crest Drive, Ste. 120
Stafford, TX 77477
www.depelchin.org
**Types of Services:** Provides free individual and family counseling services for foster care and adopted children. Parenting classes, support, and referral assistance is provided through a community-based counseling program.

Eating Recovery Center ......................................................................................... 713-231-9279
7515 S. Main Street, Ste. 400
Houston, TX 77030
www.eatingrecoverycenter.com
**Types of Services:** Provides partial hospitalization, intensive outpatient and virtual intensive outpatient treatment for eating disorders: anorexia nervosa, arfid, binge eating, bulimia, diabulimia, and osfed. Accepts major insurance.
Excel Center of Katy
2900 Commercial Center Blvd., Ste. 102
Katy, TX 77494
www.westoakshospital.com/excelcenters/excel-katy.html
Types of Services: Provides intensive outpatient (IOP) and partial hospitalization (PHP) programs for adult and adolescent mental health and chemical dependency treatment. Affiliated with West Oaks Hospital. For ages 13 and up.

Family Enrichment Clinic
7211 Regency Square Blvd., #230
Houston, TX 77036
www.familyenrichmentclinic.com/
Types of Services: Provides a range of psychological services to children, adolescents, and adults. Specialized in providing counseling services in American and English Sign Languages, Cambodian, Chinese, English, Hindi, Japanese, Spanish, Korean, Taiwanese, Urdu and Vietnamese.

Family Services of Greater Houston
4625 Lillian Street
Houston, TX 77007
www.familyservices.org
Types of Services: Provides professional, family-focused counseling (marriage, family and individual) to help individuals cope with the pressures of everyday living.

Focus Academy
4781 S. Main Street
Stafford, TX 77477
www.focusacademyhouston.org
Types of Services: Provides assessments, mentoring, individualized and group programs for children and adolescents (grades 3 through college) with Asperger’s, PDD-NOS, ADHD, and other social deficits. Full time private school.

Fusion Academy
13440 University Blvd., Ste. 260
Sugar Land, TX 77479
www.fusionacademy.com
Types of Services: Provides 1:1 customized education for middle school and high school students (grades 6-12) focused on creating positive relationships to increase the academic potential and enhance the social and emotional growth of each student.
Houston Area Women's Center............................................713-528-2121 Domestic Violence Hotline; .................................................................................................................713-528-7273 Sexual Assault Hotline
1010 Waugh Dr.
Houston, TX  77019
www.hawc.org
Types of Services:  Provides 24 hr. hotline and emergency shelter for battered women and their children for up to 90 days. Also provides domestic violence information, public awareness training, and referral hotline.

Houston-Galveston Trauma Institute.............................................713-960-8450
3100 Richmond Ave., Suite 110
Houston, TX  77098
www.hgtraumainstitute.org
Types of Services:  Provides low cost therapy for trauma victims on a sliding fee scale.

Houston OCD Program.................................................................713-526-5055
708 E. 19th Street
Houston, TX  77008
www.houstonocdprogram.org
Types of Services:  Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive compulsive disorders.

Interface-Samaritan Counseling Center...........................................713-626-7990
Grand Lakes Presbyterian Church, 6035 S. Fry Road
Katy, TX  77450
www.houstonsamaritan.org
Types of Services:  Organization that provides individual, couples, family, and group therapy on a sliding fee scale. Supported in part by area churches.

Jewish Family Service................................................................. 713-667-9336
4131 South Braeswood Blvd.
Houston, TX  77025
www.jfshouston.org
Types of Services:  Provides individual, couples, and family counseling for children, adolescents, adults and seniors. Offers intensive outpatient program (IOP) for adults age 18 and older to address life and transitional challenges.

Katy Christian Ministries.............................................................281-391-5261
5504 1st Street
Katy, TX  77493
www.ktcm.org
Types of Services:  Provides trauma informed counseling services for children, adolescents and adults. Support groups are available to help survivors heal from abuse. All counseling is free.
Kinghaven Counseling Center.................................................................713-457-4372
6315 Gulfton Street, Ste. 100
Houston, TX 77081
www.kinghavencounseling.com
Types of Services: Provides outpatient therapy for children, adolescents and adults. Treatment is provided for behavioral health and substance abuse issues.

Legacy Community Health.........................................................................281-498-6100
12667 Bissonnet
Houston, TX 77099
www.legacycommunityhealth.org
Types of Services: Multiple locations throughout the Houston area provide behavioral health services including assessment, medication management, therapy and psychological testing to those who have insurance and those that don’t.

Life Way International.................................................................................713-270-6753
12955 Memorial Drive
Houston, TX 77079
www.lifewayinternational.org
Types of Services: Provides alternative peer groups along with Sober High School for adolescents with chemical dependency.

Magnificat Houses, Inc.................................................................................713-520-0461
3300 Caroline St.
Houston, TX 77004
www.magnificathousesinc.org
Types of Services: Provides residential care for adult men and women suffering from mental illness.

Memorial Hermann Mental Health Crisis Clinics......................................713-338-6422
10780 Westview, Ste. C
Houston, TX 77043
www.memorialhermann.org
Types of Services: Provides outpatient crisis mental health treatment for children, adolescents and adults. Patients are seen by a doctor and a clinician.

Memorial Hermann Prevention and Recovery Center.............................713-939-7272
3043 Gessner Road
Houston, TX 77080
www.parc.memorialhermann.org
Types of Services: Provides adolescent and adult detox, partial day hospital, residential inpatient, intensive outpatient program, 12 Step meetings, and aftercare.
Mental Health and Mental Retardation of Harris County..................713-970-7000
9401 Southwest Freeway
Houston, TX 77074
www.mhmraharris.org
Types of Services: Provides services to those with severe mental illness and intellectual developmental disabilities.

Montrose Clinic - Legacy Community Health.................................832-548-5100
1415 California Street
Houston, TX 77006
www.legacycommunityhealth.org
Types of Services: Offers assessment, medication management, therapy and psychological assessment for all patients.

Montrose Counseling Center..........................................................713-529-0037
401 Branard Street
Houston, TX 77006
www.montrosecenter.org
Types of Services: Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

New Dimensions Day Treatment Center...........................................800-685-9796
607 Park Grove Drive, Ste. A
Katy, TX 77450
www.nddtreatment.com
Types of Services: Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day and intensive outpatient treatment.

Palmer Drug Abuse Program..........................................................281-589-4832
Three Memorial City Plaza, 840 Gessner, Ste. 1300
Houston, TX 77024
www.pdaphouston.org
Types of Services: Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.

Pasadena Villa..................................................................................877-845-5235
216 Pasadena Place
Orlando, FL 32803
www.pasadenavilla.com
Types of Services: Provides residential psychiatric treatment for adults with complex thought, mood, and spectrum disorders.
Richmond State Supported Living Center.............................................281-232-2075
2100 Preston St.
Richmond, TX 77469
www.dads.state.tx.us/services/SSLC
Types of Services: Provides respite, emergency and residential care, treatment, and training for people with intellectual and developmental disabilities who are medically fragile or have behavior problems.

Sheltering Arms Senior Services Dementia-Specific Adult Day Care.........................713-956-1888
3838 Aberdeen Way
Houston, TX 77025
www.bakerrippley.org/services/sheltering-arms-senior-services-in-home-services
Types of Services: Provides services to the elderly, caregivers, and elders at risk.

Shield Bearer Counseling Centers.............................................281-894-7222
17703 West Little York Road
Houston, TX 77084
www.shieldbearer.org
Types of Services: Faith based organization that provides outpatient counseling for adults, adolescents and children age 4 and older on a sliding scale. Provides pre-marital, marital, family and individual counseling services.

Tangible Difference Learning Center.............................................713-597-7555
1635 S. Fry Road
Katy, TX 77450
www.tangibledifference.com
Types of Services: Serves families with special needs children by providing applied behavioral analysis, speech-language therapy, occupational therapy, professional counseling, and parent training.

Teen and Family Services.............................................713-464-3950
11140 Greenbay Street
Houston, TX 77024
www.teenandfamilyservices.org
Types of Services: Provides individual and family counseling, supervised after school and weekend social activities, parent education, various group meetings for teens and parents, quarterly group retreats and academic support at after school centers.

Texana - Behavioral Healthcare Clinic at Brookshire.........................281-375-5300
535 FM 359 South
Brookshire, TX 77423
www.texanacenter.com
Types of Services: Provides outpatient treatment for children, adolescents and adults. Accepts Medicaid and Medicare and contracts with Department of State Health Services to provide care to those with no other funding source.
Texana - Children's Center for Autism at Sugar Land.....................281-239-1497
130 Industrial Blvd., Ste. 200
Sugar Land, TX 77478
www.texanacenter.com
**Types of Services:** Provides outpatient treatment for children, adolescents and adults. Accepts Medicaid and Medicare and contracts with Department of State Health Services to provide care to those with no other funding source.

Texas Children's Hospital - West.............................................832-822-2778
18200 Katy Freeway
Houston, TX  77094
www.texaschildrens.org/departments/adolescent-medicine
**Types of Services:** Provides specialty consultation and management of care for patients 10 to 24 years of age who struggle with some form of eating disorder.

The Center - Houston.........................................................713-525-8400
3550 W. Dallas
Houston, TX  77019
www.thecenterhouston.org
**Types of Services:** Provides people with intellectual and developmental disabilities with employment training, community living and social skills training to gain the skills of daily living.

The Council on Recovery....................................................713-942-4100
303 Jackson Hill Street
Houston, TX  77007
www.councilonrecovery.org
**Types of Services:** Provides children, adolescents, adults and families with outpatient clinical treatment services, women's and children's services, school-based prevention and intervention, adolescent intervention, education and outreach services for anyone seeking services.

The Gathering Place - The Menninger Clinic...........................713-275-5724
5310 S. Willow Drive
Houston, TX  77035
www.menningerclinic.com/patient-care/outpatient-services/the-gathering-place
**Types of Services:** Provides adults aged 18 and older who have a severe and persistent mental illness with employment assistance, wellness program and social skills support.

The Harris Center for Mental Health and IDD...........................713-970-7000
9401 Southwest Freeway
Houston, TX  77074
www.theharriscenter.org
**Types of Services:** Provides services to children, adolescents and adults with severe mental illness and intellectual developmental disabilities.
The Harris Center for Mental Health and IDD........................................713-970-4300
5901 Long Drive
Houston, TX 77087
www.theharriscenter.org
Types of Services: Provides services to children, adolescents and adults with severe mental illness and intellectual developmental disabilities.

The Lighthouse of Houston.................................................................713-527-9561
3602 West Dallas
Houston, TX 77019
www.houstonlighthouse.org
Types of Services: Offers vocational evaluation, career training, and services to the blind and visually impaired.

The Right Step........................................................................844-675-1623
403 West Grand Parkway South, Ste. G
Katy, TX 77494
www.rightstep.com
Types of Services: Provides intensive outpatient treatment for adults with substance abuse issues.

The Shape of Behavior.................................................................832-358-2655
20718 Park Row
Katy, TX 77449
www.shapeofbehavior.com
Types of Services: Intensive behavioral therapy services for infants, toddlers, children, teens and adults with autism, Down Syndrome, PDD-NOS, ADD and ADHD.

Three Oaks Academy/Cates Academy........................................713-270-6753
www.catesacademy.com
Types of Services: Fully-accredited and specialized safe and sober high school for Lifeway International's assisted peer groups.

U.S. Dept of Veterans Affairs Outpatient Clinic.........................281-578-4600
750 Westgreen Blvd.
Katy, TX 77450
www.houston.va.gov/locations/Katy_VA_Outpatient_Clinic.asp
Types of Services: Primary care and mental health outpatient services for veterans.

Victim Assistance Centre Inc.........................................................713-274-7391
1310 Prairie, Ste. 1030
Houston, TX 77002
Types of Services: Provides services to victims of violent crimes.
Walker Wellness Clinic
5225 Katy Freeway, Ste. 415
Houston, TX 77007
www.walkerwellness.com
Types of Services: Provides outpatient treatment for anorexia, bulimia, binge eating disorder, compulsive overeating and emotional distress to adults, adolescents and children.

Wellsprings Inc.
P.O. Box 311017
Houston, TX 77231
www.wellspringsvillage.org
Types of Services: Provides transitional housing for single women between the ages of 25-50, who are homeless or have been abused.
THERAPISTS

Amanda Abshier, LPC, NCC.................................................................979-551-1868
2026 Wirt Rd., Ste. 103B
Houston, TX 77055
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Attention Deficit Disorders, Cognitive Behavioral Therapy, Counseling, Grief and Bereavement

Camille Adams, LPC-S, BCBA...............................................................281-206-7984
ABA Therapy of Houston, Inc.
460 Park Grove Dr.
Katy, TX 77450
www.abatherapyofhouston.com
Population Served: Children
Types of Services: Individual
Specialties: Applied Behavior Analysis for Children on the Autism Spectrum, Office and Home-based ABA therapy

Katie Adams, LPC .............................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Dr.
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Anxiety/Depression, Loss/Grief, Adjustments/Transitions, Boundaries, Emotional Regulation, Parenting/Family Issues, Stress, Postpartum Issues, Trauma

Shae Adkins, PhD............................................................................713-256-1157
Raizner Pediatric Neuropsychology
12946 Dairy Ashford Rd., Ste. 200
Sugar Land, TX 77478
www.childneuropsychologycenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Neuropsychological Testing and Screening for Learning Disabilities, ADHD, and GT
Loyd Agra, MA, LPC.................................................................713-984-7597
Agra Counseling Services
950 Echo Lane, #200
Houston, TX  77024
www.agracounseling.com
Population Served:  Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Depression and Anxiety, Parenting Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction and Recovery, and Conflict Resolution

Sarah Ali, MS, LPC.................................................................281-240-7102
4501 Cartwright Rd., Ste. 505
Missouri City, TX  77459
www.thetransformationstudio.com
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Psychotherapy, Nutritional Medicine, and Holistic Wellness

Debra J. Alldredge, MA, ATR-BC, LPC-AT, LMFT.....................281-980-0083
214 Brooks St.
Sugar Land, TX  77478
www.debraalldredge.com
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families, and Groups
Specialties:  Mood Disorders, Depression, Anxiety, Panic Disorders, Post Traumatic Stress Disorders, Anorexia and Bulimia, Adjustment Disorders, Life Changes, Stress and Anger Management, Relationship Issues, Spiritual and Personal Growth

Kallie Allen, LPC.................................................................713-365-0700
11777 Katy Freeway South, Ste. 300
Houston, TX  77079
www.renewinghope.net/staff/kallie-allen
Population Served:  Children
Types of Services:  Individuals and Families
Specialties:  Play Therapy, Sand Tray, Art Therapy

Janki Amin, LPC-S.................................................................281-778-9530
The Solace Center at Riverstone
4502 Riverstone Blvd., Ste. 601
Missouri City, TX  77459
www.thesolacecenter.com
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Addiction, Mental Health Disorders
Rosemary Amoroso, LPC, LMFT ............................................................... 281-256-6006
56 Sugar Creek Center Blvd., Ste. 350
Sugar Land, TX 77478
www.rosemaryamorosoinc.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, PTSD, Mood Disorders, and Anxiety

Latonya N. Anderson, MA, LPC .............................................................. 832-564-3433
Anderson Counseling Associates
9525 Katy Fwy., Ste. 312
Houston, TX 77024
www.bhchouston.com/providers.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Family Conflict, and Depression

Diane C. Antonvich, LPC ................................................................. 713-463-9449
Diane C. Antonvich, LPC
9525 Katy Fwy., Ste. 312
Houston, TX 77024
www.bhchouston.com/providers.html

Dianne W. Appolito, LCSW ................................................................. 281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Domestic Violence, Depression, Anxiety, Traumatic Experiences, PTSD, OCD, College and Career Issues, Behavioral Problems, and Mood Disorders

Amanda Armbruster, M.Ed., LPC .......................................................... 713-598-3559
9601 Katy Freeway, Ste. 175
Houston, TX 77024
www.michellemforrester.com
Population Served: Children
Types of Services: Individuals, Families
Specialties: Children

Angela Arney, LCSW ................................................................. 713-932-1066
9525 Katy Freeway
Houston, TX 77024
Specialties: Licensed Clinical Social Worker Specialist
Rob Arteaga, MA, LPC.................................................................281-336-0201
11999 Katy Fwy., Ste. 230
Houston, TX 77079
www.counselingcenterhouston.com/our-counselors/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Trauma, Relationship Issues, Anger Management, and Overcoming Divorce/Separation

Lindsay Asawa, PhD..............................................................832-844-5576
52 Sugar Creek Center Blvd., Ste. 225
Sugar Land, TX 77478
www.sugarlandfamilies.com/portfolio-item/lindsay-asawa-phd-clinical-psychologist/
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: ADHD Testing, Educational Testing

Caryn W. Ayers, MA, LPC, BCC, CGRMS, NCC..........................832-588-6535
Life Directions
3 Sugar Creek Center, #100
Sugar Land, TX 77478
www.lifedirectionsca.com
Population Served: Adults
Types of Services: Individuals
Specialties: Grief, Life Transitions

Norma "Jo" Backs, Ed.D., LMFT-S, LPC-S.................................713-444-4326
7002 Riverbrook Dr., Ste. 900A
Sugar Land, TX 77479
www.ftbendcountypsychotherapy.com/ServicesProvided.en.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Emotional Issues, Behavioral Issues, Forensic Assessment, Child Custody, Adoption Assessment

Sue Ellen Badrak, MA, LPC, LMFT............................................281-491-5400
Southwest Therapy Association
120 Eldridge Rd., Ste. D
Sugar Land, TX 77478
www.southwesttherapyassociation.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Sexual Assault, Domestic Violence, School Problems, Transitional Issues, Depression, Anxiety, Grief, Marriage and Divorce
Gina M. Biaiamonte, MS, LPC.................................................................713-376-9500
Authentic You Counseling
9432 Katy Fwy., Ste. 400
Houston, TX  77055
www.authenticu.org
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Trauma and PTSD, Anxiety, Codependency, and ADHD

Caitlin A. Bailey, M.Ed., LPC..............................................................713-621-9515
Tarnow Center for Self-Management
1001 W. Loop South, Ste. 215
Houston, TX 77027
www.tarnowcenter.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families, Groups
Specialties: Behavioral Issues, Emotional Issues, Intellectual Disabilities

Helen P. Bailey, MA, LPC.................................................................713-647-0002
El Camino Counseling, PLLC
10190 Katy Fwy., Ste. 240
Houston, TX 77043
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying,
Depression, Domestic Violence, Grief, Marriage, Obsessive Compulsive, Parenting, Trauma

Joseph Bak, PhD.................................................................713-974-1985
7887 San Felipe St., Ste. 248
Houston, TX 77063
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Depression, Anxiety, Divorce, Family Conflict, Grief, Self Esteem,
and Mood Disorders

Susan Baker, M.Ed., LPC, NCC..........................................................281-858-3001
Motivations Counseling
14090 Southwest Fwy., Ste. 300
Sugar Land, TX 77478
www.motivationscounseling.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Eating Disorders, Women's Issues, EMDR

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Laurie Baldwin, PhD.................................................................713-349-0504
Red Dun Ranch: Equine Assisted Psychotherapy
14034 Hooper Rd.
Houston, TX 77047
www.reddunranch.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Equine Assisted Therapy & Learning

Suzanne L. Balka, MS, LPC, NCC..................................................281-994-7861
Broadfield Counseling & Psychotherapy
1400 Broadfield Blvd., Ste. 200
Houston, TX 77084
www.broadfieldcounselingandpsychotherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Mood Disorders, Anxiety Disorders, Trauma, Interpersonal Conflict, Personality/Psychological Analysis, Behavioral Modification

Stephanie F. Banasau, MA, LMFT, LPC, CST.........................832-312-2110
Therapist of Katy, PLLC
1832 Snake River Rd., Ste. E
Katy, TX 77449
www.therapistofkaty.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Sex Therapy, Family Conflict

Delmy Barahona, MA, LPC.........................................................713-647-0002
El Camino Counseling, PLLC
10190 Katy Fwy., Ste. 240
Houston, TX 77043
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression, Domestic Violence, Grief, Marriage, Obsessive Compulsive, Parenting, Trauma

El Camino Counseling, PLLC
2717 Commercial Center Blvd., Ste. E220
Katy, TX 77494
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Multilingual Capabilities: Spanish, English, Korean, Cantonese, and Mandarin. ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Amanda Barrow, PhD
21230 Kingsland Blvd., Ste. 400
Katy, TX 77450
www.amandabarrowsm.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Learning Disabilities, Autism Spectrum, Personality, Intellectual Functioning, Emotional Functioning, Personality

Melissa D. Barton, MA, LPC-S
Barton Counseling Services
22762 Westheimer Pkwy., Ste. 570
Katy, TX 77450
www.bartoncounselingservices.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Adolescent Issues, Anxiety, Depression, Drug and Alcohol Abuse, Bipolar Disorder, Coping Skills, Family Conflict, Life Transitions, and Self-Harm

Michelle Beard, Ph.D
Michelle Beard, Ph.D., PLLC
2323 South Shepherd, Ste. 1012
Houston, TX 77019
www.michellebeardphd.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: OCD, Panic Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder, Phobias, Selective Mutism, Learning Disabilities, Dyslexia, ADHD, Psychological Problems, Anxiety, Depression, Asperger’s, Intellectual Abilities for School Enrollment Assessment

Ruth Bedsole, MA, LPC, LMFT
Sugar Bend Center
12946 Dairy Ashford Rd., Ste. 260
Sugar Land, TX 77478
www.sugarbendcenter.com/home.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Grief, Family Issues, Relationship Issues, Parenting, Mood Disorders, Divorce Recovery, and Women’s Issues

Ladonna R. Begelton, MA, LPC
Ladonna Begelton, MA, LPC
11807 Westheimer Rd., Ste. 108
Houston, TX 77077
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital and Families
Specialties: Tobacco Treatment, Adolescents, and Couple/Marriage Counseling

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Rosemary D. Behrens, MA, LPC-S ................................................................. 832-981-1077
Inner Peace Counselors
9219 Katy Fwy., Ste. 165
Houston, TX 77024
www.innerpeacecounselors.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Grief, Mood irregularities, Anxiety, Anger, Adjustment Issues, ADD & ADHD, Sexual Concerns, Trauma Issues, Premarital Counseling, Parenting & Family Matters, ADD & ADHD Assessment for Children and Adults

Clarinda Bell-Fletcher, LPC ................................................................. 713-365-0700
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/clarinda-bell-fletcher
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Parenting, Relaxation Exercises, Depression, Career Counseling, Children and Teen Issues, Women’s Issues, Bipolar Disorder

Kristen Berglund, MA, LPC ........................................................................... 832-237-2673
Houston Psychotherapists Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.houstonpsychotherapists.com/clinicians.html
Population Served: Adults
Types of Services: Individuals, Groups
Specialties: Postpartum Anxiety and Depression, Adult Survivors of Sexual Abuse, and Working with New Parents

Jodie Bergquist, MA, LPC, LCDC ............................................................... 832-925-4188
26600 Westheimer Pkwy.
Katy, TX 77494
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, Depression, Family Conflict, Trauma, and Grief, DBT Certified

Jay Bevan, PhD, LP .................................................................................. 281-242-1970
Dr. Jay Bevan, PhD
101 Southwestern Blvd., Ste. 109
Sugar Land, TX 77478
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Clinical Psychology

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Dauphine L. Billingsley, MA, MS, LPC-S, DBTC.............................................832-632-8536
D.L. Billingsley & Associates, PLLC
2440 Texas Pkwy., Ste. 228
Missouri City, TX 77489
www.dlbillingsleylp.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Personality Disorders, Dual Diagnosis, Behavioral Issues, ADHD, Addiction, Anger Management

Cathy Binstock, LMSW.................................................................713-789-7560
2450 Fondren Rd., Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html
Specialties: Anxiety and Depression, Coping With Life Transitions, Loss and Grief, Chronic Illness and Disabilities

Edward Bitter, PhD.................................................................713-463-9449
Behavioral Health Consultants, Inc.
9525 Katy Fwy., Ste. 312
Houston, TX 77024
www.bhchouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Drug and Alcohol-Recovery and Relapse Prevention, Depression and Anxiety, Trauma/Abuse Survivors, Gender and Sexual Identity, Self-Injurious Behavior, Anger Management and Stress Reduction, Oppositional Behavior and ADHD

James P. Blackmon, LPC...........................................................713-681-6680
Counseling and Mediation Services
1345 Campbell Rd., Ste. 120
Houston, TX 77055
www.bnstep.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Solution Oriented Counseling, Problem Solving Techniques, Communication Skills, Bible Based Counseling, Pre-Marital Testing, Personality Testing, Reasoning and Rehabilitation Program for All Ages
Marilyn Blackmon, LPC
Counseling and Mediation Services
1345 Campbell Rd., Ste. 120
Houston, TX 77055
www.bnstep.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Solution Oriented Counseling, Problem Solving Techniques, Communication Skills, Bible Based Counseling, Pre-Marital Testing, Personality Testing, Reasoning and Rehabilitation Program for All Ages

Ebony Johnson Blue, Ed.D., LPC
H.A.V.E.N. Counseling and Wellness Services
21734 Provincial Blvd., Ste. 240D
Katy, TX 77450
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Coping Skills, Gay, Addiction, Anger Management, Behavioral Issues, Depression, Divorce, Eating Disorders

Dina D. Blume, LPC, LSSP, RPT
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Play Therapy, Abuse, EMDR, Adjustment Disorder, Anger Management, Anxiety, Phobias, Stress, ADHD, Bipolar Disorder, Behavior Issues, Bullying, Sexting, Testing Issues, Communication, Conflict Resolution, Crisis and Trauma

Mary S. Blunt, LPC
Mary Blunt Counseling
11999 Katy Fwy., Ste. 150 K
Houston, TX 77079
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Communication, Grief, Relationships, Couples Counseling, Divorce, Trauma, Major Life Changes, Family Drama

Elizabeth Bobo, LPC, NCC
Barnhill Counseling
411 Park Grove Ln., Ste. 720
Katy, TX 77450
www.barnhillcounseling.com/katy-office

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Harold H. Boggs, MS, LMFT, LCDC.........................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Dr., Unit B
Katy, TX 77450
www.christiancounselinghouston.com/harold-boggs.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, Blended Families, Trauma/Abuse/PTSD, Loss/Grief, Parenting, Sexual
Addiction, Suicidal Thoughts, Marriage, and Anxiety/Depression

Keith Boudreaux, LPC.................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety/Depression, Marriage, Addiction, Bipolar Disorder, Anger Management, Sexual
Addiction, Panic/Phobias, Obsessive-Compulsive, and Suicidal Thoughts

Glenn E. Boyd, PhD, LPC, LMFT..................................................832-472-3566
10701 Corporate Dr., Ste. 220
Stafford, TX 77477
www.glennboydcounselor.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Depression, PTSD, Anxiety, and Parenting

Andrew Brams, PhD.................................................................281-557-6546 Ext. 103
Andrew Brams Clinical Services
4615 Southwest Fwy., Ste. 860
Houston, TX 77027
www.drandrewbrams.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Forensic Services, School Consultation, Counseling, Psychological Testing

Stephanie B. Brandt, LPC-AT, LMFT, ATR-BC...............................281-819-5336
16300 Katy Fwy., Ste. 100
Houston, TX 77094
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Trauma and PTSD, Addiction, Alcohol Abuse, Anxiety,
Codependency, Depression, Divorce, Drug Abuse, Dual Diagnosis, Grief, Infertility, Life Coaching,
Peer Relationships, Relationship Issues, and Women's Issues
Christine Brannan, M.Ed., LPC, LCDC...........................................832-430-2872
952 Echo Lane, Ste. 210
Houston, TX  77024
www.auramd.com/providers
Specialties: Substance Abuse, Depression, Anxiety, Bipolar, and Eating Disorders

Kelly D. Brast, MA, LPC-S, LSOTP, CART..................................832-266-8737
Kelly's Counseling Services, LLC
324 N. Circle Dr.
Sealy, TX  77474
www.kellyscounseling.net
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families

Randall Brelsford, PsyD, LPC......................................................713-463-9449
Behavioral Health Consultants, Inc.
9525 Katy Fwy., Ste. 312
Houston, TX  77024
www.bhchouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Drug and Alcohol-Recovery and Relapse Prevention, Depression and Anxiety, Trauma/Abuse Survivors, Gender and Sexual Identity, Self-Injurious Behavior, Anger Management and Stress Reduction, Oppositional Behavior and ADHD, Peer Problems, and Serious Mental Illness

Wendy L. Brien, M.Ed., LPC, NCC..............................................281-858-3619
Martin Counseling, PLLC
472 Park Grove Dr.
Katy, TX  77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Family Conflict, Immigration, Marital and Premarital, Pregnancy, Prenatal, Postpartum, School Issues, and Self Esteem, Bilingual Counseling in English/Spanish

Amanda Brinkmeyer, M.Ed., LPC, NCC.....................................832-821-5819
10720 Barker Cypress Rd.
Cypress, TX  77433
www.banyancounseling.com/AmandaBrinkmeyerMEdLPC.en.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger Management, Infertility, Obesity, Pregnancy and Postpartum, Self-Harm, and Women’s Issues

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Cleophas L. Browder, LPC.................................................................713-458-8785  
Greentree Behavioral Health  
5618 Stoneridge Court  
Rosenberg, TX 77471  
www.greentreebehavioralhealth.com  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Families, Groups  
Specialties: Crisis Intervention, Facilitation with Hospital Admissions, EAP Provider, Anger Management

Larissa Brown, M.Ed., LPC, CCTP, CART.............................................713-997-8622  
Satori Counseling Center, PLLC  
2840 Commercial Center Blvd., Ste. 104-G  
Katy, TX 77494  
www.goodtherapy.org/therapists/profile/larissa-brown-20141201  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Couples/Marital, and Families  
Specialties: Child or Adolescent, Relationship Issues, Bipolar Disorder, Anger Management, Depression, and Family Conflict

Teresa Brown, M.Ed., LPC, RPT.........................................................281-504-8004  
101 Southwestern Blvd., Ste. 105  
Sugar Land, TX 77478  
www.tbrowntherapy.com  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Families, Groups  
Specialties: Play Therapy, Group Therapy, Sandtray Therapy, EMDR Therapy, ADHD, Oppositional Defiant Disorder, Learning Disabilities, and PTSD

Erica Bruce, LCSW.................................................................281-778-9530  
The Solace Center at Riverstone  
4502 Riverstone Blvd., Ste. 601  
Missouri City, TX 77459  
www.thesolacecenter.com  
Population Served: Adults  
Types of Services: Individuals  
Specialties: Trauma, Personality Disorders, Suicidology, DBT, and CBT

Michelle Brumley, LPC...............................................................832-532-9171  
Michelle Brumley Counseling, PLLC  
14905 Southwest Fwy., Ste. 223  
Sugar Land, TX 77478  
www.michellebrumleycounseling.com  
Population Served: Adults  
Types of Services: Individuals  
Specialties: Substance Abuse, Anxiety, Depression, Addiction, Alcohol Abuse, Bipolar Disorder, Coping Skills, Drug Abuse, Dual Diagnosis, Self Esteem, Trauma and PTSD

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Ashley Horan Buescher, MA, LPC, BCBA
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Rd., Ste. 103 and 105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Autism Spectrum Disorder, Anxiety, Depression, Interpersonal Problems

Shannon Burkett, PhD
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Rd., Ste. 103 and 105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Depression, Anxiety, Adjustment Issues (Marriage/Divorce, Job Stress), Chronic Illness, Psychological and Psychoeducational Assessments for Children and Adults

Robin J. Burks, PhD
950 Echo Lane, Ste. 335
Houston, TX 77024
www.robinburks.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Eating Disorders, Marital Issues, PTSD, Substance Abuse and other Psychological Issues

Diana Cabrera-Stewart, LPC
Harmony Therapy Group
411 Park Grove Ln., Ste. 720
Katy, TX 77450
www.cookcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Food and Body Image Issues, Perfectionism and Control Issues, and Trauma

Rodrigo Cadeno, LMSW
Brittani L. Persha Counseling and Therapy
14760 Memorial Dr., Ste. 207
Houston, TX 77079
www.brittanipershacounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Anxiety, Behavior, Codependency, Family Violence & Domestic Abuse, Grief, Relationships, Stress, Peer Pressure, and Self Esteem
Steven Callahan, PhD.................................................................713-789-7560
Behavioral Healthcare Associates
2450 Fondren Rd., Ste. 312
Houston, TX 77063
www.bhca-psy.com
Population Served: Adults
Types of Services: Individuals, Families, Groups
Specialties: Psychological Evaluations, Assessments, Pre/Post Surgical Psychological Clearance for Bariatric Surgery, Chronic Pain Management, Medical Rehabilitation

Steve Caloudas, PhD.................................................................713-789-7560
Behavioral Healthcare Associates
2450 Fondren Rd., Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Life Transitions, Grief and Loss, Career Changes, Relationship Issues

T.J. Campbell, MA, LPC..............................................................832-463-2806
Campbell Counseling
7825 N. Hwy. 6, Ste. 101
Houston, TX 77095
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Mood Disorders, Relationship Issues, Coping Skills, Addictions, and PTSD

John Campbell, MA, LPC............................................................713-955-5925
21815 Oak Park Trails Dr.
Katy, TX 77450
www.contemporarybehavioraltherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Psychosis, Mood Disorders, Personality Disorders, Anger Issues, PTSD, and Self-Harm

Jennifer Canul, M.Ed., LPC.........................................................832-301-6828
7825 Hwy. 6 North, Ste. 101
Houston, TX 77095
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Perinatal Mood Disorders, Career Counseling, Coping Skills, and Divorce

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Sherry Cardinal, LCSW.........................................................................................713-594-0859
www.criticalincidentstress.com
Population Served: Adults
Types of Services: Individuals, Families
Specialties: First Responders (Police, EMS, Firefighters), Stress, Anxiety, Trauma and Abuse, Self-Esteem, Career

Jorge Carrillo, PhD................................................................................................713-939-1229
Bilingual Psychological Associates, PC
5246 Dow Rd.
Houston, TX  77040
www.bilingualpsychologists.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Anxiety, Autism, Depression, Family Therapy, and Self-Esteem, Bilingual Services in English/Spanish

Sharon Carroll, MA, MBA, LPC-S........................................................................713-463-5879
Memorial Counseling Center, PLLC
9575 Katy Fwy., Ste. 355
Houston, TX  77024
www.memorialcounselingcenter.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Relationship Issues, Self Esteem, Grief, Anger Management, Anxiety, Career Counseling, Coping Skills, Depression, Domestic Abuse, Family Conflict, Life Coaching, Life Transitions, Peer Relationships, Spirituality, Suicidal Ideation

Cynthia R. Carter, MS, LPC, LMFT.......................................................................281-746-3406
Cynthia R. Carter, MS, LPC, LMFT
14525 FM 529 Rd., Ste. 200
Houston, TX  77095
www.cynthiarccartertherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral Issues, Depression, Family Therapy, Marriage Counseling, and Parenting Issues

Ralph Casazza, PhD................................................................................................713-463-9449
Behavioral Health Consultants, Inc.
9525 Katy Fwy., Ste. 312
Houston, TX  77024
tpa.site-ym.com/members/member_page.asp?cdbid=24595797&pid=371891
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Psychotherapy, Consultation to Businesses or Organizations, General Psychological Testing, Intelligence, Personality, Vocational, Aptitude, School Placement, Health, and Forensic Psychology

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Catherine A. Casey, LPC, LMFT
16300 Katy Fwy., Ste. 100
Houston, TX  77094
www.cacaseylpclmft.com/
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Depression, Anxiety, Couples Counseling, Grief and Bereavement Counseling, Relationship Issues, Family-of-Origin Issues, Women’s Issues, and Stress Management

Brina Cash, MA, LPC, CART
2600 N. Gessner, Ste. 203
Houston, TX  77080
www.mosaictreecounseling.com/our-team/
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Cognitive Therapy, Behavioral Therapy, Anger Management, Families, Mindfulness, Psycho-Educational Therapy, Psychotherapy, Art Therapy, Play Therapy

Candace Castille, LCSW
22762 Westheimer, Ste. 570
Katy, TX  77450
www.empdtherapy.com
Population Served:  Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Depression and Anxiety, Couples, Families, Parenting Support, Grief, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, PTSD/Trauma Related Issues

Ivette Castillo, PhD, LSSP
12920 Dairy Ashford Rd., Ste. 105
Sugar Land, TX  77478
www.ivettecastillo.wixsite.com/clinicalpsychologist
Population Served:  Children, Adolescents
Types of Services:  Individuals, Families
Specialties:  Developmental Evaluations, Autism Evaluations, Psychological Evaluations, Individual and Family Therapy, School Issues

Julia Cedeno, LCSW, CTP
Julia’s Counseling and Play Therapy Group, PLLC
14760 Memorial Dr., #201
Houston, TX  77079
www.juliascounseling.com
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Families
Specialties:  Trauma, Mood Disorders, Sexual Abuse, Attachment Issues, Anger Issues, School Related Concerns, Foster/Adoptive Parenting, and Behavioral/Conduct Issues

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Sharon Chada, PhD..................................................281-494-8666
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.drsharonchada.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mood, Personality and Identity Disorders, Psychosis, and Sexual Identity Issues

Ellie Chaikind, LPC, LMFT............................................713-977-7033
Westoaks Counseling Center
2600 S. Gessner Rd., Ste. 314
Houston, TX 77063
www.westoakscounseling.com
Population Served: Adolescents, Adults, and Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage and Family Counseling, Relationship Issues, Depression, Stress, Anxiety, Fears, Addictions, Eating Disorders, Grief Counseling, Sexual Abuse, Gay/Lesbian Issues, and Parenting

Yvonne Champion, LCSW.............................................832-654-5168
Champion Counseling
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.championcounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Relationship Issues, Increasing Sexual Fulfillment, Recovering From an Affair, Divorcing Consciously

Kelly Chappuis, M.Ed, LPC..........................................832-913-8747
Katy Psychological Services, PLLC
24546 Kingsland Blvd.
Katy, TX 77494
www.katypsychservices.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety Disorders, Autism Spectrum Disorders, Depression, Emotional Disturbance, Learning Disabilities, Bullying Issues, Family Discord, Divorce, Self-Esteem

Carolyn H. Cheek, MS, EDS, LPC..................................281-241-7616
Katy Counseling Services
24044 Cinco Village Center Blvd. #100
Katy, TX 77494
www.therapistkatytx.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Divorce, Addiction, Grief, Gestalt Therapy, and Family Therapy

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Tiffany Chen, MS, NCC, LPC...........................................................................281-762-1825
Barnhill Counseling
13313 Southwest Fwy, Ste. 263
Sugar Land, TX 77478
www.barnhillcounseling.com/katy-office

Suja Cheriyan, LMSW, LCSW, CART.................................................................281-207-1295
Alpha Counseling Services
19901 Southwest Fwy.
Sugar Land, TX 77479
www.alphacounselingservices.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Life Changes, Adolescent Issues, Couples Therapy, and Family Therapy

Cynthia Chilcote, LCSW....................................................................................832-600-2585
Center For Wellness and Healing
14905 Southwest Fwy., Ste. 220
Sugar Land, TX 77478
www.cindychilcote.com/CindyChilcote/Home.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Abuse, Anxiety, Divorce, ADHD, Bullying, PTSD, OCD, and Anger Management

Christopher Christianson, MA, LPC..............................................................832-744-6131
22101 Morton Ranch Rd.
Katy, TX 77449
www.christopherchristianson.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Depression, Anxiety, and Coping Skills

Dena Chuang, MA, LPC....................................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Dr.
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Ministry Workers/ Missionaries, Identity/Self Worth, Anxiety/Depression, Loss/Grief, Relationship Issues, Culture Stress, Trauma, Boundaries, Communication
Deanna Clapsaddle, LPC-S, CCTP..................................................281-815-0536
New Dimensions Counseling & Consulting, PLLC
24044 Cinco Village Center Blvd., Ste. 100
Katy, TX 77494
www.newdimensionscounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Developmental Disorders, Autism Spectrum Disorders, Trauma and PTSD, OCD, Relationship Issues, and Mood Disorders

Melody V. Clarke, MA, LPC..........................................................832-754-8678
Melody V. Clarke, MA, LPC
11201 Richmond Ave., Ste. A-100-A
Houston, TX 77082
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, PTSD, Behavioral Issues

Lola M. Clay, MS, LPC-S, CART..................................................832-782-0001
Zen Imago, PLLC
4800 Sugar Grove Blvd., Ste. 528
Stafford, TX 77477
www.zenimago-pllc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Emotional Disturbance, Domestic Violence, Relationship Issues, Addiction, Bipolar Disorder, Chronic Pain, and Depression

Sandy Clay, MA, LPC, LMFT.......................................................713-464-8501
West Houston Counseling and Assessment Center
9219 Katy Fwy., Ste. 296
Houston, TX 77024
www.westhoustontherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marittal, Families
Specialties: Christian Counseling, Mood Stabilization, and Weight Management, Certified Imago Therapist, Clinical Hypnotherapist

Paul Clear, PhD.................................................................281-409-6041
2500 Wilcrest Dr., Ste. 300
Houston, TX 77042
www.paulclearphd.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Psychotherapy and Psychological Testing, ADHD, Anxiety, and Depression

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Leah Clionsky, PhD.................................................................832-974-1176
Thriving Child Center
12946 Dairy Ashford Rd., Ste. 260
Sugar Land, TX 77478
www.thrivingchildcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, School Stress, Trauma, Suicidal Thoughts, and Bullying

Timothy Coleman, MA, LPC..............................................713-365-0700
Renewing Hope Counseling Center
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/timothy-coleman
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Behavioral Issues, Coping Skills, ADHD, Addiction, Anger Management, Anxiety, Career Counseling, Divorce, Domestic Abuse, Domestic Violence, and Family Conflict

Raikeya J. Collins, MA, LPC-S..............................................281-905-3840
Pillar of Support Counseling Services, PLLC
535 E. Fernhurst Dr., Ste. 117
Katy, TX 77450
www.pillarofsupportkaty.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Depression, Anxiety, Anger Management, and Behavioral Issues

Celeste Conlon, PhD............................................................281-944-5588
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.conlonpsychservices.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Social Anxiety, OCD, Panic, Phobias, School Refusal, Hoarding, Skin Picking, and Cognitive Behavioral Therapy

Anne Marie Cook, LCSW...................................................281-456-3688
Counseling & Neurofeedback Services
21830 Kingsland Blvd., Ste. 106
Katy, TX 77450
www.cnskaty.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Attention Deficit Disorder, Grief and Bereavement, Anger Management, Mood Disorders, Adjustment Disorders and Spirituality
Brittnay Cook, MA, LPC......................................................832-945-3139
1601 Main St., Ste. 403
Richmond, TX 77469
www.heart2heartservices.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Foster Care Services, Individual Counseling, Play Therapy, Couples and Family Counseling, and Anger Management

Frances Dee Cook, LPC, NCC, RPT-S.............281-398-0022 and 281-277-8811
Houston Center for Christian Counseling
609 Park Grove Lane, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: CBT, EMDR, and Play Therapy

Marisha N. Copeland, MA, LPC-S, NCC, BCPC.........................832-304-4484
The Cope Clinic
888 W. Sam Houston Pkwy. S., Ste. 135
Houston, TX 77042
www.cope-clinic.com/the-clinician
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Coping Skills, Relationship Issues, and Family Conflicts

Julie A. Corazzato, MA, LPC..................................................832-924-8148
Julie Corazzato, LPC
14015 Southwest Fwy., Ste. 3
Sugar Land, TX 77478
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Depression, Coping Skills

Charles Cox, PhD..........................................................281-265-4566
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.drcharlescox.com
Population Served: Adults
Specialties: Mood Disorders, Life Issues, Men’s Issues, Depression, Long Term Illness
Jennifer S. Crawford, PhD ..................................................281-242-2595
Sugar Bend Center
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.sugarbendcenter.com/home.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Behavioral Management, Parenting, Anxiety, Mood Disorders, Developmental and Learning Disorders, ADHD, and Autism Spectrum Disorders

Megan G. Crosby, BCBA ..................................................832-642-4082
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Parenting, Family Conflict, ADHD, Addiction, Behavioral Issues, Coping Skills, and Life Coaching

Lynne C. Davis, PhD, ABPP .............................................713-893-7105
Houston Neuropsychology Associates, PLLC
2600 N. Gessner, Ste. 230
Houston, TX 77080
www.houston-npa.com/office-locations
Specialties: Neuropsychological Assessments

Robert N. Davis, PhD, ABPP .............................................713-893-7105
Houston Neuropsychology Associates, PLLC
2600 N. Gessner, Ste. 230
Houston, TX 77080
www.houston-npa.com/office-locations
Specialties: Neuropsychological Assessments

Stephanie Davis, LPC .....................................................713-365-0700
Renewing Hope
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/stephanie-davis
Population Served: Adolescents, Young Adults
Types of Services: Individuals, Families
Specialties: Anxiety, ADHD, Trauma, Depression, Loss, Self-Harm, Relationships, Self-Image, Internet Safety, Social Media Concerns, and Academic/Career Advising
Beth Dean, LCSW.................................................................713-365-0700
Renewing Hope
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Grief, School Avoidance, Anger, Eating Disorders

Dana D. Debes, LCSW...............................................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Traumatic Experiences, Marital Issues, Behavioral Problems, and Mood Disorders

Katherine K. Derry, LPC............................................................281-940-3245
1001 Golfview Drive
Richmond, TX 77469
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Bipolar, Depression, Dual Diagnosis, Anxiety, Trauma, and PTSD

Ariana Detert, LCSW...............................................................281-217-3077
21348 Provincial Blvd.
Katy, TX 77450
www.arianadetertcounseling.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Life Transitions, Grief and Loss, Medical Issues

Allison T. Dingle, M.Ed., LPC.....................................................713-598-3559
9601 Katy Freeway, Ste. 175
Houston, TX 77024
www.michellemforrester.com
Population Served: Children
Types of Services: Individuals, Families
Specialties: Play Therapy
Raquel Docote, MA, LPC, NCC..................................................832-259-3490
Ducote Intervention Counseling Center
11200 Westheimer Road, Ste. 202
Houston, TX  77042
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Christian Counseling, Trauma and PTSD

Brittni Dones, MA, LPC......................................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner, Ste. 203
Houston, TX  77080
www.mosaiccounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Cognitive Therapy, Behavioral Therapy, Anger Management, Family Counseling, Mindfulness, Psycho-Educational, Psychotherapy, Art Therapy, Play Therapy, Bilingual in English/Spanish

Nicole Dorsey, PhD.................................................................832-876-3232
Sugar Land Counseling Center
4665 Sweetwater Blvd., 110
Sugar Land, TX  77479
www.sugarlandcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Trauma, Depression, and Anxiety

David J. Dotson, LPC.................................................................346-205-4875
Full Life Counseling
21348 Provincial Blvd.
Katy, TX  77450
www.fulllifecounsel.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Couples/Marital, Overcoming Infidelity, Sexual Addiction Issues, and Marital Conflict, Addiction, Anxiety or Depression

Gloria Douglas, MA, LPC, CART.............................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner, Ste. 203
Houston, TX  77080
www.mosaiccounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Oppositional Disorder, Conduct Disorders, and ADHD
James Drew, LPC ................................................................. 832-577-1610
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.jamesdrew.net
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Blended Families, Divorce Recovery, and Couples/Family Counseling

Nathan Driskell, MA, LPC-S, NCC ........................................... 832-559-3520
17510 Huffmeister Rd., Ste. 103
Cypress, TX 77429
www.nathandriskell.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Asperger’s, Internet Addiction, Depression, Bipolar, Anxiety and Addictions

Sarah Dross-Gonzalez, PsyD, LP ................................................. 832-913-8747
Katy Psychological Services, PLLC
24546 Kingsland Blvd.
Katy, TX 77494
www.katypsychservices.com/psychologists-and-therapists.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Diagnostic Evaluations, Autism, ADHD, Oppositional Defiant Disorder, Depression, Anxiety and Stress

Alexis Dunbar, PhD ................................................................. 713-332-4390
Katy Center For Psychology and Counseling Services
5757 Flewellen Oaks Lane, Ste. 304
Fulshear, TX 77441
www.kcpcs.com/ContactKatyCenterforPsychologyCounselingServices.en.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Trauma, Addictions, Psychological Testing Services

Monica P. Dunwoody, LPC ...................................................... 713-828-0593
Counseling Concepts
13615 St. Mary’s Lane
Houston, TX 77079
www.counselingconceptshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Life Transitions, Self-Esteem, Relationship Issues, Anger, Stress Management, Teen Issues, Marital and Pre-Marital Counseling
Dr. Melissa Earls, LPC, RPTS.........................................................281-788-7975
Peace of Mind Counseling
3335 Cartwright Road, Ste. 50
Missouri City, TX 77459
www.peaceofmindcounseling.org/Business-Hours-and-Location.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Depression, Anxiety, Family Conflict, Trauma, PTSD

Vicki L. Easterling, MSW, LCSW..............................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Obsessive Compulsive Disorders, Utilizing Exposure Response Prevention Therapy, Women’s Issues, Family Conflict

Nicholas Edd, Psy.D., LP.........................................................281-558-6231
11999 Katy Fwy., Ste. 385
Houston, TX 77079
www.eddclinic.com
Types of Services: Individuals, Couples/Marital, Families
Specialties: Individual and Family Therapy, Substance Abuse, Sexual Addiction, Anger Management, Forensic Work, Probation and Court Related Issues

Debbie Edmunds, MA, LPC-S, CART........................................281-373-5200
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Road, Ste. 103 and 105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Coping Skills, Self-Injury, Couples and Families

Juliet Elechi, MA, LPC.............................................................713-489-5473
Martin Counseling
472 Park Grove Dr.
Katy, TX 77450
www.martincounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Depression, Mood Disorder, Anxiety, Domestic Violence, Adjustment Disorders

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stephanie Ellis, PhD.................................................................713-365-0700
Renewing Hope
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Trauma, Depression, Loss, ADHD, Relationships, Sex, Addictions, and Parenting

Claire B. Ellison, M.Ed., LPC, RPT........................................281-622-9884
11999 Katy Fwy., Ste. 530
Houston, TX 77079
www.claireellison.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Loss, Grief, PTSD, Foster Care and Adoption, Play Therapy, CBT, Substance Abuse, Depression, and Anxiety

Mary Engle, MA, LPC.............................................................281-398-2509
The Legacy Center
1844 Snake River Road, Ste. C
Katy, TX 77449
www.maryenglelpcom
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Aspergers, Abuse, Grief, Trauma, Stress Management, School and Family Issues, Parenting Issues, Depression, Life Struggles

Michael Erickson, LPC............................................................832-455-5729
11107 McCraken Circle #A
Cypress, TX 77429
www.ericksoncounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Civil and Divorce Mediation, Parent Coordination/Facilitation, and Mental Health Counseling

Richard Ermalinski, PhD......................................................281-242-0777
101 Southwestern Blvd., Ste. 113
Sugar Land, TX 77478
www.drermalinski.com/home.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Marriage Counseling

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Fatimah Escobar, MA, LPC.......................................................832-237-2673
Houston Psychotherapists Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.houstonpsychotherapists.com/clinicians.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Adolescent Development, Women’s Issues, Parenting Skills, Interpersonal Relationship Issues, and Stress Management Skills

Shelly R. Evans, LPC...............................................................832-600-1966
11999 Katy Fwy., Ste. 530
Houston, TX 77079
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Trauma and Abuse, EMDR

Trent Everett, PhD.................................................................832-328-0008
LifeTrek
21230 Kingsland Blvd., Ste. 500
Katy, TX 77450
www.lifetreksolutions.com/content.php?id=67
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Difficult Teens, OCD, Couples Therapy, Interactive Metronome, Non-Invasive, Non-Pharmaceutical Interventions, ADHD, Impulse Control, Other Neurologically Based Conditions

Catherine Fagan, LPC-S, LCDC, LSOTP....................................713-954-4808
ProActive Resolutions
11301 Richmond Ave., Bldg. K, Ste. 110
Houston, TX 77082
www.proresolutionstherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger, Anxiety, ADHD, Substance Abuse, and Depression

Deborah Feinsilver, LPC..........................................................713-463-9449
Behavioral Health Consultants, Inc.
9525 Katy Fwy., Ste. 312
Houston, TX 77024
Elizabeth Ferda, LCSW.................................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Parenting, Family Conflict, ADHD, Addiction, Behavioral Issues, Coping Skills, and Life Coaching

Jenny Ferguson, M.Ed., LPC...............................................................832-831-8379
Fowler and Tidwell Counseling
7155 Old Katy Road, Ste. N244
Houston, TX 77024
www.fowlerandtidwell.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Mood Disorders, Anxiety, Asperger’s Syndrome

Mendy K. Ferrara, MAC, LPC, LPPC..................................................281-627-3573
2840 Commercial Center Blvd., Ste. 104
Katy, TX 77494
www.katymentalhealthandwellness.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Sex Therapy, Depression, and CBT

Candis Firchau, MA, LPC-S, MS, NCC..................................................281-635-3723
Candis Firchau Counseling & Meditation
14555 Skinner Rd.
Cypress, TX 77429
www.candisfirchau.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Family Conflict, Behavioral Issues, Mediation Services

Alma N. Flores, LPC..................................................................281-336-0201
11999 Katy Fwy., Ste. 230
Houston, TX 77079
www.counselingcenterhouston.com/our-counselors/
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, OCD, ODD, Trauma, Relationships, Self-image, Work and Family conflicts, and Parenting Difficult Children
Gerald W. Ford, LPC, LMFT ................................................................. 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX  77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Christian Counseling, Depression, Marriage Counseling, and Relationship Issues

Michelle Forrester, PhD ................................................................. 713-598-3559
9601 Katy Freeway, Ste. 175
Houston, TX  77024
www.michellemforrester.com
Population Served: Children
Types of Services: Individuals, Families
Specialties: Childhood Issues, Anxiety, Depression, Attachment Disorders, Attention Problems (ADHD), Behavioral Difficulties, Child Trauma, and Autistic Spectrum Disorders

Ruth Fowler, LPC, MCC ................................................................. 713-502-1996 and 281-759-5991
Positive Directions Counseling Services
955 Dairy Ashford, Ste. 105
Houston, TX  77079
www.positivedirections.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Addiction, Child or Adolescent Issues, Works with GT students

D'ann Franklin, LPC ................................................................. 713-828-0593
Counseling Concepts
13615 St. Mary's Lane
Houston, TX  77079
www.counselingconceptshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety Disorders, Anger Management, Assertiveness, Child and Adolescent Behavior Issues, Assessments for Bariatric Surgery

Mary Franz, LCSW ................................................................. 281-389-9094
21320 Provincial Blvd., Ste. 110
Katy, TX  77450
www.maryfranz.com/home.html
Population Served: Adults
Types of Services: Individuals
Specialties: Individual/Conjoint EAP Sessions, Personal Growth Seminars, Critical Incident Responder, and Mental Health Neutral/Collaborative Law

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Luella Frazier, LPC-S........................................................................................................832-266-0121
Houle Counseling Services
6201 Bonhomme Road, Ste. 130S
Houston, TX  77036
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral Issues, Substance Abuse

William Freeman, LCSW ...............................................................................................281-239-6700
2116 Thompson Road, Ste. 101
Richmond, TX  77469
www.freemanlcsw.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anger, Depression, Adjustment Difficulties, Parent/Child Relationships, Anxiety, Asperger’s, ADHD

Jill Brown Fryer, M.Ed., LCSW..........................................................................................713-598-3559
9601 Katy Freeway, Ste. 175
Houston, TX  77024
www.michellemforrester.com
Population Served: Children
Types of Services: Individuals, Families
Specialties: Childhood Anxiety, Behavior Difficulties, and Selective Mutism

Gayle Fuller, M.Ed., LPC ..................................................................................................713-397-2778
Cinco Ranch Family Counseling
2717 Commercial Center Blvd., #E200
Katy, TX  77494
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Adolescents, Hypnosis

Lynsay Gaines, MSW, LCSW ............................................................................................832-247-8066
4502 Riverstone Blvd., Ste. 804
Missouri City, TX  77459
www.andreaskoglund.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression and Anxiety, ADHD, Bullying, Suicidal Ideation, Infertility, and Weight Management, EMDR Certified

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Amy Galpin, MA, LPC-S..........................................................281-394-2005
Stokan, Jaggers & Associates
23501 Cinco Ranch Boulevard, Ste. G270
Katy, TX 77494
www.stokanjaggers.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Emotional and Behavioral Disorders, Substance Abuse or Dependency, and Trauma

Cynthia Galvan, LPC..........................................................832-292-3251
5423 East 5th St.
Katy, TX 77493
Population Served: Adolescents, Adults (Speaks Spanish and English)
Types of Services: Individuals, Couples/Marital
Specialties: Mental Health Issues Including Mood Disorders, Anxiety

Marcel Gamboa, LPC..........................................................281-299-8607
Life Cycles Counseling
5870 Hwy. 6 N., Ste. 320
Houston, TX 77084
www.lifecyclescounseling.com/readaboutme.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: PTSD, Anxiety, Depression, Addiction, Relationship Problems, and Behavioral Problems with Teens; Speaks Spanish, Norwegian, and Russian

Shanna Gardner, LPC..........................................................877-393-9695
3880 Greenhouse Road, Ste. 414
Houston, TX 77084
www.ascentpsychotherapycenter.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Family Issues, Crisis Intervention, Substance Abuse, Domestic Violence, and Sexual Assault

Haley L. Garth, M.Ed. LPC, RPT, NCC...........................................713-935-9088
The Carruth Center
11001 Hammerly Blvd.
Houston, TX 77043
www.carruthcenter.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Peer Relationships, Behavioral Issues, ADHD, Anxiety, Asperger's Syndrome, Autism, Coping Skills, Depression, Developmental Disorders, Divorce, and Self-Esteem

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Joseph F. Garza, LPC

11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/joseph-garza

Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: E.M.D.R., Cognitive Behavioral Therapy, Trauma, Substance Abuse, Bi-Polar, Anxiety, Schizoaffecive Disorder, Schizophrenia, and Depression; Bilingual in English/Spanish

Christine M. Gholston, MA, LPC

Martin Counseling
472 Park Grove Lane
Katy, TX 77450
www.martincounseling.com

Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral Issues, Family Conflict, ADHD, Anger Management, Anxiety, Career Counseling, Depression, Developmental Disorders, Grief, Marital and Premarital, and Parenting

Carol Giardina, MS, LPC, CART

Fowler and Tidwell Counseling
7155 Old Katy Rd., Ste. S245
Houston, TX 77024
www.fowlerandtidwell.com

Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Parenting, Family Conflict, ADHD, Addiction, Behavioral Issues, Coping Skills, Life Coaching, and Mood Disorders

Sherry M. Gill, LPC, LMFT

120 Eldridge Road, Ste. D
Sugar Land, TX 77479
www.southwesttherapyassociation.com/sherry-malcomb-gill/

Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Adolescent Therapy, Eating Disorders, Chemical Dependency, Borderline Personality Disorders, Bipolar, and Depression

Sarah Helen Gillis, LMSW

2450 Fondren Road, Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
LaToya Gilmore, Ed.D., LPC...............................................................281-373-5200
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Road, Ste. 103 and 105
Cypress, TX  77429
www.hopepsychotherapyofhouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Family Conflict, and Self-Esteem

Adriana Gonzalez, LPC.................................................................832-876-3232
Sugar Land Counseling Center
4665 Sweetwater Blvd., 110
Sugar Land, TX  77479
www.sugarlandcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Play Therapy, Anxiety, Depression, Trauma, Sexual Abuse, and Substance Abuse

Melissa M. Gonzalez, Psy.D..........................................................713-621-9515
Tarnow Center for Self-Management
1001 W. Loop South, Ste. 215
Houston, TX  77027
www.tarnowcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Trauma, Eating Disorders, ADHD, Emotional and Behavioral Disorders, Play Therapy, Relationship Problems, Self-Worth, Boundary Violations, Sexuality, Parenting Roles

Bill Goodell, LCSW.................................................................713-263-4441
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families

Lauren Graham, MA, LPC, NCC, LCDC.................................713-773-0803
Hope Clinic
7001 Corporate Drive, Ste. 120
Houston, TX  77036
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Serves Uninsured, Underinsured, Low Income
Rosslyn Granger, LCSW ................................................................. 713-463-9449  
Behavioral Health Consultants, Inc.  
9525 Katy Fwy., Ste. 312  
Houston, TX  77024  
www.bhchouston.com  
Population Served: Children, Adolescents, Adults  
Types of Services:  Individuals, Families

Patrick T. Gremillion, MA, LMFT, LPC, NCC ................................. 713-492-5420  
P. Troy Gremillion, Psychotherapist: Compassionate Counseling  
8831 Long Point Road, Ste. 202  
Houston, TX  77055  
www.ptroygremillion.com  
Population Served: Adolescents, Adults, Elders  
Types of Services:  Individuals, Couples/Marital, Families  
Specialties:  Relationship Issues, Anxiety, Depression

Micki Grimland, LCSW, ACSW ........................................... 832-333-3030 and 713-202-8441  
Southwest Psychotherapy Associates  
2500 Wilcrest, Ste. 401  
Houston, TX  77042  
www.mickigrimland.com  
Population Served: Adolescents, Adults, Elders  
Types of Services:  Individuals, Couples/Marital, Families, Groups  
Specialties:  Eating Disorders and Body Image, Pre-Marital Counseling, Gay and Lesbian Issues, Psychodrama, Hypnosis, Psychospiritual Counseling, EMDR, Anxiety, Depression, Trauma, Addictions

Michael Guffy, LPC ................................................................. 281-398-0022  
Houston Center for Christian Counseling  
609 Park Grove Drive, Unit B  
Katy, TX  77450  
www.christiancounselinghouston.com  
Population Served: Adolescents, Adults  
Types of Services:  Individuals, Families  
Specialties:  Addiction, Bipolar Disorder, Coping Skills, Schizophrenia, Trauma/Abuse/PTSD, Parenting, Sexual Addiction, Stress, and Anxiety/Depression

Carla Guice, M.Ed., LPC ............................................................. 832-237-2673  
Houston Psychotherapists Inc.  
21216 Northwest Fwy., Ste. 450  
Cypress, TX  77429  
www.houstonpsychotherapists.com/clinicians.html  
Population Served:  Adults  
Types of Services:  Individuals  
Specialties:  Addiction and Recovery, Anger Management, Depression and Anxiety, PTSD, Relationship Issues, and Domestic Abuse/Violence

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Michael Hack, LCSW
Corporate Family Counseling, PLLC
2717 Commercial Center Blvd., Ste. E200
Katy, TX 77494
www.corporatefamilycounseling.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress, Mood Disorders, Addiction

Nickie Haine, LCSW-S
14133 Memorial Drive, Ste. 4
Houston, TX 77079
www.nickiehainelcsw.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, School and Career Transitions, Trauma, Self-Harm and LGBTQ Issues

Danielle Hale, PhD
Sugar Land Counseling Center
4665 Sweetwater Blvd., 110
Sugar Land, TX 77479
www.sugarlandcounseling.com
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Trauma, Anger Management, Substance Abuse, and Relationships

Karyn Hall, PhD
DBT Center
920 Frostwood Drive, Ste. 670 & 680
Houston, TX 77024
Population Served: Adults
Types of Services: Individuals, Groups
Specialties: Skills Groups, Team Consultation, Suicidal Ideation, Emotional Imbalance, DBT-PTSD, Prolonged Exposure Therapy, Cognitive Processing Therapy for Trauma

Lisa Hand, M.Ed., LPC, RPT
Barnhill Counseling
411 Park Grove Lane, Ste. 720
Katy, TX 77450
www.barnhillcounseling.com/katy-office
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Coping Skills, Emotional Disturbance, Play Therapy, Sand Tray, and Trained in the Gottman Method of Couples Counseling
Salwa Z. Hanna, LPC-S, M.Ed.................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger Management, Anxiety, Christian Counseling, Grief Issues, Stress Management, Parenting, Relationships, and Attachment Issues

Gerald D. Hanson, MA, QMHP-CS, LPC............................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner Road, Ste. 203
Houston, TX 77080
www.mosaictreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Cognitive Therapy, Behavioral Therapy, Anger Management, Family Counseling, Mindfulness, Psycho-Educational, Psychotherapy, Art Therapy, Play Therapy

Tamara Harris, PhD, LPC-S, NCC..........................................................281-499-4411
Essential Wellness & Balance
3331 Cartwright Road, Ste. 125
Missouri City, TX 77459
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child or Adolescent, Depression, Relationship Issues, ADHD, Anxiety, Family Conflict, Trauma and PTSD

Joan Harwood, PhD, LPC, LMFT............................................................713-785-1500
7700 San Felipe Street, Ste. 350
Houston, TX 77063
www.riveroaksfamilytherapy.com/about/
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Divorce, Bipolar Disorder, Coaching, Mood Disorders

Nashema M. Hatten, LPC.................................................................832-582-0253
11999 Katy Fwy., Ste. 230
Houston, TX 77079
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Children and Adolescents, Grief Issues
Sophia K. Havasy, Ph.D. .................................................. 713-621-9515  
Tarnow Center for Self-Management  
1001 W. Loop South, Ste. 215  
Houston, TX 77027  
www.tarnowcenter.com  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Families  
Specialties: Self-Management Skills: School, Work, Relationships, Behaviors, Emotions

Earnestine Wiley Hay, MS, LPC, LCDC, CCTP ................................. 281-832-8420  
14100 Southwest Freeway, Ste. 240  
Sugar Land, TX 77478  
www.psychologytoday.com/us/therapists/earnestine-hay-sugar-land- 
tx/183654?sid=1519929664.3326_23519&zipcode=77036&zipdist=300&spec=368&ref= 
1&tr=ResultsProfileBtn  
Population Served: Adolescents and Adults  
Types of Services: Individuals, Couples/Marital, and Families  
Specialties: PTSD, Family Conflict and Depression

Daniel Hayes, MA, LPC........................................................................ 832-689-5767  
Renewing Hope Counseling  
11777 Katy Freeway South, Ste. 300  
Houston, TX 77079  
www.renewinghope.net  
Population Served: Adolescents, Adults  
Types of Services: Individuals, Families  
Specialties: Addiction, Depression, Anxiety, CBT, Bipolar Disorder, Self-Esteem; Bilingual in 
English/Portuguese

Sherell Hebert, MA, MS, NCC, CCH, LPC-S................................. 832-356-8549  
Sherell Hebert, LPC-S, NCC  
7171 Hwy. 6 North, Ste. 140  
Houston, TX 77095  
www.houstoncounselor.me  
Population Served: Children, Adolescents, Adults, Elders  
Types of Services: Individuals, Groups  
Specialties: Anxiety, Depression, Bipolar Disorder

Catherine Hein, MSSW, LCSW...................................................... 713-626-7990 Ext. 202  
Interface-Samaritan Counseling Centers  
6035 S. Fry Road  
Katy, TX 77450  
www.houstonsamaritan.org  
Population Served: Adolescents, Adults  
Types of Services: Individuals, Couples/Marital, Families  
Specialties: Education/Enrichment, CBT, DBT, EMDR, Prepare Enrich and Gottman Model for 
Couples
Jessica C. Henderson, MS, LMFT, LPC ........................................ 713-299-7357
800 Wilcrest Drive, Ste. 309
Houston, TX 77042
www.jhendersontherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Relationship Issues, and Divorce

Brenda Henning, LPC .................................................................. 713-828-0593
Counseling Concepts
13615 St. Mary's Lane
Houston, TX 77079
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families

Christina Henry, LPC ................................................................. 281-229-5260
1820 Snake River Road, Bldg. F
Katy, TX 77449
www.katyhopeandwellnesscounselingcenter.com/#CONTACT
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Women's Issues, Suicidal Ideation, Anxiety and Depression

Jana M. Henry, M.Ed., LPC, LCDC, CCTP ..................................... 281-940-8515
West Houston Counseling Center, PLLC
707 S. Fry Road., Ste. 465
Katy, TX 77450
www.familycounselorhouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Addiction, Depression, Anxiety, Marriage/Relationship, and Anger Management

Jeanne S. Hensley, LPC-S ......................................................... 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Communication, Anxiety/Depression, Coping Skills, Boundaries, Marriage/Relationships, Forgiveness, Hoarding, Retirement, and Self-Care
Sherry Herring, MA, LPC, CART
450 Park Grove Drive
Katy, TX 77450
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Family Conflict, Relationship Issues, and Anxiety

Liliane Z. Hershkowitz, MA, LPC
2500 Tanglwlde Street, Ste. 310
Houston, TX 77063
www.lilianeershkowitz.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Marital Therapy, Divorce, Parenting, Depression, Anxiety, Mood Disorders, OCD, Post-Traumatic Stress Disorders, Loss and Bereavement, Spirituality, Childhood Abuse, Midlife Issues, Chronic Pain and Illness, Life Coaching, Transitions

Shawn Hirsch, PhD, LP, LSSP
Houston Psychotherapists, Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.houstonpsychotherapists.com/clinicians.html
Population Served: Adolescents, Young Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Substance Abuse, Adjustment Issues

Shannon Hofer, LPC
El Camino Counseling, PLLC
10190 Katy Fwy., Ste. 240
Houston, TX 77043
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Multilingual Capabilities: Spanish, English, Korean, Cantonese, and Mandarin. ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression, Domestic Violence, Grief, Marriage, Obsessive Compulsive, Parenting, Trauma

Shannon Hofer, LPC
El Camino Counseling, PLLC
2717 Commercial Center Blvd., Ste. E220
Katy, TX 77494
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Multilingual Capabilities: Spanish, English, Korean, Cantonese, and Mandarin. ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression, Domestic Violence, Grief, Marriage, Obsessive Compulsive, Parenting, Trauma

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Mallory Hollis, MS, LPC, LMFT-A ......................................................... 713-626-7990
Interface-Samaritan Counseling Centers
6035 S. Fry Road
Katy, TX 77450
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Child or Adolescent, Anxiety, Behavioral Issues, ADHD, Anger Management, Antisocial Personality, Career Counseling, Chronic Illness, Coping Skills, and Grief

Kelly Holmes, LCSW ................................................................................. 281-797-0622
Monarch Counseling & Family Services, LLC
24546 Kingsland Blvd.
Katy, TX 77494
www.monarchcounselingservices.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Children or Adolescents, Trauma and PTSD, and Divorce

Sandra Hotz, PhD .................................................................................. 713-751-8899
950 Echo Lane, Ste. 335
Houston, TX 77024

David House, LPC-S ................................................................................ 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals
Specialties: Panic Attacks & Phobias, Substance Addiction, Trauma/Abuse/PTSD, Sexual and Pornography Addiction, Anxiety/Depression, and Shame

L. Kay Howard, PhD, LPC ......................................................................... 713-780-0142
Therapeutic Behavioral Health Associates, LLC
11200 Westheimer Road, Ste. 202
Houston, TX 77042
www.therapistkay.com/locationcontactinformation.htm
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Relationship Issues, Anxiety, ADHD, Behavioral Issues, Infidelity, Parenting, and Peer Relationships
Paula M. Howard, LPC, LMFT.................................................................713-267-0766
10701 Corporate Drive, Ste. 180
Stafford, TX 77477
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, PTSD, Anxiety, Play Therapy, Certified EMDR

Mark Howell, LPC..............................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage, Anxiety, Depression, Communication, Anger Management, Peer Relationships, Loss, Grief, Coping Skills, Parenting, and Relationship Issues

Catherine Huet-Smith, LPC..............................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety/Depression, Codependency, Communication, Boundaries, Coping Skills, Stress, Loss or Grief, Relationship Issues, and Marriage

Saima Husaini, M.Ed., LPC.................................................................281-900-9575
Hope and Harmony Therapy
3880 Greenhouse Road, Ste. 10
Houston, TX 77084
www.hopeandharmonytherapy.com/saima-husaini
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Restorative Yoga, Addiction, Couples, Gender Identity, Grief, and Weight Loss

Nazia Islam, LPC..............................................................................713-861-4849
Family Houston
12300 Parc Crest Drive, Ste. 140
Stafford, TX 77477
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Anger Management, Anxiety, Asperger’s, Behavioral Issues, Depression, Developmental Disorders, Divorce, Domestic Abuse, Emotional Disturbance, Life Transitions, OCD, Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, Self-Esteem, Sexual Abuse, Stress, Suicidal Ideation, Trauma and PTSD
Franklin Izuora, LMFT.................................................................281-371-0360
Valentia Bilingual Therapy Services
722 Pin Oak Road, Ste. 220
Katy, TX 77494
www.valentiatherapy.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Mental Health Issues, PTSD, Trauma Issues

Christie Jacobus, M.Ed., LPC-S, MSN, RN-BC.................................281-762-1825
Barnhill Counseling
13313 Southwest Fwy., Ste. 263
Sugar Land, TX 77478
www.barnhillcounseling.com/katy-office
Karen Jaggers, MS, NCC, LPC, CGRS, CAS.................................281-394-2005
Stokan Jaggers & Associates
23501 Cinco Ranch Blvd., Ste. G270
Katy, TX 77494
www.stokanjaggers.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Grief, ADHD, Anxiety, Depression and Autism

Reginald Jefferson, LPC, LMFT.....................................................281-746-3408
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.reginaldjefferson.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Counseling, Neurofeedback, Play Therapy, and Court Mandated Courses

Sharon R. Jenkins, LPC, LMFT.....................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: PTSD, Grief, Relationship Issues, Parenting, and Dissociative Disorders
Sheila Jenkins, Ph.D.  
**Dr. Sheila Jenkins: Psychologist**  
5821 Southwest Freeway, Ste. 380  
Houston, TX 77057  
www.drsheilajenkins.com  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Depression, Anxiety, ADHD, Behavioral Problems, Emotional Problems, Work-Related Stress, Anger Management, Substance Abuse, Trauma and Abuse, Bariatric Clearance, Disability Evaluations

Lesajean M. Jennings, PhD  
**Dr. Lesajean M. Jennings, PhD**  
1319 Live Oak Street  
Houston, TX 77003  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Loss, Abuse, Emotional/Physical Trauma, Self-Love/Self-Respect, Depression, Anxiety, Substance Abuse Problems, Learning Disabilities, Psychosis and Neuroses

Jennifer B. Jessen, MA, LPC, LCDC  
**Houston Psychotherapists Inc**  
21216 Northwest Fwy., Ste. 450  
Cypress, TX 77429  
www.houstonpsychotherapists.com/clinicians.html  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Grief, Trauma and Loss, Stress, Anxiety, Depression, Anger Management, and Communication Issues

Emilio Jimenez, MA, LPC  
**952 Echo Lane, Ste. 210**  
Houston, TX 77024  
www.auramd.com/providers  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** CBT, PTSD, Couples Therapy - Gottman Method, and Anger Management

Helen Jimenez, LPC  
**54 Sugar Creek Center Blvd., Ste. 203**  
Sugar Land, TX 77478  
www.outstress.com  
**Population Served:** Children, Adolescents, and Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** EMDR, Trauma, PTSD, Stress, Pain, Abuse, Anxiety, Addictions, and Performance Enhancement
Barbara Johnson, LPC-S, NCC, MAC.................................................................281-467-1956
Katy Family Solutions
24044 Cinco Village Center Blvd., Ste. 100
Katy, TX 77494
www.katyfamilysolutions.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Emotional and Behavioral Issues, Relationship Issues, Grief and Loss, Anxiety and Fears, Depression, Personal Growth, Parenting Support, Stress Management, and Substance Abuse

Cecelia E. Johnson, LPC.................................................................281-281-2548
Hope Alive Christian Counseling
16151 Cairnway Drive, Ste. 206
Houston, TX 77084
www.hopealive.us/home.html
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Christian Counseling, Pre-Marital, Marital, and Family Counseling

Daniel Reid Johnson, M.Ed, LPC-S.................................................................281-968-9119
Reid Counseling Group, PLLC
24546 Kingsland Blvd.
Katy, TX 77494
www.reidcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Step-families and Re-Marriage, Relationship Issues, Sexual Addiction

Daphne J. Johnson, LPC-S.................................................................713-489-7799
5001 Front Street, Ste. D
Brookshire, TX 77423
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger Management, Depression, Abuse, Grief, Special Needs, Marriage, Divorce Mediation and Parenting

Keisha Johnson, PhD.................................................................281-512-4734
Jacob’s Ladder Psychological Services, PLLC
11201 Richmond Ave., Ste A111A
Houston, TX 77082
www.jacobsladderpsych.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Psychological Assessment, Consultation and Supervision Services, Behavioral Issues, Emotional Issues, Interpersonal Issues, Social Difficulties
Maggie Johnson, MS, M.Div., LPC.................................................................713-489-5473
Martin Counseling
472 Park Grove Drive
Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Grief, Self Esteem

Patricia A. Johnson, MA, LPC.................................................................832-230-4158
BeAtitudes Wellness Center
11511 Katy Fwy., Ste. 120
Houston, TX 77079
www.beatitudeswc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Anxiety, Depression, Suicide, Sexual Abuse, and Pre-Marital Counseling

Shannon Johnson, MA, LMFT, LCDC, CCPS.................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Trauma/Abuse/PTSD, Anxiety, Depression, Emotional Regulation, Codependency, Relationships, Addiction, and Cancer Diagnosis

Jenny Jolivette, LPC.................................................................281-734-7409
2825 Wilcrest Drive, Ste. 265
Houston, TX 77042
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Anxiety, and Grief

Ee’a Jones, PhD, LPC-S, NCC.................................................................832-368-9350
54 Sugar Creek Center Blvd., Ste. 222
Sugar Land, TX 77478
www.peacefullivingccs.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Gaye Jones, MA, MS, LPC
Trinity Counseling & Consulting Services
440 Cobia Drive, Ste. 1301
Katy, TX 77494
www.trinitycounselingandconsulting.com
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, Self-Esteem, Trauma, and Chronic Pain

Julie Jones, PhD, LMFT-S, LPC-S
Tarnow Center for Self-Management
1001 W. Loop South, Ste. 215
Houston, TX 77027
www.tarnowcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Autism, Anxiety, Executive Functioning, Ethics

Larry T. Jones, LPC
4610 Gaelic Ct.
Houston, TX 77084
Population Served: Adults
Types of Services: Individuals
Specialties: Major Depression, Anxiety, Adjustment Disorders

Lauren Jones, MA, LPC
Martin Counseling
472 Park Grove Drive
Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral, Emotional, Relational Issues

Sammie Jones, MA, LPC
Houston Psychotherapists Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.houstonpsychotherapists.com/clinicians.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Adolescent Development Issues, Self-harm
Nathan P. Juenke, LPC.................................................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Neurofeedback, Life Coaching, and College and Career

Michele H. Kamerman, LPC, RPT...........................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Grief, Trauma, Domestic Violence, Mood Disorders, Self-Esteem, and Body Image

Jeff D. Kana, LPC.................................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Relationship Issues, and Coping Skills

Michael Keenan, PhD.............................................................713-521-7244
12727 Kimberly Lane, Ste. 103
Houston, TX 77024
www.drmichaelkeenan.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Stress Management/Biofeedback, Marriage/Relationship Therapy, and Child/Adolescent/Youth Challenges

Harold (Hank) Keller, MSW, LCSW.................................302-547-9957
17510 Huffmeister Road, Ste. 105
Cypress, TX 77429
www.glctexas.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Bipolar Disorder, Anxiety, ADHD, OCD, Conduct Disorder, Oppositional Defiant Disorder, Drug and/or Alcohol Problems
Dana Kelly, PhD
Raizner Pediatric Neuropsychology
12946 Dairy Ashford Road, Ste. 200
Sugar Land, TX 77478
www.childneuropsychologycenter.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families

Kris Kerlin, MA, LPC-S
The Center for Stress Management
1850 Avenue D
Katy, TX 77493
www.cfsmkaty.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Groups
Specialties: Stress Relief, Pain Management, Chronic Illness, Counseling, Spiritual Care, and Wellness Classes and Services

Joanne Ketch, LPC, LMFt, LCDC, NCC
Chrysalis Counseling - Joanne Ketch
1832 Snake River Road, Ste. D
Katy, TX 77449
www.joanneketch.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Alcohol Abuse, Chronic Relapse, Substance Abuse

Adrian King, LPC
7790 Grand Parkway, #103
Richmond, TX 77406
www.adriankinglpc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD Assessment, Individual, Adult, Adolescent, Family and Couples Therapy

Catherine J. King, LMFT, LPC-S
7825 Hwy. 6 N., Ste. 102C
Houston, TX 77095
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Asperger’s Syndrome, Behavioral Issues, Couples Counseling, Family Therapy, Depression, Conflict, Grief, Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, Transgender

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Cindy King, PhD, LSSP, NCSP
3 Sugar Creek Center Blvd., Ste. 100
Sugar Land, TX 77478
www.modernpsychologicaltx.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Psychological Evaluations, Cognitive Behavioral Therapy, and Cogmed Working Memory Training

Kristin King, MA, LPC-S
Freedom Counseling Center
2710 North Mason
Katy, TX 77449
www.freedom.iamthewaters.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Spirituality, Relationship Issues, Depression, Addiction, and Anxiety

Erna Klinkhammer, LCSW
2615 Olympus Drive
Houston, TX 77084
Population Served: Adolescents (17 Years and Above), Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups, Families
Specialties: Mental Health Issues, Grief Issues, Weight Loss

Leslie P. Knetsar, LPC
5423 E. 5th St., Ste. F
Katy, TX 77493
www.therapeuticresourcesoftexas.com/contact-us
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Couples Issues, Grief/Loss, Anger Issues, and Trauma

Joshua Knox, PhD
21216 Northwest Fwy., Ste. 450-JK
Cypress, TX 77429
www.cypresstherapist.com
Population Served: Adults
Types of Services: Individuals
Specialties: Personality Disorders, Identity Issues, Academic and Career Achievement

Virginia Kolter, LPC, LMFT, LCSW
902 Frostwood Drive, Ste. 252
Houston, TX 77024
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety
Jill Koudelka, MS, LMFT, LPC .................................................. 281-408-3183
7825 Hwy. 6 North, Ste. 102D
Houston, TX 77095
www.therapywithjill.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Substance Abuse, General Psychotherapy

Deborah Krummel, LPC, LMFT .................................................. 713-263-0400
Krummel & Associates
9525 Katy Freeway, Ste. 200
Houston, TX 77024
www.krummelandassociates.com/index.html
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Families, Eating Disorders, Chemical Dependency, and Integrating Psychology and Spirituality, Christian Counseling

Richard Krummel, PhD .................................................. 713-263-0400
9525 Katy Freeway, Ste. 200
Houston, TX 77024
www.krummelandassociates.com/index.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety Management, Couples Counseling, ADHD, Addictions, and Spiritual Counseling

Steve K. Kun, MA, LPC .................................................. 713-647-0002
El Camino Counseling, PLLC
10190 Katy Fwy., Ste. 240
Houston, TX 77043
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression, Domestic Violence, Grief, Marriage, Obsessive Compulsive, Parenting, Trauma

Diana M. Kurtz, MA, LPC .................................................. 713-924-7631
Spring Branch Counseling Center
9190 Katy Fwy., Ste. 104
Houston, TX 77055
www.springbranchcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Trauma and PTSD

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Valerie Kuykendall-Rogers, MA, LPC-S..................................................877-393-9695
3880 Greenhouse Road, Ste. 414
Houston, TX 77084
www.ascentpsychotherapycenter.com/index.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Anxiety, Christian Based Counseling, Gottman Method of Couples Counseling, and Sexual Abuse

Debie Kyles, MS, LCSW.................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Codependency, Addictions, Grief/Loss, Emotional Regulation, Anxiety/Depression, Anger Management, Boundaries, Coping Skills, and Sexuality

Pamela Laham, Ph.D.................................................................713-975-6459
Pamela Laham, Ph.D.
2500 Tanglewilde, Ste. 310
Houston, TX 77063
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Assessments, Testing for ADHD, LD, IQ and Academic Testing, Neuropsychological Testing

Julie Lamb, LCSW.................................................................281-968-4081
25807 Westheimer Parkway, Ste. 350
Katy, TX 77494
www.insight-counsel.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Anxiety, Trauma, Loss, Relationship Issues

Lauren Lappe, LPC.................................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Substance Abuse, Cognitive Behavioral Therapy, and Solution Focused Therapy
Angela Larery, PhD, LSSP.................................................................713-900-5557
Sugar Land Neuropsychology
52 Sugar Creek Center Blvd., Ste. 300
Sugar Land, TX  77478
www.sugarlandneuropsych.com
Population Served: Children, Adolescents, Adults
Types of Services:  Testing
Specialties:  Neuropsychological Testing

Sharon Larsen, MSW, LPC............................................................713-789-7560
2450 Fondren Road, Ste. 312
Houston, TX  77063
www.mental-health-houston.com/staff.html
Population Served: Adults
Types of Services: Individuals
Specialties:  Anxiety Disorders, Eating Disorders, Mood Disorders, Pain Management, Anger Management, and Relationship Counseling

Marcia M. Laviage, PhD..............................................................713-818-8187
Marcia M. Laviage, PhD: Clinical Psychologist
2503 Robinhood Street, Ste. 145
Houston, TX 77005
www.drlaviage.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Eating Disorders, Anxiety/Mood Disorders, ADHD/Disruptive or High Risk Behaviors

Karah Lawshe, M.Ed, LPC............................................................281-940-8515
West Houston Counseling Center, PLLC
707 S. Fry Road, Ste. 465
Katy, TX  77450
www.westhoustoncounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: LGBTQ, Social Anxiety, Stress Management, and Self-Esteem

Kim Le, MA, LPC, LCDC............................................................832-756-6258
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Road, Ste. 103 and 105
Cypress, TX  77429
www.kimletherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Addiction, Alcohol/Drug Abuse, Trauma, Depression, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Stress, Grief, and Anger Management
Clayton Lee, CHt, LCDC..........................................................713-906-2221
Clayton Lee Counseling & Hypnosis Services
10369 Briar Forest Drive
Houston, TX 77042
www.claytonleecounseling.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Alcohol Abuse, Drug Abuse, Addiction

Frances Lee, LCSW..........................................................713-301-4232
920 Frostwood Drive, Ste. 670
Houston, TX 77024
www.francesbibaleelcsw.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Stress Reaction and Crisis, Trauma Resolution, Bipolar Disorder, Substance Abuse & Addiction Issues, Life Transition, Eating Disorders, LGBTQ Issues, Grief & Loss, Work Related Issues, Stress, Relationships, and Anger Management

Gene Lee, PhD..........................................................713-984-1314
Christian Counselors of Houston
952 Echo Lane, Ste. 335
Houston, TX 77024
www.christiancounselors.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Grief, Marital Difficulties, Parenting Problems, Trauma and Abuse, Psychological Testing

Juri Lee, MA, LPC-S..........................................................713-647-0002
El Camino Counseling, PLLC
2717 Commercial Center Blvd., Ste. E220
Katy, TX 77494
www.elcaminocounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Multilingual Capabilities: Spanish, English, Korean, Cantonese, and Mandarin, ADHD, Adjustment, Anger Management, Anxiety, Bipolar, Death and Dying, Depression, Domestic Violence

Mandy Lee, M.Ed., LPC..........................................................713-474-5672
7419 South Kirkwood Road, Ste. A
Houston, TX 77072
www.nguyencounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Depression, Borderline Personality Disorder, Trauma, Anxiety, and Relationship Issues

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stephanie A. Legendre, MA, LPC-S, RPT.................................281-940-8515
West Houston Counseling Center
707 S. Fry Road, Ste. 465  
Katy, TX 77450  
www.katychildcounseling.com  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Child or Adolescent, Adoption, Behavioral Issues, ADHD, and Play Therapy

Brenda K. Leiber, LPC..........................................................281-491-4455  
120 Eldridge Road, Ste. D  
Sugar Land, TX 77478  
www.southwesttherapyassociation.com/sherry-malcomb-gill/  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Depression, Anxiety, Borderline Personality Disorder, Family Issues, Eating Disorders, and PTSD

Ty David Lerman, MA, LPC-S, CHT.................................832-942-8823  
2500 Wilcrest Drive, Ste. 401  
Houston, TX 77042  
www.tdlcounseling.com/about  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Sexuality, Sexual Orientation, Gender, Trauma, and Impulse Control, Hypnosis

Stella L. Lessert, LCSW.....................................................281-549-0703  
Stone Creek Psychotherapy & Wellness Center  
20915 Kingsland Blvd.  
Katy, TX 77450  
www.stonecreektherapy.com  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Men's and Women's Issues, Relationship Issues, Family Dynamics, Unexpected Life Changes, Depression, Anxiety, Career Transitions, Grief, Domestic Violence, and Self Esteem

Jeanice Lewis, MS, LPC, LMFT, LCDC.................................832-987-3053  
52 Sugar Creek Center Blvd., Ste. 225  
Sugar Land, TX 77478  
www.sugarlandfamilies.com/portfolio-item/jeanice-lewis-ms-lcdc-lpc-lmft/  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Postpartum Depression, Blended Families, Substance Abuse, Anxiety, and Spiritual Guidance
Christina Lima, LPC
1523 Ravenel Lane
Sugar Land, TX 77479
www.cristinalimotherapy.com
Types of Services: Individuals, Couples/Marital
Specialties: Psychotherapy and Neurotherapy. Speaks English, Spanish, and Portugese

Terri Lively, LCSW
54 Sugar Creek Center Blvd., Ste. 200
Sugar Land, TX 77478
www.sugarcreekpsychotherapy.com/contact.php
Types of Services: Individuals, Couples/Marital, Families
Specialties: Women’s Issues, Family Conflict, Anger Management

Cheri Locke, MA, LPC
Locke Counseling and Consulting
22762 Westheimer, Ste. 570
Katy, TX 77450
www.lockecounselingandconsulting.com
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Communication, Infidelity, Intimacy, Sexual Problems, Relationship Building, Life Transitions and Divorce Transition, Drug and Alcohol

Stephanie Longtain, LCSW
Julia's Counseling and Play Therapy Group, PLLC
14760 Memorial Drive, #201
Houston, TX 77079
www.juliascounseling.com
Types of Services: Individuals, Families
Specialties: Mood/Depressive Disorders, Anxiety Disorders, Personality Disorders, Maladaptive Behaviors (Non-suicidal Self Injury, Addiction, Anger, Avoidance, Self-sabotage, Negative Self-talk, Distorted Body Image

Brenda Lopez, MA, LPC-S
Fort Bend Christian Counseling Center
2117 Ave. I
Rosenberg, TX 77471
www.fortbendccc.com
Types of Services: Individuals, Groups, Couples/Marital, Families
Specialties: Anxiety, Christian Counseling, Divorce, Play Therapy, and Trauma Focused Therapy
Noel Loughran, MA, LPC .......................... 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: OCD, Phobias, Anxiety/Depression, Marriage, Coping Skills, Life Transitions, Trauma, Boundaries

Richard Lourie, Ph.D .......................... 713-780-9062
Richard A. Lourie, Ph.D.
2500 Tanglewilde Road, Ste. 310
Houston, TX 77063
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Psychological Assessment, Behavioral Issues, Emotional Issues, Interpersonal Issues, Social Difficulties

Jeanie Low, LCSW .......................... 281-946-9567
14441 Memorial Drive, #12
Houston, TX 77079
www.icohouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples, Families
Specialties: Anxiety, Depression, and Family Conflict

Sydney Lucas, LPC-S .......................... 832-648-1775
Amy Wine Counseling
17920 Huffmeister Road, #150
Cypress, TX 77429
www.amywinecounseling.com/contact-amy-wine-counseling-cypress-tx/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Anxiety, and Spirituality

Mary Lyles, PhD, LCSW .......................... 281-712-1023
Katy Family Counseling
22762 Westheimer, Ste. 570
Katy, TX 77450
www.katyfamilycounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Relationship Issues, Depression, and EMDR
Naomi Madell-Hernandez, LMFT.................................................................713-773-0803
Hope Clinic
7001 Corporate Drive, Ste. 120
Houston, TX 77036
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individuals, Families
**Specialties:** Attention Deficit-Hyperactivity Disorder, Behavioral and Emotional Disorders, Juvenile Justice Mental Health Issues, Grief and Trauma, Anxiety Disorders

Gary J. Malone, LMFT.................................................................832-648-1775
Amy Wine Counseling
17920 Huffmeister Road, #150
Cypress, TX 77429
www.amywinecounseling.com/contact-amy-wine-counseling-cypress-tx/
**Population Served:** Adolescents, Adults
**Types of Services:** Individuals, Couples/Marital, Families
**Specialties:** Marital, Premarital, and Men's Issues

Ladonna R. Malone, M.Ed., MA, LPC, TTS........................................832-506-9600
Ladonna R. Malone, MA, LPC
11807 Westheimer Road, Ste. 108
Houston, TX 77077
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individuals, Couples/Marital, Families
**Specialties:** Depression, Anxiety, Relationship Issues, Parenting Problems, Self-Esteem, Intimacy, Smoking Cessation, Women’s Issues, Physical Trauma, Sexual Abuse/Emotional Abuse

Carol A. Manley, LPC-S, LMFT...................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
**Population Served:** Adults
**Types of Services:** Individuals, Couples/Marital
**Specialties:** Relationship Issues, Boundaries, Marriage, Anxiety/Depression, Trauma/Abuse/PTSD, Blended Families, Parenting, Communication, and Coping Skills

Thomas Mann, PhD.................................................................713-771-1587
Thomas Mann, PhD
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individuals, Couples/Marital, Families

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stephanie L. Marks, LPC........................................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX  77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma, Sexual and Physical Abuse, Neglect, Depression, Anxiety, Behavior and Conduct, Concerns, Emotional Disturbance, Body Image and Self Concept Issues

Amanda K. Martin, PhD, LMFT-S, LPC........................................281-241-7063
22310 Grand Corner Drive
Katy, TX  77494
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Trained in EMDR, Couples, Families

Barbara Martin, MSW, LCSW.................................................832-942-4224
Hope and Harmony Therapy
3880 Greenhouse Road, Ste. 10
Houston, TX  77084
www.hopeandharmonytherapy.com/saima-husaini
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationships, Depression, Anxiety, Stress/Anger Management, Life/Family Transitions, Grief & Loss, Trauma and Abuse

David B. Martin, MA, LPC-S....................................................713-489-5473
Martin Counseling, PLLC
472 Park Grove Drive
Katy, TX  77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral, Emotional and Relational Issues, ADHD, Anxiety, and Depression

Debbie C. Martin, M.Ed., MA, LPC, LMFT..............................281-900-9575
Hope and Harmony Therapy
3880 Greenhouse Road, Ste. 10
Houston, TX  77084
www.hopeandharmonytherapy.com/debbie-martin
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Divorce, Behavior Modification, Communication, Depression, Grief, Parenting, Anxiety

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Luis F. Martinez, LPC..................................................................................832-789-8088
Hope and Harmony Therapy
3880 Greenhouse Road, Ste. 10
Houston, TX 77084
www.hopeandharmonytherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Emotional and Behavioral Issues, Relationship Issues, Grief and Loss, Anxiety and Fears, Depression, Personal Growth, Stress Management, and Substance Abuse

Sunetra Martinez, PhD, LPC.................................................................832-876-3232
Sugar Land Counseling Center
4665 Sweetwater Blvd., 110
Sugar Land, TX 77479
www.sugarlandcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Autism, Couples Counseling, Depression, and Anxiety

Dawncia Mathis, LCSW.................................................................832-609-3156
Iconic Journey, PLLC
10200 Richmond Ave., #115
Houston, TX 77042
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Child or Adolescent, Anger Management

Tim Mavergeorge, LPC, LMFT, LCDC........................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Addiction, Sexual Addiction, Marriage, Same Sex Attraction, Trauma/Abuse/PTSD, Loss or Grief, Anxiety, Boundaries, and Stress

Haylee Maynard, LMFT...............................................................713-773-0803
Hope Clinic
7001 Corporate Drive, Ste. 120
Houston, TX 77036
www.hopechc.org/about-us/our-team/Haylee%20Maynard/
Darren McArthur, MA, LPC..................................................281-373-5200
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Road, Ste. 105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Adolescent Issues, Anger Management, Anxiety, Depression, Divorce, Family Conflict, Mood Disorders, and Substance Abuse

Sophie McCollum, MSW, LCSW.............................................713-234-7172
24 Commerce Green Blvd., Ste. 130
Sugar Land, TX 77478
www.charlenerogerstherapy.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Parent-Child Relationships, Trauma, Child Behavioral Issues

Mary I. McCullough, LPC-S..................................................832-429-4917
11757 Katy Fwy., Ste. 1300
Houston, TX 77079
www.drmarymccullough.com/contact-me/
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Adolescents & Teen Issues, Mother & Step-Parenting Support, High School to College and College to Career Transitions, and LPC Clinical Supervision Services

Connie McDonald, MA, LMFT.............................................281-769-2970
1850 Ave. D
Katy, TX 77493
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Anxiety, Depression, PTSD, Elder Abuse, Blended Family Issues, and OCD, Greif and Trauma, EMDR Certified, CCTS Certified

Mindy L. McKay, MA, LPC..................................................832-421-8814
16718 House Haul Road, Ste. D
Cypress, TX 77433
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Teen Issues, Women’s Issues, Anxiety, Depression, and Blended Family Issues
Kandys McKinley, M.Ed., LPC-S, LSOTP ........................................ 832-705-9208
9896 Bissonett Street, Ste. 455
Houston, TX 77036
www.restoredhaven.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Bipolar, ADHD, Anxiety, Couples Therapy, and Sex Therapy

Natalie A. McVeigh, LPC ....................................................... 713-828-0593
Counseling Concepts
13615 St. Mary's Lane
Houston, TX 77079
www.counselingconceptshouston.com/index.html
Population Served: Adults, Elders
Types of Services: Individuals, Groups
Specialties: Mood Issues, Anger Management, Depression, Anxiety, Group Therapy, Assertiveness, and End of Life Issues

Celine Medlock, LMFT ....................................................... 713-828-0593
Counseling Concepts
13615 St. Mary's Lane
Houston, TX 77079
www.counselingconceptshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage and Family Therapy, Relationship Issues, Addictions, Eating Disorders, Depression, Weight Management, Abusive Relationships, Self-Esteem Issues, Bariatric Assessments for Surgery, Certified Weight Management Specialist

Cynthia Mellor-Crummey, PhD ........................................... 281-242-1264
101 Southwestern Blvd., Ste. 211
Sugar Land, TX 77478
www.drcmellorcrummey.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Evaluation of Emotional and Behavioral Issues, Individual and Family Therapy, Court-ordered Family Reunification, School Psychology

Melissa N. Melnar, M.Ed., LPC ........................................... 281-940-8515
West Houston Counseling Center
707 S. Fry Road, Ste. 465
Katy, TX 77450
www.melissamelnar.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Stress, Infidelity, Depression, Couples, Communication, Coping Skills, Self-Esteem, Relationships, and Premarital

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Suzanne Melton, LPC.................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Lane, Ste. B
Katy, TX  77450
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Childhood Behavioral Issues, Relationship Issues, Anxiety/Depression, Panic/Phobias, Trauma/Abuse/PTSD, Loss or Grief, Divorce, Coping Skills, and Boundaries

Aida Mendez, MS, LPC-S........................................................281-940-7660
Mendez Counseling
1832 Snake River Road, Ste. E
Katy, TX  77449
www.mendezcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Child or Adolescent, Family Conflict, Pre-Marital and Marital Counseling, Loss, Trauma, and Life Changes

Carlos Mendoza, MA, LPC.......................................................281-940-8515
West Houston Counseling Center
707 South Fry Road, Ste. 465
Katy, TX  77450
www.connectkatycounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Men's Issues, Family Conflict, Relationship Issues, Anger Management, Anxiety, Coping Skills, Emotional Disturbance, Infidelity, Peer Relationships, School Issues, and Spirituality

Lynn Merkel, LCSW, LMFT.....................................................713-973-2445
929 Gessner Road, Ste. 2000
Houston, TX  77024
Population Served: Adults
Types of Services: Couples/Marital Therapy

Jacqueline Miekka, PhD............................................................713-463-9449
9525 Katy Fwy., Ste. 312
Houston, TX  77024
www.bhchouston.com/providers.html

Matthew T. Miller, LPC-S.....................................................713-365-0700
11777 Katy Freeway South, Ste. 300
Houston, TX  77079
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Men's Issues, Addiction, ADHD, Bipolar, Bullying and PTSD, Depression, Christian Counseling

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Tricia Miller, LPC
Tricia Miller: Counseling & Wellness
9575 Katy Fwy., Ste. 355
Houston, TX  77024
www.memorialcounselingcenter.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, High-Functioning Professionals, Empowering Mothers, Supporting Educators, Hurricane Harvey Trauma, Relationships

Kiran Mishra, PhD
Sugar Land Counseling Center
4665 Sweetwater Blvd., 110
Sugar Land, TX  77479
www.sugarlandcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Autism, Couples Counseling, Depression, and Anxiety

Deborah Moncrief, LCSW, LMFT
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX  77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage, Communication, Family Conflict, Anxiety/Depression, and Relationship/Dating Issues

Anne T. Morello, LMFT
Morello Family Therapy
24044 Cinco Village Center Blvd., Ste. 100
Katy, TX  77494
www.morellofamilytherapy.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Depression, and Anxiety

Brenda Moreno, M.Ed., LPC
120 Eldridge Road, Ste. D
Sugar Land, TX  77478
www.bmorenocounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Anxiety, Behavioral Issues
Darci Morgan, PhD, ABPP
Houston Neuropsychological Associates
2600 N. Gessner, Ste. 230
Houston, TX 77080
www.houston-npa.com/office-locations
Specialties: Neuropsychological Assessments

Gabriela Morgan, LPC
Valentia Bilingual Therapy Services
722 Pin Oak Road, Ste. 220
Katy, TX 77494
www.valentiatherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma, Substance Abuse, Physical and Emotional Abuse in Children, Adolescents and Adults. Bilingual in English/Spanish

Jennifer Morgan, LPC
3880 Greenhouse Road, Ste.10, Room B
Houston, TX 77084
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Behavioral Issues, Autism, and Emotional Disturbance

Janet E. Morris, LPC-S
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/our-counselors
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Behavioral Issues, Depression, EMDR, Play Therapy

Judith Morris, LCSW
Houston Center for Christian Counseling
609 Park Grove Drive, Ste. B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Loss/Grief, Boundaries, Stress/Burnout, Anxiety/Depression, Emotional Regulation, Communication, Marital Issues/Divorce, Parenting

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Rachel Morris, MA, LPC, CART.........................................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner, Ste. 203
Houston, TX 77080
www.mosaictreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Cognitive Therapy, Behavioral Therapy, Anger Management, Family, Mindfulness,
Psycho-educational, Psychotherapy, Art Therapy, Play Therapy

Lorrianne Morrow, LPC-S, BCN.......................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, OCD, and Bipolar Disorder, Neurofeedback

Orion Mosko, PhD.................................................................832-835-1779
77 Sugar Creek Center Blvd., Ste. 375
Sugar Land, TX 77478
www.sugarlandpsychology.net/Clinicians.php
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Mood Disorders, Depth Psychotherapy Utilizing Mentalization-Based Treatment,
Spiritually Integrated Psychotherapy, Men's Issues, Marital Infidelity, and Psychotherapy for
Members of the "Helping Professions"

Mark Mounts, LPC...............................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Addiction, Codependency, Relationship Issues, Family Conflict, Bipolar Disorder, and
ADHD
Janet Mueller, MA, LPC
411 Park Grove, Ste. 720
Katy, TX 77450
www.janetmuellerlpc.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Anxiety, Adjustment Disorder, Anger Management, Stress, Bullying, Communication, Conflict Resolution, Crisis and Trauma, Depression, EMDR, Emotional Intimacy, Grief and Loss, Codependency, Life Transitions, Marriage and Family, Single Parents

Edwards Muldrow, LCSW
12808 W. Airport, #226
Sugar Land, TX 77478
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavioral Issues, Trauma, Relationship Issues, and Children/Adolescents

Staci Mullinax, LCSW
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Abuse, Aging, Anger, Bipolar, Phobias, PTSD, and Women's Issues

Annette M. Munguia, MS, LPC
Mungia Bilingual Counseling
535 E. Fernhurst Drive, Ste. 115
Katy, TX 77450
www.mbccounseling.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Behavioral Issues, Divorce, Domestic Violence, Abuse, Family Conflict, Oppositional Defiance, Parenting, Peer Relationships, Self-Esteem, Trauma and PTSD. Bilingual in English/Spanish

Heather Murphy, MA, LPC
2500 Wilcrest, Ste. 401
Houston, TX 77042
www.heathermurphylpc.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Eating Disorders, Anxiety, Children or Adolescents, Impulse Control Disorders, Mood Disorders, Addiction, EMDR Certified
Leslee Murphy, LCSW ............................................. 713-444-4828  
920 Frostwood Drive, Ste. 670  
Houston, TX 77024  
www.lesleemurphy.com/default.html  
Population Served: Adults  
Types of Services: Individuals, Couples/Marital  
Specialties: Grief, Anxiety, Depression, Relationship Issues and Women's Issues (i.e. Infertility, Post Partum, and High Risk Pregnancy)  

LoriAnn Nadeau-Colvin, MS, LMFT, MFCC ............................................. 281-762-1825  
Barnhill Counseling  
13313 Southwest Fwy., Ste. 263  
Sugar Land, TX 77478  
www.barnhillcounseling.com/katy-office  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Families  
Specialties: Child Play Therapy, EMDR/Trauma, Eating Disorders, and Parenting  

Laila Narsi, LCSW ................................................................. 281-265-0090  
15200 Southwest Fwy., Ste. 266  
Sugar Land, TX 77478  
www.themindfulself.com/index.html  
Population Served: Adolescents, Adults, Elders  
Types of Services: Individuals, Couples/Marital, Families  
Specialties: Mindfulness, EMDR, CBT, Trauma Therapy, DBT  

Stuart Nathan, PhD ................................................................. 713-789-7560  
2450 Fondren Road, Ste. 312  
Houston, TX 77063  
www.mental-health-houston.com/staff.html  
Population Served: Adults  
Types of Services: Individuals, Couples/Marital, Families  
Specialties: Adjustment Issues, Anxiety and Depression, Communication Issues and Presurgical Assessments  

Dawn Nelson, LCSW, CHT, CPC, CART ............................................. 713-392-9307  
Dawn Nelson, LCSW, CHT, CPC, CART  
701 N. Post Oak Road, Ste. 320  
Houston, TX 77024  
www.dawnnelson.net  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Couples/Marital, Families  
Specialties: Relationship Issues, Anger Management, Athletic Performance, Communication, Death, Depression, Divorce, Grief and Loss, Life Coaching, Self Esteem, Self Discovery, Stress and Anxiety, Trauma, Weight Issues  

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Kim Nemec, LPC-S.................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Anxiety/Depression, ADHD, Childhood Behavioral Issues, Emotional Regulation Coping Skills, and Parenting

Lucille Newson, LPC...............................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addictions, Infidelity Issues, Women’s Issues, Life Fulfillment and Actualization Issues, Depression

Judy Nguyen, MA, LPC.............................................................713-474-5303
7419 South Kirkwood Road, Ste. A
Houston, TX 77072
www.nguyencounseling.com/contact
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Grief/Loss, Depression, Anxiety, Stress, Domestic Violence Issues, ADD/ADHD, Autism, Acculturation Issues, Parenting and Marital Problems

John Nomura, PhD, LP, LSSP, BCBA-D.....................................832-377-0063
Houston Psychotherapists Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.johnnomura.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Psychological Assessments

Evelyn Nunez, MA, LPC, LCDC..................................................956-458-2200
Evelyn Nunez Therapy
2717 Commercial Center Blvd., Ste. E200
Katy, TX 77494
www.evelynnuneztherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Abuse, Adoption, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorders, Coping Skills, Cultural Adjustment, Depression, Divorce, Family Conflict, Grief, Marital Problems, Parenting Skills, PTSD, Schizophrenia, Self-Esteem, and Self-Harm

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Judy O’Brien, MA, LPC, LSOTP
O’Brien Counseling Services, Inc.
21368 Provincial Blvd.
Katy, TX 77450
www.obriencounseling.com/home
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: PTSD, Relationship Counseling, Grief, Anger Management, Stress Management, Bilingual Services in English/Spanish, and Sex Offender Program

Jasandra Oeffinger, MA, LPC
Julia’s Counseling and Play Therapy Group, PLLC
14760 Memorial Drive, Ste. 201
Houston, TX 77079
www.jasandralpc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Traumatic Experiences, Attachment Concerns, Adjustment Issues, and Problematic Behaviors (Defiance, Aggression, etc.)

Rodolfo J. Orna-Takano, LMFT
Hope Clinic
7001 Corporate Drive, Ste. 120
Houston, TX 77036

Courtney Orsak, LPC-S, LMFT-S
Harmony Therapy Group
411 Park Grove Drive, Ste. 720
Katy, TX 77450
www.harmonytherapygroup.com/about-therapy/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Eating Disorders, Depression, Anxiety, Addiction

Maria Ortiz, MA, LPC
Martin Counseling
472 Park Grove Drive
Katy, TX 77450
www.martincounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Anxiety, Depression, Trauma, Spanish Speaking
Lisa Davilla O'Toole, MS, LPC-S, LMFT
The Restorative Center
14015 Southwest Fwy., Bldg. 5, Ste. 6
Sugar Land, TX 77478
www.restorativecentermbs.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: EMDR, Trauma, PTSD, Anxiety and Depression

Coleen L. Owens, LMFT
2537 S. Gessner Road, Ste. 208
Houston, TX 77063
www.coleenowens.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Executive Stress, Couples, Depression and Anxiety, Lesbian, Gay, and Bisexual issues, Autism, and Bipolar Disorder

Jennifer Palmero, MA, LPC
Southwest Psychotherapy Associates
2500 Wilcrest Drive, Ste. 401
Houston, TX 77042
www.mickigrimland.com/jennifer-palermo-ma-lpc/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Mood Disorders, and Parenting Issues

Aracely Palomares-Neeley, LCSW
14525 FM 529, Ste. 208
Houston, TX 77095
www.houstonimmigrationreports.com
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Immigration Evaluations

Susan Parkman, BSS, MSW, LCSW
Mosaic Tree Counseling
2600 N. Gessner Road, Ste. 203
Houston, TX 77080
www.mosaictreecounseling.com/our-team/
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family and Martial Resolutions, Schizophrenia Disorders, Bipolar Disorders, Depression and Addictions

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Wiley Parkman, LPC..........................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Childhood Behavioral Issues, Sexual Abuse, Family Conflict, Emotional Regulation, Boundaries, Communication, Anxiety/Depression, Anger Management, and Parenting

Ginger Paskowitz, LCSW.........................................................281-456-3941
5757 Flewellen Oaks Lane, Ste. 304
Fulshear, TX 77441
www.gingerpaskowitzlcsw.com/index.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, and Women's Issues

Alice Payne, LPC-S, RPT-S.....................................................713-365-0700
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Depression, Trauma, Parenting, Autism, and Play Therapy

Jill R. Payne, MA, LPC-S, LCDC.............................................281-995-8718 and 281-658-6925
10700 Richmond Ave., Ste. 147
Houston, TX 77042
www.jillrobinpayne.com
Population Served: Adults
Types of Services: Individuals, Groups
Specialties: CBT, Trauma Focused Trained, Equine Trained. Also treats Opioid Addictions and Couples/Singles with Mood and Addiction Issues, Coaching to Businesses, Bridging Generation Gaps

W. Walker Peacock, Psy.D......................................................713-621-9515
Tarnow Center for Self-Management
1001 W. Loop South, Ste. 215
Houston, TX 77027
www.tarnowcenter.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Groups
Specialties: Team Performance Enhancement Plans, Academic, Emotional, Professional Success
Joy Pellerin, MA, LPC ................................................................. 281-394-2005
Stokan Jaggers & Associates
23501 Cinco Ranch Blvd., Ste. G270
Katy, TX 77494
www.stokanjaggers.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Depression, Emotional Disturbance

Sarah Pencak, LPC, BCBA ............................................................. 281-206-7984
ABA Therapy of Houston, Inc.
460 Park Grove Drive
Katy, TX 77450
www.abatherapyofhouston.com
Population Served: Children
Types of Services: Individuals, Families
Specialties: Behavior Analysis for Children on the Autism Spectrum, Home-Based ABA Therapy

Karen Perry, LPC, LMFT .............................................................. 713-973-2147
11211 Katy Fwy., Ste. 440A
Houston, TX 77079
www.karenperrytherapist.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety Disorders, Stress Management, Health Psychology, OCD, CBT

Margie Perry, LPC ................................................................. 281-342-3500
1121 Elizabeth Ave.
Rosenberg, TX 77471
www.mpcounseling.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mental Health Issues, Registered Play Therapist

Brittani L. Persha, MSW, LCSW .................................................. 713-364-8645
Brittani L. Persha Counseling and Therapy
14760 Memorial Dr, Ste. 207
Houston, TX 77079
www.brittanipershacounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Child or Adolescent, Relationship Issues, ADHD
Krisztina Petho-Robertson, M.Ed., LPC...........................................832-324-9323
Martin Counseling
472 Park Grove Drive
Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families, Groups
Specialties: Grief, Crisis Intervention, Wellness Coach, Behavioral/Emotional/Relational Issues

Kelly Peyton, MA, LPC, RPT, CCTP.........................281-940-8515 and 832-928-6376
707 S. Fry Road, Ste. 465
Katy, TX 77450
www.houstonteencounselor.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Teen Counseling, Play Therapy, and Parenting

Angela Pfeiffer, PhD...........................................281-242-2595
Sugar Bend Center
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.sugarbendcenter.com/home.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Parenting, Divorce Adjustment, ADHD, and Oppositional Behavior

Angela Pham, MS, MA, PhD - Candidate, LPC...........................................281-624-6211
11011 Richmond Ave., #350
Houston, TX 77042
www.angelaxpham.com/about/
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: ADHD, Addictions, Anxiety, Depression, LGBTQ issues, Eating Disorders and Trauma

Daniel Phillips III, PhD...........................................281-698-7792
Phillips & Alford Psychological Associates
22762 Westheimer, Ste. 570
Katy, TX 77450
www.phillips-alford.com
Population Served: Children, Adolescents, Young Adults
Types of Services: Individuals, Families, Groups
Specialties: Child or Adolescent, Autism, School Performance
Amanda K. Pike, LPC

4501 Cartwright Road, Ste. 102
Missouri City, TX  77459
www.amandapikelpc.com

Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital Discord, Parenting, Substance Abuse, Emotional Eating, and Family of Origin Issues

Jared Pizzitola, M.Ed., LPC

54 Sugar Creek Center Blvd., Ste. 313
Sugar Land, TX  77478
www.jaredpizzitola.com/

Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Anger, Trauma, Relationship Struggles, Couple’s Counseling

Michelle Plamondon, LPC

Katy Psychiatry
24215 Kingsland Blvd.
Katy, TX  77494
www.katy psychiatry.com

Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Depression in Pregnancy and Postpartum, Anxiety and Panic Disorder, Bipolar Disorder, ADHD, OCD, Schizophrenia, Substance Abuse/Addiction

Melissa Pless, LPC, LCDC

Renewing Hope
11777 Katy Freeway South, Ste. 300
Houston, TX  77079
www.renewinghope.net/staff/melissa-pless

Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addictions, Depression, Anxiety, Grief, Spiritual Issues, PTSD, Bipolar, and Eating Disorders, Anxiety, Coping Skills, Drug/Alcohol Abuse

Susan L. Pocasangre, MA, LPC-S, LSOTP

11999 Katy Fwy., Ste. 101
Houston, TX  77079
www.pocasangrescounseling.com/default.html

Specialties: Fertility Issues, Sexual Issues, Unhealthy Sexual Behaviors, Parenting, Adoption, Marriage, Divorce, Blended Families, and Career Changes
Nicole Ponce, LPC, LCDC
120 Eldridge Road, Ste. D
Sugar Land, TX 77478
www.nicoleponcecounseling.com
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individuals, Couples/Marital, Families
**Specialties:** Drug and Alcohol Abuse, Relational Therapy, Children and Adolescent Therapy, Mindfulness, Dialectical Behavior Therapy, and Trauma Therapy

Jamie Porter, MA, LMFT-S, LPC-S
52 Sugar Creek Center Blvd., Ste. 225
Sugar Land, TX 77478
www.sugarlandfamilies.com/portfolio-item/jamie-porter-lmft-supervisor-lpc-supervisor/
**Population Served:** Children, Adolescents, and Adults
**Types of Services:** Individuals, Couples/Marital, and Families
**Specialties:** Children and Adolescents, Depression/Anxiety, Grief, Loss, Trauma, Couples Issues, and Pre-Marital Counseling

Mary Porter, LCSW, LPC, LMFT
101 Southwestern Blvd., Ste. 113
Sugar Land, TX 77478
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individuals, Couples/Marital, Families
**Specialties:** Anxiety, Depression, OCD, Grief

Maria Poston, LPC-S
4665 Sweetwater Blvd., 110
Sugar Land, TX 77479
www.sugarlandcounseling.com
**Specialties:** Mood Disorders, Anxieties, Trauma, Family Conflict, Relationship Problems, Conduct Disorder, and Personality Disorders

James Poysky, PhD
Katy Child Psychology Associates
21384 Provincial Blvd.
Katy, TX 77450
www.katychildpsychology.com
**Population Served:** Children, Adolescents
**Types of Services:** Individuals, Families
**Specialties:** Academic Underachievement, Attention Deficit Disorder, Learning Disabilities, Neuropsychological Testing, Psychological Testing
Carol Prusinski, LPC
14905 Southwest Fwy., Ste. 221
Sugar Land, TX 77478
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, and Addictions

Dianne Pulsipher, LPC
Southwest Psychotherapy Associates
2500 Wilcrest Drive, Ste. 401
Houston, TX 77042
www.dianepulsipher.com
Population Served: Adults
Types of Services: Individuals
Specialties: Trauma, Grief, Anxiety, Depression, Codependency, and Spirituality, Certified Hypnotherapist, Trained in EMDR

Michelle Puster, M.Ed., LPC
Katy Couples and Wellness Counseling
440 Cobia Dr., Ste. 1301
Katy, TX 77494
www.katycouplescounseling.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Marriage and Couples Counseling, Anxiety Issues

Asma A. Rahim, LPC-S
Rahim Counseling and Consulting
10701 Corporate Drive, Ste. 220
Stafford, TX 77477
www.rahimlpc.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Depression, Anxiety, and Life Issues, Marital Counseling, Bilingual in South Asian Languages of Urdu and Gujrati

Randi Raizner, PhD
Raizner Pediatric Neuropsychology
12946 Dairy Ashford Road, Ste. 200
Sugar Land, TX 77478
www.childneuropsychologycenter.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Neuropsychological Testing and Screening for Learning Disabilities, ADHD, and GT
Peggy Ramer, LCSW
2116 Thompson Road, Ste. 101
Richmond, TX 77469
www.ramercounseling.com/about-peggy
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Anger Management, Domestic Violence, Trauma and PTSD

Romilia Ramirez, PhD
Alternative Roads: Psychological and Educational Services
7002 Riverbrook Drive, Ste. 900
Sugar Land, TX 77479
www.alternative-roads.com/AboutMe.en.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Attention Deficit Hyperactivity Disorder, Anxiety Disorders, Mood Disorders, Reading Difficulties, Academic Difficulties

Denise Ramos, LCSW
UT Health
10623 Bellaire Blvd., C280
Houston, TX 77072
www.utphysicians.com/provider/denise-ramos/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child and Adolescent Development, Intellectual Disabilities, Adult Challenges

Silvina Rearte, MA, LMFT-S, LPC-S, RPT
Silvina Rearte Counseling, PLLC
2537 S. Gessner Road, Ste. 125
Houston, TX 77063
www.silvinarearte.com/our-practice/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Incorporates Neurosequential Model of Therapeutics, Play Therapy, Sensory Motor Psychotherapy, and Trauma-Informed Yoga, Anxiety, Child or Adolescent, Career Counseling

Jennifer Galske Reid, MS, LPC-S
11999 Katy Fwy., Ste. 530
Houston, TX 77079
www.jgalskereidcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Traumatized Children, Marital and Pre-Marital Counseling, Adoption and Foster Care Issues, and Change of Life Issues
E. Edward Reitman, PhD
Dr. Ed Reitman, PhD
5495 Lampasas St.
Houston, TX 77056
www.dredreitman.com
Population Served: Adults
Types of Services: Individuals
Specialties: Adjustment, Marital Difficulties, Divorce

Virginia C. Renfroe, MA, LPC
9219 Katy Fwy., Ste. 102
Houston, TX 77024
www.vcrenfroetherapy.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Grief and Loss, Trauma, Women’s Issues, Anxiety, Depression, and Marital and Family Conflicts, EMDR Certified

Kristina E. Reyes, MA, LPC
Martin Counseling, PLLC
472 Park Grove Lane
Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Child or Adolescent, Relationship Issues, and Anxiety

Michelle Marion Rhodes, PhD
2450 Fondren Road, Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html
Population Served: Children, Adolescents, Adults

Meredith Riddick, LPC-S, CEDS-S
Harmony Therapy Group
411 Park Grove Drive, Ste. 720
Katy, TX 77450
www.harmonytherapygroup.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: General Counseling, Eating Disorders, Anxiety, Post Partum Concerns, Self Harm, Trauma and OCD
Roxy Riefkohl-Siegrist, PhD, LPC-S.................................................................713-365-0700
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/our-counselors
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Communication, Trauma, Depression, and Anxiety

Jean Riojas-Foyt, MA, LPC.................................................................713-267-2390
Jean Riojas-Foyt, MA, LPC
2500 Citywest Blvd., Ste. 300
Houston, TX 77042
www.licensedcounselorhouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, CBT, Blended Family Issues, and ADHD

Dora Rios, LPC..................................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma/Abuse/PTSD, Childhood Behavioral Issues, Sexual Abuse, Marriage, Divorce, Parenting, Anxiety/Depression, Dissociative Disorders, and Sexual Addiction

Brett C. Ritchie, MA, LPC.................................................................832-237-2673
Houston Psychotherapists Inc.
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
www.houstonpsychotherapists.com/clinicians.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Anxiety, Men’s Issues, Relationships, Couple’s Therapy

Bill Ritter, LPC..............................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Christian Counseling, Marriage, Anxiety, Depression, Anger Management, Obsessive Compulsive, Sexual Addiction, Codependency, Communication, Stress, Addiction
Paige Roane, LMFT.................................................................832-589-0750
Houston Family Therapy
800 Gessner
Houston, TX 77024
www.houston-familytherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Behavior Issues, Academic Performance, Temperament, School Challenges, Fears, Anxiety, Depression, Anger Management, Relationship Conflict, Stress Management, Anxiety, Grief, Depressed Mood, Trauma, Abuse Recovery

Nakia Roberson, LPC..............................................................832-543-7255
16151 Cairnway Drive, Ste. 206
Houston, TX 77084
www.nakiarobersonlpc.wixsite.com/counseling
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety/Stress, Grief, Family Conflict, Depression, Relationships

Arcadio Rodriguez, LPC........................................................281-371-0360
Valentia Bilingual Therapy Services
722 Pin Oak Road, Ste. 220
Katy, TX 77494
www.valentiatherapy.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Mental Health Issues, PTSD, Trauma Issues

Iristela Rodriguez, LMFT.......................................................281-778-8750
Brighter Tomorrows
4502 Riverstone Blvd., Ste. 1102
Missouri City, TX 77459
www.brightertomorrowscounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, ADHD, Relational Problems, Family Dynamics, Divorce, Blended Families, Military Families, Parenting

Charlene Rogers, LPC-S, RPT-S.............................................713-234-7172
24 Commerce Green Blvd., Ste. 130
Sugar Land, TX 77478
www.charlenerogerstherapy.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Play Therapy, Parent Coaching, Supportive Solution-Focused Therapy and EMDR
Carolina Roman, MA, LMFT
Motivations Counseling
14090 Southwest Fwy., Ste. 300
Sugar Land, TX 77478
www.motivationscounseling.com/?gclid=EAIaIQobChMIiK7Ugerp2QIVi4ppCh3yww5tEAAYASAAEgKJBvD_BwE
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Emotionally Focused Therapy for Couples, EMDR, Anxiety, Depression, and Parent/Child Relations

James M. Rorie, LPC
9525 Katy Fwy., Ste. 311
Houston, TX 77024
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, and Addiction

Stephen Rossi, LPC
9525 Katy Fwy., Ste. 311
Houston, TX 77024
www.thechristiancounselor.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Abuse, Trauma, Teen Issues, Marital Issues, and Christian Counseling

Carolyn S. Rowe, LPC
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals
Specialties: Loss or Grief, Domestic Violence/Abuse, Anxiety/Depression, Infertility, Anger Management, Coping Skills, Boundaries, Trauma, and Chronic Pain/Illness

Anne Russey, M.Ed., LPC-S
Fowler and Tidwell Counseling
7155 Old Katy Road, Ste. N244
Houston, TX 77024
www.fowlerandtidwell.com
Population Served: Adults
Types of Services: Individuals, Groups
Specialties: Gay, Pregnancy, Prenatal, Postpartum, Mood Disorders

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stacey Sadler, LPC..................................................................................832-292-1829
4502 Riverstone Blvd., #602
Missouri City, TX 77459
Population Served: Adults
Types of Services: Individuals
Specialties: Spouses of Sex Addicts, Trauma/Abuse/PTSD, Boundaries, Relationship Issues, Divorce, and Emotional Regulation

Yared Salazar, LPC, NCC.........................................................................832-384-8896
25722 Kingsland Blvd., Ste. 105
Katy, TX 77494
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child or Adolescent, Anxiety, Depression

Alaina Sanderson-Lopez, MS, LPC-S, NCC, CART.................................832-945-3139
1601 Main Street, Ste. 403
Richmond, TX 77469
www.heart2heartservices.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Child or Adolescent, Bipolar Disorder, Foster Parenting

Isela Saripella, LPC-S.............................................................................713-316-9081
Karitas Counseling
9800 Northwest Fwy., Ste. 206
Houston, TX 77092
www.karitascounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Behavior Issues, Parenting Issues, Personality Disorders, EMDR, Trauma Focused CBT for Clients with Dissociation, Depression, Anxiety, and Trauma

Isela Saripella, LPC-S.............................................................................713-316-9081
Karitas Counseling
16300 Katy Fwy., Ste. #100
Houston, TX 77094
www.karitascounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Behavior Issues, Parenting Issues, Personality Disorders, EMDR, Trauma Focused CBT for Clients with Dissociation, Depression, Anxiety, and Trauma

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Deborah Sauls, LCSW........................................................................713-365-0700
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/deborah-sauls
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, PTSD, Anxiety, Grief and Loss, Self-esteem and Life Changes

Kevin G. Schindewolf, MA, LPC.........................................................832-334-9339
Kevin G. Schindewolf, MA, LPC
7825 Hwy. 6 North, Ste. 101
Houston, TX 77095
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Mental Health Issues including Mood Disorders, Substance Abuse

Samantha Schlanger, LPC, LMFT.........................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Relationship Conflicts, Child and Adolescent Issues, Anger Management, and Parenting

Jennifer S. Schlett, MA, LPC..............................................................281-242-2595 Ext. 209
Sugar Bend Center
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.reachfamilytherapy.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Anger, ADHD, Body Image, and Couples Counseling

Candice Scurry, MA, LPC, CART.......................................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner, Ste. 203
Houston, TX 77080
www.mosaictreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Divorce Recovery, Depression, Anxiety, Anger Management, Victims of Police Brutality, Police Diversity Training, Anger Management, Couples Counseling, ADHD, Spirituality, Children and PTSD

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Gabrielle Seekely, LPC-S, BCPC.................................................................281-940-7981
Thursday’s Child
12900 Queensbury Lane #201
Houston, TX  77079
www.thursdayschildconsulting.com/index.html
Population Served: Children, Adolescents, Adults, Elders
Types of Services:  Individuals, Families
Specialties:  Autism Spectrum, Learning Differences, Third Culture Kids, Global Transitions, Chronic Medical Conditions, Trauma Resolution, Adoption / Foster Care, Professional Training and Clinical Supervision

Kelsey Seifert, LPC-S, LMFT.................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX  77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services:  Individuals, Couples/Marital
Specialties:  Obsessive Compulsive, Body Focused Repetitive Behaviors, Anxiety/Depression, Panic/Phobias, Communication, Relationship Issues, Emotional Issues, Infertility, Trauma

Taylor Shaw, LCSW.................................................................832-470-0819
2500 Wilcrest, Suite 401
Houston, TX  77042
www.mickigrimland.com/taylor-shaw-lcsw/
Population Served: Children, Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  CBT, EMDR, Gottman Method for Couples, Solution Focused Therapy, Depression, Anxiety, Trauma, Bipolar Disorder, Substance Abuse, Relationship Issues, and LGBTQ issues

Rhonda Sherman, PhD.................................................................281-910-1649
902 Frostwood Dr., Ste. 283
Houston, TX  77024
Population Served: Adults, Elders
Types of Services:  Individuals and Couples/Marital
Specialties:  Depression, Anxiety, Mood Disorders

Mary Ellen Sherrill, LCSW.................................................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX  77478
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services:  Individuals, Families
Specialties:  Trauma/Abuse/PTSD, Sexual Abuse, Childhood Behavioral Issues, Emotional Regulation, Anxiety/Depression, ADHD, Loss/Grief, Parenting, Bipolar Disorder
Diane Shillings, LPC .......................................................................................... 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationships Issues, Divorce, Loss or Grief, Boundaries, Blended Families, Family Conflict, Parenting, Communication, and Anxiety/Depression

Amy Shore, LPC .................................................................................................. 832-899-5321
Amy Shore, LPC Counseling and Consulting, PLLC
14905 Southwest Fwy., Ste. 211
Sugar Land, TX 77478
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Adoption, Anxiety, Depression, Gay/Lesbian/Transgender Issues, Self-Esteem

Keri M. Silverstein, LCSW .................................................................................. 281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma-Focused Cognitive Behavioral Therapy, Trauma, and Family Conflict

Frank Simcik, LPC ............................................................................................... 281-578-5838
Park Ten Counseling
16300 Katy Freeway at Park Ten Blvd.
Houston, TX 77094
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families

Andrea Skoglund, MSW, LCSW .......................................................................... 832-247-8066
4502 Riverstone Blvd., Ste. 804
Missouri City, TX 77459
www.andreaskoglund.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress, Communication, Self Esteem, Conflict Resolution, Advance Care Planning, Death/Dying and Bereavement, EMDR Certified

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Angie Smith, LPC-S, LMFT, NCC, CART
MindTree Counseling and Consulting Services
20222 Ricewood Village Trail
Katy, TX 77449
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Depression, Anxiety, Relationship Issues

Charla Smith, MA, LMFT
Charla Smith, MA, LMFT
11211 Katy Frwy., Ste. 440-C
Houston, TX 77079
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Relationship Issues

Damitra Smith, MA, LCDC
H.A.V.E.N. Counseling and Wellness Services
21734 Provincial Blvd., #240, Ste. D
Katy, TX 77450
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Addiction, Alcohol Abuse, and Drug Abuse

Justyn Smith, LPC
Amy Wine Counseling
17920 Huffmeister Road, #150
Cypress, TX 77429
www.amywinecounseling.com/contact-amy-wine-counseling-cypress-tx/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: LBGTQ, Men’s Issues, and Relationship Issues

Michael D. Soderstrom, MA, LPC-S
Houston OCD Counseling
9432 Katy Fwy., Ste. 400
Houston, TX 77055
www.houstonocdcounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Obsessive Compulsive Disorder, Anxiety, Self-Esteem
Joan Marianne Sotelo, MA, LPC..................................................832-380-5851
120 Eldridge Road, Ste. D
Sugar Land, TX 77478
www.rootsofhopecounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Anger, Relationships, Communication, Self-Esteem

Kevin A. Spain, LPC.................................................................832-712-7620
11999 Katy Fwy., Ste. 530
Houston, TX 77079
www.kevinspaincounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Premarital Counseling, Couples/Marital Therapy, Teenagers, and EMDR

Timothy Spears, LPC..............................................................713-789-7560
2450 Fondren Road, Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Mood Disorders, Substance Abuse, Physical, Emotional or Sexual Abuse, LGBTQ Issues

Jenny Stadler, PhD.................................................................832-236-3550
101 Southwestern Blvd., Ste. 109
Sugar Land, TX 77478
www.drjennystadler.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Geriatrics, Sports Psychology, Cross-Cultural Adjustment, and Cognitive, Educational, and Emotional Functioning Assessments

D. Scott Stanley, PhD, LPC, LMFT...........................................281-960-3991
8831 Long Point Road, Ste. 202
Houston, TX 77055
www.dscottstanley.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Bipolar Disorder, Eating Disorders, Relationship Issues, Divorce, Anger Resolution, Women's Issues, Men's Issues, Shame, Anxiety and Fear, Addictions and Substance Abuse, ADHD, Domestic Violence and Abuse, Stress Management, LGBT Issues, Grief
Laura Stark, MA, LPC-S, NCC.........................................................281-394-2005
Stokan Jaggers & Associates
23501 Cinco Ranch Boulevard, Ste. G270
Katy, TX 77494
www.stokanjaggers.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety Disorders, Mood Disorders, Self-Esteem Issues, Relational Issues, Dual Diagnosis, Divorce Recovery and Adjustment to Life Cycle Changes

Suzanne Stasney, LPC, LMFT..............................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com/suzanne-stasney.html
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Attention Deficit Disorder, Blended Families, Divorce, and Parenting Issues

Sue Steinbruecker, LCSW.................................................................832-465-1023
Southwest Psychotherapy Associates
2500 Wilcrest Drive, Ste. 401
Houston, TX 77042
www.mickigrimland.com/jennifer-palermo-ma-lpc/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Chronic Pain and Grief, PTSD and OCD

Linda Sterling, MA, LPC, MAC, CCTP, SAP.....................................832-529-1616
17510 Huffmeister Road, Ste. 103
Cypress, TX 77429
www.sterlingbehavioralhealth.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, PTSD, Addictions, Parenting, Grief, and Work and Career Issues. Bilingual in English/Spanish

Rae Stern, LMSW, ACP, LMFT..........................................................713-682-8118
Stern Center for Successful Solutions
955 Dairy Ashford Road, Ste. 110
Houston, TX 77079
www.raesternhouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage and Couples Therapy, Depression, Life Coaching, Eating Disorders, and Sex Addiction
Robyn Stewart, LPC.................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Ste. B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Christian Counseling and EMDR Certified, Anxiety/Depression Stress, Trauma/Abuse/PTSD, Coping Skills, Loss/Grief, Family Conflict, Boundaries, and Codependency

Victoria L. Strange, LPC..........................................................713-234-6214
7825 Hwy. 6 North, Ste. 102B
Houston, TX 77095
www.victoriastrangetherapy.com/about/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Personality Disorders, PTSD, and Neurofeedback

Heather Stroud, LPC..............................................................713-365-0700
Renewing Hope Counseling
11777 Katy Freeway South, Ste. 300
Houston, TX 77079
www.renewinghope.net/staff/heather-stroud
Population Served: Children, Adolescents, Young Adults
Types of Services: Individuals, Families
Specialties: Children, Adolescents, Young Adults, and Families

Nancy Stroud, LCSW, RRT......................................................281-693-1455
Nancy Stroud, LCSW, RRT
2717 Commercial Center Blvd., #E 200
Katy, TX 77494
www.Nancystroud.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Trauma, Eating Disorders, Recovery

Karen Sullivan, LCSW..............................................................713-826-3783
52 Sugar Creek Center Blvd., Ste. 250
Sugar Land, TX 77478
www.karensullivanlcsw.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma and Attachment
Fatima Sultan, MA, LPC, CART.................................................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner Road, Ste. 203
Houston, TX 77080
www.mosaicTreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Grief Counseling, Anxiety Disorders, Women’s Issues, Play Therapy

Devon Superville, PhD.................................................................281-771-2685
3 Sugar Creek Center Blvd., Ste. 100
Sugar Land, TX 77478
www.modernpsychologicaltx.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Groups
Specialties: Psychological Assessments, CBT, and Cogmed Working Memory Training

Cathy Swan, LCSW.................................................................832-978-8609
Swan Counseling
1832 Snake River Road, Ste. E
Katy, TX 77449
www.swancounseling.life/index.php
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Grief, Child and Adolescent

Claudia Taberner, LPC.................................................................281-398-0022
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Marriage, Communication, Parenting, Anxiety/Depression, Divorce, Blended Families, ADHD, and Coping Skills

Andres Tapia, PhD, LPC-S.................................................................713-789-7560
2450 Fondren Road, Ste. 312
Houston, TX 77063
www.mental-health-houston.com/staff.html
Specialties: Traumatic Stress Disorders, Complicated Grief, Migration-related Issues, OCD, Autism Spectrum Disorders, ADHD, Spiritually-Integrative Therapy, LGBTQ Issues, Depression, Anxiety, Group Therapy, and Neuropsychological Assessments

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Laurel E. Tate, LCSW
515A S. Fry Road, #146
Katy, TX 77450
www.laureletatelcsw.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Art Therapy, Cognitive Behavioral Therapy, Depression, Emotionally Focused, Family/Marital, Interpersonal, Play Therapy, Sand Therapy, Trauma and PTSD

Tameka Tate, MA, LPC, CART
Mosaic Tree Counseling
2600 N. Gessner Road, Ste. 203
Houston, TX 77080
www.mosaiccourtcounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma, Family Issues, Neglect

Guice Carla L. Taylor, LPC
21216 Northwest Fwy., Ste. 450
Cypress, TX 77429
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Anxiety, and Relationship Issues

Cynthia Tedder, M.Ed., LPC
Fort Bend Christian Counseling Center
2117 Ave. I
Rosenberg, TX 77471
www.fortbendccc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Abuse, Trauma, Play Therapy

Felicia Tedder, LCSW
3880 Greenhouse Road, Ste. 411
Houston, TX 77084
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Coping Skills, Life Coaching, Depression, Anxiety, Domestic Violence, Sexual Assault

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Amy Terracina, MSW, LCSW
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: EMDR, CBT, Grief, Life Transitions, Depression, Anxiety

Rocio J. Tharp, LPC-S, LMFT
Rocio Tharp, LPC-S, LMFT
955 Dairy Ashford Road, Ste. 108
Houston, TX 77079
www.rociotharplpcalmfta.com/ContactMe.en.html
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Sex Therapy, Family Conflict. Bilingual in English/Spanish

Margaret Thomas, LPC
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Loss, Grief, Trauma, Abuse, PTSD, Stress, Emotional Regulation, Coping Skills, Marriage, Divorce, Bipolar Disorder

Allison Thompson, MA, LMFT
Allison Thompson, M.A., LMFT
245 Commerce Green Blvd., Ste. 130
Sugar Land, TX 77478
www.allisonthompsonmft.com
Population Served: Adolescents, Adults
Types of Services: Eating Disorders, Depression, Anxiety, OCD, Addiction, Sexual & Relationship Concerns, Self-Injurious Behavior, Grief & Loss, Stress Management, Career & Work

George S. Thompson, LPC, LMFT
9525 Katy Freeway, Ste. 311
Houston, TX 77024
www.yourchristiancounselor.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Christian Marriage and Family Counseling
Sharon Throckmorton, LPC
Houston Center for Christian Counseling
609 Park Grove Drive, Unit B
Katy, TX 77450
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Stress, Panic, Phobias, Coping Skills, Bipolar Disorder, Emotional Regulation, Loss, Grief, Communication, and Codependency

Jenai Tidwell, LPC-S
Fowler & Tidwell Counseling, PLLC
7155 Old Katy Road, Ste. N244
Houston, TX 77024
www.fowlerandtidwell.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Christian Counseling, Depression, Drug and/or Alcohol Abuse, Marriage Counseling, CBT

Dorothy Tiedt, LPC
2825 Wilcrest Drive, Ste. 265
Houston, TX 77042
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Relationship Issues, Anxiety

Candice E. Tillman, LPC-S
Candice Tillman, LPC-S Counseling and Consulting, PLLC
52 Sugar Creek Center Blvd., Ste. 250
Sugar Land, TX 77478
www.candicetillmanlpc.com/contact.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Divorce, Trauma and Abuse, Behavioral Issues, Anxiety, Play Therapy, Social Skill Building, School Consultation, Child Parent Relationship Therapy, Activity Therapy, EMDR Training

Richard Toney, PhD, LPC-S
RT Counseling Services
P.O. Box 825
Hempstead, TX 77445
http://www rtcounselingservices.com/home.html
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Nurturing Parents, Family Therapy, Individual Therapy
Monique Torres, LPC.................................................................713-443-6878
Memorial Comprehensive Counseling
14133 Memorial Drive, Ste. 4
Houston, TX 77079
www.memorialcomprehensivecounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, and Relationship Issues

Chad Touchette, MA, LMFT-S......................................................281-900-9575
Hope and Harmony Therapy
3880 Greenhouse Road, Ste. 10
Houston, TX 77084
www.hopeandharmonytherapy.com/chad-touchette
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction & Recovery, Conflict Resolution, Couples Counseling, Pre-Marital-Therapy, Relationships

Renee Trimble, MS, LPC, LCDC..................................................713-299-6006
Free Indeed Therapy
3730 Kirby Drive, Ste. 930
Houston, TX 77098
www.freeindeedtherapy.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Addiction, Marital and Premarital

Tara Tripi, MA, LPC.....................................................................713-365-0700
11999 Katy Freeway, Ste. 490
Houston, TX 77079
www.renewinghope.net/staff/tara-tripi
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Depression, Anxiety

Margaret Tripp, PhD.................................................................281-242-2595
Sugar Bend Center
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.sugarbendcenter.com/home.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, OCD, Chronic Illness, Toileting Troubles in Children, Habit Disorders, and Sleep Issues
Latoya C. Troy, MA, LPC, LCDC-I, CART............................................713-412-6646
Mosaic Tree Counseling
2600 N. Gessner Road, Ste. 203
Houston, TX 77080
www.mosaictreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Substance Abuse, Alcohol Abuse, Trauma, PTSD, Anxiety, Depression

Shena Tubbs, M.MFT, LPC..............................................................281-373-5200
H.O.P.E. Psychotherapy of Houston
17510 Huffmeister Road, Ste. 103 and 105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage and Family Therapy and Adolescent Issues

Constance M. Updike-Chilcoat, MS, LMFT.................................281-460-2320
15314 Bonita Springs Drive
Houston, TX 77083
www.connie updike.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Learning Disabilities, Grief

Lourdes Valdes, PhD.................................................................832-437-6260
Lourdes Valdes, Ph.D., PLLC
535 E. Fernhurst Drive
Katy, TX 77450
www.drvaldes.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Anxiety, OCD, Phobias, Encopresis, Enuresis, Feeding Issues (In Young Children), ADHD, and Autistic Spectrum Disorders. Bilingual in Spanish/English

Lourdes Valdes, PhD.................................................................832-974-1176
Thriving Child Center
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.thrivingchildcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, School Stress, Trauma, Suicidal Thoughts, and Bullying

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Paula E. Van Dyke, LMFT, LPC ......................................................... 713-501-7240
101 Southwestern Blvd., Ste. 214
Sugar Land, TX  77478
www.paulavandyke.com/About-Us.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Substance Abuse, Co-occurring Mental Disorders, and Parenting

Kathleen Varty, LCSW ................................................................. 713-263-0400 ext.204
9525 Katy Fwy., Ste. 200
Houston, TX  77024
Specialties: Social Work and Clinical Social Work

Roger Vazquez, LPC, LCDC ......................................................... 281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX  77478
www.christiancounselinghouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety/Depression, Addiction, Relationship Issues, Marriage, ADHD, Anger Management, Panic Phobias, and Trauma/Abuse/ PTSD

Maria Peters Veal, MS, LPC-S, CART ........................................... 713-412-6646
2600 North Gessner, Ste. 203
Houston, TX  77080
www.mosaictreecounseling.com/our-team/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Assessments, Anger Management, Art Therapy, CBT, Grief, Parenting, and Pre-Marital Counseling

Dyanna M. Villesca, PhD, LP, LSSP ............................................... 832-913-8747
Katy Psychological Services, PLLC
24546 Kingsland Blvd.
Katy, TX  77494
www.katypsychservices.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Autism Spectrum Disorder, Depression, Marriage/Couples, and Psychological Testing
Michelle Viro, PhD ........................................281-831-9852
56 Sugar Creek Center Blvd., Ste 350
Sugar Land, TX 77478
www.michellevirophd.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Disabilities, Disorders, Discord, Divorce or Death

George A. Vroulis, PhD ........................................713-447-8977
George A. Vroulis, Ph.D. – Clinical Psychologist and Neuropsychologist
1220 Blalock Road, Ste. 200
Houston, TX 77055
www.vroulis.net
Population Served: Adults
Types of Services – Individuals, Groups
Specialties: Cancer Support, Alzheimer's Support, Neuropsychological Testing, Adult Interpersonal Communications, Grief, Weight Loss, Hypnosis, Stress Management, and Anxiety

Anand Vyas, PhD, NCC, LPC .....................................832-549-2067
2277 Plaza Drive, Ste. 250
Sugar Land, TX 77479
www.drvtx.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Psychotherapy, Marriage Counseling, Medical Meditation and Mindfulness, Spiritual Counseling, Hypnotherapy, and Yoga Therapy

Barb Waldron, LPC ........................................281-277-8811
Houston Center for Christian Counseling
402 Julie Rivers Drive
Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Marriage, Relationship Issues, Communication, Stress, Spirituality, Obsessive Compulsive, Same Sex Attraction, Loss or Grief, and Eating Disorders

Michele Ward, MA, LPC .....................................281-713-9532
Counseling & Neurofeedback Services
21830 Kingsland Blvd., Ste. 106
Katy, TX 77450
www.cnskaty.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Neurofeedback, ADHD, Anxiety, Depression, Divorce, Life Coaching, OCD, Substance Abuse, Relationship Issues, and Testing Services

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Barbara J. Washington, MA, LPC-S .......................... 713-772-9085 and 832-300-1199
Alief Educational Services Center
1500 S. Dairy Ashford Road, Ste. 115
Houston, TX 77077
www.aliefeducationstation.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Domestic Violence, Anger Management, Survivors of Suicide, Behavioral Issues, Depression, Relationship Issues

June Washington, LPC....................................................832-512-0542
13522 Primula Court
Cypress, TX 77429
www.urfamilymatters.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Anxiety, Depression, Stress-Related Disorders

Gina Watson, LMFT............................................................713-443-9787
Gina Watson, Couples Therapist
14133 Memorial Drive, Ste. 4
Houston, TX 77079
www.thecouplescouch.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marital and Premarital, Divorce, Relationship Issues

Jennifer L. Webb, LPC.....................................................713-365-0700
Renewing Hope Counseling
11999 Katy Freeway, Ste. 490
Houston, TX 77079
www.renewinghope.net/staff/jennifer-webb
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Behavior Issues, ADHD, Anger Management, Stress Management, Anxiety, Depression, Conflict Resolution, Social Skills, and Emotional Regulation

Karen A. Webb, LPC.........................................................832-886-2929
Different Direction LLC
54 Sugar Creek Center Blvd., Ste. 200
Sugar Land, TX 77478
www.differentdirection2.com
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Leadership and Personal Development Coaching, Anger Management, Codependency, Depression and Anxiety, Grief, Parenting, and Relationship Problems
Ehrin Weiss, PhD..............................................................................713-702-3770
Houston Family Psychology, PLLC
9525 Katy Fwy., Ste. 200
Houston, TX 77024
www.houstonfamilypsychology.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Child and Teen Counseling, and Parenting Issues

John A. Wells, LPC, LMFT, PA..............................................................281-829-0114
14811 St. Marys Lane, Ste. 288
Houston, TX  77079
www.drjohnwells.com/index.htm
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Men's and Women's Issues, Addictions, Abuse, PTSD, and Relationship Issues, Christian Counseling

Karen West, PhD..............................................................................713-789-7560
2450 Fondren Road, Ste. 312
Houston, TX  77063
www.mental-health-houston.com/staff.html
Specialties: Rehabilitation, Chronic Medical Conditions, Health Crises

Matthew Whalen, M.Ed., LPC..............................................................832-303-9419
Changing Tides
21340 Provincial Blvd.
Katy, TX 77450
www.matthewwhalen.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Self-esteem, Anger, Codependency, Parenting, Addictions, Child and Student Issues, Career Planning, and Marriage Counseling

Sacha Wheeler, LPC-S, BCPC..............................................................832-370-0681
Katy Psychotherapy
440 Cobia Drive, Ste. 1301
Katy, TX  77494
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Relationship Issues, Affair Recovery, Anger Management, Behavioral Issues, Career Counseling, Chronic Impulsivity, Chronic Pain

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Shirley Wheeler, LCSW.................................................................713-828-0593
Counseling Concepts
13615 St. Mary's Lane
Houston, TX 77079
www.counselingconceptshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger, Fear, Abandonment, Guilt, Depression, Anxiety, Grief, and Shame, Equine Assisted Therapy

Leticia White, LMSW.................................................................281-579-0703
Stone Creek Psychotherapy & Wellness Center
20915 Kingsland Blvd.
Katy, TX 77450
www.stonecreektherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Sexual Abuse, Trauma, Hospice Patients, Life Changes, and Loss

Richard Wiley, MA, LPC...........................................................713-909-2980
1001 S. Dairy Ashford Road #100
Houston, TX 77077
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Family Conflict, and Child/Adolescent Issues

Earnestine Wiley Hay, MS, LPC, LCDC, CCTP..............................281-832-8420
14100 Southwest Freeway, Ste. 240
Sugar Land, TX 77478
www.psychologytoday.com/us/therapists/earnestine-hay-sugar-land-tx/183654?sid=1519929664.3326_23519&zipcode=77036&zipdist=300&spec=368&ref=1&tr=ResultsProfileBtn
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: PTSD, Family Conflict and Depression

Julie Wilkes, LCSW.................................................................713-999-4016
411 Park Grove Drive, Ste. 720
Katy, TX 77450
www.harmonytherapygroup.com/about-therapy/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Systems, Addiction, Depression, Anxiety

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Debra Wilkinson-Alldredge, MA, ATR-BC, LPC-AT, LMFT............281-980-0083
214 Brooks Street
Sugar Land, TX 77478
www.debraalldredge.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Mood Disorders, PTSD, Eating Disorders, Stress and Anger Management, and Relationship Issues. Utilizes CBT, Art Therapy, Sand Tray, Play Therapy, Guided Imagery, Hypnotherapy in Work

Baruch Williams, PhD...............................................................713-256-1157
Raizner Pediatric Neuropsychology
12946 Dairy Ashford Road, Ste. 200
Sugar Land, TX 77478
www.childneuropsychologycenter.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Neuropsychological Testing and Screening for Learning Disabilities, ADHD, and GT

Constance D. Williams, LPC.................................................281-394-1379
LG Counseling
1826 Snake River Road, Ste. D
Katy, TX 77449
www.lgcounseling.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, and Families
Specialties: Mood Disorders, Behavioral Issues, Coping Skills

Alice Faith Wilson, LPC.........................................................713-515-3188
14515 Briarhills Pkwy., Ste. 200
Houston, TX 77077
www.texasdivorcemhp.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage and Family Therapy, Collaborative Divorce Support, Parent Coordination and Facilitation Services

Amy Wine, LPC, LMFT, CCTP..................................................832-648-1775
Amy Wine Counseling
17920 Huffmeister Road, #150
Cypress, TX 77429
www.amywinecrafting.com/contact-amy-wine-counseling-cypress-tx/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Children and Adolescents, Marital Counseling, Autism Spectrum Disorders, Gottman Method of Couples Counseling

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Felicia Wolf, PsyD.........................................................713-598-3559
9601 Katy Freeway, Ste. 175
Houston, TX 77024
www.michellemforrester.com
Population Served: Children
 Types of Services: Individuals, Families
 Specialties: ADHD, Anxiety, Phobias, and Oppositionality in Children

Lauren Wood, LCSW..........................................................281-480-7554 Ext. 2806
Samaritan Counseling Center
3700 S. Mason Road
Katy, TX 77450
www.samaritanhouston.org
Population Served: Adolescents, Adults
 Types of Services: Individuals, Families
 Specialties: Anxiety, Christian Counseling, Depression, Relationship Issues, and Stress Management

Heather Woods, LMSW.......................................................281-762-1825
Barnhill Counseling
13313 Southwest Fwy., Ste. 263
Sugar Land, TX 77478
www.barnhillcounseling.com/katy-office
Population Served: Children, Adolescents, Adults
 Types of Services: Individuals, Families
 Specialties: Abuse, Addictions, Self-Mutilation, Anger Management, Depression, Anxiety, OCD, Post-Partum, and Trauma

Madonna M. Yancey, MS, LPC, LCDC, NCC, BCPC.........................713-400-7400
Greater Houston Psychiatric Associates, PLLC
2901 South Wilcrest Ave., Ste. 520
Houston, TX 77042
www.ghpa.net
Population Served: Children, Adolescents, Adults
 Types of Services: Individuals, Couples/Marital, Families
 Specialties: Depression and Anxiety, Trauma and PTSD, and Addictions

Lily Yoder, LPC....................................................................713-486-5870
UT Physicians Pediatric Center
10450 Spring Green Blvd., Suite B
Katy, TX 77494
www.utphysicians.com/provider/lily-yoder/
Richard J. Yohr, LPC..........................................................................................281-923-4863
16350 Park Ten Place, Ste. 100-14
Houston, TX  77084
Population Served:  Adolescents, Adults
Types of Services:  Individuals, Couples/Marital, Families
Specialties:  Relationship Issues, Depression, Anxiety, Addictions, and Eating Disorders

Marion Zahn, LPC..........................................................................................713-975-1222
Wilcrest Counseling Services
24044 Cinco Village #100
Katy, TX  77494
www.wilcrestcounseling.com
Population Served:  Adults
Types of Services:  Individuals, Couples/Marital, Groups
Specialties:  Anxiety, Depression, Relationship Issues, Eating Concerns, Peak Performance Training
PSYCHIATRISTS

Frieda Aboul-Fotouh, MD ................................................................. 832-318-6277
Healthy Minds Psychiatry
2000 S. Dairy Ashford, Ste. 340
Houston, TX 77077
www.healthymindspsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Attention Deficit Disorder, Depression, Parenting Issues, Schizophrenia

Aaron Alaniz, MD ................................................................. 281-978-2515
After Hours Psychiatry
2717 Commercial Center Boulevard, Ste. E200 (Office #266)
Katy, TX 77494
www.afterhourspsychiatry.com
Population Served: Adults
Types of Services: Individuals
Specialties: Neurodevelopmental Disorders, ADHD, Intellectual Disabilities, Schizophrenia
Spectrum and Other Psychotic Disorders, Bipolar Disorders, Anxiety Disorders, OCD, Trauma, Sleep-Wake Disorders, Impulse Control Disorders, Substance-Related Disorders and Addictive Disorders, Neurocognitive Disorders

Shetal Amin, MD ................................................................. 713-864-6694
Memorial Park Psychiatry
550 Westcott, Ste. 520
Houston, TX 77007
www.memorialparkpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mood Disorders, Anxiety Spectrum Disorders, Attention Deficit Disorders, Developmental Disorders

Deeba R. Ashraf, MD ................................................................. 832-443-3604
Deeba R. Ashraf, MD
2211 Norfolk Street, Ste. 615
Houston, TX 77098
www.drashraf.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Therapy, Psychoanalysis, Medication Management

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stewart Ater, MD........................................................................................................713-776-9111
Texas Children’s Hospital
3704 Carlon Street
Houston, TX 77005
www.texaschildrens.org
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Pediatric Neurology

Leng Bang, MD........................................................................................................713-664-1300
Center for Academic and Psychological Services
6750 West Loop South, Ste. 375
Bellaire, TX 77401
www.capshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Diagnostic Consultations, Medication Management, Psychotherapy

Matthew N. Brams, MD..........................................................................................713-864-6694
Memorial Park Psychiatry
550 Westcott, Ste. 520
Houston, TX 77007
www.memorialparkpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Psychiatry and Mental Health

Karen Brow, MD......................................................................................................713-973-1007
Houston TMS
929 Gessner Road, Ste. 2000
Houston, TX 77024
www.houstontms.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Mood Disorders

Reeba E. Chacko, MD..............................................................................................713-723-5320
Reeba E. Chacko, MD
10780 Westview Drive, Ste. C
Houston, TX 77043
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mood Disorders, ADD/ADHD, Insomnia, Sleep Disorders, Depressive Disorder, Schizophrenia, Depression, Personality Disorder, Mental Illness, Bipolar Disorder, Manic Depressive Disorder

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Amol Chaugule, MD
126 Eldridge Road, Ste. E
Sugar Land, TX 77478
www.amolchaugulemd.com
Population Served: Adults
Types of Services: Individuals
Specialties: Psychiatry, Psychotherapy, Medication Management

Charoo Chouhan, MD
10450 Spring Green Blvd., Ste. B
Katy, TX 77454
www.utphysicians.com/provider/charoo-chouhan/
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: ADHD, Autism Spectrum Disorders, Bipolar Disorder, Anxiety Disorder, Impulse Control Disorders, Psychotic Disorder

Penny Chow, MD
52 Sugar Creek Center Blvd., Ste. 225
Sugar Land, TX 77478
www.pennychowmd.com/index.html
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry

Norma V. L. Clarke, MD
3730 Kirby Drive, Ste. 925
Houston, TX 77098
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Addiction, Anxiety, Depression, Medication Management, OCD, Spirituality, Substance Abuse, Trauma and PTSD

Diana Collins, MD
One Sugar Creek Center Blvd., Ste. 955
Sugar Land, TX 77478
www.dianacollinsmd.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Emotional Difficulties, Behavioral Difficulties, Relationship Difficulties, Medication Management

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Kimberly Cress, MD
TMS Serenity Center
4545 Sweetwater Blvd.
Sugar Land, TX 77479
www.tmsserenitycenter.com/sweetwater-psychiatry
Population Served: Adults
Types of Services: Individuals
Specialties: Transcranial Magnetic Stimulation (TMS), Mood Disorders, Depression, Anxiety

Sofiya I. Donskaya, MD
Sofiya I. Donskaya, MD
11222 Richmond Ave., Ste. 221
Houston, TX 77082
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: General Psychiatry

William K. Drell, MD
William K. Drell, MD
902 Frostwood Drive, Ste. 283
Houston, TX 77024
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Adjustment Disorders, Anxiety, Bipolar Disorder, Dysthymia (Chronic Depression), Cyclothymia (Mood Disorders), Major Depressive Disorder

Edward C. Fallick, DO, MD
Greater Houston Psychiatric Associates
2901 Wilcrest Drive, Ste. 520
Houston, TX 77042
www.ghpa.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Mood Disorders, Addiction Medicine

Philip L. Farley, MD
Philip Farley, MD
10780 Westview Drive, Ste. C
Houston, TX 77043
www.memorialhermann.org/doctors/psychiatrists/dr-philip-farley-md-646625/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychiatry and Neurology, Child and Adolescent Psychiatry
Noor J. Ferrell, DO
15200 Southwest Fwy., Ste. 266
Sugar Land, TX  77478
www.nooriferrell.com
Population Served: Adults
Types of Services: Individuals
Specialties: Depression/Mood Disorders, Anxiety Disorders, OCD, Panic Disorder, Phobias, ADHD, Post Partum Disorders, PTSD, PMDD, Psychiatric Illness During Pregnancy

Aaron H. Fink, MD, PA
4550 Post Oak Place, Ste. 320
Houston, TX 77027
www.aaronhfinkmd.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Diagnostic Assessment, Medication Management, Psychotherapy, Treatment Team Coordination

Claire L. Friedman, MD
Texana Behavioral Healthcare Clinic at Brookshire
535 FM 359 Road South
Brookshire, TX  77423
www.texanacenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry

Prashant Gajwani, MD
The Solace Center
4502 Riverstone Blvd., Ste. 601
Missouri City, TX  77459
www.thesolacecenter.com
Population Served: Adults
Types of Services: Individuals
Specialties: Affective Mood Disorders, Anxiety, Depression, Attention Deficit Disorders, Bipolar Disorders, Obsessive Compulsive Disorders
Deena M. Gandhi, MD
56 Sugar Creek Center Blvd., Ste. 350
Sugar Land, TX  77478
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Families
Specialties:  Academic Underachievement, Adoption, Alzheimer's/Dementia, Anger Management, Anxiety, Asperger's, Attention Deficit Disorder, Autism, Behavioral Issues, Bipolar Disorder, Blended Families, Coping Skills, Divorce, Domestic Abuse, Dual Diagnosis, Grief, Learning Disabilities, Psychosis, Rape, Self-Harm, Sex Addiction, Weight Loss

Ronald Garb, MD
Memorial Psychiatry Associates
929 Gessner Road, Ste. 2000
Houston, TX  77024
www.houstontms.com/index.html
Population Served:  Adults
Types of Services:  Individuals
Specialties:  Psychiatry, Addiction Psychiatry, Adult Psychiatry

Madiha Ghayas, MD
Fulshear Family Health Consultants
19255 Park Row Drive, Ste. 105
Houston, TX  77084
Population Served:  Adults, Elders
Types of Services:  Individuals
Specialties:  ADHD, Depression, Bipolar, Eating Disorders, Anxiety Spectsrums, and Dementia

Monica Grover, MD, PLLC
Memorial Park Psychiatry
550 Westcott, Ste. 520
Houston, TX  77007
www.memorialparkpsychiatry.com
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals, Families
Specialties:  ADHD, Behavioral Problems, Autism, Depression, Anxiety, Bipolar Disorder, Schizophrenia

Carlos Guerra, MD
Spring Branch Mental Health Crisis Clinic
10780 Westview Drive, Ste. D
Houston, TX  77043
www.memorialhermann.org/doctors/psychiatrists/dr-carlos-guerra-md-646314/
Population Served:  Children, Adolescents, Adults
Types of Services:  Individuals
Specialties:  General Psychiatry
Rafael Guerrero, MD
1830 Snake River Road, Suite B & E
Katy, TX 77449
www.drrafaelguerrero.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, ADHD, Autism Spectrum Disorder, Bipolar Disorder, TMS
Treatment for Depression, Medication Management, OCD, Oppositional and Defiant Behaviors, Panic Attacks, PTSD, Psychosis, Schizophrenia, Sleep Disorders, Suicidal Ideation

Shaojie Han, MD
UT Physicians-Southwest
10623 Bellaire Blvd., Ste. C280
Houston, TX 77072
www.utphysicians.com/provider/shaojie-han/
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety Disorder, Panic Disorder, Depression, Bipolar Disorder, Psychotic Disorder, Alcohol and Substance Use Disorder

Jared Heathman, MD
Your Family Psychiatrist - Houston
17510 Huffmeister Road, Ste. 105
Cypress, TX 77429
www.yourfamilypsychiatrist.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Post-Concussion Syndrome, Childhood Depression, Psychopharmacology, ADHD, Personality Disorder

Sergio Henao, MD
Dr. Sergio Henao
902 Frostwood Drive, Ste. 135
Houston, TX 77024
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychiatry and Neurology, Child and Adolescent Psychiatry

Wanda Henao, MD
Dr. Wanda Henao
902 Frostwood Drive, Ste. 135
Houston, TX 77024
Population Served: Adults
Types of Services: Individuals
Specialties: Psychiatry and Neurology
Matt Hinthorn, MD.................................................................281-849-4080
Your Family Psychiatrist - Houston
17510 Huffmeister Road, Ste. 105
Cypress, TX 77429
www.yourfamilypsychiatrist.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Bipolar Disorder, Autism Spectrum Disorder, Anxiety, Cognitive Disorders

Jessica Holt, MD.................................................................713-906-7998
Jessica B. Holt, MD
920 Frostwood Drive, Ste. 670
Houston, TX 77024
www.drjessicaholt.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Bipolar Disorder, Anxiety Disorders, Obsessive Compulsive Disorders, Phobias, Impulse Control Disorders, Personality Disorders, Psychotic Disorders, Substance Related Disorders, Cognitive Disorders, ADHD

Paul Homsy, MD.................................................................281-500-6970
Copperfeild Psychiatry
7825 Hwy. 6 North, Ste. 101
Houston, TX 77095
Population Served: Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry and Occupational Medicine

David Hunt, PA-C.................................................................713-429-5325
Texas Behavioral Health of Houston
6612 Hornwood Drive, Ste. E
Houston, TX 77074
www.texasbehavioralhealth.org
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Psychosocial Treatment, Mood Disorders, Psychosomatic Medicine, Psychotic Disorders, PTSD in Veterans, Women's Wellness

Segundo Ibarra, MD.................................................................713-351-7360
Legacy Community Health
12667 Bissonnet Street
Houston, TX 77099
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychiatry and Neurology

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Ashok Jain, MD
Psychiatric Solutions, PC
1201 Creekway Drive, Ste. C
Sugar Land, TX 77478
www.psychsols.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Behavioral Health Problems, Depression, Stress, Anxiety, Bipolar Disorder, Phobias, Grief, Sexual/Physical/Emotional Abuse

Sadaf Javaid, MD
Cognitive Psychiatry
2000 S. Dairy Ashford Road, Ste. 340
Houston, TX 77077
www.mycognitivepsychiatry.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Medication Management. Nurturing and empathic approach to treating patients.

Dominic M. Joseph, MD
Dr. Dominic Joseph, MD
1331 W. Grand Pkwy. North, Ste. 320
Katy, TX 77494
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, ADD, Bipolar Disorder, Depression, Dual Diagnosis, Medication Management, Panic Attacks, Schizophrenia, Traumatic Brain Injury

Malik N. Kalimuddin, MD
Dr. Malik Naz Kalimuddin
1438 Campbell Road, Ste. 106
Houston, TX 77055
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Psychiatry and Neurology, Child and Adolescent Psychiatry

Kristin Kassaw, MD
Kristin Kassaw, MD
4545 Sweetwater Blvd.
Sugar Land, TX 77479
www.kristinakassawmd.com
Population Served: Adults
Types of Services: Individuals
Specialties: Depression, Anxiety Disorders, Trauma, Attention Problems, Mood Disorders, Personality Disorders, Eating Disorders
Kirandeep Kaur, MD.................................................................281-760-3083
Kaur Psychiatry
12000 Richmond Ave., Ste. 190
Houston, TX 77082
www.kaurpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Depression, Bipolar, Insomnia, Psychosis, and Post-Partum

Farhan M. Khan, MD, MPH.......................................................713-714-6371
Crescent Comprehensive Center
472 Park Grove Drive
Katy, TX 77450
www.crescentcomprehensive.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Psychiatric Initial Evaluation, Developmental Disorders, Disorders of Attention Deficit and Hyperactivity, Disruptive Behavior Disorders, Anxiety, Psychotic Disorders, Autism, PTSD, Trichotillomania, OCD, Selective Mutism, Panic Disorders

Ashok I. Khushalani, MD..........................................................713-932-5230
Northeast Mental Health Crisis Clinic
10780 Westview Dr, Ste. D
Houston, TX 77043
www.memorialhermann.org/doctors/psychiatrists/dr-ashok-khushalani-md-646315/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: General Psychiatry

James E. Kirkham, MD...........................................................281-497-7259
James E. Kirkham, MD
11942 River View Drive
Houston, TX 77077
Population Served: Adults
Types of Services: Individuals
Specialties: Individual Psychotherapy and Medication Management

Sharad B. Kulkarni, MD...........................................................281-829-3332
Dr. Sharad B. Kulkarni
1802 Snake River Rd, Ste. C
Katy, TX 77449
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety Dissociative and Somatoform Disorders, Bipolar Disorder, Depressive Disorders

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Abigail Langan, MD.................................................................832-405-4660
Dr. Abigail Langan
810 S. Mason Road
Katy, TX 77450
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Adult and Child ADHD, Postpartum Depression, Mood and Anxiety Disorders, Psychotic Disorders, Autism Spectrum Disorders, Eating Disorders

Christell Lara, MD, PA.............................................................281-829-0072
Psychiatric Center of Katy
440 Cobia Drive, Ste. 1301
Katy, TX 77494
www.psychcenterkaty.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Major Depressive Disorders, Bipolar Disorders, Anxiety Spectrum Disorders, Trauma and Grief, Psychotic Disorders, ADHD/ADD, OCD, Women's Reproductive Health Concerns, Postpartum Depression, Infertility, Menopause

Robert Mike Leath, MD..........................................................713-329-7538
Memorial Hermann Prevention & Recovery Center
3033 Gessner Drive, Ste. 1106
Houston, TX 77080
www.memorialhermann.org/doctors/addiction-medicine-specialists/dr-robert-leath-md-343986/
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Addiction Medicine, Inpatient Rehab, Outpatient Rehab, Family Rehab, Aftercare Programs

Sheila Liu, MD, PhD..............................................................713-400-7400
Greater Houston Psychiatric Associates
2901 Wilcrest Drive, Ste. 520
Houston, TX 77042
www.ghpa.net
Population Served: Adults, Elders
Types of Services: Individuals, Families, Groups
Specialties: Mood Disorders, Psychotic Disorders, Stress and Anxiety Disorders
David Love, MD.................................................................................................713-973-1007
Memorial Psychiatry Associates
929 Gessner Road, Ste. 2000
Houston, TX 77024
www.houstontms.com/index.html
Population Served: Adults
Types of Services: Individuals
Specialties: ADHD/ADD, Alcoholism, Anxiety, Bipolar Disorder, Chronic Mood Disorder, Drug and Alcohol Dependence, Eating Disorders, Major Depressive Disorder, OCD, Opioid Dependence, Psychiatric Diseases

Alice Mao, MD.....................................................................................................713-864-6694
Memorial Park Psychiatry
550 Westcott, Ste. 520
Houston, TX 77007
www.memorialparkpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychopharmacological Treatment, Mood Disorders, Attention Disorders, Autism Spectrum Disorders, ADHD, Autism

Vikram Mehra, MD.........................................................................................713-777-9900
Vikram Mehra, MD
21613 Provincial Blvd.
Katy, TX 77450
www.vikrammehramd.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: General Psychiatry, Geriatric Psychiatry, Psychopharmacology

Saba Memon, MD..............................................................................................713-486-1200
UT Physicians
8810 Highway 6, Ste. 100
Missouri City, TX 77459
www.utphysicians.com/provider/saba-memon/
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Child and Adolescent Psychiatry
Ateka Moin, MD
Psychiatry and Behavior Center of Richmond, TX
7790 W. Grand Pkwy. South, Ste. 103
Richmond, TX 77406
Population Served: Adults
Types of Services: Individuals
Specialties: ADHD/ADD, Adjustment Disorder, Alcoholism, Anxiety, Bipolar Disorder, Cocaine Addiction, Combination Drug Dependence, Mental Disorders, Eating Disorders, Homicidal Ideation, OCD

Zaki Moin, MD
Psychiatry and Behavior Center of Richmond, TX
7790 W. Grand Pkwy. South, Ste. 103
Richmond, TX 77406
Population Served: Adults
Types of Services: Individuals
Specialties: ADHD/ADD, Adjustment Disorder, Alcoholism, Anxiety, Bipolar Disorder, Cocaine Addiction, Combination Drug Dependence, Mental Disorders, Eating Disorders, Homicidal Ideation, OCD

Scott Moreland, DO
Texas Children's Hospital
12946 Dairy Ashford Road, Ste. 260
Sugar Land, TX 77478
www.texaschildrens.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Medication Management, General Psychiatry

Milena Newhook, DO
920 Frostwood Drive, Ste. 670
Houston, TX 77024
www.drmilenanewhook.com
Population Served: Adults
Types of Services: Individuals
Specialties: Major Depressive Disorder, Anxiety Disorders, Bipolar Disorders, Schizoaffective Disorder, Schizophrenia, PTSD, OCD, ADHD, Psychotic Disorders, Postpartum Depression

Mai Anh Nguyen, MD
Center for Academic and Psychological Services
6750 West Loop South, Ste. 375
Bellaire, TX 77401
www.capshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Diagnostic Consultation, Medication Evaluation and Management
Bernadette E. Onuoha, MD, PA
12808 W. Airport Blvd., Ste. 250
Sugar Land, TX 77478
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child, Adolescent and Adult General Psychiatry

Nilesh J. Patel, MD
3533 Town Center Blvd. South, Ste. 300
Sugar Land, TX 77479
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry

Richard B. Pesikoff, MD
19 Briar Hollow Lane, Ste. 102
Houston, TX 77027
www.drpesikoff.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry, Behavioral Health Disorders, Drug Abuse, Forensic Psychiatry

Aaron Peterson, DO
929 Gessner Road, Ste. 2000
Houston, TX 77024
www.houstontms.com/index.html
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry

Catherine S. Plummer, MD
4501 Cartwright Road, Ste. 103
Missouri City, TX 77459
www.plummermd.com/Default.aspx#
Population Served: Adolescents (16+), Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Stress Management, Anger Management, Improve Relationships, Pain Management, Coping with Major Illness, ADHD, Eating Disorders, Schizophrenia, Bipolar Disorder, PTSD
Manjeshwar Prabhu, MD
1147 Brittmoore, #4
Houston, TX 77043
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: General Psychiatry

Lindsay Raymer, MD
920 Frostwood Drive, Ste. 670
Houston, TX 77024
www.lindsayraymermdpa.com
Population Served: Adult
Types of Services: Individuals
Specialties: Outpatient Assessment, Medication Management, Non-Acute Depression, Anxiety, Personality, Mood and Psychotic Disorders

Shakeel Raza, MD
Texas Behavioral Health of Houston
6612 Hornwood Drive, Ste. E
Houston, TX 77074
www.texasbehavioralhealth.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Sleep, Addiction, Obesity Medicine

William H. Reading, MD
12603 Southwest Freeway, Ste. 510
Stafford, TX 77477
www.drreading.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety Disorder, Attention Deficit Disorder, Drug and Alcohol, Depression, Suboxone

Atta Rehman, MD
Neurology Associates of Katy PLLC
19255 Park Row, Ste. 101
Houston, TX 77084
www.neurologyassociatesofkaty.com
Population Served: Adolescents, Adults, Geriatric
Types of Services: Individuals
Specialties: Headache/Migraine, Strokes, Alzheimer Disease, Multiple Sclerosis, Seizures, Parkinson's Disease, Tremors, Neuropathy, Pinched Nerves, Carpel Tunnel Syndrome, Brain/Spinal Pathology, and Numbness and Tingling

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Marco A. Renazco, MD
Katy Psychiatry
24215 Kingsland Blvd.
Katy, TX 77494
www.katypsychiatry.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Depression in Pregnancy and Postpartum, Anxiety and Panic Disorder, Bipolar Disorder, ADHD, Obsessive Compulsive Disorder, Schizophrenia, Substance Abuse/Addiction

Nubia Lluberes Rincon, MD
Nubia Lluberes Rincon, MD
4502 Riverston Blvd., Ste. 601
Missouri City, TX 77459
www.nubialluberesrinconmd.com
Population Served: Adults
Types of Services: Individuals
Specialties: Bipolar, Forensic, Mood Disorders, and Schizophrenia

Boris Rubashkin, MD
BHC Behavioral Health Consultants Inc.
9525 Katy Freeway, Ste. 312
Houston, TX 77024
www.bhchouston.com
Population Served: Adults, Geriatric
Types of Services: Individuals
Specialties: Behavioral Issues, Bipolar Disorder, Depression, PTSD, Psychosis, and Traumatic Brain Injury

Kairav Shah, MD
UT Physicians
5115 Ave. H., Ste. 701
Rosenberg, TX 77471
www.utphysicians.com/provider/kairav-shah
Population Served: Adults
Types of Services: Individuals
Specialties: General Psychiatry

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Stephanie Sim, MD.................................................................832-541-0609  
Stephanie C. Sim, MD, PA  
10701 Corporate Drive, Ste. 243  
Stafford, TX 77477  
www.stephaniesimmd.com  
Population Served: Adolescents, Adults  
Types of Services: Individuals  
Specialties: Anxiety, Depression, Bipolar Disorder, Relationship Issues, Women's Issues, Postpartum Depression, Perimenopausal, Cultural and Intergenerational Issues, Social Anxiety, ADHD, PTSD, Abuse, Psychosis, Parenting, Insomnia

Kevin J. Simmons, MD..........................................................281-849-8079  
Simmons Psychiatry  
3777 Sienna Parkway  
Missouri City, TX 77459  
www.simmonspsychiatry.com  
Population Served: Children, Adolescents, Adults  
Types of Services: Individuals, Families  
Specialties: Depression, Anxiety, Panic Disorder, Attention Deficit/Hyperactivity Disorder, Bipolar Disorder, Schizophrenia, Obsessive-Compulsive Disorder, Substance Abuse Disorder, Post-Traumatic Stress Disorders

Shannon L. Sniff, MD............................................................281-499-9402  
Fort Bend Psychiatry  
4502 Riverstone Blvd., #1301  
Missouri City, TX 77459  
www.fortbendpsychiatry.com  
Population Served: Children, Adolescents  
Types of Services: Individuals, Families  
Specialties: Medication Management for ages 5 to 65 years of age, ADHD, Oppositional Defiant Disorder, Anxiety, OCD, Tourette’s Syndrome, PTSD, Panic Disorder, Depression, Bipolar Disorder, Psychotic Disorders, Postpartum Anxiety & Mood Disorders

Martha St. John, MD..............................................................281-497-3500  
11767 Katy Freeway, Ste. 364  
Houston, TX 77079  
www.doctorstjohn.com  
Population Served: Adults  
Types of Services: Individuals  
Specialties: Medication Management, Depression, Transcranial Magnetic Stimulation and Ketamine Infusion Therapy

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Nicole Stahl, MD.............................................................713-332-4388
Cinco Ranch Psychiatry
5757 Flewellen Oaks Lane, Ste. 304
Katy, TX 77441
www.cincoranchpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Autism Spectrum Disorders, Depression, Anxiety Disorders, Obsessive Compulsive Disorder and Psychotic Disorders, Medication Management

Eileen K. Starbranch, MD......................................................713-468-6538
Dr. Eileen K. Starbranch, MD
2600 Gessner Road, Ste. 280
Houston, TX 77080
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: General Psychiatry

Debra Stokan, MD.............................................................281-394-2005
Stokan Jaggers & Associates
23501 Cinco Ranch Blvd., Ste. G270
Katy, TX 77494
www.stokanjaggers.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Emotional and Behavioral Disorders, Medication Management, Evaluations and Interventions

Zachary Sullivan, DO..........................................................713-621-9515
Tarnow Center for Self-Management
1001 West Loop South, Ste. 215
Houston, TX 77027
www.tarnowcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Diagnostic Services, Mood and Anxiety, ADHD, Tourette’s Syndrome, Learning Disorders, Grief and Loss, Parenting, Professional Coaching, College Readiness, Young Adult Launching

Marisa Suppatkul, MD..........................................................713-400-7400
Greater Houston Psychiatric Associates
2901 Wilcrest Drive, Ste. 520
Houston, TX 77042
www.ghpa.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Autism Spectrum Disorders, Obsessive Compulsive Disorder

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Ramana G. Surya, DO
Dr. Ramana Surya, DO
21308 Provincial Blvd.
Katy, TX  77450
Population Served: Adults
Types of Services: Individuals
Specialties: General Psychiatry

Daniel Tan, MD
Dr. Daniel Tan, MD
10101 Southwest Freeway, Ste. 510
Houston, TX 77074
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Psychiatry

Dr. Mudassar Tariq, MD
52 Sugar Creek Center Blvd., Ste. 225
Sugar Land, TX  77478
www.tariqmd.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Sibo, Bipolar, ADHD, Depression, and Oppositional Defiant Disorder

Jay D. Tarnow, MD
Tarnow Center for Self Management
24044 Cinco Village Center Blvd., Ste. 100
Katy, TX  77494
www.katyfamilysolutions.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Childhood and Family Stress, Psychosomatic Illness, Self-Management Disorders

Renu K. Thapar, MD
Dr. Renu Thapar, MD
12121 Richmond Ave., Ste. 114
Houston, TX  77082
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Addiction Psychiatry, Geriatric Psychiatry, Psychosomatic Medicine
Joshua Thomas, MD
Dr. Joshua Thomas, MD
15200 Southwest Freeway, Ste. 266
Sugar Land, TX  77478
www.thomaspsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychiatry and Neurology

Ashley Toutouchi, MD
Dr. Ashley D. Toutouchi, MD
952 Echo Lane, Ste. 210
Houston, TX  77024
www.auramd.com
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Adult ADHD, Anxiety, Depression, Bipolar, Women's Health, Medical Weight Loss, Insomnia and Addictions

Carlos Vargas, MD
Benjamin's Behavioral Health Services
9701 Richmond Ave., Ste. 210
Houston, TX  77042
www.benjamins-bhs.com/meet-our-providers.php
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Social Anxiety, Panic Attacks, ADD/ADHD, Generalized Anxiety, Major Depression, Tourette's Syndrome, PTSD, Autism Spectrum Disorders

Daniella M. White
Midtown Psychiatry and TMS Center
5225 Katy Freeway, Ste. #650
Houston, TX  77007
www.midtownpsychiatrytms.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Mood Disorders, Depression, Bipolar Disorders, Neurodevelopmental Disorders, Anxiety Disorders, Family, Marital, Couples Issues

Huiping Xu, MD
Dr. Huiping Xu, MD
9440 Bellaire Blvd., Ste. 232
Houston, TX  77036
www.psychologytoday.com/us/psychiatrists/whole-health-pllc-houston-tx/248197
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Emotional Disturbance, Anxiety, Behavioral Issues

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796
Jun Yin, MD

UT Physicians
10623 Bellaire Blvd., Ste. C280
Houston, TX  77024
www.utphysicians.com/provider/jun-yin
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Autism Spectrum Disorders, ADHD, ADD, Depression, Bipolar Disorder, Oppositional Defiance Disorder

Ateka Zaki, MD

Psychiatry and Behavior Center of Richmond, TX
7790 West Grand Parkway South, Ste. 103
Richmond, TX  77406
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child, Adolescent and Adult Psychiatry

Janet L. Zoch, MD

River Bend Family Psychiatry
4502 Riverstone Blvd., Ste. 1301
Missouri City, TX  77459
www.riverbendfamilypsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Autism, Depression, Anxiety, and PTSD
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