

# NEW DIMENSIONS DAY HOSPITAL

New Dimensions Day Hospital is a freestanding Psychiatric Day Hospital with locations in both the Clear Lake and The Woodlands areas of Houston, Texas. The hospital is licensed by the Texas Department of State Health Services and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

## Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Depression
- Trauma
- Anxiety
- Addictions
- Alcoholism
- Drug Abuse
- Obsessive Compulsive Disorders
- Bipolar Disorders
- Thoughts of Suicide
- Behavior Problems
- Anger Management

If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 281-333-2284 (Clear Lake) or 800-685-9796 (The Woodlands).

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## HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas. This catalog lists some of these specialties, but is not intended to be a definitive list of specialties and areas of expertise. The catalog is designed to be a starting point in finding a provider. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. There are several different types of mental health professionals to choose from. The list below provides the most common types of mental health credentials.

**Licensed Chemical Dependency Counselor (LCDC)** is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

**Licensed Clinical Social Worker (LCSW)** is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a Master's Degree in Social Work. These therapists are able to work with a variety of problems, including mental health, substance abuse, couples, and family problems.

**Licensed Marriage and Family Therapists (LMFT)** is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a Master's Degree and receive specialized training in working with couples, families, and systems. These therapists are also able to work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples and family problems.

**Licensed Professional Counselor (LPC)** is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a Master's Degree and receive a variety of training in the treatment of mental health issues. They are able to work with a variety of problems, including mental health, substance abuse, couples and family problems.

**Psychologist (PhD)** is licensed by the State of Texas to provide therapy services to individuals, couples and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

**Psychiatrist (MD)** is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.

**ADVOCACY AND REFERRALS**

**211** ..... **211**  
**Types of Services:** Nationwide referral hotline sponsored by United Way

**Advocacy Center for Children of Galveston County** ..... **(409) 741-6000**  
5710 Avenue S 1/2  
Galveston, TX 77551  
*www.galvestoncac.org*  
**Types of Services:** Provides a child friendly approach and environment for evaluating child abuse in Galveston County. Provides crisis therapy, forensic interviews, medical examinations, resource referrals, crisis follow-up and community prevention programs.

**Advocacy Inc.** ..... **(713) 974-7691**  
1500 McGowen  
Houston, TX 77004  
**Types of Services:** Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.

**Aid to Victims of Domestic Abuse** ..... **(713) 224-9911**  
1001 Texas, Ste. 600  
Houston, TX 77002  
*www.avda-tx.org*  
**Types of Services:** Provides advocacy, legal representation, battering intervention and community education and outreach. Also provides group counseling for men who are abusive. Provides Battering Intervention and Prevention Programs.

**Alzheimer's Association** ..... **(713) 314-1313 or (866) 266-0515**  
**Houston and Southeast Chapter**  
6055 South Loop East  
Houston, TX 77087  
*www.alz.org/texas*  
**Types of Services:** Provides information and referral, training, consultation, advocacy and support groups for families dealing with Alzheimer's.

**American Cancer Society** ..... **(800) 266-2345 or 713-266-2877**  
6301 Richmond Ave.  
Houston, TX 77057  
*www.cancer.org*  
**Types of Services:** Provides research, advocacy, education, and services for cancer patients and their families.

**Autism Society of America ..... (409) 925-1869**  
**Texas Gulf Coast Chapter**

P. O. Box 57865  
Webster, TX 77598  
[www.autism-society.org](http://www.autism-society.org)

**Types of Services:** Provides counseling services and support groups.

**Bay Area Alliance for Youth and Families ..... (281) 284-0370**

2145 W. Nasa Blvd.  
Webster, TX 77598  
[www.ccisd.net/alliance](http://www.ccisd.net/alliance)

**Types of Services:** Community coalition made up of youth and adults speaking and acting to bring about a healthier community.

**Big Brothers and Big Sisters ..... (713) 271-5683**

6437 High Star  
Houston, TX 77074  
[www.bbbstx.org](http://www.bbbstx.org)

**Types of Services:** Provides dependable adult friendship and guidance to youth.

**Can Care of Houston, Inc. .... (713) 461-0028**

9575 Katy Frwy., Ste. 428  
Houston, TX 77024  
[www.cancare.org](http://www.cancare.org)

**Types of Services:** Provides support for cancer survivors and their families.

**Cancer Hope Network ..... (877) 467-3638 or (800) 552-4366**

2 North Rd., Ste. A  
Chester, NJ 07930  
[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

**Types of Services:** Non-profit that provides free one-on-one emotional support to adult cancer patients, their caregivers and their families.

**Career & Recovery Resources ..... (713) 754-7000**

2525 San Jacinto  
Houston, TX 77002  
[www.careerandrecovery.org](http://www.careerandrecovery.org)

**Types of Services:** Provides career and employment services to disadvantaged and to those challenged by barriers such as older age, illiteracy, disabilities, homelessness, lack of skills, substance abuse, and at-risk behavior.

**Child Advocates Inc. .... (713) 529-1396**

2401 Portsmouth, Ste. 210  
Houston, TX 77098

[www.childadvocates.org](http://www.childadvocates.org)

**Types of Services:** Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for the children.

**Children's Protective Services ..... (800) 252-5400**

[www.dfps.state.tx.us](http://www.dfps.state.tx.us)

**Types of Services:** Agency mandated to investigate and provide services for children who are physically or sexually abused.

**Coalition for the Homeless of Houston/Harris County ..... (713) 739-7514**

600 Jefferson St., Ste. 2050  
Houston, TX 77002

[www.homelesshouston.org](http://www.homelesshouston.org)

**Types of Services:** Educating and advocating for the needs of the homeless.

**Crisis Hotline of Galveston County ..... (409) 741-8255**

[www.crisishotline.org/content/hotline-galveston.html](http://www.crisishotline.org/content/hotline-galveston.html)

**Types of Services:** Trained phone counselors offer crisis and phone counseling for any problem or crisis.

**Crisis Intervention Hotline ..... (713) 228-1505**

**Types of Services:** Crisis Hotline

**Crisis Intervention of Houston ..... 713-HOTLINE or (713) 468-5463**

3015 Richmond Ave.  
Houston, TX 77098

[www.crisishotline.org](http://www.crisishotline.org)

**Types of Services:** 24-hour crisis hotline

**Department Of Assistive & Rehabilitative Services ..... (800) 628-5115**

4800 North Lamar Blvd.  
Austin, TX 78756

[www.dars.state.tx.us](http://www.dars.state.tx.us)

**Types of Services:** State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Administration.

**Department of Family and Protective Services - Houston ..... (713) 394-4000**

**Galveston Office**  
5710 Ave. S 1/2  
Galveston, TX 77551  
(409) 740-1110

**Rosenberg Office**  
1110 Avenue G  
Rosenberg, TX 77471  
(832) 595-3000

**Texas City Office**  
200 Texas City Ave.,  
Ste. 800  
Texas City, TX 77590  
(409) 948-3481

[www.dfps.state.tx.us](http://www.dfps.state.tx.us)

**Types of Services:** Provides services to abused or neglected children and adults.

**Fibromyalgia Association of Houston, Inc. .... (713) 664-0180**

2343 McClendon St.  
Houston, TX 77030  
[www.fmah.org](http://www.fmah.org)

**Types of Services:** Provides support and education to people with fibromyalgia. Teaches others how to cope with the chronic pain, fatigue and depression associated with the disease. Offers a newsletter 3 times a year, free phone counseling and monthly support meetings.

**Gay & Lesbian Switchboard Houston ..... (713) 529-0037**

401 Branard St.  
Houston, TX 77006  
[www.gayswitchboardhouston.org](http://www.gayswitchboardhouston.org)

**Types of Services:** A 24-hour crisis and information hotline specifically for the gay, lesbian, bisexual and transgender community of Greater Houston.

**Greater Houston Chapter Autism Society of America ..... (713) 513-7575**

P. O. Box 2871  
Houston, TX 77252-2871  
[www.houstonchapterasa.org](http://www.houstonchapterasa.org)

**Types of Services:** Provides advocacy information and emotional support for parents with autistic children.

**Harris County Assistance Programs ..... (713) 513-7575**

[www.needhelpayingbills.com](http://www.needhelpayingbills.com)

**Types of Services:** Provides information on assistance programs, charity organizations, and other resources that will provide help paying bills, mortgage and debt, show how to save money, as well as provide some tips and ways to pay bills when money is tight.

**Harris County District Attorney's Office ..... (713) 755-5888**

**Family Criminal Law Division**

[www.app.dao.hctx.net](http://www.app.dao.hctx.net)

**Types of Services:** Family Criminal Law Division of Harris County



**Harris County Sheriff's Office ..... (713) 967-5743**  
**Domestic Violence Unit**

[www.home.jims.hctx.net/CVictim/len.aspx](http://www.home.jims.hctx.net/CVictim/len.aspx)

**Types of Services:** Provides assistance in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and list of shelters for those affected by domestic violence.

**Healthcare for the Homeless, Houston ..... (713) 276-3073**

3701 Kirby, Ste. #600

Houston, TX 77098

[www.homeless-healthcare.org](http://www.homeless-healthcare.org)

**Types of Services:** Promotes health, hope and dignity for Houston's homeless through accessible and comprehensive care.

**Heart Education Advocacy Resource Team ..... (281) 731-7964**

2323 Clear Lake City Blvd., Ste. 108-309

Houston, TX 77062

[www.heartadvocates.com](http://www.heartadvocates.com)

**Types of Services:** Helps parents navigate through the special education process, educate parents on their children's rights, and assist parents in obtaining individualized, appropriate educational programming for their children.

**Houston Center for Independent Living ..... (713) 974-4621**

**Houston Center**

6201 Bonhomme Rd., Ste. 150 South

Houston, TX 77036

[www.hcil.cc](http://www.hcil.cc)

**Types of Services:** Provides information and referral, peer support, advocacy, training, and coordination of services for individuals with disabilities.

**Brazoria County Center**

1104-D E. Mulberry

Angleton, TX 77515

(888) 872-7957

**Houston Food Bank ..... (713) 223-3700**

535 Portwall St.

Houston, TX 77029

[www.houstonfoodbank.org](http://www.houstonfoodbank.org)

**Types of Services:** Gives aid to Houston's hungry, homeless, unemployed and all others in need of food assistance through food drives, TANF, and volunteers.

**Houston Police Department ..... (713) 308-1100**

**Domestic Violence Unit**

[www.houstontx.gov/police/fvu/index.htm](http://www.houstontx.gov/police/fvu/index.htm)

**Types of Services:** Provides support and counseling to victims of domestic abuse.

**Innovative Alternatives, Inc. .... (713) 222-2525**

1335 Regents Park Dr. Building II, Ste. 240  
Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Types of Services:** Provides employee wellness and business enhancement for companies experiencing change, growth or distress, reconciliation for families in conflict, healing and direction for individuals facing tragic and/or life changing events.

**Interfaith Caring Ministries ..... (281) 332-3881**

151 Park Avenue  
League City, TX 77573

[www.icmtx.org](http://www.icmtx.org)

**Types of Services:** Interfaith Caring Ministries (ICM) assists southern Harris and northern Galveston County, Texas, residents, who have a documented financial crisis.

**Mental Health America of Greater Houston ..... (713) 523-8963**

2211 Norfolk, Ste. 810  
Houston, TX 77098

[www.mhahouston.org](http://www.mhahouston.org)

**Types of Services:** Mental health education and advocacy organization focused on shaping the mental health of people and communities in the areas of children and education, integrated care, chronic illnesses, women, veterans and aging. Provides services to mentally ill through education and advocacy.

**Military OneSource ..... (800) 342-9647 or (877) 888-0727**

[www.militaryonesource.mil](http://www.militaryonesource.mil)

**Types of Services:** Offers specialized information and referral for military personnel and their families. Mental Health Counseling - Provides a referral for six sessions per issue to professional civilian counselors at no cost to service members and family members. Specialized Information and Referral - Provides information and referral for issues such as child care, education, financial and legal concerns, health care, work concerns, and deployment-related issues.

**Money Management International ..... (713) 923-2227**

14141 Southwest Frwy., Ste. 1000  
Sugar Land, TX 77478

[www.moneymanagement.org](http://www.moneymanagement.org)

**Types of Services:** Debt counseling

**NAMI Greater Houston ..... (713) 970-4419**

[www.namigreaterhouston.org](http://www.namigreaterhouston.org)

**Types of Services:** Promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination and increased public understanding of mental illness.

**National Domestic Violence Hotline ..... (800) 799-7233**

*www.thehotline.org*

**Types of Services:** Domestic Violence Resources

**National Runaway Safeline ..... (800) 786-2929 or (800) 392-3352**

*www.1800runaway.org*

**Types of Services:** Crisis Hotline for teens thinking about running away from home or for runaways ready to go home.

**National Suicide Prevention Lifeline ..... (800) 784-2433 or (800) 273-8255**

*www.suicidepreventionlifeline.org*

**Types of Services:** Crisis Hotline to help callers find reasons for living. Also serves as a resource for veterans in crisis.

**National Teen Dating Abuse Helpline ..... (866) 331-9474**

*www.loveisrespect.org*

**Types of Services:** Referrals to teens affected by dating abuse

**Neighborhood Centers Inc. - Senior Center ..... (281) 282-6073**

1300-A Bay Area Blvd., Ste. 109

Houston, TX 77058

*www.iamforgood.org*

**Types of Services:** Provides seniors a place to gather, have activities, receive hot meals and nutrition counseling.

**Rape, Abuse & Incest National Network ..... (800) 656-HOPE (4673)**

**RAINN - National Sexual Assault Hotline**

1220 L Street, NW, Ste. 505

Washington, DC 20005

*www.rainn.org*

**Types of Services:** RAINN operates the National Sexual Assault Hotline and online hotline ([online.rainn.org](http://online.rainn.org)) in partnership with more than 1,100 local rape crisis centers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice.

**Resource and Crisis Center ..... (409) 763-1441 or (409) 465-7233  
of Galveston County**

1802 Broadway, Ste. 122  
Galveston, TX 77550

[www.rccgc.org](http://www.rccgc.org)

**Types of Services:** Provides safety to victims of family and sexual violence and assists with legal protection through protective orders, safety planning and safe shelter. Provides emotional support, comfort and empowerment through support groups, case management, medical and court accompaniment. Provides for the best interest of children in foster care through CASA (Court Appointed Special Advocates), a volunteer driven program that advocates for the right of every child to have protection, safety, and a childhood. Advocates on behalf of clients through services, resources, and life planning strategies. Provides information on the cycle of violence, educating individuals and groups, collaborating with other agencies, and motivating others to assist towards prevention.

**Salvation Army - Pasadena Corps ..... (713) 378-0020**

2732 Cherrybrook Ln.  
Pasadena, TX 77502

[www.salvationarmyhouston.org/Pasadena](http://www.salvationarmyhouston.org/Pasadena)

**Types of Services:** Provides social services, financial assistance, and a food pantry for the working poor, youth character-building and sports programs, daily meals, social and recreational activities for seniors.

**Salvation Army - Social Services ..... (713) 658-9205**

2208 Main St.  
Houston, TX 77002

[www.salvationarmyhouston.org/social-services](http://www.salvationarmyhouston.org/social-services)

**Types of Services:** Provides temporary emergency assistance to individuals and families. Provides rent, mortgage, water bill, food, and clothing assistance to qualified adults.

**Teen Crisis Hotline ..... 713-529-TEEN**

3701 Kirby Dr., Ste. 540  
Houston, TX 77098

[www.crisishotline.org](http://www.crisishotline.org)

**Types of Services:** 24-hour crisis hotline for teens to talk about their problems with other teens who are trained to help.

**Texas Advocacy Project ..... (800) 374-HOPE or (512) 476-5377**

1524 S IH-35, Box 19  
Austin, TX 78704

[www.texasadvocacyproject.org](http://www.texasadvocacyproject.org)

**Types of Services:** The Texas Advocacy Project offers free legal services statewide to victims of domestic abuse, sexual assault, and stalking. The program files emergency protective orders, safety plan development, and referrals for shelter locations. Also advocates for victims of teen dating violence.

**Texas Crime Victims Compensation Fund ..... (800) 983-9933**

P. O. Box 12198  
Austin, TX 78773

[www.texasattorneygeneral.gov/victims](http://www.texasattorneygeneral.gov/victims)

**Types of Services:** Helps innocent victims and their families when they have no financial means to pay for the cost of a crime. Provides funds for counseling.

**Texas Department of Aging and Disability Services (DADS) .....**

**Brazoria County**

794 S. Brazos Port Blvd.  
Clute, TX 77531  
(800) 500-4266  
(713) 692-1635

**Galveston County**

123 Rosenberg  
Galveston, TX 77550  
(800) 881-3006  
(409) 763-0277

[www.dads.state.tx.us/services/contact.cfm](http://www.dads.state.tx.us/services/contact.cfm)

**Types of Services:** Provides hospice, adult day care, nursing homes, general community, senior citizens' services, home health agency, and disability services referral information.

**Texas Youth & Runaway Hotline ..... (800) 989-6884**

[www.dfps.state.tx.us/youth\\_hotline](http://www.dfps.state.tx.us/youth_hotline)

**Types of Services:** Provides prevention services to youth, parents, siblings, and other family members who are in need of a caring voice and listening ear.

**The Bread of Life, Inc. .... (713) 650-0595**

1703 Gray St.  
Houston, TX 77003

[www.breadoflifeinc.org](http://www.breadoflifeinc.org)

**Types of Services:** Provides assistance to the homeless, those with AIDS, and the hungry by providing a transitional living facility for men with substance abuse, serving breakfast and lunch for the homeless each day, aiding with rent and bill payment, and by hosting free HIV testing and prevention programs.

**The Medicine Program ..... (573) 996-7300**

P. O. Box 515  
Doniphan, MO 63935-0515

[www.themedicineprogram.com](http://www.themedicineprogram.com)

**Types of Services:** The Medicine Program is a patient advocacy organization helping individuals and families all across America get access to up to 2,500 prescription medications available today for free or nearly free of charge through Patient Assistance Programs (PAPs).

**United Way Information and Referral ..... (281) 282-6000**

1300-A Bay Area Blvd., Bldg. A  
Houston, TX 77058

[www.referral.uwtgc.org](http://www.referral.uwtgc.org)

**Types of Services:** Information and referral resources for basic needs, consumer services, criminal justice and legal services, education, health care, mental health care and counseling and disaster services.

**Worksource Solutions ..... (888) 469-JOBS or (888) 469-5627**

See Site For Locations

[www.theworksource.org](http://www.theworksource.org)

**Types of Services:** Helps individuals find jobs.

**YMCA Young Men's Christian Association ..... (713) 643-4396  
of Greater Houston**

7903 South Loop East  
Houston, TX 77012

[www.ymahouston.org](http://www.ymahouston.org)

**Types of Services:** Provides activities for adolescents and adults.

**EDUCATION**

**Bay Area Speech and Language ..... (281) 480-7554 ext. 2733**

17555 El Camino Real  
Houston, TX 77058

[www.bayareaspeechlanguagelearningassociates.com](http://www.bayareaspeechlanguagelearningassociates.com)

**Types of Services:** Speech Language Pathologist for children, adolescents, and adults

**Bay Area Tutoring and Reading Clinic ..... (281) 488-4431**

16815 Royal Crest, Ste. 110  
Houston, TX 77058

[www.bataclinics.com](http://www.bataclinics.com)

**Types of Services:** Provides tutoring for kindergarten through college.

**Space City Tutoring and Learning Center, LLC ..... (713) 408-3703**

16302 Sea Lark Rd., Ste. C  
Houston, TX 77062

[www.spacecitytutors.com](http://www.spacecitytutors.com)

**Types of Services:** Tutoring and Learning Center for students from kindergarten to 12th grade.

**HIV/AIDS RESOURCES**

**AIDS Foundation Houston, Inc. .... (713) 623-6796**

6260 Westpark Dr., Ste. 100  
Houston, TX 77057  
[www.aidshelp.org](http://www.aidshelp.org)

**Types of Services:** Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.

**Bering Omega Community Services ..... (713) 529-6071**

1429 Hawthorne St.  
Houston, TX 77006  
[www.beringomega.org](http://www.beringomega.org)

**Types of Services:** Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

**Brentwood Community Foundation ..... (713) 852-1452**

13033 Landmark St.  
Houston, TX 77045  
[www.brentwoodfoundation.org](http://www.brentwoodfoundation.org)

**Types of Services:** Provides services for people living with HIV/AIDS.

**RESIDENTIAL TREATMENT AND HOSPITALS**

**Alcohol/Drug Abuse Women's Center ..... (409) 763-5516**

201 1st St.  
Galveston, TX 77550

**Main Office**  
712 5th Avenue N  
Texas City, TX 77590

[www.adawomenscenter.org](http://www.adawomenscenter.org)

**Types of Services:** Provides chemical dependency treatment for medically indigent women in Galveston and Brazoria Counties.

**American Addiction Centers ..... (888) 300-3332**

115 East Park Dr., 2<sup>nd</sup> Flr.  
Brentwood, TN 37027  
[www.americanaddictioncenters.com](http://www.americanaddictioncenters.com)

**Types of Services:** American Addiction Centers is a national behavioral healthcare provider focused on addiction treatment and rehabilitation. Six residential treatment centers located throughout the United States with a program focused on addressing the individual's whole lifestyle in relation to substance abuse, alcohol and binge eating. These programs are 12-step based and also address dual diagnosis.

**Aspen Education Group ..... (888) 972-7736**

20400 Stevens Creek Blvd., 6<sup>th</sup> Flr.  
Cupertino, CA 95014

[www.aspeneducation.crchealth.com](http://www.aspeneducation.crchealth.com)

**Types of Services:** Services range from short-term intervention programs to residential treatment, and include a variety of therapeutic interventions including: boarding schools, wilderness therapy, residential treatment, and summer camp. Programs serve children, teenagers and young adults.

**Austin Recovery ..... (800) 373-2081**

8402 Cross Park Dr.  
Austin, TX 78754

[www.austinrecovery.org](http://www.austinrecovery.org)

**Types of Services:** Provides residential chemical dependency treatment for adults.

**Barbara Jordan Healthcare Center ..... (713) 331-2611  
(Riverside General Hospital)**

4514 Lyons Ave.  
Houston, TX 77020

[www.riversidegeneralhospital.org](http://www.riversidegeneralhospital.org)

**Types of Services:** Provides outreach, screening, assessment and referral services for substance abuse issues for adults and teens.

**Bay Area Recovery Center ..... (281) 337-1343**

4316 Washington St.  
Dickinson, TX 77539

[www.bayarearecovery.com](http://www.bayarearecovery.com)

**Types of Services:** Provides Detox, Inpatient, Partial Hospitalization and Outpatient treatment for adults with substance abuse issues. Several locations throughout the Houston area.

**Behavioral Hospital of Bellaire ..... (713) 600-9500 or 800-423-0017**

5314 Dashwood Dr.  
Houston, TX 77081

[www.bhbhospital.com](http://www.bhbhospital.com)

**Types of Services:** Psychiatric hospital and alcohol & drug rehab center offering mental health counseling services and chemical dependency programs to adolescents, adults and seniors.

**Ben Taub Hospital ..... (713) 873-2000**

1504 Taub Loop  
Houston, TX 77030

[www.harrishealth.org](http://www.harrishealth.org)

**Types of Services:** Psychiatric Crisis Services



**Benchmark Recovery Center ..... (866) 905-4550 or (512) 278-4550**

11503 Parsons Rd.

Manor, TX 78653

[www.benchmarkcenter.com](http://www.benchmarkcenter.com)

**Types of Services:** Adult male residential drug and alcohol recovery for a minimum stay of 90 days. Private pay.

**Brazoria County Youth Homes, Inc. .... (979) 233-7281**

3315 FM 523 Rd.

Freeport, TX 77541

[www.thechildrenscenterinc.org](http://www.thechildrenscenterinc.org)

**Types of Services:** Provides residential care for children ages 7-18 who have been abandoned or neglected.

**Brazos Place ..... (979) 233-3826**

1103 North Avenue H

Freeport, TX 77541

[www.brazosplace.org](http://www.brazosplace.org)

**Types of Services:** Provides residence for medically stable adults recovering from alcohol and drug addiction. The program is a transitional residential program that assists clients in continual treatment after discharge.

**BrookHaven Retreat ..... (877) 817-3422**

1016 I.C. King Rd.

Sevierville, TN 37865

[www.brookhavenretreat.com](http://www.brookhavenretreat.com)

**Types of Services:** Residential treatment facility specially designed to help women overcome emotional or addiction challenges.

**Burke Center ..... Crisis Line: 800-392-8343 or (936) 639-1141**

2001 South Medford Dr.

Lufkin, TX 75901

[www.burke-center.org](http://www.burke-center.org)

**Types of Services:** Provides substance abuse services to adolescents and adults. Services include sub-acute detox (adults only), residential and outpatient treatment and family services.

**Burning Tree Recovery Ranch ..... (866) 287-2877**

P. O. Box 757

Kaufman, TX 75142

[www.burningtreeranch.com](http://www.burningtreeranch.com)

**Types of Services:** Provides long term residential treatment for adults with alcohol and drug abuse issues.

**Cambridge Hospital ..... (713) 795-5025**

7601 Fannin

Houston, TX 77054

[www.cambridgehospitalhouston.com](http://www.cambridgehospitalhouston.com)

**Types of Services:** Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

**Capstone Treatment Center ..... (866) 729-4479**

P. O. Box 8241

Searcy, AR 72145

[www.capstonetreatmentcenter.com](http://www.capstonetreatmentcenter.com)

**Types of Services:** Capstone Treatment Center is a licensed residential program for young adult and adolescent males; young adults 18-24 and adolescents 14-17, who struggle with chemical dependency, substance abuse, sexual addiction / compulsivity, trauma, family conflict, and personal problems including: loss, abandonment, attachment issues, hurts, anger, abuse, depression, low self-esteem, defiance and a rebellious attitude.

**Cedar Crest Hospital ..... (855) 875-5051 or (254) 939-2100**

3500 S. IH-35

Belton, TX 76513

[www.cedarcresthospital.com](http://www.cedarcresthospital.com)

**Types of Services:** Inpatient psychiatric services for adults, military personnel, senior adults, adolescents and children; residential treatment center for adolescents; partial hospitalization program for adolescents and children.

**Cenikor Foundation ..... 888-236-4567 or 281-476-0088**

4525 Glenwood Ave.

Deer Park, TX 77536

[www.cenikor.org](http://www.cenikor.org)

**Types of Services:** Provides residential chemical dependency treatment for adults.

**Center for Change ..... 888-224-8250 or (801) 224-8255**

1790 North State St.

Orem, UT 84057

[www.centerforchange.com](http://www.centerforchange.com)

**Types of Services:** Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.

**Centers for Adolescent Recovery ..... (210) 865-0763  
& Education CARE Schools**

747 East St. George Blvd.  
St. George, UT 84770  
[www.careschools.org](http://www.careschools.org)

**Types of Services:** Provides adolescent recovery & education programs in residential settings. Provides mental health services to adolescents ages 12-17.

**Christus New Horizons Center ..... (409) 765-1479**

728 Church St.  
Galveston, TX 77550

**Types of Services:** Provides mental health and substance abuse residential services to adults.

**Chrysalis School ..... (888) 317-9297 or (406) 889-5577**

77 Trails End Rd.  
Eureka, Montana 59917  
[www.chrysalisschoolmontana.com](http://www.chrysalisschoolmontana.com)

**Types of Services:** Therapeutic boarding school for adolescent girls ages 13-18. Chrysalis staff provide residential living and therapy to help girls develop healthy coping, living, communication and interpersonal skills.

**Comprehensive Psychiatric Emergency ..... (713) 970-7070 or (713) 970-4640  
Program of MHMRA**

1502 Taub Loop  
Houston, TX 77030  
[www.mhmraharris.org](http://www.mhmraharris.org)

**Types of Services:** Crisis and emergency center that is open 24 hours a day, 7 days a week. It is the main public mental health emergency program in Harris County. Serves children, adolescents and adults.

**Covenant House ..... (713) 523-2231**

1111 Lovett Blvd.  
Houston, TX 77006  
[www.covenanthouse.org](http://www.covenanthouse.org)

**Types of Services:** Provides shelter for homeless, abused and abandoned youth ages 18-20. Services include a crisis shelter, free medical care, comprehensive case management, mental health and substance abuse counseling, educational and vocational training, life skills training, a transitional living program, a permanent housing program, spiritual guidance and counseling, street outreach services, a runaway prevention program and an after-care program.

**Cypress Creek Hospital ..... (281) 586-7600**

17750 Cali Dr.

Houston, TX 77090

[www.cypresscreekhospital.com](http://www.cypresscreekhospital.com)

**Types of Services:** Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.

**Devereux Hospital ..... (281) 335-1000**

1150 Devereux Dr.

League City, TX 77573

[www.devereuxtx.org](http://www.devereuxtx.org)

**Types of Services:** Specializes in the treatment of children, adolescents and adults experiencing a wide-range of intellectual, emotional and developmental challenges through a variety of services including hospitalization, residential, and outpatient programs. Long-term residential and foster care programs available.

**Extended Aftercare, Inc. .... (866) 912-0315 or (713) 695-8403**

5002 North Shepherd Dr.

Houston, TX 77018

[www.extended-aftercare.com](http://www.extended-aftercare.com)

**Types of Services:** Provides residential treatment for adult male substance abusers. Provides a 90 day Level III chemical dependency residential treatment facility for adult males.

**Falcon Ridge Ranch ..... (435) 635-5260**

633 East Highway 9

Virgin, UT 84779

[www.falconridgeranch.com](http://www.falconridgeranch.com)

**Types of Services:** Falcon Ridge Ranch is a residential treatment center for adolescent females ages 12-17 who are experiencing emotional and behavioral problems. Falcon Ridge features equine therapy that is fully integrated into everything that goes on at the ranch.

**Harris County Psychiatric Center ..... (713) 741-5000**

2800 South MacGregor Way

Houston, TX 77021

[www.hcpc.uth.tmc.edu/index.htm](http://www.hcpc.uth.tmc.edu/index.htm)

**Types of Services:** Provides psychiatric inpatient and outpatient treatment for children, adolescents and adults.

**Hazelden ..... (800) 257-7810**

P. O. Box 11

Center City, MN 55012

[www.hazelden.org](http://www.hazelden.org)

**Types of Services:** Provides residential substance abuse treatment.

**Hope Foundation for Retarded Children Inc. .... (281) 482-7926**

15403 Hope Village Rd.  
Friendswood, TX 77546  
[www.hope-village.com](http://www.hope-village.com)

**Types of Services:** Provides a residence and services for mentally handicapped children and adults.

**House of Extra Measures - Men ..... (832) 439-8171**

240 West 23rd St.  
Houston, TX 77008  
[www.thehouseofextrameasures.com](http://www.thehouseofextrameasures.com)

**Types of Services:** Provides supportive programming and structured communal living for men ages 18 - 30 who are newly recovering from addiction.

**House of Extra Measures - Women ..... (832) 656-7296**

803 Bayland Ave.  
Houston, TX 77009  
[www.thehouseofextrameasures.com](http://www.thehouseofextrameasures.com)

**Types of Services:** Provides structured communal living for women aged 19 and older who are newly recovering from addiction.

**Houston Eating Disorders Center ..... (713) 750-9607**

701 North Post Oak Rd., Ste. 205  
Houston, TX 77024  
[www.houstonedc.com](http://www.houstonedc.com)

**Types of Services:** Provides partial day hospital, intensive outpatient and outpatient treatment for eating disorders.

**Houston Recovery Center (Sobering Center) ..... (713) 236-7800**

150 North Chenevert St., Ste. 100  
Houston, TX 77002  
[www.houstonrecoverycenter.org](http://www.houstonrecoverycenter.org)

**Types of Services:** Provides counseling, assessments, and referrals to treatment for people arrested for public intoxication.

**InnerChange ..... (888) 892-1298**

[www.innerchange.com](http://www.innerchange.com)

**Types of Services:** InnerChange provides educational, treatment, and recovery programs for adolescents and young adults experiencing emotional or behavioral difficulties. Residential treatment and transitional living programs are clinically sophisticated and designed to facilitate whole-family healing.

**IntraCare North Hospital - North ..... (281) 893-7200**

1120 Cypress Station Dr.  
Houston, TX 77090

[www.intracarehospital.com](http://www.intracarehospital.com)

**Types of Services:** Provides short term hospitalization for adults, adolescents and children with psychiatric and substance abuse issues.

**Kingwood Pines Hospital ..... (281) 404-1001**

2001 Ladbrook Dr.  
Kingwood, TX 77339

[www.kingwoodpines.com](http://www.kingwoodpines.com)

**Types of Services:** Provides inpatient psychiatric programs for children, adolescents, adults, and seniors. Provides chemical dependency treatment for adults. Provides partial intensive outpatient programs for adolescents and adults.

**La Hacienda Treatment Center ..... (800) 749-6160**

P. O. Box 1  
Hunt, TX 78024

[www.lahacienda.com](http://www.lahacienda.com)

**Types of Services:** Provides medical detoxification and residential substance abuse services for young adults (18-24) and adults. Services include treatment for co-occurring disorders.

**Lava Heights Academy ..... (866) 452-8772 or (435) 635-0300**

730 Spring Dr.  
Toquerville, UT 84774

[www.lavaheightsacademy.com](http://www.lavaheightsacademy.com)

**Types of Services:** An evidence-based residential treatment center for troubled teens, both boys and girls ages 12 to 18, who are struggling with personal identity issues that are causing significant problems in other areas of their lives.

**Lifeskills Of Boca Raton ..... (800) 749-7149**

7700 West Camino Real, Ste. 100  
Boca Raton, FL 33433

[www.lifeskillsofboca.com](http://www.lifeskillsofboca.com)

**Types of Services:** Provides comprehensive extended care residential treatment for substance abuse and co-occurring disorders.

**Magnificat Houses ..... (713) 520-0461**

3300 Caroline St.  
Houston, TX 77004

[www.magnificathousesinc.org](http://www.magnificathousesinc.org)

**Types of Services:** Provides community residences for mentally ill, adults with HIV, homeless adults and children, addicts, and abused women.

**Mainland Center Hospital - Institute for Living ..... (409) 938-5474**

6801 Emmett F. Lowry Expwy  
Texas City, TX 77591

[www.mainlandmedical.com/service/senior-mental-health](http://www.mainlandmedical.com/service/senior-mental-health)

**Types of Services:** Provides geriatric psychiatric services.

**Memorial Hermann ..... (713) 939-7272 or (877) 464-7272  
Prevention and Recovery Center (PaRC)**

3043 N. Gessner  
Houston, TX 77080

[www.parc.memorialhermann.org](http://www.parc.memorialhermann.org)

**Types of Services:** Provides adult and adolescent chemical dependency detoxification and treatment along with inpatient, residential, partial day, intensive outpatient treatment and aftercare programs using a 12 Step model.

**Menninger Clinic ..... (800) 351-9058 or 713-275-5000**

12301 South Main St.  
Houston, TX 77035

[www.MenningerClinic.com](http://www.MenningerClinic.com)

**Types of Services:** Provides inpatient treatment for adolescents and adults with complex mental illness including severe mood, personality, anxiety and addictive disorders.

**Meridell Achievement Center ..... (800) 366-8656**

12550 Highway 29  
Liberty Hill, TX 78642

[www.meridell.com](http://www.meridell.com)

**Types of Services:** Provides psychiatry and neuropsychiatry for children ages 5-11 and adolescents ages 12-17.

**Methodist Hospital ..... (713) 790-3599**

6565 Fannin  
Houston, TX 77030

[www.bcm.edu/psychiatry](http://www.bcm.edu/psychiatry)

**Types of Services:** Provides inpatient and partial day psychiatric services for adults.

**Mount Pleasant Academy ..... (866) 439-8110 or (801) 899-4111**

1100 South 70 West  
Mt. Pleasant, UT 84647

[www.mtpleasantacademy.com](http://www.mtpleasantacademy.com)

**Types of Services:** Residential treatment program designed to assist adolescent troubled boys and their families who are struggling with compulsive sexual behaviors, sensitive sexual issues, and/or electronic addictions.

**NeuroPsychiatric Center (NPC) ..... (713) 970-4640**

1502 Taub Loop  
Houston, TX 77030

[www.mhmrharris.org/neuro-psychiatric-center.asp](http://www.mhmrharris.org/neuro-psychiatric-center.asp)

**Types of Services:** Provides crisis and emergency care for children, adolescents and adults with mental health emergencies, 24 hours a day, 7 days a week, regardless of an individual’s ability to pay.

**New Dimensions Day Hospital ..... (281) 333-2284**

1345 Space Park Dr., Ste. C  
Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Types of Services:** New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults and adolescents 13 years of age and older. Provides behavioral health and substance abuse programs designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems. A multi-disciplinary team assists individuals in identifying the root causes of their problems and in implementing strategies to overcome those problems and develop healthy lifestyles.

**New Haven ..... (888) 317-3958 or (801) 794-1218**

**Residential Treatment Center**

2172 E. 7200 South  
Spanish Fork, UT 84660

**Types of Services:** Provides residential treatment and a boarding school for teen girls ages 12-18.

**Northbound Treatment Centers ..... (866) 538-4356**

**Newport Beach, CA (Intake)**

4343 Von Karman Ave., Ste. 100  
Newport Beach, CA 92660-5950  
(949) 650-4334

[www.livingsober.com](http://www.livingsober.com)

**Types of Services:** Residential program offering residential detox and treatment for adult men and women suffering from drug addiction. Accepts major insurance plans.

**St. Louis, MO (Intake)**

333 South Kirkwood Rd., Ste. 303  
Kirkwood, MO 63122  
(866) 319-2301

**Oakley School ..... (855) 842-5594 or (435) 783-5001**

251 West Weber Canyon Rd.  
Oakley, UT 84055

[www.oakley-school.com](http://www.oakley-school.com)

**Types of Services:** Residential treatment center that provides high school aged males and females with a college preparatory environment. Students have begun treatment in other settings but are struggling with issues such as depression, anxiety, unrealistic self-image, unresolved trauma and/or family conflict.



**Odyssey House ..... (713) 726-0922**

5629 Grapevine St.  
Houston, TX 77085

[www.odysseyhousetexas.com](http://www.odysseyhousetexas.com)

**Types of Services:** Provides long-term residential treatment on sliding scale for chemically dependent adolescents (ages 13-17).

**Open Door Mission ..... (713) 921-7520**

5803 Harrisburg Blvd.  
Houston, TX 77011

[www.opendoorhouston.org](http://www.opendoorhouston.org)

**Types of Services:** A faith and evidence based recovery and rehabilitation facility dedicated to transforming the lives of the most severely addicted, destitute, homeless and disabled men in the Houston community.

**Origins Recovery Centers ..... (956) 772-9200 or Toll Free: (888) 843-8935**

4610 Padre Blvd.  
South Padre Island, TX 78597

[www.originsrecovery.com](http://www.originsrecovery.com)

**Types of Services:** Provides long-term residential inpatient treatment for adults with needs for addiction treatment and co-occurring disorders of mental illness and chemical dependency.

**Pasadena Villa ..... (877) 845-5235 or (407) 246-0887**

**Network of Services**

***Smokey Mountain Lodge***

3889 Wonderland Ln.  
Sevierville, TN 37862

[www.pasadenavilla.com](http://www.pasadenavilla.com)

**Types of Services:** Provides individualized psychiatric and psychotherapeutic care for adults who suffer with severe and persistent mental illness.

***Pasadena Villa - Orlando***

119 Pasadena Pl.  
Orlando, FL 32803

**Passages for Women ..... (713) 957-4910**

7722 Westview Dr.  
Houston, TX 77055-5029

**Types of Services:** Provides residential treatment for women who have completed their primary treatment for alcoholism and chemical dependency.

**Pathway to Recovery - Men ..... (888) 300-3697**

**LaMarque Facility**

2119 Oak St.

La Marque, TX 77568

Phone: (409) 933-4366

Phone: (409) 938-7736

[www.pathwaytorecovery.com](http://www.pathwaytorecovery.com)

**Types of Services:** Provides residential services, partial day treatment, intensive outpatient, and supportive outpatient and aftercare for drug addiction and alcoholism.

**Angleton Facility**

135 W. Locust

Angleton, TX 77515

Phone: (979) 549-0385

Phone: (979) 549-0062

**Pathway to Recovery - Women ..... (888) 300-3697**

1224 Linton Dr.

La Marque, TX 77568

[www.pathwaytorecovery.com/womensrehabtexas.php](http://www.pathwaytorecovery.com/womensrehabtexas.php)

**Types of Services:** Provides inpatient, residential treatment, partial hospitalization, intensive outpatient, supportive outpatient and aftercare for adult women who are addicted to alcohol, illegal drugs, or prescription medication. Also accepts females with co-occurring disorders.

**Pavillon International ..... (800) 392-4808 Admissions  
.....(828) 694-2300 Questions**

241 Pavillon Pl.

Mill Spring, NC 28756

[www.pavillon.org](http://www.pavillon.org)

**Types of Services:** Residential treatment center for chemical dependency for adults.

**Phoenix House ..... (888) 286-5027 or (877) 769-9698**

501 Garden Oaks Blvd

Houston, TX 77018

**Northbrook Atrium Plaza**

2351 W. Northwest Hwy., Ste. 3265

Dallas, TX 75220

(214) 920-1628

[www.phoenixhouse.org](http://www.phoenixhouse.org)

**Types of Services:** Offers intensive and supportive outpatient services for adolescents and adults struggling with substance abuse and co-occurring disorders.

**Pride Institute ..... (800) 54-PRIDE or (800) 547-7433**

[www.pride-institute.com](http://www.pride-institute.com)

**Types of Services:** Provides residential substance abuse and psychiatric treatment for gay, lesbian, bisexual and transgender patients. Provides treatment for sexual compulsivity and sexual anorexia.

**Recovering Matters - Men ..... (713) 750-9908**

1640 Oak Tree Dr.

Houston, TX 77080

[www.recoveringmatters.com](http://www.recoveringmatters.com)

**Types of Services:** Structured residential sober living for young men ages 18-40.

**Recovering Matters - Women ..... (713) 750-9908**

15702 Australia St.

Jersey Village, TX 77040

[www.recoveringmatters.com](http://www.recoveringmatters.com)

**Types of Services:** Structured residential sober living for women ages 18+.

**Red Rock Canyon School ..... (800) 635-4441 or (435) 673-6111**

747 East St. George Blvd.

St. George, UT 84770

(877) 705-7831

[www.redrockcanyonschool.com](http://www.redrockcanyonschool.com)

**Types of Services:** Residential treatment centers for teens - boys and girls - with emotional and behavioral problems.

**Remuda Ranch ..... (866) 390-5100 or (800) 445-1900**

1 E Apache St.

Wickenburg, AZ 85390

[www.remudaranch.com](http://www.remudaranch.com)

**Types of Services:** Residential hospital program for adolescent girls (ages 8-17) and adult women (ages 18+) suffering from eating disorders including anorexia, bulimia, binge eating disorder, obesity and compulsive overeating.

**Resolution Ranch ..... (254) 718-3364**

2274 County Rd., Ste. 203

Cameron, TX 76520

[www.resolutionranch.com](http://www.resolutionranch.com)

**Types of Services:** Therapeutic residential boarding school providing treatment for mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.

**Richmond State School ..... (281) 232-2075 or (281) 344-4335**

2100 Preston St.

Richmond, TX 77469

[www.dads.state.tx.us/services/SSLC/richmond.html](http://www.dads.state.tx.us/services/SSLC/richmond.html)

**Types of Services:** Provides residential care, treatment, and training for mentally retarded persons.

**Salvation Army - Evangeline Booth Garden Apartments ..... (713) 920-1844**

2627 Cherrybrook Ln.

Pasadena, TX 77502

[www.salvationarmyhouston.org/EvangelineBooth](http://www.salvationarmyhouston.org/EvangelineBooth)

**Types of Services:** Provides the elderly with safe, affordable housing to enrich their overall quality of life.

**Salvation Army - Harbor Light Center ..... (713) 224-2875**

2407 North Main  
Houston, TX 77009

[www.salvationarmyhouston.org/HarborLight](http://www.salvationarmyhouston.org/HarborLight)

**Types of Services:** Provides a comprehensive response to the increasing needs of Houston's homeless and addicted men. Offers access to immediate and long-term shelter, medical screening and referral, and a spiritual approach to recovery and self-sufficiency.

**Salvation Army - Sally's House ..... (713) 223-8889**

1717 Congress Ave.  
Houston, TX 77002

[www.salvationarmyhouston.org/sallyshouse](http://www.salvationarmyhouston.org/sallyshouse)

**Types of Services:** A transitional shelter for single women who have already completed an alcohol/drug detoxification program. Provides a safe and compassionate environment for the next phase of their recovery.

**San Jacinto Methodist Hospital ..... (281) 420-6736**

4401 Garth Rd.  
Baytown, TX 77521

[www.methodisthealth.com](http://www.methodisthealth.com)

**Types of Services:** Provides psychiatric and chemical dependency detoxification and treatment for adults.

**San Marcos Treatment Center ..... (800) 848-9090**

120 Bert Brown Rd.  
San Marcos, TX 78666

[www.sanmarcostc.com](http://www.sanmarcostc.com)

**Types of Services:** Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric/neurodevelopmental or psychiatric problems or sexual behavior problems.

**Santa Maria Hostel, Inc. - Jacquelyn House ..... (713) 957-2413**

2005 Jacquelyn Dr.  
Houston, TX 77055

[www.santamariahostel.org](http://www.santamariahostel.org)

**Types of Services:** Provides residential services for women and their children for substance abuse and mental health.

**Santa Maria's Bonita House ..... (713) 691-0900**

2605 Parker Rd.  
Houston, TX 77093

[www.santamariahostel.org](http://www.santamariahostel.org)

**Types of Services:** Provides housing, supportive services, and substance abuse treatment for women.

**Sante Center for Healing ..... (800) 258-4250**

914 Country Club Rd.

Argyle, TX 76226

[www.santecenter.com](http://www.santecenter.com)

**Types of Services:** Provides dual diagnosis treatment for adults. Specializes in addiction treatment of substance use disorders, process / behavioral addictions, compulsive behaviors, trauma related issues, co-occurring psychiatric disorders, professional and safety sensitive issues, and eating disorders.

**Serenity House Drug & Alcohol Treatment ..... (866) 795-4673**

150 Orange St.

Abilene, TX 79601

[www.serenitytexas.com](http://www.serenitytexas.com)

**Types of Services:** Serenity House provides three drug and alcohol treatment facilities in Texas for adolescents and adults. Services include residential treatment, outpatient treatment, family services and bridges program for youth.

**Shades of Hope ..... (800) 588-4673**

P. O. Box 639

Buffalo Gap, TX 79508

[www.shadesofhope.com](http://www.shadesofhope.com)

**Types of Services:** Residential and outpatient treatment for eating disorders for male and female adults.

**Shiloh Treatment Center ..... (281) 489-1290**

3926 Bahler Ave.

Manvel, TX 77578

[www.shilohTreatmentcenter.com](http://www.shilohTreatmentcenter.com)

**Types of Services:** Provides outpatient, day treatment, and residential services to children and youth with behavioral and emotional problems that pose a danger to themselves and others.

**Sierra Tucson ..... (855) 373-7752**

39580 South Lago del Oro Pkwy.

Tucson, AZ 85739

[www.sierratucson.crchealth.com](http://www.sierratucson.crchealth.com)

**Types of Services:** Provides residential treatment for adult addictions, depression, anxiety, trauma, eating disorders, chronic pain and co-occurring disorders.

**Sober Living America ..... (404) 634-4974**

2530 Peachwood Cir., Ste. 4

Atlanta, GA 30345

[www.soberlivingamerica.org](http://www.soberlivingamerica.org)

**Types of Services:** Provides residential substance abuse recovery services with communities in Atlanta, Charlotte, Houston and Dallas.

**Sovereign Health Group ..... (866) 629-0442 or (949) 369-1300**

1211 Puerta Del Sol, Ste. 280

San Clemente, CA 92673

[www.sovcal.com](http://www.sovcal.com)

**Types of Services:** Offers residential treatment programs for detoxification, dual diagnosis treatment, mental health treatment, eating disorders treatment, and Sovereign Academy for adolescents and adults.

**St. Joseph's Hospital ..... (713) 657-7270 Outpatient**

**..... (713) 757-7512 Inpatient**

1404 St. Joseph Pkwy.

Houston, TX 77002

[www.sjmctx.com](http://www.sjmctx.com)

**Types of Services:** Provides inpatient and outpatient psychiatric services for adults.

**Star of Hope Mission ..... (713) 748-0700**

6897 Ardmore St.

Houston, TX 77054

[www.sohmission.org](http://www.sohmission.org)

**Types of Services:** Homeless shelter for men, women and children. Structured programs focus on spiritual growth, education, employment, life management and recovery from substance abuse.

**Starlite Recovery Center ..... (800) 292-0148 or (866) 220-1626**

230 Mesa Verde Dr. East

Center Point, TX 78010

[www.starliterecovery.com](http://www.starliterecovery.com)

**Types of Services:** Provides residential chemical dependency treatment for adults and adolescents.

**Summer Sky Inc. .... (888) 857-8857**

**Chemical Dependency Treatment Center**

1100 N. McCart St.

Stephenville, TX 76401

[www.summersky.us](http://www.summersky.us)

**Types of Services:** Provides residential substance abuse services for adults and adolescents.

**Sunrise ..... (888) 317-3961 or (435) 635-1185**

65 North 1150 West

Hurricane, UT 84737

[www.sunrisertc.com](http://www.sunrisertc.com)

**Types of Services:** Residential treatment program and boarding school for teen girls ages 13-17 who are struggling with emotional and behavioral issues including defiance, substance abuse, depression, anxiety, adoption, school avoidance, learning disabilities, low self-esteem, ADD and ADHD, sexual promiscuity, eating disorders and attachment disorders.

**Taylor Recovery Center ..... (713) 557-8573**

5711 Lavender St.  
Houston, TX 77026

[www.taylorrecovery.com](http://www.taylorrecovery.com)

**Types of Services:** A sober living house in Houston for those continuing their recovery from drug and alcohol abuse.

**Texas ChalleNGe Academy ..... (877) 822-0050**

P. O. Box 510  
Sheffield, TX 79781

[www.jointservicesupport.org/ngycp](http://www.jointservicesupport.org/ngycp)

**Types of Services:** Provides residential services for at-risk youth that are having difficulty in their current school environment. The Texas ChalleNGe Academy (TCA), formerly Seaborne ChalleNGe Corps, is open to young men and women ages 16 to 18 years who have dropped out or are in danger of dropping out of high school.

**Texas NeuroRehab Center ..... (800) 252-5151**

1106 W. Dittmar Rd.  
Austin, TX 78745

[www.texasneurorehab.com](http://www.texasneurorehab.com)

**Types of Services:** Brain injury hospital for children, adolescents, and adults that have neurological and/or behavioral issues. Residential neurobehavioral treatment program for children and adolescents (ages 8-17) that are facing a combination of complex medical, behavioral, social and learning difficulties.

**Texas Star Recovery ..... (512) 462-6729**

1106 W. Dittmar Rd.  
Austin, TX 78745

[www.texasstarrecovery.com](http://www.texasstarrecovery.com)

**Types of Services:** Provides medical detoxification, inpatient rehabilitation, and thirty-day residential and intensive outpatient program for chemical dependency and dual diagnosis disorders.

**The Arbor ..... (866) 568-9936**

1443 County Rd. 103  
Georgetown, TX 78626

[www.thearbor.com](http://www.thearbor.com)

**Types of Services:** 12-step based alcohol and substance use disorder program for adults designed as a 15-month program of support and comprised of two core phases: a 90-day residential treatment program followed up with a 12-month aftercare support program.

**The Betty Ford Center ..... (800) 434-7365 or (888) 494-2433**

39000 Bob Hope Dr.  
Rancho Mirage, CA 92270  
[www.bettyfordcenter.org](http://www.bettyfordcenter.org)

**Types of Services:** Alcohol treatment center and drug rehabilitation clinic for adults 18+ years and their families suffering from chemical dependency.

**The DAPA Way ..... (713) 783-8889 or (800) 828-3272**  
**Houston's Mental Health Specialists**

5500 Guhn Rd., Ste. 100  
Houston, TX 77040  
[www.krimmel-soman.com/SITEDAPA](http://www.krimmel-soman.com/SITEDAPA)

**Types of Services:** Offers chemical dependency and psychiatric treatment. Services include partial hospitalization and intensive outpatient programs, and acute inpatient for adults and geriatric.

**The Meadows ..... (800) 244-4949 or (800) 632-3697**

1655 North Tegner St.  
Wickenburg, AZ 85390  
[www.themeadows.org](http://www.themeadows.org)

**Types of Services:** Provides treatment for trauma and alcohol, drug and sex addictions in a residential setting.

**The Ranch at Clear Springs ..... (877) 843-7262**

3662 Patton Lake Rd.  
Aquilla, TX 76622  
[www.clearspringsranch.com](http://www.clearspringsranch.com)

**Types of Services:** Provides residential chemical dependency treatment including detoxification and treatment for co-occurring disorders in adults.

**The Ranch at Dove Tree ..... (800) 218-6727**

1406 County Rd. 5800  
Lubbock, TX 79403  
[www.ranchatdovetree.com](http://www.ranchatdovetree.com)

**Types of Services:** Provides residential recovery program from alcohol and drug abuse for college age and older adults. Specializes in treatment for co-occurring issues such as depression, anxiety, eating disorders and trauma.

**The Watershed ..... (855) 761-9066 or (855) 220-1076**

20 Professional Park Dr.  
Webster, TX 77598  
[www.thewatershed.com](http://www.thewatershed.com)

**Types of Services:** Provides comprehensive inpatient care for adults that includes a safe and comfortable medical detoxification, inpatient rehabilitation and residential treatment.



**The Wheelhouse ..... (281) 478-4488**

206 West Helgra

Deer Park, TX 77536

[www.thewheelhouseinc.com](http://www.thewheelhouseinc.com)**Types of Services:** Provides a residential and drug rehabilitation for men only.**Timberlawn Mental Health System ..... (800) 426-4944****Main Campus**

4600 Samuell Blvd.

Dallas, TX 75228

(214) 381-7181

[www.timberlawn.com](http://www.timberlawn.com)**Outpatient Clinic**

1350 N. Buckner, Ste. 100

Dallas, TX 75218

(214) 320-9000

**Types of Services:** Located in Dallas, Texas, Timberlawn Psychiatric Hospital offers comprehensive care for children, adolescents and adults struggling with psychiatric issues or substance abuse problems.**Transitional Living Communities ..... (866) 646-2138 or (480) 969-1471**

32 S. Macdonald St.

Mesa, AZ 85211

[www.transitionalliving.org](http://www.transitionalliving.org)**Types of Services:** Provides long-term residential treatment services to adults with no money.**VA Hospital ..... (713) 791-1414**

2002 Holcomb Blvd.

Houston, TX 77030

[www.houston.va.gov](http://www.houston.va.gov)**Types of Services:** Mental health services for veterans.**Way Out Women's Center ..... (713) 645-9962**

3217 Iola St.

Houston, TX 77017

**Types of Services:** Provides a 10 day alcohol detoxification rehabilitation for women.**West Oaks Hospital ..... (713) 995-0909**

6500 Hornwood Dr.

Houston, TX 77074

[www.westoakshospital.com](http://www.westoakshospital.com)**Types of Services:** Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

**SUPPORT GROUPS****Al-Anon ..... (713) 683-7227**

9800 Northwest Frwy., Ste. 201

Houston, TX 77092

[www.houstonalananon.org](http://www.houstonalananon.org)**Types of Services:** Support groups for family members of people with alcoholism.**Alateen ..... (713) 683-7227**

9800 Northwest Frwy., Ste. 201

Houston, TX 77092

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)**Types of Services:** Support groups for teenagers of individuals struggling with alcoholism.**Alcoholics Anonymous ..... (713) 686-6300**

4140 Directors Row, Ste. D &amp; E

Houston, TX 77092

[www.aahouston.org](http://www.aahouston.org)**Types of Services:** Support groups for alcoholism.**Bo's Place ..... (713) 942-8339**

10050 Buffalo Speedway

Houston, TX 77054

[www.bosplace.org](http://www.bosplace.org)**Types of Services:** Bo's Place is a bereavement center offering grief support services to children, ages 3 to 18, and their families who have experienced the death of a child or an adult in their immediate family. Also offers programs for grieving adults.**Cocaine Anonymous ..... (713) 668-6822**

P. O. Box 300154

Houston, TX 77230

[www.ca.org](http://www.ca.org)**Types of Services:** Support groups for cocaine addiction.**Depression and Bipolar Support Alliance - DBSA ..... (800) 273-TALK**

..... (800) 826-3632

..... (713) 600-1131

[www.dbsahouston.org](http://www.dbsahouston.org)**Types of Services:** Provides free and confidential support for individuals living with, or family and friends affected by, depression and bi-polar disorders.

**Emotions Anonymous ..... (651) 647-9712**

P. O. Box 4245

St. Paul, MN 55104-0245

[www.emotionsanonymous.org](http://www.emotionsanonymous.org)

**Types of Services:** Emotions Anonymous is a twelve-step organization composed of people who work toward resolution of emotional difficulties.

**Gambler's Anonymous ..... Hotline: (855) 442-7105 or (713) 684-6654**

10900 Northwest Frwy.

Houston, TX 77092

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

**Types of Services:** Provides 12-step support groups for those struggling with gambling addiction.

**Hatch Youth ..... (713) 529-3590**

401 Branard St., Ste. 2

Houston, TX 77006

[www.hatchyouth.org](http://www.hatchyouth.org)

**Types of Services:** Providing a safe social environment, offering role models and peer support, and sponsoring educational and community outreach opportunities for lesbian, gay, bisexual, transgender, intersex, queer, and questioning, asexual and allied youth ages 13 - 20.

**Narcotics Anonymous ..... (713) 943-1111**

1004 Palmer St.

Houston, TX 77003

[www.hascona.com](http://www.hascona.com)

**Types of Services:** Provides 12 step support meetings for those struggling with addictions to drugs.

**Nicotine Anonymous ..... (713) 827-5989**

[www.nicotineanonymous.org](http://www.nicotineanonymous.org)

**Types of Services:** Provides 12 step support groups for those struggling with addiction to tobacco.

**Overeaters Anonymous - Galveston ..... (281) 557-0663 or (281) 557-3881**

P. O. Box 992

League City, TX 77574

[www.oagalveston.org](http://www.oagalveston.org)

**Types of Services:** Provides 12 step support groups for overeaters.

**Parents of Murdered Children ..... (713) 472-5640**

P. O. Box 4118

Houston, TX 77210

[www.pomc.org/houston/index.htm](http://www.pomc.org/houston/index.htm)

**Types of Services:** Provides support for those who have lost loved ones due to homicide, DWI, and hit-and-run, through interaction with others who have suffered similar loss.

**Sex Addicts Anonymous ..... (800) 477-8191**

P. O. Box 70949  
Houston, TX 77270  
[www.sexaa.org](http://www.sexaa.org)

**Types of Services:** Provides 12-step support groups for sexual addiction

**Survivors of Incest Anonymous ..... (713) 684-6747**

**Houston Chapter**  
P. O. Box 190  
Benson, MD 21018  
(410) 893-3322  
[www.siaawso.org](http://www.siaawso.org)

**Types of Services:** Provides support groups for incest survivors.

**TREATMENT RESOURCES**

**A\*Med ..... (800) 377-7260 or (877) 848-8925**

**Community Hospice**

8901 E. F Lowry Expwy, Ste. B  
Texas City, TX 77591  
(800) 377-7260  
(409) 935-0169  
[www.amedhomehealth.com](http://www.amedhomehealth.com)

**Home Health Care – Angleton**

600 E. Cedar  
Angleton, TX 77515  
(877) 848-8925  
(979) 848-8925

**Types of Services:** Provides hospice care, furnishes home health agency staff and provides home health aides.

**Anchor Point Pregnancy Center ..... (832) 632-1221**

103 Davis Rd., Ste. B  
League City, TX 77573  
[www.anchorpoint.us](http://www.anchorpoint.us)

**Types of Services:** Provides counseling, sexually transmitted disease (STD) information and education, pregnancy tests and referrals.

**Appian Advisory Group ..... (512) 363-9502**

6936 Bee Caves Rd., Ste. 261  
Austin, TX 78746  
[www.appianadvisory.com](http://www.appianadvisory.com)

**Types of Services:** Educational planning and treatment solutions for adolescents, adults, and their families considering admission to boarding schools, residential treatment centers, drug & alcohol rehabs, or other specialized schools or treatment programs anywhere in the United States.

**Asian American Family Services ..... (713) 600-9400**

9440 Bellaire Blvd., Ste. 228

Houston, TX 77036

[www.aafstexas.org](http://www.aafstexas.org)

**Types of Services:** Provides individual and family counseling, mental health and social services to the ethnically diverse pan-Asian community with linguistically and culturally appropriate mental health counseling and supportive services.

**Avondale House ..... (713) 993-9544**

3737 O'Meara Dr.

Houston, TX 77025

[www.avondalehouse.org](http://www.avondalehouse.org)

**Types of Services:** Provides educational, residential and day habilitation services to children and young adults (ages 3-21) who are diagnosed with autism.

**Bay Area Council on Drugs and Alcohol ..... (800) 510-3111**

1300 Bay Area Blvd., Ste. 102

2911 South Shore Harbor Blvd.

Houston, TX 77058

League City, TX 77573

**Types of Services:** Provides drug and alcohol assessments & screenings, outreach, referrals, brief motivational counseling, and intervention. Services offered include BACODA Business Assistance Program, Drug Free Business-Bay Area, VetCorps, Youthworks, and state-mandated Driving While Intoxicated (DWI) education classes for Repeat Offenders, Texas Youth Tobacco Awareness Program, Texas Drug Offender Education Program (DOEP), Drug & Alcohol Driving Awareness Program (DADAP), Substance Education and Learning (SEAL) and Substance Abuse Education Program (SAEP).

**Bay Area Turning Point ..... (281) 286-2525**

210 South Walnut St.

Webster, TX 77573

[www.bayareaturningpoint.org](http://www.bayareaturningpoint.org)

**Types of Services:** Provides services to individuals and families who have survived domestic violence or sexual assault. Facilitates violence prevention strategies and educational services.

**Baylor College of Medicine ..... (713) 798-4857**

**Jamail Specialty Care Center**

**McNair Campus**

1977 Butler Blvd. 4th Flr., Ste. E4.100

Houston., TX 77030

**Types of Services:** The Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine - Jamail Specialty Care Center - provides comprehensive assessments and treatment for psychiatric, psychological and relationship difficulties. Also offers medication management and individual, marital, group and family psychotherapy.

**Better Days Counseling ..... (281) 485-8356 EXT.4**

2245 N. Main St., Ste. 2  
Pearland, TX 77581

**Types of Services:** Provides help, hope and employment to adolescents and adults with substance abuse and mental health issues. Also provides screening/assessment intervention, brief counseling, individual counseling, family counseling, suicide prevention counseling and faith based Christian counseling.

**Boys and Girls Clubs of Greater Houston ..... (713) 868-3426**

1520-A Airline Dr.  
Houston, TX 77009  
[www.bgclubs-houston.org](http://www.bgclubs-houston.org)

**Types of Services:** Programs for disadvantaged young people to enhance and improve the quality of their life.

**Cancer Counseling, Inc. .... (713) 520-9873**

3015 Richmond Ave.  
Houston, TX 77098  
[www.cancercounseling.info](http://www.cancercounseling.info)

**Types of Services:** Provides free, professional, emotional, outpatient counseling to patients, their families, and friends.

**Casa de Esperanza de Los Ninos ..... (713) 529-0639**

2911 Corder, Ste. A  
Houston, TX 77054  
[www.casahope.org](http://www.casahope.org)

**Types of Services:** Provides psychological, medical and residential care for children in crisis due to neglect, abuse, or HIV.

**Catholic Charities of the Archdiocese ..... (713) 874-6590 or (866) 649-5862  
of Galveston-Houston**

2900 Louisiana St.  
Houston, TX 77006  
[www.catholiccharities.org](http://www.catholiccharities.org)

**Types of Services:** Provides community outreach, family counseling, adoption and pregnancy counseling, immigration, legal services, seniors' housing and AIDS ministry.

**Center for Mind Body Health ..... (832) 741-0266**

17300 El Camino Real, Ste. 107 D  
Houston, TX 77058  
[www.centerformindbodyhealth.org](http://www.centerformindbodyhealth.org)

**Types of Services:** Provides mindfulness and meditation classes, consultation on nutrition and exercise and lifestyle consulting.

**Communities in Schools Program ..... (409) 765-5395**

2201 Market St., Ste. 715  
Galveston, TX 77550

[www.galveston.communitiesinschools.org](http://www.galveston.communitiesinschools.org)

**Types of Services:** Communities in Schools (CIS) is a student drop out prevention program that provides on-going educational support for students. CIS also provides case management services to improve academics, attendance and the behavior of students.

**Community Family Centers ..... (713) 923-2316**

7524 Avenue E  
Houston, TX 77012

[www.communityfamilycenters.org](http://www.communityfamilycenters.org)

**Types of Services:** Provides bilingual services and counseling to low income Hispanics.

**Cornerstone Recovery ..... (713) 528-6720**

6699 Portwest Dr., Ste. 140  
Houston, TX 77024

[www.cornerstonerecovery.org](http://www.cornerstonerecovery.org)

**Types of Services:** A teen-based, 12-step recovery program based on positive peer pressure and a drug and alcohol free environment.

**Deer Oaks EAP ..... (713) 475-0111**

**Outpatient Clinic**

524 Pasadena Blvd., Ste. 1002  
Pasadena, TX 77506

[www.deeroaks.com](http://www.deeroaks.com)

**Types of Services:** Provides outpatient and Employee Assistance Program (EAP) services for children, adolescents, adults, and geriatric patients.

**Corporate Office**

126 E. Main Plaza, Ste. 8  
San Antonio, TX 78205  
(866) 327-2400

**DePelchin Children's Center ..... (281) 282-6062**

1300-A Bay Area Blvd.  
Houston, TX 77058

[www.depelchin.org/clear-lake](http://www.depelchin.org/clear-lake)

**Types of Services:** Provides community-based prevention services, parent education, individual and family counseling, transitional living for homeless young mothers, foster care, adoption services and residential treatment for children.

**Family Service Center ..... (409) 938-4814  
of Galveston County**

***Dickinson Office***

2401 Termini St., Ste. C  
Dickinson, TX 77539  
(281) 576-6366  
[www.fscgal.org](http://www.fscgal.org)

***Galveston Office***

2200 Market St., Ste. 600  
Galveston, TX 77550  
(409) 762-8636

**Types of Services:** United Way funded agency that provides free and reduced costs for individual and family therapy services. Mental health counseling services for all ages, taking into account their ability to pay. Offers many programs to youth and families including the At Risk Youth Program, STAR program, The OASIS Juvenile Sexual Offender Program and the Individual and Family Program In Home Counseling Services.

**Family Services of Greater Houston ..... (713) 861-4849**

***Clear Lake Office***

1300 Bay Area Blvd., Ste. 230 A  
Houston, TX 77058  
[www.familyservices.org](http://www.familyservices.org)

***Baytown Office***

1300 Rollingbrook Dr., Ste. 406  
Baytown, TX 77521

**Types of Services:** Services include counseling, parent resources and education, marriage education and relationships skills training, case management for families, seniors, veterans and persons living with HIV/AIDS, veteran services, substance abuse prevention and education, financial education, and car and personal loans.

**Flying Free Equitherapy ..... (832) 221-9066**

7317 Avenue P  
Santa Fe, TX 77510

**Types of Services:** Therapeutic Horseback Riding Program helps children and adults with physical, emotional, or cognitive disabilities to achieve self assurance, strength, a willingness to learn life skills, an increased ability to communicate and improve overall health through the use of equine assisted activities and therapeutic riding.

**For Kids Sake Program ..... (409) 765-2601**

600 59th St., Rm. 600  
Galveston, TX 77551  
[www.galvestoncountytexas.gov/ct/ct1/Pages/For-Kids-Sake-Seminar.aspx](http://www.galvestoncountytexas.gov/ct/ct1/Pages/For-Kids-Sake-Seminar.aspx)

**Types of Services:** Provides parenting class and seminar for divorcing parents as preventive education.

**Free Medical Search .....**

[www.freemedicalsearch.org](http://www.freemedicalsearch.org)

**Types of Services:** Nationwide database of medical clinics that offer services for free or flexible payment options.



**Freedom Education Center - Galveston ..... (409) 539-6925 or (281) 283-5160**

5316 Broadway St., Ste. B1  
Galveston, TX 77551

[www.freedomeducationcenter.com](http://www.freedomeducationcenter.com)

**Types of Services:** Offers convenient and friendly state certified Drug Offender Program (DSHS certified) as well as court approved 8 hour drug & alcohol awareness, anger management, anger management for youth and theft intervention classes.

**Galveston County Health District ..... (409) 938-2293 or (409) 938-2456**

P. O. Box 939  
La Marque, TX 77568

[www.gchd.org](http://www.gchd.org)

**Types of Services:** Community health services focused on public health prevention through integrated community programs and initiatives.

**Gift of Intervention and Recovery ..... (281) 850-4708 or (713) 922-7676**

3429 Keis Rd.  
Pearland, TX 77584

[www.giftofintervention.com](http://www.giftofintervention.com)

**Types of Services:** Provides interventions for adults and adolescents struggling with substance abuse, alcoholism, chemical dependency and other addiction issues who may be resistant to treatment or are just too scared to ask for help directly.

**GreenRiver Wellness and Recovery Center ..... (713) 785-7575**

2400 Augusta Dr., Ste. 372  
Houston, TX 77057

[www.greenriverwellness.com](http://www.greenriverwellness.com)

**Types of Services:** Provides assessments, education and connection to treatment services and providers based on individual needs.

**Gulf Coast Center - Community Mental Health Clinics ..... (866) 729-3848**

7510 FM 1765  
Texas City, TX 77591

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

**Types of Services:** Provides mental health and mental retardation services, substance abuse services, adult mental health, child & adolescent mental health, intellectual & developmental disabilities, adolescent recovery program, and drug & alcohol recovery services.

**Houston Area Women's Center ..... (713) 528-2121**

1010 Waugh Dr.  
Houston, TX 77019

[www.hawc.org](http://www.hawc.org)

**Types of Services:** Provides shelter and support services to survivors of domestic and sexual violence.

**Houston Galveston Institute ..... (713) 526-8390**

3316 Mount Vernon

Houston, TX 77006

[www.talkhgi.org](http://www.talkhgi.org)

**Types of Services:** Offers a unique method of collaborative counseling and postmodern therapy to individuals, families and communities of all socioeconomic backgrounds.

**Houston OCD Program ..... (713) 526-5055**

1401 Castle Court

Houston, TX 77006

[www.houstonocdprogram.org](http://www.houstonocdprogram.org)

**Types of Services:** Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive compulsive disorders.

**Houston-Galveston Trauma Institute ..... (713) 960-8450**

50 Briar Hollow Ln., Ste. 350

West Houston, TX 77027

[www.hgtraumainstitute.org](http://www.hgtraumainstitute.org)

**Types of Services:** Provides low cost therapy for trauma victims on a sliding fee scale. Provides consultation, training and continuing education to mental health professionals who treat clients with trauma.

**Innovative Alternatives, Inc. .... (713) 222-2525**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Types of Services:** Mental health mediation, marriage counseling, divorce counseling, Christian counseling services, child custody counseling, anger management, individual therapy and family therapy.

**Intervention and Recovery Programs ..... (281) 485-8830 or (281) 485-8356**

2245 N. Main St., Ste. 2

Pearland, TX 77581

**Types of Services:** Provides alcohol and drug outpatient treatment, family therapy and aftercare for adolescents and adults.

**Jewish Family Service ..... (713) 667-9336**

4131 South Braeswood Blvd.

Houston, TX 77025

[www.jfshouston.org](http://www.jfshouston.org)

**Types of Services:** Provides a broad range of counseling and education services on a sliding scale.

**Justice for Children ..... (713) 225-4357**

6750 West Loop South, Ste. 120  
Bellaire, TX 77401

[www.justiceforchildren.org](http://www.justiceforchildren.org)

**Types of Services:** Advocates for children who are victims of child abuse. Provides a full range of advocacy and services for abused and neglected children.

**Krist Samaritan Center ..... (281) 480-7554**

**Main Office**  
17555 El Camino Real  
Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Deer Park United Methodist Church**  
1300 E. 13th St.  
Deer Park, Texas 77536

**Types of Services:**

Counseling center that provides individual, family and marital therapy on a sliding fee scale. Counseling areas include depression, anxiety, marriage and family counseling, child and adolescent issues, drug and alcohol abuse, trauma, divorce and spiritual issues, among others.

**Legacy Community Health Services ..... (832) 548-5000**

**Baytown Clinic**  
6730 Independence  
Blvd., Ste. 300  
Baytown, TX 77521  
(281) 628-2020

**San Jacinto Clinic**  
4301 Garth Rd.,  
Ste. 400  
Baytown, TX 77521  
(713) 830-3000

**Montrose Clinic**  
1415 California St.  
Houston, TX 77006  
832-548-5100

[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)

**Types of Services:** Provides assessments, medication management, testing and therapy for children, teens and adults.

**Lifeway International ..... (713) 270-6753**

**Memorial Dr. United Methodist Church**  
12955 Memorial Dr.  
Houston, TX 77079

[www.lifewayinternational.org](http://www.lifewayinternational.org)

**Types of Services:** Provides intensive outpatient programs and support groups for adolescents with chemical dependency.

**Magnificat Houses, Inc. .... (713) 523-5958**

3307 Austin  
Houston, TX 77004

[www.magnificathousesinc.org](http://www.magnificathousesinc.org)

**Types of Services:** Provides care for people with mental illness. The Magnificat Houses provide support for adults with mental illnesses, HIV/Aids, homeless adults and children, and abused women recovering from alcoholism.

**Mark Kilroy Foundation / S.A.F.E. Coalition Program ..... (409) 925-7771**

P. O. Box 777

Santa Fe, TX 77517

[www.markkilroyfoundation.org](http://www.markkilroyfoundation.org)

**Types of Services:** The Mark Kilroy Foundation offers many programs including the S.A.F.E. Program, a family and teen assistance program including preventive education classes and teen parenting classes. The Foundation also offers life skills classes, counseling support groups, and resource referrals.

**Memorial Hermann ..... (281) 212-6700**

**Prevention and Recovery Center (The PaRC) - Clear Lake**

1300-B Bay Area Blvd., Ste. B-145

Houston, TX 77058

[www.parc.memorialhermann.org](http://www.parc.memorialhermann.org)

**Types of Services:** Provides adolescent and adult chemical dependency treatment from detoxification to intensive outpatient treatment and aftercare utilizing a 12 Step program.

**Montrose Center Inc. .... (713) 529-0037**

401 Barnard St., 2<sup>nd</sup> Flr.

Houston, TX 77006

[www.montrosecenter.org](http://www.montrosecenter.org)

**Types of Services:** Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

**New Dimensions Day Hospital ..... (281) 333-2284**

1345 Space Park Dr., Ste. C

Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Types of Services:** New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults and adolescents 13 years of age and older. Provides behavioral health and substance abuse programs designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems. A multi-disciplinary team assists individuals in identifying the root causes of their problems and in implementing strategies to overcome those problems and develop healthy lifestyles.

**New Horizon Family Center ..... (800) 824-4807 or (281) 424-3300**

313 S. Hwy. 146

Baytown, TX 77520

[www.newhorizonfamilycenter.com](http://www.newhorizonfamilycenter.com)

**Types of Services:** Provides counseling services, assistance and temporary shelter, to help people deal with family violence and sexual assault.

**Palmer Drug Abuse Program ..... (281) 589-4602 or (281) 589-4833**  
**Three Memorial City Plaza**

840 Gessner, Ste. 1300

Houston, TX 77024

[www.pdaphouston.org](http://www.pdaphouston.org)

**Types of Services:** Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.

**Pearland Counseling Center ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Types of Services:** Provides mental health counseling services to address anxiety and depression, stress and anger management, trauma and abuse resolution, grief and loss, and relationship and communication skills.

**Relationship Development Intervention ..... (713) 838-1362 or (866) 378-6409**

4130 Bellaire Blvd., Ste. 210

Houston, TX 77025

[www.rdiconnect.com](http://www.rdiconnect.com)

**Types of Services:** A cognitive – developmental treatment program for individuals (and their families) that face developmental difficulties such as Autism Spectrum Disorders. This program has improved neural connectivity in individuals with Reactive Attachment Disorder, Attention Deficit Hyperactivity Disorder (ADHD), Tourette’s Syndrome and other developmental issues.

**Sagemont Counseling Center ..... (281) 481-8770**

11339 Hughes Rd.

Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Types of Services:** Church sponsored counseling center that provides individual, family, group, and couples counseling.

**Salvation Army - Adult Rehabilitation Center ..... (713) 869-3551**

20118 Washington Ave.

Houston, TX 77007

[www.salvationarmyusa.org/usn/adult-rehabilitation](http://www.salvationarmyusa.org/usn/adult-rehabilitation)

**Types of Services:** The Adult Rehabilitation Center (ARC) repairs broken lives of men who are addicted to alcohol and drugs through a program that includes work therapy, recreation, worship, healthcare, education and counseling, both individual and group. The ARC operates all seven Salvation Army Family Thrift Stores in the area.

**San Jose Clinic ..... (713) 228-9411**

2615 Fannin St.

Houston, TX 77002

[www.sanjosecclinic.org](http://www.sanjosecclinic.org)

**Types of Services:** Full-time clinic in the greater Houston area dedicated to serving the uninsured. The clinic provides pharmacy and lab services at no additional charge to patients.

**Sheltering Arms Senior Services ..... (281) 648-7277 or (281) 282-6079**

1300-A Bay Area Blvd., Ste. 219

Houston, TX 77058

[www.shelteringarms.org](http://www.shelteringarms.org)

**Types of Services:** Provides services to the elderly, caregivers, and the elders at risk.

**Stable Spirit ..... (409) 365-5277**

295 Flamingo Ln.

Rose City, TX 77662

[www.stable-spirit.org](http://www.stable-spirit.org)

**Types of Services:** A nonprofit organization providing equine assisted program services to youth and adults who are experiencing the affects of crime, crisis, trauma, and other issues that may put them at risk.

**Teen & Family Services (TAFS) ..... (713) 464-3950**

11140 Greenbay St.

Houston, TX 77024

[www.teenandfamilyservices.org](http://www.teenandfamilyservices.org)

**Types of Services:** Peer based recovery support program for adolescents and their families suffering from teen substance abuse.

**The Bridge Over Troubled Waters ..... (713) 473-2801**

P. O. Box 3488

Pasadena, TX 77501

[www.thebridgeovertroubledwaters.org](http://www.thebridgeovertroubledwaters.org)

**Types of Services:** Provides services to individuals and families who have experienced domestic violence, victimization or sexual assault.

**The Center Serving Persons with Mental Retardation ..... (713) 525-8400**

3550 W. Dallas

Houston, TX 77019

[www.thecenterhouston.org](http://www.thecenterhouston.org)

**Types of Services:** Provides services for people with mental retardation.

**The Children's Center, Inc..... (409) 765-5212**

**Project Safe Place and Youth Advocacy**

2828 Avenue Q  
Galveston, TX 77551

[www.thechildrenscenterinc.org](http://www.thechildrenscenterinc.org)

**Types of Services:** Provides assistance to youth who are not able to access care and helps them identify their strengths and move forward. Helps prevent children from being exploited, homeless, and dropping out of school.

**The Children's Center, Inc. .... (844) 768-8861 or (409) 765-5212**

P. O. Box 2600  
Galveston, TX 77553

[www.thechildrenscenterinc.org](http://www.thechildrenscenterinc.org)

**Types of Services:** Provides therapeutic foster care, transitional living programs for older homeless youth, emergency shelters for families, and community outreach.

**The Excel Center of Friendswood ..... (281) 648-1200**

111 East Edgewood  
Friendswood, TX 77546

**Types of Services:** Offers intensive outpatient treatment for children, adolescents and adults; partial day treatment for adolescents, adults and seniors; and substance abuse and chemical dependency treatment.

**The Gathering Place ..... (713) 729-3799**

5310 S. Willow Dr.  
Houston, TX 77035

[www.gplace.org](http://www.gplace.org)

**Types of Services:** Provides supportive environment for adults struggling with severe and persistent mental illness.

**The Gulf Coast Center ..... (866) 729-3848**

123 Rosenberg St., Ste. 6  
Galveston, TX 77550  
(409) 763-2373

4444 W. Main  
League City, TX 77573  
(800) 643-0967

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

**Types of Services:** Provides services to children, adolescents and adults with severe mental illness, substance abuse, and mental retardation.

**The Houston Council ..... (713) 942-4100 or (877) 777-8829  
on Alcohol and Drugs**

303 Jackson Hill St.  
Houston, TX 77007

[www.council-houston.org](http://www.council-houston.org)

**Types of Services:** Provides assessment, prevention, counseling and educational services for those persons suffering from alcohol and drug abuse.

**The Lighthouse of Houston ..... (713) 527-9561**

3602 West Dallas St.

Houston, TX 77019

[www.houstonlighthouse.org](http://www.houstonlighthouse.org)

**Types of Services:** Offers vocational evaluation, career training, and services to the blind and visually impaired.

**The Right Step - Clear Lake ..... (281) 407-0777 or (855) 824-7596**

16815 Royal Crest Dr., Ste. 130

Houston, TX 77058

[www.rightstepclearlake.com](http://www.rightstepclearlake.com)

**Types of Services:** Provides intensive and supportive outpatient programs (IOP/SOP) for adolescents and adults. The programs include intervention, trauma and grief resolution, treatment of process addictions, a Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, and a Relationship Empowerment Program.

**Three Oaks Academy ..... (713) 270-6753 or (281) 782-4628**

9920 West Sam Houston Pkwy. South, Ste. 410

Houston, TX 77099

[www.threeoaksacademy.org](http://www.threeoaksacademy.org)

**Types of Services:** Fully-accredited and specialized safe and sober high school for Lifeway International's assisted peer groups.

**Toxicology Associates, Inc. .... (409) 935-3749**

2411 Franklin St.

LaMarque, TX 77568

[www.toxicologyassociates.com](http://www.toxicologyassociates.com)

**Types of Services:** Offers substance abuse treatment services including outpatient detoxification, methadone maintenance treatment, counseling, HIV testing and urine drug screens. Self-payment.

**University of Houston ..... (281) 283-3330**

**Clear Lake Psychological Services Clinic**

2700 Bay Area Blvd.

Houston, TX 77058

[www.uhcl.edu/portal/page/portal/HSH/HOME/CENTERS\\_INSTITUTES/PSYC\\_SC](http://www.uhcl.edu/portal/page/portal/HSH/HOME/CENTERS_INSTITUTES/PSYC_SC)

**Types of Services:** Provides children, adolescents and adults with family therapy and individual counseling assessment to assist children with emotional, behavioral, and educational problems at home or in school.



**Unlimited Visions Aftercare .....**

**Baytown Facility**

313 Hwy. 146 S.  
Baytown, TX 77520  
(281) 427-8786

[www.unlimitedvisions.org/Facilities/baytown.html](http://www.unlimitedvisions.org/Facilities/baytown.html)

**Houston Facility**

5527/5528 Lawndale  
Houston, TX 77023  
(713) 921-2276

**Pasadena Facility**

907 Preston  
Pasadena, TX 77503  
(713) 534-8191

**Types of Services:** Provides substance abuse services on a sliding fee scale for adolescents and adults.

**UTMB Early Intervention Program ..... (281) 534-6755**

301 University Blvd.  
Galveston, TX 77555  
[www.utmb.edu/eci](http://www.utmb.edu/eci)

**Types of Services:** Offers evaluations and services to families with children, birth to three, with disabilities and developmental delays.

**UTMB Outpatient Clinic Galveston ..... (409) 772-2222 or (409) 772-0770**

**Galveston Clinic**

400 Harborside Dr.  
Galveston, TX 77555

**Webster Clinic**

400 Texas Ave.  
Webster, TX 77598

**UTMB Department of  
Psychiatry**

301 University Blvd.,  
Rte. 0188  
Galveston, TX 77555

[www.utmbhealth.com](http://www.utmbhealth.com)

[www.utmb.edu](http://www.utmb.edu)

**Types of Services:** Provides outpatient psychiatric services for children, adolescents and adults.

**Victim Assistance Centre Inc. .... (713) 755-5625**

1310 Prairie, Ste. 1030  
Houston, TX 77002

[www.victimassistancecentre.com](http://www.victimassistancecentre.com)

**Types of Services:** Provides services to victims of violent crimes to meet their emotional, physical, informational and financial needs.

**Wellsprings Inc. .... (713) 529-6559**

P. O. Box 311017  
Houston, TX 77231

[www.wellspringsinc.org](http://www.wellspringsinc.org)

**Types of Services:** Provides transitional and long-term housing to homeless and abused women and their children.

**THERAPISTS**

**Lowell Adams, PhD** ..... (979) 297-8565

129 Circle Way, Ste. 105

Lake Jackson, TX 77566

**Population Served:** Teenagers, Adults

**Types of Services:** Individuals, families, psychological counseling and testing services for children

**Specialties:** Comprehensive psychological testing for children.

**Lara Allen, MS, LPC-S** ..... (832) 428-9036

720 N. Post Oak Rd., Ste. 280

Houston, TX 77024

[www.laraallenlpc.com](http://www.laraallenlpc.com)

**Population Served:** Individuals, Groups and Families

**Types of Services:** Cognitive Behavioral Therapy (CBT), modified Dialectical Behavioral Therapy (DBT), and Acceptance Commitment Therapy (ACT)

**Specialties:** Specializes in the treatment of eating disorders and self harm. Other areas of specialization also include unresolved trauma, substance abuse, depression, anxiety, and borderline personality disorder.

**Laura Almore, MA, LMFT** ..... (281) 628-2020

6730 Independence Blvd., Ste. 300

Baytown, TX 77521

[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Grief and Domestic Violence

**Mary Alvarez, PhD** ..... (281) 482-0801

1506 Winding Way, Ste. 210

Friendswood, TX 77546

**Population Served:** Children, Preteens, Adults

**Types of Services:** Individuals, Families

**Specialties:** Developmental Disorders, Depression, Anxiety, Psychological Evaluations, Custody Evaluations

**Judith Andriola, LCSW** ..... (281) 489-1290

2225 County Rd. 90, Ste. 201D

Pearland, TX 77584

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Individuals, Family

**Specialties:** Grief/Loss and Depression

**Renee Armstrong, LPC, NCC..... (832) 799-8587**

1712 Fairview

Houston, TX 77006

[www.blossom-behavioral-health.com](http://www.blossom-behavioral-health.com)

**Population Served:** Ages 5 - 100

**Types of Services:** Individuals and Families

**Specialties:** Marriage and Family, Crisis, Eating Disorders, Depressions, Anxiety, Trauma, Gay and Lesbian Issues, Adolescent Issues, PTSD, Borderline Personality Disorder

**Beth Auslander, PhD ..... (409) 772-2355 or 409-772-3695**

2785 Gulf Frwy. South, Ste. 200

League City, TX 77573

[www.utmbhealth.com](http://www.utmbhealth.com)

**Population Served:** Teenagers

**Specialties:** Specialty is teenagers.

**Vanessa Austin, MA, LPC-S ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Chrystina Bacek, PhD..... (281) 956-1032**

1110 Nasa Pkwy., Ste. 307

Houston, TX 77058

[www.texaspsychologyservices.com](http://www.texaspsychologyservices.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Specialties:** Depression, Anxiety, Grief/Loss, Anger Management, Stress

**Diane L Bailey, RN, LPC..... (281) 482-0794**

1506 Winding Way Dr., Ste. 100

Friendswood, TX 77546

**Population Served:** Adults, Elders

**Types of Services:** Anxiety, Mood Disorders, Self Esteem

**Specialties:** Individuals, Families, Groups

**Jan Bailey, MA, LPC ..... (281) 480-7999**

17214 Mercury Dr., Ste. 300

Houston, TX 77058

**Laurie Baldwin, PhD ..... (713) 349-0504**

14034 Hooper Rd.

Houston, TX 77047

[www.lauriebaldwin.com](http://www.lauriebaldwin.com)

**Population Served:** Individuals, Couples and Families

**Types of Services:** Diagnostic evaluations for possible problems such as ADD or bipolar disorder, Play therapy for younger children, Life coaching and consultation, Group therapy for adolescents struggling with addictive behaviors and other behavioral problems

**Susan Barnes, LCSW ..... (281) 990-0800**

17625 El Camino Real, Ste. 250

Houston, TX 77058

[www.ghpa.net](http://www.ghpa.net)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individual, Families

**John Barnett, MA, LPC..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Population Served:** Adults

**Specialties:** Anger Management

**John Bartley, LCSW ..... (713) 943-2267**

825 Fairmont Pkwy

Pasadena, TX 77504

**Population Served:** Adults

**Types of Services:** Individuals, Family

**John Baxter, LCDC, NCAC II ..... (281) 485-7725**

2245 North Main St., #2

Pearland, TX 77581

**Sharon Bayus, MA, LPC..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** All areas

**Tracie Bein, MA, LPC..... (281) 333-2284**

1345 Space Park Dr., Ste. C  
Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Population Served:** Adults

**Types of Services:** Provides Intensive Outpatient and Partial Hospitalization Programs for adults to address mental health and dual diagnosis (mental health and chemical dependency issues). Also provides Step Down Services for Individuals Leaving Inpatient or Residential Treatment, and provides Aftercare Programming for those that successfully complete the program.

**Specialties:** New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in a day treatment program designed to help individuals and families develop the skills they need to cope with mental health issues and dual diagnosis (mental health and chemical dependency issues.)

**LaShasta Bell, MA, LPC ..... (281) 764-6331**

614 W. Main St., Ste. 102  
League City, TX 77573

[www.lbell-lpc.org](http://www.lbell-lpc.org)

**Population Served:** 6 and older

**Types of Services:** Solution-focused Brief Therapy, Cognitive Behavior Therapy, Anger Management, Collaborative Therapy

**Specialties:** Certified teacher and counselor

**Jane Bellamy, LCSW, LMFT, LCDC..... (832) 452-3855**

2211 Norfolk St., Ste. 140  
Houston, TX 77098

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Issues of development due to childhood trauma, addictions, love addictions, major depression.

**Denise Bennett, LCSW ..... (281) 389-5075**

1100 Nasa Pkwy., Ste. 302  
Houston, TX 77058

**Types of Services:** Psychotherapy, Meditation, Clinical Supervision, Consultation/Training

**Vicki Berk, MA, LPC, LSSP ..... (713) 304-2035**

1345 Space Park Dr., Ste. C  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Group, Individual, Family

**Specialties:** LPC as well as School Psychologist, Special Education Law in School System, Specialize in Assessing Suicidality in all ages, Certified Educator

**Beverly Bernzen, LCSW..... (979) 285-3533**

115 Dixie Dr., Ste. 250  
Lake Jackson, TX 77566

[www.familyresourcecenterlj.com](http://www.familyresourcecenterlj.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Individuals, Families

**Specialties:** Grief and Lifestyle Adjustments, Mood Disorders, Anxiety, Depression, Bipolar Disorder, Suicide Prevention Education, Women's Issues

**Kevin J. Bianchini, PhD, ABPN..... (281) 333-8598**

1120 Nasa Pkwy., Ste. #220K  
Houston, TX 70058

[www.jeffersonneuro.com](http://www.jeffersonneuro.com)

**Population Served:** Children, Adolescents, and Adults of all ages

**Types of Services:** Neurological Rehabilitation for brain damage, Neuropsychological Assessment and Symptom Validity Assessment

**Jennifer Bissett, PhD..... (281) 332-5100**

216 N. Michigan Ave.  
League City, TX 77573

[www.psychology-resources.com](http://www.psychology-resources.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families, Groups (Art Therapy Workshops)

**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment, First Responder Experience, Art Therapy

**Bryan Blakeny, LCSW..... (713) 484-9797**

2700 Post Oak Blvd., Ste. 1400  
Houston, TX 77056

[www.eqeducation.com](http://www.eqeducation.com)

**Judi Bloom, MSW, LPC..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058

[www.bloomcounseling.net](http://www.bloomcounseling.net)

**Lynn Boatwright, MA, LPC-S, LMFT..... (409) 938-4814 Ext. 1405**

2401 Termini, Ste. C  
Dickinson, TX 77539

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups (Oasis, Family Support, Court Mandated "Why Try"), Individuals, Families

**Specialties:** Star Program (State Funded) 0 Fees for Children 0 - 17 years old.

**Tom Bogart, LPC, LMFT..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058  
[www.bloomcounseling.net](http://www.bloomcounseling.net)

**Paula Bokamper, MEd, LPC..... (713) 785-7575**

2400 Augusta Dr., Ste. 372  
Houston, TX 77057  
[www.greenriverwellness.com](http://www.greenriverwellness.com)

**Types of Services:** Provides case management and peer support services.

**Linda Boone, MS, LPC..... (281) 481-7133**

11339 Hughes Rd.  
Houston, TX 77089  
[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Specializes in family of origin issues, depression, and anger. Emphasizes the use of biblical principles and prayer.

**Marjorie German Bournigal, MEd, LPC..... (225) 281-2523**

720 N. Post Oak Rd., Ste. 280  
Houston, TX 77024  
[www.laraallenlpc.com](http://www.laraallenlpc.com)

**Population Served:** Individuals, Groups and Families

**Specialties:** Specialties include but are not limited to the treatment of: relationship issues, anxiety, self-esteem, difficult life transitions, depression, family of origin issues and unresolved childhood wounds.

**Samaha Boutros, MA, LPC..... (281) 480-7554**

17555 El Camino Real  
Houston, TX 77058  
[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Children, Adults

**Types of Services:** Individual, Family, Child and Adolescent Therapy

**Chara Bowie, MA, LPC..... (832) 414-5478**

1003 Polly St.  
Baytown, TX 77520

**Brent Bradley, PhD ..... (832) 377-8813**

2515 Nasa Pkwy., Ste. B-10

Seabrook, TX 77586

[www.couplezone.org](http://www.couplezone.org)

**Population Served:** Individuals, Couples and Families

**Michael Brandon, PhD..... (281) 338-2992**

150 W. Shadowbend, Ste. 100

Friendswood, TX 77546

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Randy Brazzel, MA, LPC, LMFT..... (281) 333-3246**

1345 Space Park Dr., Ste. D

Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Population Served:** Adults and Adolescents

**Types of Services:** Individual, Couples, Families

**Specialties:** Marital Therapy, Substance Abuse, Trauma, Anxiety and Depression

**Gwen Brehm, MED, LPC, LMFT..... (832) 741-0266**

17300 El Camino Real, Ste. 107D

Houston, TX 77058

[www.centerformindbodyhealth.org](http://www.centerformindbodyhealth.org)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Groups (DBT Skills Training - Adults & Teens), Individuals, Families

**Specialties:** Cognitive Behavior Therapy, Dialectical Behavior Therapy, Mindfulness Based Therapies

**Sue Brooks, MA, LPC..... (832) 419-7525**

1002 Gemini, Ste. 225B

Houston, TX 77058

[www.CreatingChoicesCounseling.com](http://www.CreatingChoicesCounseling.com)

**Population Served:** Adults and Couples Counseling

**Specialties:** Anxiety, Anger, Depression and Couples

**Ann Brown, MA, LPC ..... (940) 391-4309**

1721 Oleander Dr.

Dickinson, TX 77539

**Population Served:** Adolescents / Teenagers (14 to 19), Adults

**Types of Services:** Individual, Couples, Groups

**Specialties:** Behavioral Issues, Depression, Trauma and PTSD, Veterans



**Betty Brown, PhD ..... (281) 332-5100**

216 N. Michigan Ave.  
League City, TX 77573  
[www.psychology-resources.com](http://www.psychology-resources.com)

**Matt Brown, PhD, LMFT ..... (281) 317-7326**

549 N. Egret Bay Blvd., Ste. #300  
League City, TX 77573  
[www.southshorefamilies.com](http://www.southshorefamilies.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups, Individuals, Families, Pre-Marital Groups

**Specialties:** Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

**P. Gretchen Browne, PhD ..... (281) 332-5100**

216 N. Michigan Ave.  
League City, TX 77573  
[www.psychology-resources.com](http://www.psychology-resources.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment

**Kathy Bryant, MEd, LPC ..... (281) 837-6463**

330 E. Medical Center Blvd.  
Webster, TX 77598  
[www.thepsyclinic.com](http://www.thepsyclinic.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Child and Adolescent Psychiatry

**Patricia Butkus, LCSW ..... (713) 502-5484**

17300 El Camino Real, Ste. 107  
Houston, TX 77058  
[www.PatriciaButkus.com](http://www.PatriciaButkus.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Individuals and Families

**Specialties:** Chemical Dependency

**Norma Callender, PhD, LPC ..... (281) 488-2831**

16815 Royal Crest Dr., #110  
Houston, TX 77058  
[www.bataclinics.com](http://www.bataclinics.com)

**Lori Candrian, MS, LPC..... (281) 585-0000 Ext. 1**

105 N. Gordon, Ste. 202

Alvin, TX 77511

[www.downtowncounseling.com](http://www.downtowncounseling.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Mood Disorders, Anxiety, Stress Management, Life Transitions, Grief/Loss, Adjustment Disorders, EAP, Couples/Marital Counseling

**Regina Carillo, MA, LPC ..... (281) 235-3010**

2405 S. Grand Blvd.

Pearland, TX 77581

**Population Served:** Toddlers / Preschoolers (0 to 6), Children (6 to 10), Adults

**Types of Services:** ADHD, Child or Adolescent, Developmental Disorders, Parenting, Sexual Abuse, Anxiety, Depression, Family Conflict, Relationship Issues

**Specialties:** Children ages 3 to 10, Behavioral Issues, Adoption

**Diana Carleton, EdD, LMFT, Psychologist..... (713) 628-6761**

2121 Market St., Ste. 207

Galveston, TX 77550

[www.drdianacarleton.com](http://www.drdianacarleton.com)

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Life Coaching, Career Coaching, Couples, Families, Relationship Therapy, Anxiety, Depression

**Pat Casey, MA, LPC..... (281) 338-6269**

614 W. Main St., Ste. 102

League City, TX 77573

**Carol Cash, LMSW, LCDC..... (281) 333-2284**

1345 Space Park Dr., Ste. C  
Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Population Served:** Teenagers

**Types of Services:** Individuals, Groups

**Specialties:** The adolescent program, serving adolescents from ages 13 to 18, is designed to help teenagers and their families develop the skills they need to resolve problems and manage feelings and behaviors effectively. Treatment is completely individualized and focuses on the issues that matter most to the teenager and his/her family. The adolescent program is scheduled during after school hours, teenagers are able to remain in their own school throughout the treatment process. Some of the areas addressed include: Depression, anxiety, alcohol and/or drug abuse, obsessive thinking and compulsive behaviors, bipolar disorders, family conflict, suicidal thoughts, self-destructive behaviors, truancy or running away behaviors, anger problems, defiance and conduct problems, eating disorders, low self-esteem, addictions, and school problems.

**Sharon Chada, PhD ..... (281) 494-8666**

50 Sugar Creek Center, Ste. 250  
Sugar Land, TX 77478

[www.drsharonchada.com](http://www.drsharonchada.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals

**Specialties:** Play Therapy, Intellectual/Educational and Psychological Testing and Evaluations. Marital Therapy, Depression/Anxiety Disorders. Certified Parent Coordinator, PTSD and Pediatric Bipolar Diagnosis Treatment.

**Donna Chamblee, MS, LPC..... (281) 837-6463**

330 E. Medical Center Blvd.  
Webster, TX 77598

[www.thepsyclinic.com](http://www.thepsyclinic.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Child and Adolescent Psychiatry

**Kristen Chambliss, PhD..... (281) 480-0200**

1560 W. Bay Area Blvd., Ste. 270  
Friendswood, TX 77058

[www.kristenchambliss.com](http://www.kristenchambliss.com)

**Population Served:** Adults

**Specialties:** Specializing in Women's Health, Cancer and Anxiety

**Clifton Charles, MA, LPC ..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058

[www.bloomcounseling.net](http://www.bloomcounseling.net)

**Types of Services:** In-home Counseling

**Steven D. Christopherson MS, LPC, NCC ..... (713) 475-0072**

617 W. Sterling  
Baytown, TX 77520  
[www.pro-act.com](http://www.pro-act.com)

**Population Served:** Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals and Families

**Carolyn Clansy Miller, PhD ..... (281) 969-8235**

4501 Cartwright Rd., Ste. 705  
Missouri City, TX 77459

**Population Served:** Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults  
**Types of Services:** Counseling, Coaching and Consulting  
**Specialties:** Women's Issues, Depression, Relationship Issues

**Jerry Clark, MA, LPC..... (281) 335-8422**

1110 Nasa Pkwy., Ste. 200  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Anger and Crisis Interventions, Anxiety, Depression

**Charles Cleveland, PhD..... (713) 398-5303**

2225 County Rd. 90, Ste. 215  
Pearland, TX 77584

**Sandra Clevenger, MS, LPC ..... (979) 292-0726**

115 N. Dixie Dr., Ste. 250  
Lake Jackson, TX 77566

**Carrie Cole, MEd, LPC ..... (281) 480-0200**

1560 W. Bay Area Blvd., Ste.270  
Friendswood, TX 77546  
[www.crwhouston.com](http://www.crwhouston.com)

**Population Served:** Teenagers, Adults  
**Types of Services:** Couples  
**Specialties:** Certified Gottman Method Couples Therapist

**Donald Cole, DMin, LPC, LMFT..... (281) 480-0200**

1560 W. Bay Area Blvd., Ste.270  
Friendswood, TX 77546  
[www.crwhouston.com](http://www.crwhouston.com)

**Population Served:** Teenagers, Adults  
**Types of Services:** Couples  
**Specialties:** Certified Gottman Method Couples Therapist

**Eunice Contreras, MA, LPC-S, CART ..... (713) 222-2525**

18333 Egret Bay Blvd., Ste. 540  
Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Population Served:** Children, Adults

**Types of Services:** Provides treatment in modalities that include: Cognitive - Behavioral EMDR, Christian Counseling, Brief Solution-focused therapies

**Specialties:** Mood Disorders, Behavioral Problems, Post-Traumatic Stress Disorder, Trauma Resolution, Stress Management, Domestic Violence, Abuse Issues, Immigration Issues. Teaches clients about Deep Relaxation and Body Awareness.

**Cynthia Cook, PhD ..... (281) 332-5100**

216 N. Michigan Ave.  
League City, TX 77573

[www.psychology-resources.com](http://www.psychology-resources.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment.

**Diana Corder, MS, LPC, LMFT, LCDC..... (281) 630-5279**

600 Ward Rd.  
Baytown, TX 77520

**Population Served:** Preteens, Teens, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Depression, Women's Abuse Issues, Marriage Therapy, Substance Abuse, Interpersonal Relationships In The Workplace

**Sandra Cornwell, MA, LPC ..... (409) 935-7900**

2925 Palmer Hwy., Ste. C  
Texas City, TX 77590

**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Licensed substance abuse counselor, Hypnosis, Tapping for PTSD

**Lee Cox, PhD, LPC ..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Anger Management, Drug Relapse Prevention, Mediation

**Harolyn Craig, MA, LPC..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058  
[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Janet Crow, MA, LPC..... (281) 407-0777**

16815 Royal Crest Dr., Ste. 130  
Houston, TX 77058  
[www.rightstepclearlake.com](http://www.rightstepclearlake.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families

**Specialties:** Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

**Candace Cudd, MS, LPC ..... (281) 660-0327**

2118 North Grand  
Pearland, TX 77581  
[www.counselingconceptshouston.com](http://www.counselingconceptshouston.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families

**Types of Services:** Counseling adults, families, and couples coping with Grief and Loss, Anxiety, Relationship Issues, and Personal Growth

**Specialties:** ADHD, Social Skills, Anxiety, Divorce/Blended Families, and Stress Management

**Melissa Kummer Dague, MA, LPC-S..... (409) 762-8636**

2200 Market St., Ste. 600  
Galveston, TX 77550  
[www.fscgal.org](http://www.fscgal.org)

**Population Served:** Individuals of all ages, Families

**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges.

**Specialties:** Expertise and special training in play therapy, domestic violence/sexual assault, anxiety disorders and behavioral interventions with children.

**Cindy Dalmolin, MA, LMFT ..... (281) 485-9280**

2225 County Rd. 90, Ste. 119  
Pearland, TX 77584  
[www.counselingconnections.info](http://www.counselingconnections.info)

**Tamisha Daniels, MEd, MA, LPC-S ..... (832) 483-0822**

720 N. Post Oak Rd., Ste. 280

Houston, TX 77024

[www.laraallenlpc.com](http://www.laraallenlpc.com)

**Population Served:** Children, Adolescents, Teens, Couples, and Families

**Types of Services:** Cognitive Behavioral (CBT), Family Systems Therapy, Family/Marital Therapy, Solution Focused Brief Therapy (SFBT)

**Specialties:** Behavioral Issues, Child or Adolescent, Family Conflict

**Delee D'Arcy, MA, LPC, LMFT ..... (713) 302-6698**

1100 Nasa Pkwy., Ste. 110

Houston, TX 77058

[www.deleedarcytherapy.com](http://www.deleedarcytherapy.com)

**Population Served:** Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Specializes in helping people improve communication with others, personal growth for both men and women, grief/loss

**Nancy Davis, MA, LMFT, LPC..... (409) 370-0107**

4920 D Seawall Blvd.

Galveston, TX 77551

**Population Served:** Adolescents thru Aging (No children under 13)

**Types of Services:** Individuals, Couples, Families

**Specialties:** Couples Counseling, Meditation for Relaxation, Loss and Grief

**Roxanne Deams, MA, LPC..... (281) 485-9280**

2225 County Road 90, Ste. 119

Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**George Dempsey, PhD..... (281) 956-1037**

1331 Gemini Avenue, Ste. 205

Houston, TX 77058

[www.corporatepsychologyinc.com](http://www.corporatepsychologyinc.com)

**Beth Dennard, EdD, LPC ..... (281) 486-0023**

17041 El Camino Real, Ste. 203

Houston, TX 77058

**Specialties:** Educational Consultant, College and Career Guidance

**Susan Denton, MA, LPC ..... (713) 569-4979**

2118 North Grand  
Pearland, TX 77581

[www.counselingconceptshouston.com](http://www.counselingconceptshouston.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families

**Types of Services:** Relationship/Marriage, Parenting, Blended Families, Mood and Anxiety Disorders, Loss Counseling

**Specialties:** Specializes in working with children and adolescents and their families coping with mental health issues such as ADHD, Bipolar Disorder, Autism Spectrum Disorders, Oppositional Defiant Disorder, mood and anxiety disorders and foster/adoption issues.

**Sneha Satin Desai, PsyD ..... (281) 956-1032**

1110 Nasa Pkwy., Ste. 307  
Houston, TX 77058

**Stephanie K DeWolfe, LCSW ..... (281) 482-9222**

1506 Winding Way Dr., Ste. 204  
Friendswood, TX 77546

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Individuals, Families

**Beverly Dolenz-Walsh, PhD ..... (713) 540-1528**

14034 Hooper Rd.  
Houston, TX 77047

[www.beverlywalshphd.com](http://www.beverlywalshphd.com)

**Population Served:** Children, Teens, Adults, and Couples

**Types of Services:** Equine Assisted Psychotherapy, Life and Family Coaching, Team Building and Corporate Leadership Events, Growth and Learning Workshops

**Specialties:** Individual, Marital, Family, and Group Psychotherapy

**Diane Dougherty, PhD ..... (281) 420-8400**

4301 Garth Rd., Ste. 400  
Baytown, TX 77521

**Dawn Drucker, MS, LMFT, LCDC ..... (281) 480-7554**

17555 El Camino Real  
Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Types of Services:** Individual and Marital Therapy



**Sandra Dwyer, MS, LPC ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anger Management, Children, Anxiety, Grief

**Wanda Eckersley, MS, LPC, NCC ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Anxiety, ADHD, Women's Issues

**Stacey Ecord, MA, LPC ..... (281) 450-5546**

1002 Gemini St., Ste. 206

Houston, TX 77058

**Population Served:** Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults

**Types of Services:** ADHD, Anxiety, Bipolar Disorder, Coping Skills, Emotional Disturbance, Obsessive-Compulsive Disorder (OCD), Peer Relationships, Self Esteem, Sexual Abuse, Weight Loss, Anger Management, Behavioral Issues, Child or Adolescent, Depression, Grief, Oppositional Defiant Disorder

**Specialties:** Mood Disorders, Parenting, Trauma and PTSD

**Danny P. Edwards, MA, LMFT, LPC, LCDC ..... (281) 857-7790**

416 S. Johnson St.

Alvin, TX 77511

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Individuals, Families

**Specialties:** PTSD

**Kristi Elliott, MS, LPC ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)

**Mary Ellis, MA, LPC..... (281) 482-5999**

1506 Winding Way, Ste. 104

Friendswood, TX 77546

**Gesslyn Engelhard, MA, LPC ..... (832) 279-4418**

1100 Nasa Pkwy., Ste. 501  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric, Groups, Individuals

**Types of Services:** Pervasive Development Disorder (PDD), Post-Adoption, ADHD, Childhood Abuse, Mood Disorders, Social Skills Groups, ADHD Groups, Children 3 and Up

**Specialties:** Post Adoption, Groups (Elementary, Middle School, High School, Dad's Group, Mom's Group)

**Ricky Ertell, MS, LPC-S ..... (281) 824-1480**

1111 W. Adoue St.  
Alvin, TX 77511

[www.sfachc.org](http://www.sfachc.org)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Specialties:** Bipolar Disorder, Depression, Schizophrenia

**Coleen Kelly Essary, MA, LPC ..... (281) 922-7333**

11550 Fuqua St., Ste. 560  
Houston, TX 77034

[www.ghpa.net](http://www.ghpa.net)

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Child, Adolescent, and Adult Therapy

**Charlotte Evans, MA, LMFT, LPC ..... (281) 957-9809**

4907 E. Nasa Pkwy  
Seabrook, TX 77586

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Marriage & Family, Depression & Grief, Stress, Anxiety, Anger Management, Women's Issues, PTSD

**Jeanne Ewing, LCSW ..... (281) 218-9277**

2045 Space Park Dr., Ste. 250  
Nassau Bay, TX 77058

[www.clearlaketherapist.com](http://www.clearlaketherapist.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Child/Teen Advocacy, Custody-Divorce

**Cindy Fair, MA, LMFT ..... (281) 485-9280**

2225 County Road 90, Ste. 119  
Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Daniela Fant, LCSW ..... (832) 466-6257**

2045 Space Park Dr.

Houston, TX 77058

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Bilingual/Bicultural (Spanish/English) Psychotherapy, Eating Disorders, Geriatric

**Kristina Farmer, LMFT, CART ..... (281) 485-9280**

2225 County Road 90, Ste. 119

Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Donna Fasullo, LCSW, LCDC ..... (713) 687-7644**

3027 Marina Bay Dr., Ste. 110

League City, TX 77573

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Groups, Individuals, Families

**Denis Feldman, PhD ..... (281) 427-3257**

606 Rollingbrook St., Ste. 1G

Baytown, TX 77521

**Population Served:** Children, Teenagers, Adults

**Specialties:** General practice

**Greg Fenberg, MA, LMFT ..... (713) 487-7792**

2121 Market St., Ste. 201

Galveston, TX 77550

**Population Served:** Adolescents / Teenagers (14 to 19), Adults

**Types of Services:** Individuals, Couples, and Families

**Specialties:** Depression, Relationship Issues, Anger Management

**Tina Fontenot, MS, LPC..... (281) 475-9958**

1002 Gemini St., Ste. 225-G

Webster, TX 77058

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Eating Disorders, Couples, LGBT, Women's Issues

**Mary R Fricke, MA, LPC ..... (281) 798-7016**

17041 El Camino Real, Ste. 203

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Christian Based, Cognitive Behavioral Therapy (Prayer and scripture when patient wishes to include God in the counseling)

**Tenley Fukui, MA, LPC ..... (713) 408-2468**

620 W. Main, Ste. 101

League City, TX 77573

[www.tenleyfukui.net](http://www.tenleyfukui.net)

**Population Served:** Adults, Individuals

**Specialties:** Chronic Pain Management, Insomnia, Anxiety Disorders, Clinical Hypnosis, Alcohol and Opiate Addiction, Depression, Anger, PTSD, Biofeedback, Irritable Bowel Syndrome, Stress Management, Weight Loss Management, Smoking Cessation

**Alma Garcia, MEd, LPC, PSOTP ..... (281) 485-9280**

2225 County Road 90, Ste. 119

Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Sol-Angel Garcia, MS, LMFT ..... (713) 201-5412**

4501 Cartwright Rd., Ste. 305

Missouri City, TX 77459

**Population Served:** Individuals, Couples, Family

**Types of Services:** Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support , Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution

**Specialties:** Cognitive Behavioral Therapy (CBT), Family Systems Therapy, Family/Marital Therapy, Interpersonal, Solution Focused Brief Therapy (SFBT)

**Beth Garland, PhD ..... (713) 873-6300**

3925 Fairmont Pkwy.

Pasadena, TX 77504

**Delma Garza, MS, LPC ..... (281) 910-0921**

2734 Sunrise Blvd., Ste. 408

Pearland, TX 77584

[www.tlcassociates.org](http://www.tlcassociates.org)

**Angela Gaston, LCSW ..... (979) 299-6600**

52 Flag Lakes Dr.

Lake Jackson, TX 77566

**Thomas Gates, MA, LMFT, LCDC ..... (281) 922-7333**

11550 Fuqua St., Ste. 560

Houston, TX 77034

*www.ghpa.net*

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Child, Adolescent, and Adult Therapy

**Julie Gibson, MA, LPC ..... (832) 510-7078**

2118 North Grand

Pearland, TX 77581

*www.counselingconceptshouston.com*

**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families

**Types of Services:** Individual, Group, and Family Counseling

**Specialties:** Anxiety, Depression, Mental Health Issues, and Personal Growth

**Jill Gilbert, MA, LPC, LMFT, LCDC ..... (281) 333-5740**

18333 Egret Bay Blvd., Ste. 305

Houston, TX 77058

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Mental Health, Substance Abuse

**Catrin Glynn, MA, LPC ..... (713) 835-6503**

5311 Kirby Dr., Ste. 204

Houston, TX 77005

*www.purionclinic.com*

**Marcia Golden, MA, LPC ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

*www.pro-act.com*

**Vera Gonzales, PhD ..... (713) 922-4850**

1300 Bay Area Blvd., Bldg. B, Ste. 125

Houston, TX 77058

*www.drveragonzales.com*

**Population Served:** Adults, Geriatric

**Types of Services:** Individuals

**Specialties:** Pain Management, Psychological Assessment For Pre-Bariatric Surgery Or Other Surgeries, Assessment for Use of Opioid Meds

**Debbie Grammas, PhD ..... (713) 304-6554**

17300 El Camino Real, Ste. 107C

Houston, TX 77058

[www.debbiegrammas.com](http://www.debbiegrammas.com)

**Population Served:** Adults

**Types of Services:** Individuals and Couples

**Specialties:** Body Image Concerns, Eating Disorders, Anxiety, Depression, Couples Counseling

**Roslyn Granger, LCSW ..... (713) 463-9449**

9525 Katy Frwy., Ste. 312

Houston, TX 77024

[www.bhchouston.com](http://www.bhchouston.com)

**Gale S. Grant-LeRoy, MS, LPC-S, NCC ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Population Served:** Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Marital Therapy, Anxiety, Depression, Trauma

**Deedee Gregoire, LCSW ..... (409) 750-0882**

12406 Hwy. 6

Santa Fe, TX 77510

**Population Served:** 12 years and up

**Types of Services:** Mental Health and Mental Retardation Services, Youth Services

**George Grimes, PhD, PA, LMFT, LPC ..... (979) 417-4294**

Houston, TX 77058

**Population Served:** Preteens, Teenagers, Adults, Geriatric Groups, Individuals, Families

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Chronic Pain Management, Stress Management

**Mark Groblewski, LCSW, CIRT ..... (832) 687-7915**

11550 Fuqua, Ste. 310

Houston, TX 77034

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Certified IMAGO Relationship Therapist, Parenting, Marital and Couples Therapy, Divorce, Bipolar Disorder, Depression, Anxiety and Stress Reduction.

**Tim E. Gusey, MA, LPC, LSSP ..... (281) 585-0000 Ext. 4**

105 N. Gordon, Ste. 202

Alvin, TX 77511

[www.downtowncounseling.com](http://www.downtowncounseling.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anger Management, Depression and Loss, Stress and Anxiety, Parenting, Marriage/Relationships, Divorce, Communication including Assertiveness, Conflict Prevention and Resolution, Men's issues, Life Transitions and Changes, Family Preservation Therapy, Post-Adoption Therapy, Family Issues including family of origin concerns, Step/Blended Families, Post-Traumatic Stress, Asperger's Symptoms

**Carol Haase-Greeley, MEd, LPC ..... (281) 332-9931**

2323 Clear Lake City Blvd.,

Ste. 108-309

Houston, TX 77062

(281) 731-7964

[www.heartadvocates.com](http://www.heartadvocates.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individuals

**Specialties:** Autism Spectrum, Developmental Spectrum Issues, Art Therapy, Play Therapy, Women's Issues, Grief/Loss, Divorce, Gay & Lesbian Issues, Meditation and Mindfulness. Team Member of HEART Advocates of Houston.

**Debrah Hall, PhD ..... (281) 731-7964**

2323 Clear Lake City Blvd., Ste. 108-309

Houston, TX 77062

[www.heartadvocates.com](http://www.heartadvocates.com)

**Types of Services:** Helps parents navigate through the special education process, educates parents on their children's rights, and assists parents in obtaining individualized, appropriate educational programming for their children.

**Peggy Halyard, BBA, MA, LPC ..... (832) 594-8837**

1300 Bay Area Blvd., Bldg. B, Ste. 125

Houston, TX 77058

[www.couples-help.com](http://www.couples-help.com)

**Population Served:** Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Individuals, Adolescents

**Specialties:** Advanced Clinician, Certified Imago Therapist, Certified Imago Workshop Presenter

**Tonya Hammer, PhD, LPC ..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Lanelle Hanagriff, MA, LPC-S, FAPA ..... (281) 482-5999 Ext. 3**

1506 Winding Way, Ste.104

Friendswood, TX 77546

**Population Served:** Preteens, Teenagers, Adults, Couples, Individuals, Families

**Specialties:** Infertility, Anxiety, Christian Counseling

**LeAnn Hanks, MA, LPC..... (281) 660-0327**

2118 North Grand

Pearland, TX 77581

*www.counselingconceptshouston.com*

**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families

**Types of Services:** Individual, Group, and Family Counseling

**Specialties:** Marital Problems, Depression, Anxiety, Women’s Issues, Infertility, Adoption, Sexual Abuse/Assault, and Trauma

**Deborah Harney, LCSW ..... (281) 412-6863**

2225 County Rd. 90, Ste. 215

Pearland, TX 77584

**Rion Hart, PhD..... (281) 488-5515**

16864 Royal Crest Dr.

Houston, TX 77058

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Individuals, Families

**Specialties:** Psychoanalysis, Treatment of Professionals in Crisis

**Susan Heimbaugh, MA, LPC, LMFT ..... (281) 427-0453**

1003 Polly St.

Baytown, TX 77520

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Hypnotherapy, ADHD Parenting Strategies, Psychological Disorders

**Donna Henn, MS, LPC..... (832) 816-4441**

1120 Nasa Pkwy., Ste. 305

Houston, TX 77058

*www.donnahenn.com*

**Population Served:** Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Rescripting, Rapid Trauma Release

**Patricia Hesketh, MEd, LPC, LMSW, NCC..... (713) 254-1374**

1600 W. League City Pkwy., Ste. R

League City, TX 77573



**Sue Hewitt, MS, LPC ..... (281) 412-4123**

2501 S. Galveston Ave., Ste. B

Pearland, TX 77581

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Laura Hicks, MA, LPC, LMFT ..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

[www.laura-hicks.squarespace.com](http://www.laura-hicks.squarespace.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Family and Marriage Therapy, Trauma, Grief

**Deborah Higgs, MA, LPC, LMFT ..... (281) 331-6222**

1600 E. Hwy. 6, Ste. 375

Alvin, TX 77511

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Lee Ann Hilbrich, MA, LPC, LMFT ..... (281) 480-7554**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Gary Hilliard, BS, LCDC..... (281) 333-2284**

1345 Space Park Dr., Ste. C

Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Population Served:** Teenagers, Adults

**Types of Services:** Groups

**Specialties:** New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in an evening substance abuse program designed to help individuals and families develop the skills they need to cope with addictions and chemical dependency issues.

**Victor Hirsch, PhD..... (281) 332-3852**

1025 E. Main, Ste. 100

League City, TX 77573

[www.drivictorhirsch.com](http://www.drivictorhirsch.com)

**Population Served:** Children, Preteen, Couples, Adults

**Susan Hoak, MEd, LMFT, LSSP ..... (713) 692-6216 x 2408**

6515 Irvington Blvd.  
Houston, TX 77022  
[www.hcde-texas.org](http://www.hcde-texas.org)

**Kelly Holmes, LCSW ..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058

**Kimetre Hopkins, MA, LPC, LMFT ..... (281) 485-9280**

2225 County Road 90, Ste. 119  
Pearland, TX 77584  
[www.counselingconnections.info](http://www.counselingconnections.info)  
**Population Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Couples, Groups, Individuals, Families

**Lynn Hungerford, PhD ..... (281) 218-7900**

1560 W. Bay Area Blvd., Ste. 270  
Friendswood, TX 77546

**Annette Hunt, MA, LPC, LMFT ..... (409) 621-1600**

6025 Heards Ln., Ste. 4W  
Galveston, TX 77551

**Darline Hunter, EdD, LPC-S, LMFT, LCDC ..... (713) 515-4004**

18607 Upper Bay Rd.  
Nassau Bay, TX 77058

**Rose L. Huss, MA, LPC, LMFT ..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058  
[www.innovativealternatives.org](http://www.innovativealternatives.org)  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** EMDR, Anger Management, Domestic Violence, Couples Therapy (Bilingual - Speaks fluent Spanish)

**Theresa James, MEd, LPC, NCC ..... (281) 922-7333**

11550 Fuqua St., Ste. 560  
Houston, TX 77034  
[www.ghpa.net](http://www.ghpa.net)  
**Population Served:** Individual, Couples, and Family Counseling

**Myra Johnson, LCSW, CMC..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Family and Marriage Therapy, Trauma, Grief

**Patricia Johnson, PhD ..... (281) 428-7039**

3722 N. Main St.

Baytown, TX 77521

**Mary Ann Johnston, MEd, LPC, LMFT ..... (713) 667-5659**

6300 W. Loop South Frwy., Ste. 215

Bellaire, TX 77401

**Kevin Jones, PhD ..... (281) 427-1115**

4721 Garth Rd., Ste. A300

Baytown, TX 77521

**Michael Jones, PhD ..... (281) 554-6100**

1560 Live Oak St., Ste. B

Webster, TX 77598

[www.4psych.com](http://www.4psych.com)

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Depression, Psychological Testing, Academic Testing, and Anxiety Disorders

**Laura Jordan, MA, LPC, LMFT ..... (281) 317-7237**

1100 Nasa Pkwy., Ste. 110

Houston, TX 77058

[www.jordantherapyservices.com](http://www.jordantherapyservices.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Mediation

**Megan Kale, LCSW..... (281) 956-2726**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individual, Groups, Child, Adolescent and Family Therapy

**Specialties:** LGBT Issues, Adolescent Females

**Brian J. Kearns, PhD..... (281) 993-1999**

150 W. Shadowbend, Ste. 100

Friendswood, TX 77546

**Population Served:** Children, Teenagers

**Types of Services:** Children, Adolescents and Families

**Martha Kennedy, PhD ..... (281) 480-9291**

16846 Royal Crest Dr.

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individuals, Families

**Specialties:** Developmental Disorders, including ADHD, Autism and Learning Differences, Sexual and Physical Abuse, Post-Traumatic Stress, Forensic Services, Civil Suits

**Gary Kesling, PhD, MS, LPC, LMFT ..... (409) 770-3564**

6606 W. Broadway

Pearland, TX 77581

**Hong Klein, MA, LPC, CART ..... (832) 646-3996**

2734 Sunrise Blvd., Ste. 206

Pearland, TX 77584

[www.transformingyoucounselingandwellness.com](http://www.transformingyoucounselingandwellness.com)

**Nancy Kling, MA, LPC, LSSP..... (281) 482-7587**

902 S. Friendswood Dr., Ste. G

Friendswood, TX 77546

[www.behaviorplus.com](http://www.behaviorplus.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Groups, Individuals, Families

**Specialties:** Teaching Social Skills to Children, Youth and Adults who are on the Autism Spectrum. Work with Groups, teaching skills to navigate the social world. Provide Parent Training (The Nurtured Heart Approach), and Parent workshops and educator staff development.

**John Kubis, MEd, LPC-S, LSOTP-S, NCC..... (409) 938-4814 x102**

2401 Termini, Ste. C

Dickinson, TX 77539

[www.fscgal.org](http://www.fscgal.org)

**Population Served:** Individuals of all ages, Families

**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges.

**Richard Kuehn, MA, LPC-S ..... (713) 553-3609**

1002 Gemini St., Ste. 225c

Houston, TX 77058

**Jennifer Kuhl, MA, LPC ..... (832) 864-6000**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric, Groups, Individuals, Families

**Specialties:** Play Therapy, Mood Disorders, Trauma, Grief, Postpartum Depression, Anxiety

**Pauline Kwang, EdD, LMFT, LCDC ..... (832) 275-5405**

**Specialties:** Takes special cases.

**Jacqueline Lanier, PhD..... (281) 480-7999**

17214 Mercury Dr., Ste. 200  
Houston, TX 77058

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Individuals

**Specialties:** Mood and Anxiety Disorders

**Terry Lapointe, MA, LPC ..... (281) 352-5594**

1120 Nasa Pkwy., Ste. 305  
Houston, TX 77058

**Lauren Lappe, MEd, LPC ..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058

[www.bloomcounseling.net](http://www.bloomcounseling.net)

**Virginia Lara, MA, LPC, LMFT ..... (281) 481-7133**

11339 Hughes Rd.  
Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency),  
Individuals

**Specialties:** Bilingual Counseling, Marriage & Family, Anger Group, Special Topic Group, Life Skills  
Group

**Rev. Jim Laucher, MA, LMFT, LPC, NCC ..... (281) 481-7133**

11339 Hughes Rd.  
Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency),  
Individuals, Families

**Specialties:** Relationships, Marriage, Family, Job, School, Church, Friends, Neighbors

**Sabra Laval, MA, LPC, LMFT..... (713) 527-8686**

2121 Market St., Ste. 206

Galveston, TX 77550

**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals

**Dawn Lawless, LCSW, LSOT, RPT-SP..... (281) 485-9280**

2225 County Rd. 90, Ste. 119

Pearland, TX 77584

*www.counselingconnections.info*

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Christian Counseling, Anger Management, Marriage Counseling, Pre-Marital Counseling, Children with Behavioral Issues

**Sarah Lay, MA, LPC..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

*www.pearlandcounselingcenter.com*

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Severe Psychiatric Disorders, Mood Disorders, Trauma, Stress, Sexual Abuse, Addiction, Parenting, Foster Care, Family Issues, Anxiety, Weight Loss and Relationship Issues

**Lisa Layne, LCSW..... (281) 837-6463**

330 E. Medical Center Blvd.

Webster, TX 77598

*www.thepsychclinic.com*

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Child and Adolescent Psychiatry

**Melinda Lea, PhD..... (281) 488-0615**

17045 El Camino Real, Ste. 210

Houston, TX 77058

*www.clearlakepsychotherapy.webs.com*

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Chemical Dependency, Depression, Grief, Anxiety

**Gerald E. Lee, MA, LPC..... (713) 664-6777**

2825 Miller Ranch Rd., Ste. 225

Houston, TX 77054

*www.gleandassociates.com*

**Doreen Lerner, PhD, PA..... (281) 412-7231**

2225 County Rd. 90, Ste. 201-A

Pearland, TX 77584

[www.doreenlernerphd.com](http://www.doreenlernerphd.com)

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals

**Specialties:** Mood and Anxiety Disorders, Couples Therapy and Parenting, Weight Management

**Penny Lezak, MS, LPC ..... (713) 453-2300**

12655 Woodforest Blvd., Ste. 700

Houston, TX 77015

[www.abidingchristiantherapyllc.com](http://www.abidingchristiantherapyllc.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Agency/Ministry works with any and all concerns. Successful with God's help in particular areas of Depression, Low Self-Confidence, Divorce, Anger Management, ADHD and Marriage Counseling.

**Lorraine Limero, MA, LMFT, LPC..... (281) 332-1257**

614 W. Main, Ste. 102

League City, TX 77573

**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Serious Illness, Childhood Abuse and Trauma, Grief Issues, Gay Issues, Strong Family of Origin Orientation

**Stephen Lippold, PhD ..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

**Population Served:** Adults, Geriatric

**Specialties:** Neuropsychological Evaluations, Memory Loss Assessments, Geriatrics, Stroke, Dementia

**Elaine Litsey, LCSW-ACP, LMFT ..... (281) 332-8608**

1150 Devereux Dr.

League City, TX 77573

**Sherry Loeb, MS, LPC..... (713) 818-8392**

9511 N. Hwy. 146 at Warren Rd.

Baytown, TX 77523

**Larna Loeckle, PhD, LPC..... (281) 332-3300**

1725 E. Main

League City, TX 77573

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups (ADDA - Attention Deficit Disorder Association; Meet First Tuesday of Each Month), Individuals, Families

**Specialties:** ADHD, Autism Spectrum Disorders, Depression, Anxiety, Anger Management, Parenting Classes, Learning Disabilities, EAP Services, Family Issues

**Anna Lopez, LCSW ..... (409) 938-4814 x102**

2401 Termini, Ste. C

Dickinson, TX 77539

[www.fscgal.org](http://www.fscgal.org)

**Population Served:** Individuals of all ages, Families

**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges.

**Bhawna Luthra, MA, LPC, LMFT ..... (832) 895-5417**

16821 Buccaneer Ln., Ste. 119

Houston, TX 77058

**Population Served:** Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)

**Types of Services:** Academic Underachievement, Behavioral Issues, Borderline Personality, Child or Adolescent, Chronic Pain or Illness, Domestic Abuse, Family Conflict, Life Coaching, Obsessive-Compulsive Disorder (OCD), Parenting, Relationship Issues, Self-Harming, Trauma and PTSD

**Specialties:** Depression, Coping Skills, Anxiety

**Moradi Mahtab, MA, LMFT ..... (281) 317-7326**

2600 South Shore Blvd., Ste. 300

League City, TX 77573

[www.southshorefamilies.com](http://www.southshorefamilies.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups, Individuals, Families, Pre-Marital Groups

**Specialties:** Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

**Josephine "Jonette" Annette Malone, LCSW ..... (409) 772-0770**

400 Harborside Dr., Ste. 118-119

Galveston, TX 77550

[www.utmbhealth.com](http://www.utmbhealth.com)

400 Texas Ave., Ste. A

Webster, TX 77598

(281) 338-2798

**Specialties:** Psychiatry, Child & Adolescent



**Ewa Marcinkiewicz, LPC ..... (281) 333-2284**

1345 Space Park Dr., Ste. C  
Houston, TX 77058

[www.newdimensionsdayhospital.com](http://www.newdimensionsdayhospital.com)

**Population Served:** Adults

**Types of Services:** Provides Intensive Outpatient and Partial Hospitalization Programs for adults to address mental health and dual diagnosis (mental health and chemical dependency issues). Also provides Step Down Services for Individuals Leaving Inpatient or Residential Treatment, and provides Aftercare Programming for those that successfully complete the program.

**Specialties:** New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in a day treatment program designed to help individuals and families develop the skills they need to cope with mental health issues and dual diagnosis (mental health and chemical dependency issues.)

**Michael Markowitz, PsyD ..... (281) 217-7761**

11721 Fuqua St. (South Belt Medical Clinic)  
Houston, TX 77034

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Clinical Psychologist, Licensed Sex Offender Treatment Program, Certified DOT SAP, Substance Abuse, Work with all Sexual Issues, including Sex Addiction

**Peggy Martin, MS, LPC..... (281) 485-9280**

2225 County Road 90, Ste. 119  
Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Reuben Martinez, PhD, LPC..... (281) 455-8100**

711 W. Bay Area Blvd., Ste. 545  
Webster, TX 77598

**Sam Marullo, Jr., PhD ..... (281) 488-0615**

17045 El Camino Real, Ste. 210  
Houston, TX 77058

[www.clearlakepsychotherapy.webs.com](http://www.clearlakepsychotherapy.webs.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** ADHD Assessment

**Dorothy Massie, LCSW ..... (281) 485-9280**

2225 County Road 90, Ste. 119  
Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Pierre Matta, LMFT-S..... (281) 377-3538**

4625 Lillian St.  
Houston, TX 77007  
[www.familyservices.org](http://www.familyservices.org)

**Gayle McAdoo, MA, LMFT, LPC, LCDC..... (281) 280-8641**

16821 Buccaneer Ln., Ste. 119  
Houston, TX 77058  
**Population Served:** Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** Marital and Family Therapy (Clinical Member, AAMFT), Life Transitions, Grief/Loss, Small Business and Work Related Concerns, Substance Abuse

**Joan McBride, MA, LMFT..... (281) 482-8967**

150 W. Shadowbend, Ste. 100  
Friendswood, TX 77546  
**Population Served:** Teenagers, Adults  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Marriage and Family Therapy

**Erica McCarty, MA, LPC ..... (281) 482-5999**

1506 Winding Way, Ste. 104  
Friendswood, TX 77546  
[www.ccdfriendswood.com](http://www.ccdfriendswood.com)  
**Population Served:** Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Depression, Anxiety, Substance Abuse, Christian Counseling

**Monica McClain, MA, LPC..... (832) 640-4939**

2646 South Loop West, Ste. 568  
Houston, TX 77054  
[www.aspirecounselingandconsulting.com](http://www.aspirecounselingandconsulting.com)  
**Population Served:** Individuals, Couples and Families  
**Types of Services:** Domestic Violence, Parenting Skills, Substance Abuse, Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution, Children/Adults with ADHD, Children with Special Needs  
**Specialties:** Relationship Issues, Grief and Loss, Anxiety and Fears, Depression, Personal Growth, Parenting Support, Stress Management

**Steven McClain, PhD ..... (979) 297-8565**

129 Circle Way, Ste. 105  
Lake Jackson, TX 77566  
**Population Served:** Adults  
**Types of Services:** Individuals, Families, Psychological Counseling and Testing Services for Children  
**Specialties:** Comprehensive Psychological Testing for Children

**Leah McCoy, MA, LPC, NCC..... (281) 480-7554**

17555 El Camino Real  
Houston, TX 77058  
[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Adults  
**Types of Services:** Couples and Individuals

**Harriet McCune, MS, LPC..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058  
[www.innovativealternatives.org](http://www.innovativealternatives.org)

**Carol McDaniel, MEd, LPC ..... (281) 482-3882**

2051 W. Parkwood  
Friendswood, TX 77546  
**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families  
**Specialties:** Clients who choose to integrate Judeo-Christian principles in their counseling work.

**Dennis McGuire, PhD ..... (979) 299-1590**

115 N Dixie  
Lake Jackson, TX 77566

**Julia Douglas Meadows, MA, LPC ..... (832) 794-0646**

4650 Center St.  
Deer Park, TX 77536  
[www.meadowscounselingcenter.com](http://www.meadowscounselingcenter.com)

**Population Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Couples, Individuals, Families, Anger Management Groups  
**Specialties:** Depression, Anxiety, ADHD, Autism Spectrum, Children ages 3 and up

**Puja Mehta, MA, LPC..... (281) 332-3852**

1025 E. Main, Ste. 100  
League City, TX 77573  
[www.drivictorhirsch.com](http://www.drivictorhirsch.com)

**Mark Middlebrooks, LCSW ..... (281) 332-4396**

614 W. Main St., Ste. 102  
League City, TX 77573  
**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families  
**Specialties:** Assessment, Spiritual Direction, Men's Issues, Chemical Dependency

**Carol Milam, MS, LPC, NCC ..... (281) 333-5740**

18333 Egret Bay Blvd., Ste. 305  
Houston, TX 77058

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals

**Specialties:** EMDR Trained, Retirement Planning, Individual and Workshop, Substance Abuse and Co-Dependency

**Janel Miller, PhD ..... (281) 461-4098**

16854 Royal Crest Dr.  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups (High School Asperger's), Individuals, Families

**Specialties:** Psychological Assessment, Comprehensive Psychological, Neuropsychological, Gifted Assessment, ADHD Assessment

**Treasa Mitchell, MS, LPC, LMFT ..... (832) 240-4745**

1002 Gemini, Ste. 206  
Houston, TX 77058

[www.tabonocmc.com](http://www.tabonocmc.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Court-ordered Batterer Intervention & Prevention Program, Court-ordered Anger Management, Parenting Classes, Divorce Therapy (Children of Divorce Therapy & Single Parents' Group)

**Kathy Molinaro, MA, LPC..... (713) 650-0860**

150 W. Shadowbend Ave., Ste.100  
Friendswood, TX 77546

**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Depression, Stress Management

**Clara Monroe, MS, LPC..... (713) 898-8233**

4410 Pasadena Blvd.  
Deer Park, TX 77536

**Antonia Moore, MSW, LCSW ..... (713) 349-9796**

3014 Haverling Dr.  
Pearland, TX 77584

[www.highergroundscounseling.com](http://www.highergroundscounseling.com)

**Population Served:** Children, Teenagers, and Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Group Counseling, Couples/Marital Counseling, Premarital Counseling, Family Therapy

**Guy Moore, MA, LPC ..... (409) 935-7900**

2925 Palmer Hwy., Ste. C

Texas City, TX 77590

[www.guymmoore.webs.com](http://www.guymmoore.webs.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Becky Moorefield, LCSW..... (979) 235-7896**

135 Oyster Creek Dr., Ste. D

Lake Jackson, TX 77566

**Mary Helen Morosko, MA, LMFT ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)

**Beth Morrison, MS, LPC..... (713) 943-2267**

825 Fairmont Pkwy.

Pasadena, TX 77504

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Sex Offender Groups

**Melisa Morrison, MS, LPC..... (979) 864-0932**

201 E Myrtle St., Ste. 132

Angleton, TX 77515

[www.melisa-morrison-ms-lpc.com](http://www.melisa-morrison-ms-lpc.com)

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Personal Growth and Enrichment, Anxiety, Stress, or Hypertension, Depression, Family/Relationship Issues, Child/Adolescent Problems, Grief/Loss, Divorce, Trauma, PTSD, Abuse Issues, Chronic Pain/Illness, Work Problems, Anger

**Specialties:** Individuals, Relationships, Families, Groups

**Vicki Mulder-Junck, MA, LMFT, LPC..... (281) 473-5209**

3715 Preston Rd.

Pasadena, TX 77505

**Dawn Mulqueen, LMFT ..... (832) 489-3204**

16030 Manor Square Dr.

Houston, TX 77062

**Sue L. Naas, MS, LPC..... (409) 965-9723**  
2925 Palmer Hwy., Ste. C  
Texas City, TX 77590

**Leah E. Neese, MA, LPC ..... (713) 825-0086**  
P. O. Box 297  
Mont Belvieu, TX 77580  
*www.montbelvieu counseling.com*  
**Population Served:** Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** Depression, Anxiety, Bipolar, Addictions, Grief/Loss, Suicidal Ideation, Adjustment Issues, Marital Counseling, Bipolar and Depression Groups

**Deloris Nelson, PhD, LPC, LSSP ..... (281) 309-3435**  
1006 South Shore Dr., Ste. 3  
Kemah, TX 77565  
*www.clearlakeshorescounseling.com*  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families

**Vincent Newman, MA, MEd, PhD, NCC, LPC, ASGW, AACE ..... (281) 488-7792**  
P. O. Box 58426  
Houston, TX 77258-8426  
**Population Served:** Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults  
**Types of Services:** ADHD, Addiction, Alcohol Abuse, Anger Management, Asperger's Syndrome, Behavioral Issues, Borderline Personality, Chronic Impulsivity, Chronic Relapse, Depression, Divorce, Domestic Violence, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Internet Addiction, Life Coaching, Medication Management, Narcissistic Personality, Obsessive-Compulsive Disorder (OCD), Peer Relationships, Self Esteem, Sexual Abuse, Sleep or Insomnia, Substance Abuse, Teen Violence, Trauma and PTSD, Video Game Addiction, Academic Underachievement, Adoption, Alzheimer's, Antisocial Personality, Autism, Bipolar Disorder, Career Counseling, Chronic Pain or Illness, Coping Skills, Developmental Disorders, Domestic Abuse, Drug Abuse, Eating Disorders, Entitlement, Gambling, Infertility, Learning Disabilities, Medical Detox, Mental Retardation, Obesity, Oppositional Defiance, Relationship Issues, Sex Therapy, Sexual Addiction, Spirituality, Suicidal Ideation, Testing and Evaluation, Traumatic Brain Injury, Weight Loss  
**Specialties:** Child or Adolescent, Parenting, Anxiety. Anxiety and Schizophrenia Groups

**Cynthia Nicolini, LMFT ..... (713) 252-4801**  
3815 Pine Ridge  
Baytown, TX 77523  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Individuals

**Virginia Niebuhr, PhD ..... (409) 772-3695**

2785 Gulf Frwy. South  
League City, TX 77573

**Misti Nielsen, MA, LMFT..... (281) 674-5402**

16815 Royal Crest Dr., Ste. 110  
Houston, TX 77058  
[www.turnthetidefamilyservices.org](http://www.turnthetidefamilyservices.org)

**Population Served:** Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Emotion Focused Couples Therapy, Certified Prepare-Enrich Facilitator for couples and groups, Together in Texas Provider, Certified Active Families Facilitator, Christian Teaching when requested, Sliding Scale when requested (Forgiveness & Reconciliation group, Premarital Workshops)

**Julie Nise, MA, LPC, LMFT ..... (281) 996-6888**

607 S. Friendswood, Ste. #1  
Friendswood, TX 77546  
[www.aimcounselingcenter.com](http://www.aimcounselingcenter.com)

**Amanda Norris, PhD ..... (281) 480-0200**

1560 W. Bay Area Blvd., Ste. 270  
Friendswood, TX 77546  
[www.dramandanorris.com](http://www.dramandanorris.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individuals, Families

**Specialties:** Psychological Evaluations for Children and Adults

**Caroline Norris Mokry, PhD ..... (281) 412-6863**

2225 County Rd. 90, Ste. 215  
Pearland, TX 77584

**Deborah O'Donnell, LCSW, LCDC ..... (605) 496-9629**

11200 Broadway St., Ste. 2743  
Pearland, TX 77584  
[www.pearlandfamilies.com](http://www.pearlandfamilies.com)

**Population Served:** Teens, Adults, and Families

**Types of Services:** Family Adjustment, Anger Management, Substance Abuse, Teen Behavioral Issues

**Specialties:** Specializes in supporting success for families in crisis due to life stress or mental health issues (ADHD, Bipolar, Schizophrenia, Alzheimer's) and/or substance abuse.

**Kristi Ottis, MS, NCC, LPC..... (479) 200-6034**

3526 E. FM 528 Rd., Ste. 208

Friendswood, TX 77546

[www.friendswoodcc.com](http://www.friendswoodcc.com)

**Population Served:** Preteen, Teenagers, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety Disorders, (GAD, OCD, Social Phobia, Panic Disorder) and Trichotillomania

**Susan Parkman, LCSW ..... (713) 252-0840**

Houston, TX

**Population Served:** Adults, Male and Female

**Specialties:** Therapeutic Practice, Adjustment Therapy, Trauma, Progressive Chronic Illness, Behavior Dysfunction, Chemical Dependency

**Sonia Pastrana, MEd, LPC ..... (713) 584-0098**

1100 Nasa Pkwy., Ste. 402

Houston, TX 77058

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Can provide therapy in Spanish

**Tanvi Patel, MA, LPC, NCC ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.counselingandmediation.com](http://www.counselingandmediation.com)

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Depression, Anxiety, Anger/Poor Emotional Control, ADHD, Communication Difficulties, Couples/Marriage Difficulties, Poor Socialization Skills, Abuse, Trauma, Grief, Self-Injury, Eating Disorders and Inability to cope with Life's Stressors

**Specialties:** Couples Therapy, Family Therapy, South Asian Family Systems, Personal Growth and Development, Group Therapy, Psycho-education, Organizational Behavior

**Athena Patelis, PhD ..... (281) 480-7554**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Children, Preteen, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Depression, Anxiety, Mood Disorder, Assessments of ADHD, Women's Issues, Postpartum Depression, Faith Based Issues, Mother/Daughter Relationships, Grief issues



**Jayne Payne, PhD, LCDC, ADC-III..... (281) 407-0777**

16815 Royal Crest Dr., Ste. 130  
Houston, TX 77058

[www.rightstepclearlake.com](http://www.rightstepclearlake.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families

**Specialties:** Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

**Julie Payne, MA, LMFT..... (310) 936-1324**

1110 Nasa Pkwy., Ste. 108-C  
Houston, TX 77058

[www.juliepaynemft.com](http://www.juliepaynemft.com)

**Population Served:** Individuals, Couples, Families, Adults, Children (10 and younger), Preteen (10-12), Teenagers, Geriatric

**Types of Services:** Couples, Groups, Individuals

**Specialties:** Trauma (TF-CBT Certified), Military Families, Chronic Illness/Pain

**Lisa Pearson, MA, LPC, LPC-S, MRE ..... (713) 562-2622**

4001 N. Shepherd, Ste. 222  
Houston, TX 77018

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Bipolar Disorder, LGBT, ADHD

**Clara Pena, LPC..... (832) 878-9639**

5010 North Main St.  
Baytown, TX 77521

**Patti Peoples, MS, LPC..... (281) 678-9871 or (281) 434-9985**

1120 Nasa Pkwy., Ste. 305  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups (Women, Weight, Substance Abuse, Abuse), Individuals, Families

**Specialties:** Mood Disorders, Anxiety, Trauma, Abuse, ADHD, Grief/Loss, Parenting, Self-Esteem, Weight

**Karen Perry, MA, LPC, LMFT ..... (713) 973-2147**

11767 Katy Frwy., Ste. 364  
Houston, TX 77079

[www.karenperrytherapist.com](http://www.karenperrytherapist.com)

**Population Served:** Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Veterans

**Types of Services:** ADHD, Anger Management, Behavioral Issues, Child or Adolescent, Coping Skills, Eating Disorders, Family Conflict, Internet Addiction, Obsessive-Compulsive Disorder (OCD), Self Esteem, Sexual Addiction, Suicidal Ideation, Video Game Addiction, Alcohol Abuse, Asperger's Syndrome, Bipolar Disorder, Codependency, Divorce, Entitlement, Grief, Obesity, Parenting, Self-Harming, Spirituality, Trauma and PTSD

**Specialties:** Marriage and Family, Anxiety, Depression, Relationship Issues

**Sue Pinjala, MA, LPC, LMFT, SAP ..... (281) 421-1524**

6730 Independence St., Ste. 300  
Baytown, TX 77521

[www.tcfi.org](http://www.tcfi.org)

**Jennifer Pinotti-Sanders, MA, LPC ..... (713) 943-2267**

825 Fairmont Pkwy.  
Pasadena, TX 77504

**Dan G. Polk, PhD ..... (281) 333-5740**

18333 Egret Bay Blvd., Ste. 305  
Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Testing for Learning Disabilities and ADHD

**Jamie Porter, LMFT, LPC-S ..... (281) 317-7326**

2600 South Shore Blvd., Ste. 300  
League City, TX 77573

[www.southshorefamilies.com](http://www.southshorefamilies.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Groups, Individuals, Families, Pre-Marital Groups

**Specialties:** Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

**Louise R. Presley, LCSW ..... (734) 308-6249**

18190 Upper Bay Rd., #27  
Houston, TX 77058

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Social Work

**Karen Price, MA, LPC, LMFT, NCC, ATR ..... (281) 554-9994**

614 W. Main St., Ste. #102

League City, TX 77573

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Employee Assistance Programs (EAP), Licensed Professional Counselor, Registered Art Therapist, Marriage and Family Therapist

**Derek Prins, MA, LPC ..... (281) 990-0800**

17625 El Camino Real, Ste. 250

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individual, Families

**Ava Profota, LCSW-S, CSAT, CGP ..... (713) 589-4730**

3915 Dacoma, Ste. F

Houston, TX 77092

**Population Served:** Teenagers, Adults, Couples, Groups, Individuals, Families

**Types of Services:** Women's Love Addiction Group, Men's Love Addiction Group, Men's Relationship Group, TPAPN Group for Nurses, Partners of Sex Addicts, Men's Co-dependence

**Specialties:** Sexual Addiction, Relationship Issues, Addiction

**Annette Propp, MA, LPC, LMFT ..... (281) 782-3437**

1100 Nasa Pkwy., Ste. 501

Houston, TX 77058

**Population Served:** Preteens (10-12), Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anxiety, Family Discord, School Issues, Gifted & Talented Students, Depression, Bereavement

**Julie Purser, PhD ..... (409) 938-4814**

2401 Termini, Ste. C

Dickinson, TX 77539

[www.fscgal.org](http://www.fscgal.org)

**Population Served:** Individuals of all ages, Families

**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges. (Limited case load)

**Shawn Quintanilla, MS, LPC, RPT, CTS, NCC ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Severe Psychiatric Disorders, Mood Disorders, Trauma, Stress, Sexual Abuse, Addiction, Parenting, Foster Care, Family Issues, Anxiety, Weight Loss and Relationship Issues

**Julio Quiralte, MA, LPC ..... (281) 756-3531**

3110 Mustang Rd.

Alvin, TX 77511-4898

[www.alvincollege.edu](http://www.alvincollege.edu)

**Population Served:** Adults

**Specialties:** Career Counselor, Career Services and Academic Advising, Career Planning Workshops (Open To Public)

**Denise Rau, MA, LPC ..... (281) 678-8245**

2600 South Shore Blvd., Ste. 300

League City, TX 77573

**Melanie Reddick, MA, LPC, LMFT, LBSW ..... (409) 762-8636**

2200 Market St., Ste. 600

Galveston, TX 77550

[www.fscgal.org](http://www.fscgal.org)

**Population Served:** Individuals of all ages, Families

**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges.

**Specialties:** Specializes in children, adolescents and adults with expertise in losses/grief recovery, women's issues, adolescents and their families, sexual abuse, substance abuse and dependency and mood disorders.

**Janis B. Rice, MA, LPC ..... (281) 538-8008**

17049 El Camino Real, Ste. 208

Houston, TX 77058

[www.janisrice.com](http://www.janisrice.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anxiety and Panic Attacks, Depression and Anger Management, Mood Disorders, Cognitive Behavioral Therapy (CBT), Mindfulness, Stress Management, Grief/Loss

**Earlene Riser, PhD, LMFT, LPC ..... (281) 422-9272**

1600 James Bowie Dr., Ste. C106

Baytown, TX 77520

[www.jacintomedicalgroup.com](http://www.jacintomedicalgroup.com)

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Margaret Rivera, MA, LPC ..... (832) 224-4490**

1020 Bay Area Blvd., Ste. 118

Houston, TX 77058

**Lisa Robinson, PhD ..... (713) 922-5339**

14034 Hooper Rd.  
Houston, TX 77047

[www.agcrpsychservices.com](http://www.agcrpsychservices.com)

**Types of Services:** Individual Therapy, Group Therapy, Equine Assisted Psychotherapy, Diagnostic Assessments

**Specialties:** Trauma and PTSD, Anxiety, Depression, Grief, Anger Management, Stress Management, Relationship Problems, Adjustment Issues, Self-Esteem Issues, and Smoking Cessation

**Laura E. Rosenberg, PhD..... (409) 772-2222**

301 University Blvd.  
Galveston, TX 77555

[www.utmbhealth.com](http://www.utmbhealth.com)

**Specialties:** Child, Adolescent and Adult Mental Health

**Marta Ann Rosenberg, PhD ..... (409) 772-2222**

301 University Blvd.  
Galveston, TX 77555

[www.utmbhealth.com](http://www.utmbhealth.com)

**Specialties:** Child, Adolescent and Adult Mental Health

**Mike D. Ross, LCSW ..... (281) 482-3882**

2051 W. Parkwood  
Friendswood, TX 77546

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Idette Rumann, MA, LPC, LMFT ..... (713) 943-1100**

5150 Crenshaw, Ste. D100  
Pasadena, TX 77505

**Vince Ruscelli, PhD ..... (281) 338-1382**

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Cognitive Behavioral Therapy, SMART Recovery

**Frances Russell, MA, LPC, LMFT, RPT-S ..... (281) 485-9280**

2225 County Rd. 90, Ste. 119  
Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Katie Salas, PhD..... (281) 316-0709**

620 W. Main St., Ste. 101

League City, TX 77573

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals

**Specialties:** Depressive Disorders, Anxiety Disorders, Grief and Loss, Stress Management, Assessment for Weight Reduction Surgery

**Lisa Salazar, MA, LPC, LMFT..... (281) 536-7446**

1506 Winding Way, Ste. 102

Friendswood, TX 77546

**Tammy Samour, MS, LPC, NCC, ADC, LCDC, SAP ..... (281) 407-0777**

16815 Royal Crest Dr., Ste. 130

Houston, TX 77058

[www.rightstepclearlake.com](http://www.rightstepclearlake.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families

**Specialties:** Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

**Tammy Samour, MS, LPC, LCDC, SAP ..... (281) 971-1969**

17047 El Camino Real, Ste. 140

Houston, TX 77058

[www.aodresource.com](http://www.aodresource.com)

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Return to Work/Duty Program, DOT & NASAP, Alcohol & Drug Evaluations

**Daniel Sanders, PsyD..... (281) 333-5250**

18333 Egret Bay Blvd., Ste. 145

Houston, TX 77058

213 W. Southmore Ave., Ste. 306

Pasadena, TX 77502

**Types of Services:** Neuro-psychological testing, General Diagnostic Battery, Learning Disabilities Battery, Autism Spectrum Testing, Hearing Impaired Testing, Suicidal Counseling, Marriage and Family Counseling

**Specialties:** Evaluation, Prevention, Diagnosis and Treatment of Mental, Emotional and Behavioral Health Issues

**Kay Sandor, PhD, RN, LPC, AHN-BC..... (409) 765-6093**

305 Moody Ave., Ste. 243

Galveston, TX 77550

**Population Served:** Adults, Geriatric

**Types of Services:** Individuals

**Specialties:** Grief and Loss/Bereavement, End-of-Life, Depression, Anxiety, Chronic Disease

**Nikki Sanusi, LCSW ..... (713) 542-5891**

1209 Decker Dr., Ste. 206

Baytown, TX 77520

[www.nikkisanusicounseling.com](http://www.nikkisanusicounseling.com)

**Types of Services:** Range of experiences with different populations including individual therapy in a counseling center, hospice, school case management of adolescents, psychiatric, crisis counseling/suicide hotline and play therapy

**Specialties:** Self-Esteem, Relationship Issues, Depression, Anxiety, Grief and Loss, Life Transitions, Pre-Marital Counseling, Behavioral Issues, Coping Skills, Anger Management, Career Counseling, Divorce, Life Coaching, Peer Relationships

**Angela Sarafin, MA, LMFT, LPC..... (832) 359-0650**

1100 Nasa Pkwy., Ste. 110

Houston, TX 77058

[www.sarafinfamilytherapy.com](http://www.sarafinfamilytherapy.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Christian Counseling, Gottman Method for Couples

**Elizabeth Sardelich, MA, LPC, LMFT ..... (979) 848-6766**

305 E. Mulberry

Angleton, TX 77515

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anxieties, Anger Management, Trauma, Depression, Bi-Polar

**Sheri Schneidman Corning, PhD ..... (281) 956-1032**

1110 Nasa Pkwy., Ste. 307

Houston, TX 77058

[www.texaspsychologyservices.com](http://www.texaspsychologyservices.com)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Corporate, Forensic, Clinical, Military and Sports Psychology. Offers A Women's Group.

**Kimberly Schoger, PhD ..... (281) 731-7964**

2323 Clear Lake City Blvd., Ste. 108-309

Houston, TX 77062

[www.heartadvocates.com](http://www.heartadvocates.com)

**Types of Services:** Helps parents navigate through the special education process, educates parents on their children’s rights, and assists parents in obtaining individualized, appropriate educational programming for their children.

**Holly Schrier, PsyD ..... (713) 294-3180**

3801 Kirby Dr., Ste. 246

Houston, TX 77098

**Population Served:** Children & Teens, 30 and younger

**Types of Services:** Individual Counseling, Social Skills Groups

**Specialties:** Attachment Behaviors, Aspergers (Diagnosis & Treatment - up to Adulthood)

**Mike Schumacher, MS, LPC-S, LMFT ..... (281) 481-7133**

11339 Hughes Rd.

Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Teens, Adults, Geriatric

**Types of Services:** Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families

**Specialties:** Mood Disorders, Anxiety Disorders, Personality Disorders, Sexual Addiction, Cognitive Behavioral Therapy (CBT), Schema Therapy, Christian Orientation

**Karen Sebung, MA, LMFT ..... (281) 334-6543**

1300 Bay Area Blvd., B120

Houston, TX 77058

**Population Served:** Teenagers, Families with Adolescents and Children

**Specialties:** Adolescents with Behavioral or Drug Addiction Issues

**Sandy Seckel, MS, LPC, CDVC, NCC ..... (281) 997-8400**

2217 N. Park Ave.

Pearland, TX 77581

[www.pearlandcounselingcenter.com](http://www.pearlandcounselingcenter.com)

**Population Served:** Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Certified Domestic Violence Counselor

**Karen S. Seitz, PhD, LSSP ..... (281) 488-5515 or (713) 273-2196**

16864 Royal Crest Dr.

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Specialist In ADHD and Autism Spectrum Disorders



**Schon Sellars, MA, LPC ..... (281) 489-6489**

6610 Bailey  
Pearland, TX 77584

**Angela R. Settle, MA, LPC-S, NCC..... (281) 286-7707**

16821 Buccaneer Ln., Ste. 220  
Houston, TX 77058

[www.settlecounseling.com](http://www.settlecounseling.com)

**Types of Services:** Individuals, Couples, Families and Groups

**Specialties:** Therapy for Depression and Anxiety, Couples Counseling, Pre-marital Counseling, Work and Career Issues, Adult-Child/Parent Relationships, Self-Esteem Issues, Stress Management, Same Sex Issues, Life Transitions, Women's Issues, Tobacco Addiction, Post Partum Depression, Post-Traumatic Stress Disorder (PTSD)

**Mary Lou Shackleton, MA, LPC, LMFT..... (281) 250-1724**

15700 Space Center Blvd.  
Houston, TX 77062

[www.DetourCounseling.com](http://www.DetourCounseling.com)

**Population Served:** Children (10 and younger), Preteens (10 to 12), Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Codependency, Couples, Blended Families, Borderline Personality Disorder

**Mary Ellen Sherrill, LCSW, RPT-S..... (281) 485-9280**

2225 County Road 90, Ste. 119  
Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Marilyn Kay Shroyer, MS, LPC..... (281) 793-2151**

9511 North Hwy. 146  
Baytown, TX 77523

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Groups (Education, Women's Voices, Codependency), Individuals, Families

**Specialties:** Cognitive Behavioral Therapy (CBT), Meditation, Cognitive Thinking Process, Learned Thought Process, Brief Therapy, Art Therapy, Compliance, Emotional Regulation, Relational Conflict Resolution, Assistive Communication, Stress Management, Boundaries, Decision Making, Decisiveness, Learned Optimism, Impulse Control

**Connie Siciliano-Avila, PhD..... (214) 830-9879**

4907 E. Nasa Pkwy.

Seabrook, TX 77586

[www.connie-siciliano.com](http://www.connie-siciliano.com)

**Population Served:** Preteens, Teenagers, Adults, Geriatric, Serving Southeast Houston Area

**Types of Services:** Couples, Groups (Trauma Recovery 101, Addiction Recovery Maintenance, LPC-I Supervision, "A New Way to Love" Couples), Individuals, Families

**Specialties:** Trauma, Addiction and Relationship Issues

**Becky Siekierski, PhD, LSSP, NCSP ..... (281) 407-5658**

16815 Royal Crest Dr., Ste. 160

Houston, TX 77058

[www.clearlakechildrenscenter.com](http://www.clearlakechildrenscenter.com)

**Specialties:** Specializes in autism spectrum disorder assessment and intervention, differential diagnosis of ADD/ADHD and emotional/behavioral disorders, and assessment of early childhood disorders.

**Alan H. Silverblatt, PhD ..... (281) 332-2500**

17448 Hwy. 3, Ste. 130

Webster, TX 77598

**Population Served:** Adults, Geriatric

**Types of Services:** Individuals, Couples

**Faye Marie Simien, MS, LPC ..... (281) 630-8896**

107 Sea Mist Dr.

League City, TX 77573

**Jimmie Sue Siptak, MS, LPC ..... (281) 585-0000 x 2**

105 N. Gordon, Ste. 202

Alvin, TX 77511

[www.downtowncounseling.com](http://www.downtowncounseling.com)

**Population Served:** Children, Preteens

**Types of Services:** Groups, Individuals

**Specialties:** Play and Art Therapy, ADHD Screenings and Social Skills Training

**Kevin Smith, PhD..... (713) 795-5151**

720 Rolling Brook

Baytown, TX 77521

**Brandi Snow, MS, LPC..... (281) 660-0327**

2118 North Grand  
Pearland, TX 77581

[www.counselingconceptshouston.com](http://www.counselingconceptshouston.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Depression, Anxiety

**Nicole Stelivan, LCDC, NCRC, NCI ..... (832) 661-0585**

908 Town and Country Blvd.  
Houston, TX 77024

[www.handsoninterventionist.com](http://www.handsoninterventionist.com)

**Population Served:** Individuals and Families

**Types of Services:** Healing Families Affected by Addiction; Substance Abuse Interventions and Chemical Dependency Services

**Specialties:** Outpatient Chemical Dependency Treatment (Individual Counseling, Chemical Dependence Education, Substance Abuse Assessments, Treatment Planning, Relapse Prevention Skills, Coping and Problem Solving Skills, Aftercare Planning), Intervention (Skillfully Facilitated, Interventions, Planning, Placement & Case Management, Follow Up), Recovery Coaching (Life skills, Coping and Problem Solving Skills, Social Skills, Self-Awareness and Empowerment Skills, Crisis Interventions), Substance Abuse Assessments (Substance Abuse Assessment, Placement and Referrals, Legal/Probation/Parole, Corporate/EAP)

**Carol Stephens, LCSW, LPC ..... (281) 333-3393**

P. O. Box 580393  
Houston, TX 77258

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Diana Stiles, MS, LPC, NCC..... (281) 756-3531**

3110 Mustang Rd.  
Alvin, TX 77511-4898

[www.alvincollege.edu](http://www.alvincollege.edu)

**Population Served:** Adults

**Specialties:** Career Counselor, Career Services and Academic Advising, Career Planning Workshops (Open To Public)

**Cheryl Strain, MA, LMFT, LPC ..... (713) 263-0189**

2200 North Loop West, Ste. 130  
Houston, TX 77018

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Anxiety, Depression, Anger and Grief, Addictions, Family Issues: Step, Blended, Developmental Changes

**Jacquelyn Strait, PhD..... (281) 332-5100**

216 North Michigan Ave.

League City, TX 77573

[www.psychology-resources.com](http://www.psychology-resources.com)

**Population Served:** Teenagers, Adults

**Types of Services:** Couples, Individuals, Families

**Specialties:** Adjustment Issues, Grief, Depression, Anxiety, Couples Counseling

**Kendra Sullivan, MA, LPC..... (281) 481-7133**

11339 Hughes Rd.

Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families

**Shana Sutcliffe, MS, LPC ..... (281) 997-8400**

2006 Broadway, Ste. 104

Pearland, TX 77581

[www.shanasutcliffelpc.com](http://www.shanasutcliffelpc.com)

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals

**Specialties:** Addiction/Dual Diagnosis

**Bryan Sweeney, PhD ..... (281) 956-1032**

1110 Nasa Pkwy., Ste. 307

Houston, TX 77058

[www.texaspsychologyservices.com](http://www.texaspsychologyservices.com)

**Population Served:** Adults

**Specialties:** Forensic, Sports, and Corporate Psychology

**Hilda Szabo, MA, LPC..... (713) 861-4849**

4625 Lillian St.

Houston, TX 77007-5544

**Shannon Tantillo, LCSW, LCDC..... (713) 589-4730**

3915 Dacoma, Ste. F

Houston, TX 77092

**Population Served:** Individuals, Couples, Groups, Men, Women, Adolescents, Families

**Types of Services:** Co-dependence, Love Addiction, Substance Abuse, Dual Diagnoses, Process Addictions, Self-Esteem Issues, and Trauma (Emotional, Physical, Sexual)

**Specialties:** Chemical Dependence in the Young Adult Population, Dual Diagnosis, HIV and LGBTQI clients

**Mary Ann Targhetta, MA, LPC, LMFT ..... (281) 990-0800**

17625 El Camino Real, Ste. 250

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individual, Families

**Brandi Tarver, MA, LPC, LMFT ..... (281) 480-0200**

1560 W. Bay Area Blvd., Ste. 270

Friendswood, TX 77546

[www.crwhouston.com](http://www.crwhouston.com)

**Population Served:** Children, Adolescents, Adults

**Jacquelyn Tatum, LCSW, LCPA ..... (281) 485-9280**

2225 County Rd. 90, Ste. 119

Pearland, TX 77584

[www.counselingconnections.info](http://www.counselingconnections.info)

**Jacklin Tawadrous, PhD, LPC ..... (281) 480-7554 Ext. 2710**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Individuals

**Jeff Temple, PsyD ..... (832) 505-1600**

University Hospital Clinics, 3<sup>rd</sup> Fl.

2240 Gulf Frwy. South, Ste. 2.401.B

Galveston, TX 77555

League City, TX 77573

(832) 505-1600

**Types of Services:** Psychology, Pelvic Health & Continence, Mental Health, Interpersonal Violence, Substance Use, Psychosocial Aspects of Pelvic Floor Disorders, Cognitive Behavioral Therapy

**Specialties:** Ob/Gyn, Women's Psychology

**Debra Thompson, RN, LPC ..... (281) 481-7133**

11339 Hughes Rd.

Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families

**Specialties:** ADHD, Bipolar, Obsessive Compulsive Disorder (OCD), Parent Management

**Janet Thompson, MA, LPC, LMFT ..... (281) 422-7787**

1003 Polly St.

Baytown, TX 77520

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Affective Disorder, Anxiety Disorder, ADHD, Family Therapy, Marriage Therapy

**Kristin Thomson, MA, LPC-S ..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families, Groups (Teen Girls with Self-Esteem Issues)

**Specialties:** Teens, Cutting, Chronic Self-Injury

**Jill Torres, PhD ..... (281) 333-0854**

4907 Nasa Pkwy.

Seabrook, TX 77586

**Types of Services:** Individuals

**Specialties:** Cognitive-Behavioral Treatment for Anxiety and Depression, Psychological Evaluations for Adoption Candidates, Immigration Assessments, Substance Abuse Dependence Assessments

**Betty Totten, MA, LPC, LMFT ..... (713) 477-7754**

7387 Sims

Houston, TX 77061

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Family Therapy

**Jan Townsend, LCSW, LCDC ..... (281) 479-2295**

201 E. San Augustine St., Ste. A

Deer Park, TX 77536

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Individuals, Families

**Specialties:** Employee Assistance Program, Stress Management, Mood Disorders

**Philip C. Townsend, PhD..... (281) 991-9803**

3933 Fairmont Pkwy., Ste. 102

Pasadena, TX 77504

**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Individuals, Families

**Specialties:** Cognitive Behavioral (Main Orientation), Play Therapy, Biofeedback

**Tina Travis, MS, LMFT, LifeCoach..... (832) 532-3846**

Inner Loop Area

Houston, TX

**Specialties:** Takes special cases

**Vanessa Traylor, LCSW ..... (832) 984-7016**

4721 Garth Rd., Ste. C100

Baytown, TX 77521

**Specialties:** Depression, Anxiety, Mood Disorders, Grief and Loss

**Jacque Truitt, MA, LPC, LMFT, NCC..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)

**Melissa Tucker, LCSW..... (409) 935-6083**

7510 FM 1765

Texas City, TX 77591

**Constance Turner, PhD..... (281) 488-0615**

17625 El Camino Real, Ste. 490

Houston, TX 77058

**Saudia Turney, MA, LMFT..... (713) 364-3719**

11200 Broadway St., Ste. 2743

Pearland, TX 77584

[www.saudiasolomon.com](http://www.saudiasolomon.com)

**Population Served:** Adolescents, Adults, Couples and Families

**Types of Services:** Trauma Work/Sexual Abuse, Pre-Marital Counseling, Couples Counseling, Parent/Child Conflict, Adolescents

**Specialties:** Individual, Group, Couples and Family Therapy to Victims of Sexual Abuse

**Julie Ung, MA, LMFT, LPC ..... (281) 306-3762**

11200 Broadway St., Ste. 2743

Pearland, TX 77584

[www.pearlandfamilies.com](http://www.pearlandfamilies.com)

**Types of Services:** Couples, Individuals, Families

**Specialties:** Trauma Work, Physical and Sexual Abuse, Couples Counseling, Parent/Child Conflict, Life/Work Balance, Grief and Loss, Play Therapy

**Luis Valdes, PhD ..... (281) 412-6863**

2225 County Rd. 90, Ste. 215

Pearland, TX 77584

**Gail Viel, ACSW, LCSW, LMFT ..... (832) 660-7444**

620 W. Main St., Ste. 101

League City, TX 77573

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families, Groups (Women's)

**Specialties:** Adolescents, Family and Couples Therapy, Women's Issues, Monthly Women's Group

**Angela Waggoner, MA, LPC ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)

**Population Served:** Preteens, Teenagers, Adults

**Types of Services:** Individuals and Families

**Specialties:** Crisis/Trauma, Victims of Crime, Suicidal Ideation, Family and Marriage Therapy

**Carolyn Watts, MA, LPC, LSSP, LPA ..... (713) 929-2034**

16815 Royal Crest Dr., Ste. 200

Houston, TX 77058

[www.carolynwatts.net](http://www.carolynwatts.net)

**Population Served:** Couples, Individuals, Families

**Specialties:** Certified Imago Relationship Therapist, Certified EMDR Practitioner

**Eric Wells, MA, MEd, LPC, LSOTP ..... (832) 563-8623**

710 39<sup>th</sup> St.

Galveston, TX 77550

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Substance Abuse, Emotional Disturbance, Sex Offender/Victim



**Shannon Wenger, MA, LPC..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Family and Marriage Therapy, Trauma, Grief

**Venette C. Westhoven, PhD ..... (713) 647-1572**

150 W. Shadowbend, Ste.100

Friendswood, TX 77546

*www.drwesthoven.com*

**Population Served:** Children, Preteens, Teenagers

**Types of Services:** Families

**Specialties:** Psychological Evaluations, Developmental Evaluations of Children, Bariatric Surgery Evaluations (Assessments Only - Not taking therapy patients)

**Richard White, MA, LPC..... (713) 941-3028**

3325 Plainview St., Ste. #3, Bldg. C

Pasadena, TX 77504

**Ashlee Whittemore, LCDC ..... (713) 589-4730**

3915 Dacoma, Ste. F

Houston, TX 77092

**Constance Wildey, LCSW ..... (281) 534-3113**

5501 Sycamore Dr.

Dickinson, TX 77539

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric, Couples, Individuals, Families

**Types of Services:** Play Therapy, Workshops

**Specialties:** Creative Journal Expressive Arts, Emotional Freedom Technique (EFT) – tapping on acupressure points

**Lisa Willbanks-Larriviere, LCSW ..... (832) 754-1134**

150 W. Shadowbend, Ste. 200

Friendswood, TX 77546

**Population Served:** Adults

**Types of Services:** Individuals, Couples

**Specialties:** Depression, Bipolar, Anxiety, Separation/Divorce, Women's Issues, Healthy Living

**Phyllette Willis, PsyD..... (409) 938-4814**

2401 Termini, Ste. C

Dickinson, TX 77539

[www.fscgal.org](http://www.fscgal.org)**Population Served:** Individuals of all ages, Families**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges. (Limited case load)**Specialties:** Specialties in Child Sexual Abuse and Geriatric Mental Health in nursing homes.**Faith Wilson, MA, LPC ..... (713) 475-0072**

2601 Pasadena Blvd.

Pasadena, TX 77502

[www.pro-act.com](http://www.pro-act.com)**Jamee A. Wilson, MA, LPC ..... (713) 222-2525**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

[www.innovativealternatives.org](http://www.innovativealternatives.org)**Types of Services:** Couples, Groups, Individuals, Families**Specialties:** Trauma, Grief, Depression, Anxiety, Sexual Abuse, Partners In Parenting Group**Tom Winterfeld, MEd, LPC, LMFT ..... (281) 837-6463**

4201 Garth Rd., Ste. 212

Baytown, TX 77521

[www.thepsychclinic.com](http://www.thepsychclinic.com)

330 E. Medical Center Blvd.

Webster, TX 77598

(281) 837-6463

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric**Types of Services:** Couples, Groups, Individuals, Families**Specialties:** Child and Adolescent Psychiatry**Kristi Wolfe, PsyD..... (281) 332-5100**

216 N. Michigan Ave.

League City, TX 77573

[www.psychology-resources.com](http://www.psychology-resources.com)**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric**Types of Services:** Couples, Individuals, Families**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment**Mary Jo Wood, MA, LPC ..... (281) 481-7133**

11339 Hughes Rd.

Houston, TX 77089

[www.sagemontchurch.org/counseling](http://www.sagemontchurch.org/counseling)**Types of Services:** Provides individual, family, group and couples counseling as part of Sagemont Counseling Center, a church sponsored organization.

**Matresa Wooding, LCSW ..... (281) 837-6463**

330 E. Medical Center Blvd.  
Webster, TX 77598  
[www.thepsychclinic.com](http://www.thepsychclinic.com)

**Annette Woods, MA, LPC, LMFT, NCC..... (281) 482-8967**

150 W. Shadowbend, Ste. 100  
Friendswood, TX 77546  
**Population Served:** Children (7+), Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families

**Martha Anna Wynn, LPC, LMSW ..... (281) 794-1453**

5130 Casey St.  
La Marque, TX 77568

**Gay A Yarbrough, LCSW..... (713) 823-2860**

15911 Turtle Bay Dr.  
Houston, TX 77062

**Robert Yohman, PhD..... (281) 484-9973**

11914 Astoria Blvd., Ste. 490  
Houston, TX 77089

**Sara Young, PsyD..... (281) 427-0222**

1600 James Bowie Dr., Ste. C106  
Baytown, TX 77520  
**Population Served:** Teenagers, Adults, Geriatric (Not Accepting New Patients)  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** Dialectical Behavior Therapy for Borderline Personality Disorder and Bipolar Disorder, Post-Traumatic Stress Disorder

**Nabeel Zabak, MA, LPC, LCDC, LBSW ..... (281) 461-7100**

15921 Buccaneer Ln.  
Houston, TX 77062

**Leslie Zinn, PhD ..... (281) 554-6100**

1560 Live Oak St., Ste. B  
Webster, TX 77598  
[www.4psych.com](http://www.4psych.com)  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Individuals  
**Specialties:** Psychological and Neuropsychological Evaluations, Psychotherapy for Depression and Eating Disorders

**Tammy Zwarst, MA, LPC, LMFT ..... (281) 728-6973**

1120 Nassau Pkwy., Ste. 220T

Houston, TX 77058

*www.gbafamilies.com*

**Population Served:** Preteens, Teenagers, Adults, Geriatrics

**Types of Services:** Couples, Individuals, Families

**Specialties:** Marital and Couples Therapy

**PSYCHIATRISTS****Mohamed Ahmed, MD..... (281) 837-6463**

4201 Garth Rd., Ste. 212  
 Baytown, TX 77521

330 E. Medical Center Blvd.  
 Webster, TX 77598

*www.thepsychclinic.com*

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** ADHD From A to Z Program, You Are Beautiful Program, Child and Adolescent Psychiatry

**Syed Ahmed, MD, PA ..... (281) 554-6232**

1301 W. Hwy. 96  
 League City, TX 77573

**Population Served:** Preteens, Teenagers, Adults, Geriatric

**Specialties:** General Psychiatry, Addiction Psychiatry, Chemical Dependency

**Ruth Allbritton, MD..... (832) 726-0720**

1560 W. Bay Area Blvd., Ste. 309  
 Friendswood, TX 77546

*www.clearlakepsychiatry.net*

**Population Served:** Adults ages 21-65

**Types of Services:** Adolescent and Adult ADD/ADHD, General Adult Psychiatry - Addiction Psychiatry

**Specialties:** Psychiatry, Board Certified Addiction

**Miriam Aponte, MD ..... (713) 741-5000**

2800 S. MacGregor Way, Ste. 2E-57  
 Houston, TX 77021

**Eric Avery, MD..... (281) 338-2798**

400 N. Texas Ave., Ste. A  
 Webster, TX 77598

*www.utmbhealth.com*

**Population Served:** Adults

**Specialties:** General Psychiatry

**Mohammed Ayoub, MD..... (281) 984-7450**

17625 El Camino Real, Ste. 490  
 Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Individuals

**Specialties:** Child, Adolescent and Adult Psychiatry

**Rukshan Azhar, MD ..... (281) 428-7997**

2802 Garth Rd., Ste. 105

Baytown, TX 77521

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Child and Adult Psychiatry

**Michael Barber, MD ..... (832) 384-1560**

2180 North Loop West, Ste. 450

Houston, TX 77018

*www.houstonadultpsychiatry.com*

**Types of Services:** Depression, Bipolar Disorder, Anxiety Disorder, Psychotic Disorder, Adult

Attention Deficit Disorder, Inpatient Detoxification

**Jason Baron, MD ..... (713) 783-8889**

5500 Guhn Rd.

Houston, TX 77040

**Specialties:** Adolescent and Adult Psychiatry

**Michael Berno, MD ..... (281) 332-8608**

1150 Devereux Dr.

League City, TX 77573

*www.devereux.org*

**Population Served:** Children, Adults

**Specialties:** Chemical Dependency, Mental Health

**Vatsala Bhaskaran, MD ..... (281) 922-7333**

11550 Fuqua St., Ste. 560

Houston, TX 77034

*www.ghpa.net*

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** General Psychiatry, Adult Psychiatry

**Howard Boland, MD ..... (281) 337-1350**

914 FM 517 W., Ste. 201B

Dickinson, TX 77539

**Population Served:** Teenagers, Adults, Geriatric

**Types of Services:** Individuals

**Specialties:** Addiction Psychiatry

**William Bondurant, MD..... (409) 765-6321**

7 Colony Park Cir.

Galveston, TX 77551-1737

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Groups, Individuals, Families

**Specialties:** Psychotherapy

**Matthew Brams, MD..... (713) 864-6696**

550 Westcott St., Ste. 520

Houston, TX 77007

**Specialties:** Child, Adolescent and Adult Psychiatry

**Araceli Casso, MD..... (281) 480-7554**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Children, Preteens, Teenagers, Adults, Married Couples

**Specialties:** Psychiatry

**Frank Chen, MD..... (832) 384-1560**

2180 North Loop West, Ste. 450

Houston, TX 77018

[www.houstonadultpsychiatry.com](http://www.houstonadultpsychiatry.com)

**Types of Services:** Depression, Bipolar Disorder, Anxiety Disorder, Psychotic Disorder, Adult

Attention Deficit Disorder, Inpatient Detoxification

**Woodrow Coppedge, MD..... (281) 218-8181**

1002 Gemini, Ste. 205

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Family and Marriage Therapy, Trauma, Grief

**Patricia Corke, MD..... (281) 333-5740**

18333 Egret Bay, Ste. 305

Houston, TX 77058

**Population Served:** Adults

**Specialties:** Psychopharmacology, Addiction Medicine

**Byrolyn Davis, MD..... (281) 480-2400**

1560 W. Bay Area Blvd., Ste. 110

Friendswood, TX 77546

**Specialties:** Adult Psychiatry

**Melissa Defilippis, MD..... (281) 338-2798**

301 University Blvd.  
Galveston, Texas 77555-5302  
[www.utmbhealth.com](http://www.utmbhealth.com)  
**Types of Services:** Child and Adolescent Psychiatry

**Irina Digilova, MD..... (281) 529-6242**

6302 W. Broadway St., Ste. 230  
Pearland, TX 77581  
**Population Served:** Teenagers, Adults  
**Types of Services:** Individuals  
**Specialties:** General Psychiatry

**James Eades, MD..... (409) 935-6083**

7510 FM 1765  
Texas City, TX 77591  
**Population Served:** Children, Adults  
**Specialties:** Mental Health

**Robert Earle, MD, PA..... (281) 218-8181**

1002 Gemini, Ste. 205  
Houston, TX 77058  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Family and Marriage Therapy, Trauma, Grief

**Lee Emory, MD..... (409) 763-0016**

1103 Rosenberg Ave.  
Galveston, TX 77550  
**Population Served:** Adults, Geriatric  
**Specialties:** Mental Health, Geriatric, Sexual Abuse

**Michael A. Fuller, MD..... (409) 772-0770**

400 Texas Ave., Ste. A  
Webster, TX 77598  
[www.utmbhealth.com](http://www.utmbhealth.com)  
**Specialties:** Child, Adolescent and Adult Psychiatry

**Jaime Ganc, MD..... (713) 783-8889**

5500 Guhn Rd.  
Houston, TX 77040  
**Specialties:** Child, Adolescent and Adult Psychiatry



**Daniel Garza, MD ..... (281) 610-8190**

2323 South Shepherd Dr., Ste. 805

Houston, TX 77019

**Types of Services:** Psychiatry and Neurology

**Carlos Guerra, Jr., MD ..... (713) 840-7956**

9701 Richmond Ave., Ste. 200

Houston, TX 77042

[www.cbtxi.com](http://www.cbtxi.com)

**Specialties:** Child, Adolescent and Adult Psychiatry

**Rafael Guerrero, MD ..... (713) 880-9500**

5151 Katy Frwy., Ste. 305

Houston, TX 77007

**Specialties:** Child, Adolescent and Adult Psychiatry

**Nabil Guirguis, MD ..... (281) 580-7295**

14340 Torrey Chase Blvd., Ste. 160

Houston, TX 77014

**Population Served:** Preschool, Children, Adolescent, Adult

**Types of Services:** Anxiety, ADHD, Depression, Grief, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Police/Fire Fighters, Post-Traumatic Stress Disorder (PTSD), Psychotic/Schizophrenic Disorders

**Specialties:** Child and Adolescent Psychiatry, Speaks Arabic

**Mireya Hansen, MD..... (409) 772-0770**

400 Harborside Dr., Ste. 118-119

Galveston, TX 77555

400 Texas Ave., Ste. A

Webster, TX 77598

(281) 338-2798

**Types of Services:** Child and Adolescent Psychiatry

**Waheedul Haque, MD ..... (281) 338-2798**

400 N. Texas Ave., Ste. A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Behavior Disorders, Adult Psychiatry

**Edythe Harvey, MD ..... (409) 772-0770**

400 Texas Ave., Ste. A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Specialties:** Adult Psychiatry, Addiction Psychiatry

**Donald E. Hauser, MD ..... (713) 669-0303**

5959 West Loop South, Ste. 600  
Bellaire, TX 77401  
**Specialties:** Adult Psychiatry, Geriatric Psychiatry

**Elizabeth Hedden, MD..... (281) 922-7333**

11550 Fuqua St., Ste. 560  
Houston, TX 77034  
[www.ghpa.net](http://www.ghpa.net)  
**Population Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Bipolar Disorder, ADHD, Depression, Anxiety  
**Specialties:** Child, Adolescent and Adult Psychiatry

**Wanda Henao, MD ..... (713) 467-2800**

902 Frostwood Dr., Ste. 135  
Houston, TX 77024  
**Specialties:** Adult Psychiatry

**Carlos Hernandez, MD..... (713) 523-0058**

2211 Norfolk St., Ste. 460  
Houston, TX 77098  
**Specialties:** Adult Psychiatry

**Napoleon Higgins, MD..... (281) 480-2400**

1560 W. Bay Area Blvd., Ste. 110  
Friendswood, TX 77546  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Individuals  
**Specialties:** General Psychiatry, Child and Adolescent Psychiatry

**Robert M.A. Hirschfeld, MD ..... (281) 338-2798**

400 N. Texas Ave., Ste. A  
Webster, TX 77598  
[www.utmbhealth.com](http://www.utmbhealth.com)  
**Population Served:** Adults  
**Specialties:** General Psychiatry

**Terry Hugg, MD ..... (281) 893-4111**

17115 Red Oak Dr., Ste. 109

Houston, TX 77090

[www.redoakpsychiatry.com](http://www.redoakpsychiatry.com)

**Types of Services:** Psychiatric Evaluation and Treatment; Addiction Medicine Evaluation and Treatment; Psychopharmacotherapy; Chemical Dependency Counseling; Crisis Intervention; Child, Adolescent and Adult Psychotherapies; Individual, Family and Marital Psychotherapies; Group Psychotherapies; Psychological and Neuropsychological Testing; Trauma Resolution for Incest and Abuse Survivors; Psychotherapy for Women’s and Men’s Issues; Therapy for Eating Disorders; Biofeedback; Hypnotherapy for Pain Control; Forensic Services; Inpatient and Outpatient Services, Research Studies

**Nesreen Ibrahim, MD ..... (832) 303-2932**

2800 S. MacGregor Way

Houston, TX 77021

**Specialties:** Child, Adolescent and Adult Psychiatry

**Krishna Kambhampati, MD..... (713) 239-0356**

3222 Burke Rd., Ste. 107

Pasadena, TX 77504

**Population Served:** Adults

**Specialties:** Adult Psychiatry, Geriatric Psychiatry

**Daniel Koppersmith, MD ..... (713) 943-2267**

825 Fairmont Pkwy.

Pasadena, TX 77504

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Individuals, Families

**Specialties:** General Psychiatry, Psychoanalysis

**Don LaGrone, MD ..... (713) 630-0930**

2246 Bissonnet St.

Houston, TX 77005

**Specialties:** Adult Psychiatry

**Ruth Levine, MD..... (281) 338-2798**

400 N. Texas Ave., Ste. A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Population Served:** Adults

**Specialties:** General Psychiatry

**David Love, MD ..... (713) 465-1979**

820 Gessner Rd., Ste. 750

Houston, TX 77024

**Specialties:** Adult Psychiatry

**Altaf Loya, MD..... (281) 481-4646**

11920 Astoria, Ste. 110

Houston, TX 77089

**Population Served:** Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** General Psychiatry, Specialized In Dementia Care

**Robin Mallett, MD ..... (281) 338-2798**

400 N. Texas Ave., Ste.A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Population Served:** Children, Preteens, Teenagers

**Specialties:** Child and Adolescent Psychiatry

**Alice Mao, MD..... (713) 864-6694**

550 Westcott St., Ste. 520

Houston, TX 77007

**Specialties:** Child, Adolescent and Adult Psychiatry

**Rebecca Maxwell, MD ..... (713) 598-6265**

2225 County Rd. 90, Ste. 119

Pearland, TX 77584

**Sandra McElroy, MD ..... (281) 332-4673**

612 W. Main St., Ste. C101

League City, TX 77573

**Population Served:** Adults

**Specialties:** Evaluations and Medication Management, General Psychiatry

**Vikram Mehra, MD..... (713) 777-9900**

10101 Southwest Frwy., Ste. 310

Houston, TX 77074

**Bengi Melton, MD ..... (281) 332-9931**

620 W. Main St., Ste. #101

League City, TX 77573

**Population Served:** Adults

**Specialties:** General Psychiatry

**Enrique Mendia, MD ..... (713) 473-3523**

908 E. Southmore Ave., #220

Pasadena, TX 77502

**Population Served:** Preteens, Teenagers, Adults

**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

**Walter J. Meyer, MD ..... (409) 772-0770**

400 Texas Ave., Ste. A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Specialties:** Child, Adolescent and Adult Psychiatry

**William Mize, MD ..... (409) 772-2222**

301 University Blvd.

Galveston, TX 77555

[www.utmbhealth.com](http://www.utmbhealth.com)

**Specialties:** Pediatric Psychiatry, Developmental - Behavioral Pediatrics

**Larry Nahmias, MD, PA ..... (281) 480-7554**

17555 El Camino Real

Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Child, Adolescent and Adult Psychiatry

**Types of Services:** Couples, Individuals

**Specialties:** Board Certified in Psychiatry and Neurology, Forensic Psychiatry, Addiction Psychiatry and Pain Management

**James Nelson, MD ..... (281) 922-7333**

11550 Fuqua St., Ste. 560

Houston, TX 77034

[www.ghpa.net](http://www.ghpa.net)

**Population Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Board Certified in Psychiatry and Neurology, Forensic Psychiatry, Addiction Psychiatry and Pain Management

**Specialties:** Child, Adolescent and Adult Psychiatry

**Nga Nguyen, MD ..... (281) 338-2798**

400 N. Texas Ave., Ste. A

Webster, TX 77598

[www.utmbhealth.com](http://www.utmbhealth.com)

**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Bipolar Disorder, Child, Adolescent and Adult Psychiatry

**Richard Noel, MD** ..... (281) 440-6899  
17115 Red Oak Dr., Ste. 119  
Houston, TX 77090

**John Nottingham, MD** ..... (281) 333-5740  
7118 N. Holiday Dr.  
Galveston, TX 77550

**Michael O'Boyle, MD**..... (409) 772-0770  
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**Specialties:** Adult Psychiatry

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Lake Jackson, TX 77566  
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**Specialties:** ADHD, Mood Disorders, Child, Adolescent and Adult Psychiatry

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**Population Served:** Adults  
**Specialties:** Evaluations and Follow-up

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[www.progressivebehavioralhealth.com](http://www.progressivebehavioralhealth.com)

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1506 Broadway, Ste. 101

Pearland, TX 77581

[www.pearlandpsychiatry.com](http://www.pearlandpsychiatry.com)

**Specialties:** General Psychiatry, Child and Adolescent Psychiatry

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Houston, TX 77058

[www.samaritanhouston.org](http://www.samaritanhouston.org)

**Population Served:** Child, Adolescent and Adult Psychiatry

**Specialties:** Child and Adolescent Psychiatry, Women's Mental Health

**Mohammed Saeed, MD..... (281) 554-0123**

2360 S. Gulf Frwy., Ste. 100 B & C

League City, TX 77573

**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric

**Types of Services:** Couples, Individuals, Families

**Specialties:** Addiction Psychiatry, Suboxone Treatment, General Pediatrics on Site, Child and Adolescent Psychiatry

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**Population Served:** Children, Preteens, Teenagers, Adults

**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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**Specialties:** Child, Adolescent and Adult Psychiatry

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**Population Served:** Child and Adolescent Psychiatry, Adult Psychiatry



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**Population Served:** Adults

**Specialties:** General Psychiatry

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2060 Space Park Dr., Ste. 404

Houston, TX 77058

**Population Served:** Children, Preteens, Teenagers

**Types of Services:** Individuals

**Specialties:** Bipolar, Generalized Anxiety, Post-Traumatic Stress Disorder (PTSD), ADHD, and Eating Disorders; Multilingual; Child and Adolescent Psychiatry

**Sujath Syed, MD ..... (281) 480-2400**

1560 W. Bay Area Blvd., Ste. 110

Friendswood, TX 77546

**Population Served:** Adults

**Specialties:** General Psychiatry

**Daniel T. Tan, MD ..... (713) 779-4200**

10101 Southwest Frwy., Ste. 510

Houston, TX 77074

**Specialties:** General Psychiatry, Child Psychiatry

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Houston, TX 77082

**Specialties:** General Psychology, Psychosomatic Medicine

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**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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**Types of Services:** Individuals  
**Specialties:** General Psychiatry

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**Population Served:** Teenagers, Adults  
**Specialties:** Child and Adolescent Psychiatry

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**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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Baytown, TX 77520  
**Population Served:** Adults  
**Specialties:** Psychiatry



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**ADDENDUM**

**Hospitals**

**Bayshore Medical Center ..... 877-777-4221**  
4000 Spencer Highway  
Pasadena, TX 77504  
**Type of Services:** Adult and Geriatric Behavioral Health

**Psychiatrists**

**Jean Goodwin, MD, MPH, PA ..... 409-762-1101**  
4925 Fort Crockett Blvd., Ste. 510  
Galveston, TX 77551  
**Populations Served:** Adults

**Denise Ingham, MD ..... 281-990-0800**  
17625 El Camino Real, Ste. 250  
Houston, TX 77058  
[www.ghpa.net](http://www.ghpa.net)  
**Populations Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Individuals

**Peter Ly, MD ..... 281-990-0800**  
17625 El Camino Real, Ste. 250  
Houston, TX 77058  
[www.ghpa.net](http://www.ghpa.net)  
**Populations Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Individuals

**Linea McNeel, MD ..... 409-747-9791**  
301 University Blvd  
Galveston, TX 77555  
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**Felipe Nieto, MD ..... 713-641-5656**  
3208 Broadway Street  
Houston, TX 77017  
**Populations Served:** Children, Preteens, Teenagers, Adults



**Houshmand Tirandez, MD ..... 281-286-0000**

109 Marshall Street

League City, TX 77573

**Populations Served:** Teenagers, Adults

**Therapists**

**Daniela Costa, PhD ..... (281) 332-9931**

9307 Broadway, Ste. 323

Pearland, Texas 77584

**Populations Served:** Children, Preteens, Teenagers, Adults

**Types of Services:** Psychotherapy, Testing and Assessments

**Specialties:** ADHD, Trauma, and Behavior Problems

**Kimberlee Kyle, MA, LPC ..... (281) 332-9931**

620 W. Main St., Ste. 101

League City, TX 77573

**Karen Smith, PhD ..... (409) 772-3695**

2785 Gulf Freeway South, Ste. 200

League City, TX 77573

**Populations Served:** Children and Adolescents

**Specialties:** Child & Adolescent Neurology, Pediatric Neonatology, Pediatric Psychology

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1421 Stone Road

Pearland, TX 77581

115 North Dixie Dr., Ste. 250

Lake Jackson, TX 77577

**Populations Served:** Children (5 and up) and Adults

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